



## **Upcoming Events and Classes at Unity of Fox Valley**

**Sunday Service and Youth Education  
Come join us at 10:00 am**

## **Ministerial Musings**

Dear Spiritual Family,

April is almost here and I'm counting the days till I leave on my 2016 sabbatical. I'll be gone from May 1st through July 31st and Rev Tom Wendt and other speakers will be filling in. Rev Tom will also be available during the week so stop by and say hello.

A ministerial sabbatical is about a time away to renew and refresh ones self. I plan to start and end that time with silent retreats. It's been awhile since I've had the time for a week-long retreat and I am really looking forward to this time where everything stops and I can just take the time to soak and be in The Presence.

I also plan to visit other Unity churches to observe how they do things and find out the creative things they're doing. In June there'll be the International Unity Conference and the licensing and ordination week at Unity Village where I'll get to celebrate with my candidates as they are graduated and ordained. I also intend to do some fun things to get my creative juices flowing.

It seems appropriate, during this our 40th Anniversary year, as we think about renewing and re-energizing our spiritual community that I will be doing the same on a personal level.

My love and blessings always,

Rev Jan

## Youth Education for the Younger Crowd

For the month of April, the youth will be exploring the Power of Good Judgment. The disciple is James and the color is **Yellow**. To enhance the youth's understanding of discernment (making choices), we will delve into several of the Old Testament stories and some of the Proverbs of Solomon as well as Unity's Third Principle, "I create my life by the choices I make."

### **Intergenerational Service**



Speaking of choices, we have decided to hold our annual **Intergenerational Service on Sunday, April 10**. Our youth will be part of this service as greeters, ushers, Daily Word Readers as well as participants in the talk and meditation. We know they will do a great job, and we appreciate all their commitment and enthusiasm to make this a memorable and spiritual service. Please join us downstairs after service for refreshments and to congratulate the youth for their participation.

Also, please mark your calendars for our annual "**Roots and Wings**" Ceremony honoring all the youth to be held on **Sunday, May 15** in the sanctuary during service. It will be followed with an "**Ice Cream Social**" hosted by our Business Manager Kathleen Malick.

Last, but not least, we so greatly appreciate the following parents for their dedicated support as teacher and supporters in all the age groups: Jen King, Kate Nightlinger, Dawn Stazsak, Kelly Wells, and Michelle Cedeno. We love and bless them all in making our program run smoothly with the intention of enhancing the

youths' spiritual growth through Unity teachings.

Many blessings,

Mary Nowroozi, CSE

For more information, please contact Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Volunteer News & Views



We want to thank everyone who signed up when we had our Volunteer Fair in January! Each sacred ministry plays an integral role in supporting the activities of our Spiritual Home! In a church of our size, we play an important part in supporting our minister.

Rev Jan has said many times that we don't always know what goes on behind the

scenes to make it all flow so smoothly and look so put together!

SPRING is in the air and our Landscape team had a workday Saturday to clean up and unearth those little buds & greens that are popping up. Great job Larry, Bob and Cecilia for your hard work!! We looked gorgeous for Easter!!!

Each month we hope to feature a volunteer opportunity that just might peek your interest! Whether you are fairly new at UFV or have been here many years, volunteering is the perfect way to meet your fellow congregants and get to know them on a more personal basis. It is also a very rewarding way to give back and support your spiritual community.

This month we would like to feature our "Community Outreach Ministry". Some of the programs that this team gets involved in is the October Crop Walk, Hessed House, and Habitat for Humanity to name a few. We would love to reach out to our community and do more, but we need your help. Beth Johnson has agreed to serve as our chairperson, but she needs a dedicated team to accomplish our goals and dreams. So if you are interested in this ministry or any of our other volunteer opportunities, and would like more information, please feel free to contact Bobbi Severson at [bsever4785@gmail.com](mailto:bsever4785@gmail.com).

Blessings and have a great month!!

## Love in Action Looking for Projects



With the intention of giving back to our surrounding communities, the Outreach Team is gathering ideas for several Love in Action service projects. Some of the ideas include Midwest Shelter for Homeless Veterans, Crop Walk, Secret Santa, Habitat for Humanity, Hesed House, Batavia Food Pantry, Backpack Giveaway, Humanitarian Service Trips, International Outreach Trips, etc. We would like your input on these and other projects. Please fill out the form found on the information table and leave it in the basket provided.

