



April 2017



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

I just turned off the morning news and as always their specialty is bad news. I find it interesting that there will be 57 minutes of news and, so that we won't feel so depressed, they close the show with a 30 sec fuzzy heart warming story.

Well, enough of that! I have a solution. Instead of focusing on all the things and people that aren't filling our expectations, why not make a list of all those things and people they bless us, make us smile, and enrich our lives.

- The beautiful weather
- The colorful daffodils that are blooming a month early
- A friend you can call no matter what
- A job/calling you love
- This beautiful spiritual community
- Chocolate
- Egg McMuffins
- The sunset that takes your breath away
- Those special people who minister to you
- Elmo and Miss Piggy
- That amazing light of a full moon
- The squirrel entertaining you outside you window

- The wonder on the face of a baby
- Sailing on Lake Michigan
- Your favorite music
- Answered prayer

And I think you get the idea. Why don't you make your own list and put it up on the bathroom or the refrigerator where you can see it and remind yourself of all the good news in your life. As we move into April make yourself a promise to list 5 things every morning that bless you and give you joy. Repeat this just before you close your eyes at night.

There will always be things happening, life happening, but we can choose to focus on our good, our delight, our support, our love, our passion, and our joy.

Affirmation for the month of April: I Choose Joy! Try it and let me know how it goes.

Happy list writing as we move into the awakening of this gorgeous Spring,

Love & blessings,
Rev Jan

The Quest



The Quest- A Journey of Spiritual Re-discovery

Join Rev Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

In the words of a student of the course -“This book is NOT religious but it IS spiritual. Doing the Quest with a group is a great way to dig deep into our lives and understand what is holding us back from living a more fulfilling, spiritual life that allows us to be all that we are meant to be. The Quest is a valuable tool for opening the door into a deeper spiritual understanding. If your life is stuck and you don't feel like you are where you want to be, make a commitment to doing the 48 lessons. The results will be amazing.”

Sundays, after the Service, 11:30 – 1:00pm Love Offering Basis

Books Needed: [“The Quest”](#) and [“Adventures on the Quest”](#)

Youth Education for the Younger Crowd

For the month of April, the youth will be exploring the Power of Good Judgment. The disciple is James and the color is Yellow. To enhance the youth's understanding of discernment (making choices), we will delve into the Proverbs of Solomon and story of Jesus in the Garden of Gethsemane as well as Unity's Third Principle, “I create my life by the choices I make.”



EASTER EGG

Hunt

We will be having our annual Easter Egg Hunt during service for youth of all ages on

Easter Sunday, April 16th

Weather permitting, eggs will be hidden outside among the church grounds; however, if it is cold and/or rainy, we will have just as much fun with an indoor Hunt!

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Many of our youth ages 5 and up and their parents will be volunteering at **Feed My Starving Children** Aurora site (555 Exchange Court) on **Saturday, April 8, from 11:30 am to 1:30 pm**. FMSC is a non-profit Christian organization that ships healthy food to impoverished children around the world. At the Aurora site, we will be measuring and hand-packing meals to be shipped to a country chosen by the organization. The goal of FMSC is that “with God’s help and your support, FMSC strives to eliminate starvation in children throughout the world.”

We have reserved 25 volunteer spots at FMSC for Unity of Fox Valley, so we still have available spots for any congregant who would love to participate in this worthwhile cause. If interested, please come downstairs to the Youth Ed area to sign-up. Any questions can be directed to Mary either at church or through email at marynowroozi@comcast.net. We are looking forward to this opportunity to be of service and to open our hearts to those in need. We appreciate the youth, their parents and others who will be joining us on Saturday, April 8. Many blessings, Ms. Mary, LUT, CSE

Many blessings,
Mary Nowroozi, LUT, CSE
marynowroozi@comcast.net

Outreach Ministry



In collaboration with the Batavia Minister's Association and the Batavia School District, Unity of Fox Valley will be collecting **CRAYONS and BLACK MARKERS** for school children in need.

Please bring new boxes of 24 crayons or Black Flair (thin tip) markers for donation to this worthy project.

This project will start April 2nd.
Please have your donations to the church by April 30.

The children of Batavia thank you!

If you have any questions, please contact Beth Johnson: bethmjohnson@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

April 7th, 7pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Palm Sunday



Easter Feast

EASTER FEAST

**Sunday, April 9th,
after the Service**

*Please sign up in the Fellowship Hall
to bring a dish to share, set up &/or clean up*



Taize Service



Taize Service

Friday, April 14th, 7pm

The Taize Service engages all of the senses through music, prayer, chants, scripture readings, and periods of silent contemplation to attain a state of deep contemplative awareness.

All are invited to this beautiful, soulful, candlelight ceremony celebrating the light that is not overcome by darkness.

This service is a beautiful way to commemorate Good Friday.

Easter Sunday



Green Team



Friday, April 28th, 7:00pm

Thrive, a documentary that does not follow convention and causes controversy, will be shown at the Green Team event in the education room.

The theme of the documentary is the global consolidation of power and what is keeping many communities and individuals from thriving. The subject matter requires review to give us thought about where our society is headed. A discussion will follow as well as Green Team refreshments.

We viewed the documentary movie Before The Flood Sunday, March 26 with Leonardo DiCaprio on the topic of climate change. Our conscious awareness was increased with the movie.

There will be no event meetings in May and June except for the annual display at the Batavia Riverwalk, the former Green Fair on the Fox, now a part of a larger wellness event, Saturday, June 3. We will ask for sign-ups to be involved in the Green Team table.

The Green Team will begin with events in July and go through October. More information will be in future newsletters, Sunday Bulletins, E-mail, and personal interaction.

The Green Team is a bridge between, in 2017!