For questions or more information, please contact committee chair, Beth Johnson: [bethmjohnson@comcast.net](mailto:bethmjohnson@comcast.net)

## From the Board

# TOWN HALL **MEETING**

Sunday, April 17th, after the Service

**Please stay and attend  
because we  
want your  
input!**



*The Board*

There'll be a brief Town Hall Meeting after Sunday service to give you updates and get your input on what's happening here at UFV. We'll give you an update on financials, repair projects, and Rev Jan's upcoming sabbatical. Please attend so you be in the know.



**Just a reminder** – Minutes of board meetings are available and posted on the “Unity Board” bulletin board in the Fellowship area. Minutes of the previous board meeting are posted after review and approval. If you would like a copy via email please email Sharon Mays at [sharon\\_mays@comcast.net](mailto:sharon_mays@comcast.net).

## Healing and Wholeness Service



## HEALING AND WHOLENESS SERVICE

**Friday, April 1st, 7:00pm**

Please join us for our Healing and Wholeness Service. This once-a-month service will be filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace. Join us on the first Friday of the month at 7:00 pm.

For more info., please contact Rose Maxson: [romax52@aol.com](mailto:romax52@aol.com)

## Discover the Power Within You

# DISCOVER

## The Power within You

This Unity classic is a course of spiritual study of the true teachings of Jesus Christ. It is based on the book by Eric Butterworth, "*Discover the Power Within You.*"

This book presents the thesis that we all can discover, accept, and release the power of the divinity Jesus believed dwelt within him and also in each individual.

*Required Book/Text: Discover The Power Within You  
by Eric Butterworth*

**\$16/each. Orders & payments needs to be received by Sunday, March 27th  
OR you can order it yourself on AMAZON.COM**

*\*\*\*The Gospels of Matthew, Mark, Luke, and John*

*Recommended: The Sermon on the Mount  
by Emmet Fox*

***6 week class offered on a Love Offering Basis  
Wednesday, April 6 – May 11, 7-9 pm***

*Taught by Maria Cosentino L.U.T.*

Women's Wisdom Circle

**Saturday, April 16th  
4:00-6:00 pm**



We are calling a circle and invite you to join with us in a self discovery process.

The circle, or council, is an ancient form of meeting that has gathered human beings into respectful conversation for thousands of years. The circle has served as the foundation for many cultures. What transforms a meeting into a circle is the willingness of people to shift from informal socializing or opinionated discussion into a receptive attitude of thoughtful speaking and deep listening and to embody and practice the structures outlined.

Please contact Mary Nowroozi with any questions  
or for more info.: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Green Team



Spring has sprung and the grass is green once again! And the Unity Green Team has been out and about enjoying the warming weather. In March we participated and supported in a very well attended Batavia Movie Night and also represented our church community at the Fox Valley Sustainability Network conference. It was wonderful to learn about all the amazing projects that our Fox Valley communities are doing to become more sustainable.

We also held our regular Green CommUnity Night where we showed the film, *The Future of Energy*. It was an excellent film showcasing many examples of cities and countries who are already using solar and wind energy as significant sources for their power. We all felt very exhilarated by the achievements and possibilities for the future. In fact, we will show the film again on Sunday, July 10th after the service for others who may have missed our Friday night showing.

This month, due to popular demand, our feature film will be a repeat of a film we showed last October called **The Secret of Water**. Water is a living substance. It defies the basic laws of physics, yet holds the keys to life. It retains memory and conveys information to



DNA. Water can die if treated poorly. Influences such as sound, thoughts, intention, prayer, and toxins such as chlorine, define water's molecular arrangement. It affects everything it touches. In the film, prominent scientists help reveal the secret of water which helps heal us and our planet.

We hope you will take the time to join us for this inspiring film! As always, our programs are free so bring a friend and a snack to share if you wish. Light refreshments are always provided and a wonderful time of CommUnity sharing and visiting is enjoyed!

See you **April 29th at 7:00 p.m.!!!** Did you mark your calendars?

With Peace and Green Goodness to All!

The Unity Green Team

***Think Green in 2016***

For more information, please click [here](#).

## Women's Retreat



**Sunday, April 24th, 11:30 AM**

**Adult Ed Room**

We asked and Twenty-one ladies responded,  
so let's meet and make this happen!!

We need your input, ideas and enthusiasm!!

*For more info, please contact Bobbi Severson: [bsever4785@gmail.com](mailto:bsever4785@gmail.com)*

## Village Retreat

# VILLAGE RETREAT

## 2 0 1 7

The Board would like to share information with you and determine your level of interest in participating in a retreat in August of 2017 for Unity of Fox Valley Congregants at Unity Village. The retreat would coincide with a Total Solar Eclipse that occurs near Unity Village at noon on Monday, August 22, 2017. We would return directly after the eclipse on Monday. Planning this event a year in advance is necessary because space is limited at the Unity Hotel. We will need to reserve a block of rooms within the next couple of months for this event.

**Suggested Dates:** Friday, Aug. 19-22, 2017

**Cost:**

- 4-days and 3-night
- Approximately: \$250 (double occupancy) or \$400 (single occupancy).
- The cost will cover 3 hotel nights, all breakfasts, all-day retreat and 2 meals on Saturday. Meals on Fri, lunches and dinners on Fri, Sun and Mon would be expenses that you would pay as you go.
- Also, we plan to car pool to Unity and we will share those travel expenses.

**Proposed schedule:**

- Friday: Travel day
- Saturday: All-day retreat
- Sunday: Explore Village and surroundings
- Monday: Total Solar Eclipse, travel home


**Indicate your interest in attending this event by April 24**, so we can reserve an appropriate number of rooms. A sign up sheet will be on the table during April. Please sign your name and indicate the number attending and whether you will want single or double occupancy at the hotel.

For more information, please contact Sandy Donnelly: [sjdonnelly1938@gmail.com](mailto:sjdonnelly1938@gmail.com)

## Cougars Ballgame



# Ballgame *take me out to the*



Take me out with the crowd.  
Buy me some peanuts and crackerjack.  
I don't care if I never get back

**June 27, 6:30 pm**

**We have a fun evening planned for the whole family.  
Enjoy an evening baseball game on a gorgeous field.  
Easy to get to, lots of parking & fun stuff for the kids.**

**Brats, pretzels and beer for adults.**

**Corn dogs, crackerjack & slushies for the kids.**

*Last chance to sign up  
Sunday, April 3rd!*

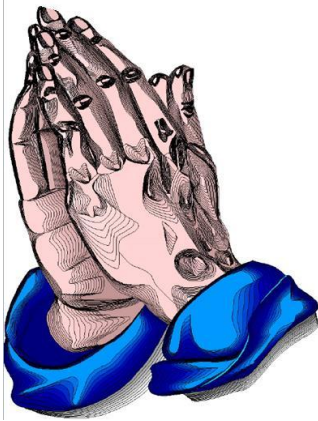


***Don't miss out!  
Sign up on the "Cougars  
Night Out" sheet***

## Prayer Chaplains

Our Prayer Chaplains are committed to making monthly Caring Calls to all our members.

Caring Calls are made to support our members with their prayer needs. If you are a member and have not been receiving a call, please call the office at 630-879-1115 and a



Prayer Chaplain will call you.

Namaste!

## Unity Cookbook

For more info and instructions on how to submit your recipe, please click [here](#).

**Our Life on a Plate**

*Unity of Fox Valley Cookbook*

Submit  
Your  
**Recipes**



## Young Living



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



Do you need us to order anything? Place your order in the Fellowship Hall by the 15th of each month!

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick*

March is fun for me. It's one of those months that I enjoy. Maybe cuz of all of the green! It means Spring is coming! It also seems to always creep on me too so I always feel unprepared!

This month, Galen & I participated in our first 5k of the year. It was a Shamrock 5k Beer Run. This is kinda funny because I don't drink. I was unsure if I would do well since I changed my nutrition and during the transition phase, my workouts has suffered greatly. But hey! What do you know! I had a decent race time after all.

As I'm writing this, I have 2.5 more weeks of my current Workout Challenge. I haven't done too well. I struggled with the meal plan thus affecting my workouts, BUT as you know, onward I push! Not going to give up on myself no matter how many times I fall!

My volunteer work is the busiest right now too with the upcoming [BWC Fashion Show](#) coming up. Luckily, I got out of modeling this year so sorry - no chance of me falling on my face on the runway this year.

Please remember that it is never too late to get up and get moving!

Many blessings,

Kathleen Malick



## We are now on FACEBOOK!

Connect with us on Social Media by liking our



Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

## On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 4:00-6:00pm in the Adult Ed Classroom.
- [Unity Green Team Community Event](#) - the 4th Friday of every month at 7:00pm January thru October.

### Contact Information

phone: 630.879.1115 [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

fax: 630.879.1728 [www.unityoffoxvalley.org](http://www.unityoffoxvalley.org)

prayer line: 630.879.1129

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