Volunteer Ministry

A big THANK YOU to everyone who signed up at our **Volunteer Fair**. We have over 48 wonderful volunteers for the various ministries. I should tell you though that if we were having a contest, the Sacred Grounds Cafe would be our winner with 14 volunteers. I am thinking we like to eat around here!!



Thank you Mary Ann for encouraging more to sign up to help with the wonderful food. You and Bob are doing an awesome job and I know everyone enjoys socializing and eating every Sunday. This has been a wonderful way for our members to get to know one another better!

SPEAKING OF EATING. . . **Palm Sunday, April 9th is our annual Easter Feast.**

Please sign up if you haven't done so already so we know how many to expect. Deb McQuaid is coordinating this year, but needs help on SATURDAY morning around 10:30 with decorating. This usually takes an hour at the most. SUNDAY We will need help in the kitchen prepping the food and setting it out and then our cleanup. There is a sign up sheet for that in the hospitality area. Check it out!!!

Our Outreach group has been busy! This past month we collected food for the **Batavia Interfaith Food Pantry**. Thanks to all who donated and thank you Beth Johnson for the wonderful job you are doing with our Outreach efforts.

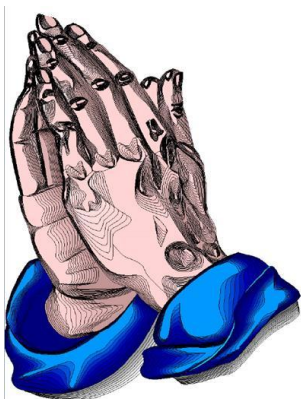
One last thing. . . If you didn't get a chance to sign up for a ministry, or are still on the fence as to how you can help, please feel free to talk to me anytime or send me a quick e-mail.

Thanks again and many blessings to all of our volunteers. Can't do it without you and we hope you know how much you are appreciated!!!

Love and Blessings!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains



We are blessed here at Unity of Fox Valley with a Prayer consciousness that assists our member in their spiritual growth. Our Prayer Chaplains serve at Sunday service praying with our members, making monthly prayer calls and assisting at our monthly Healing service by doing the meditation and hands on. Each of our chaplains recently completed our weekend of annual training.

As Prayer Chaplain Coordinator, I am pleased to announce the members of our Prayer ministry for 2017 and their years served.

They are:

- Althea Armorer - 4 years
- Karen Green - 2 years

- Marie Manella - 14 years
- Mary Nowroozi - 2 years
- Marge Orchard - 16 years
- Bobbi Severson - 13 years
- Eliza Sutherland - 3 years.

I would also like to acknowledge two of our team that are stepping down. These women have given very generously of their time and presence to our ministry. Kim Loree and Maria Cosentino have both served nine years as Prayer Chaplains. We are grateful for the time and love they have provided our congregation.

Being a Prayer Chaplain is transformative soul work as it deepens our spiritual path through prayer and service. It is also a service opportunity for members who seek it to make a commitment to others and themselves. All are invited to explore more about this exciting program by contacting me at margeorchard@gmail.com.

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Sandalwood

Steam distilled from wood - India, Indonesia

Properties: antidepressant, antiseptic, antitumor, aphrodisiac, astringent, calming, sedative and tonic.



Sandalwood may help with Alzheimer's, Back Pain, coma, confusion, hemorrhoids, hiccups, laryngitis, Lou Gerhig's Disease, multiple sclerosis, and UV.

Sandalwood is very similar to Frankincense in action. It may support the cardiovascular system, remove negative programming from cells and relieve systems associated with lumbago and the sciatic nerves.

Body Systems Affected: Emotional Balance, Muscle and Bone, Nervous System

Application: Apply to Vita Flex Points of the feet and or directly on area of concern and diffuse.

Eclipse Retreat at Unity Village

ECLIPSE RETREAT

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Friday, August 18th – Monday, August 21st

You are invited to a wonderful retreat at the heart of our Unity movement, Unity Village.

What we're planning:

- Tour the Village and learn it's history
- Time to walk the Labyrinth
- Attend service in Unity Chapel
- Spend time at Silent Unity the center of over 100 years of prayer
- Explore the 1200 acres of grounds and woodlands
- Relax and renew with an afternoon retreat
- Visit Kansas City
- Be present to experience the Total Solar Eclipse of 2017 celebration
- And more. . .

Registration starts: April 9th

Price: Single occupancy \$500.00
Double occupancy \$350.00
Price includes 3 nights room at the beautiful Unity Hotel, bus transportation, speakers, 3 breakfasts, 2 dinners and tips.

Registration deadline

and ½ deposit due: May 21st

Final amount due: June 25th

Cancellation fee: \$15

For more information, please contact Sandy Donnelly: sjdonnelly1938@gmail.com

Game Night

MONTHLY
G A M E N I G H T

There is NO Game Night this April!

Please join us on Friday, May 19th, 7:00pm

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, &, of course, Dominos. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick

April Showers is a good thing. Many signs of warm weather and blooming flowers ahead. We have already started discussions on what we will be planting in our vegetable garden this year and I'm excited about the prospects.

Galen has retired from acting for an unknown amount of time BUT he somehow was talked into one more performance right here in Batavia! Mark your calendars for April 30th and enjoy a wonderful meal while watching him perform in a [Murder Mystery](#) at Aliano's.



Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.

Many blessings,
[Kathleen Malick](#)

Follow us on FACEBOOK!

Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.



<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 3:00-4:30pm in the Adult Ed Classroom.
- [Unity Green Team Community Event](#) - 4th Friday, January through April; August through October.

Contact Information

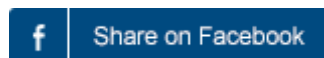
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