



April 2018



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

I wanted to share with you the beautiful Japanese technique of Kintsugi. Kintsugi is a method of fixing broken pottery with lacquer dusted or mixed with powdered gold.

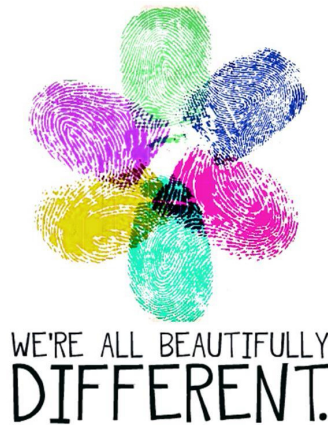
As a philosophy, the point of Kintsugi is to treat broken pieces and their repair as a part of the history of an object. A break is something to remember, something of value, a way to make the piece more beautiful, rather than something to disguise.

Gold is used (not invisible super glue) because mistakes shouldn't be considered ugly.

Broken pieces and their repair merely contribute to the story of the object, they don't ruin it.

This image is a powerful reminder for us as we look back on those "mistakes" in our life that have made us the valuable, beautiful creations that we are today.

Wishing you all the strength and wisdom to repair the "cracks" in your life with gold,



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

Winston Churchill sometimes is credited with the witticism, “If you are going through hell, keep going.” It is a bit punny and amusing. It also is filled with wisdom.

Often when times get tough, we tend to slow down to a crawl. In the worst case, we actually can become paralyzed. Baseball fans can appreciate this phenomenon. When a pitcher gets into a jam, generally he will slow way down and take a much longer time between pitches. It is something that is natural. It frequently is a function of a loss of confidence or perhaps a bit of fear taking hold.

This is not necessarily all that bad. Taking a breath and allowing ourselves to center always is a sound idea. A slight “pause” gives us a chance to hit the reset button. However, always that pause must conclude that it is time to get on with it.

We are hard wired to be in motion. Spirit is always on the move. How often is the wind speed clocked at zero? Our nature is to be going someplace: a new frontier, a journey across the ocean, a new technology, an adventure into space. A new consciousness!

Spirituality is dynamic. As I learned from Rev. Jan, heaven means expansion. Sometimes during our journeys, we might find ourselves to be in hell or hellish situations. If we linger

there, we prolong the agony, and risk taking on an awareness of victimhood. If we journey on, we become victors; the victory is in taking the next step.

I would dare to add to Sir Winston's wisdom. "If you are going through hell, keep going. If you are going through heaven, keep going or it may become hell."

Rev. Mike

Note from the Board

The Board discussed the inspection of the flat roof and the patching and lining of the parking lot both of which will be done in dry weather. The Board will discuss the possibility of a Fall Dinner Dance at the April meeting. 1000 postcards were sent out for the Taize and [Easter](#) Services. There will be a [Bradford Newquist](#) concert - The Great American Songbook on June 24th at 2pm at the church. Rev. Mike's office furniture has been purchased. The construction for Rev. Mike's office and the other space will be initiated after Easter. Revs Mike & Jan's digital workshop was discussed and noted by the Board.

The Board

Youth Education for the Younger Crowd

For the month of April, the youth will be exploring the Power of Good Judgment. The disciple is James and the color is **Yellow**. To enhance the youth's understanding of discernment, we will delve into the Old Testament stories and Proverbs of Solomon as well as Unity's Third Principle, "I create my life by the choices I make."

Also, we will be having our annual [Easter Egg Hunt](#) during service for youth of all ages on Easter **Sunday, April 1**. For nice weather, the eggs will be hidden outside among the church grounds; however, if it is cold and/or rainy, it will definitely be held inside. Either way, it will be a fun, interactive time for all!

Come one...come all to our [Family Movie Night](#) on **Saturday, April 14**! We will be showing The Greatest Showman starring Hugh Jackman, Keala Settle, Zendaya and the "teen heart-throb" Zac Efron! This award winning musical tells the story of P.T. Barnum's

enduring quest to start from almost nothing to his accomplishing the beginning of the astonishing Barnum and Bailey Circus. Its popular soundtrack had hit No. 1 on the Billboard 200 albums chart. The movie is rated PG and will start at 6:30 pm, so we suggest everyone get there by 6:15 pm to get settled in with popcorn and other light refreshments. Bring a pillow to get comfy if you like. We hope to see all of you there for a fun family night!

Lastly, we will be having our annual [Intergenerational Service](#) on **Sunday, April 29**. Our youth will be part of this service as greeters, musicians and singers as well as presenters for a modern-day Biblical skit to enhance the message of the service. We know they will do a great job, and we appreciate all their commitment and enthusiasm to make this a memorable and inspiring service. Please join us downstairs after service for refreshments and to congratulate the youth for their participation.

Happy Spring! Happy Easter!

Many blessings,
Ms. Mary, LUT, CSE

Easter Sunday

Easter Sunday

April 1st, 10:00am



Easter Egg Hunt



We will be having our annual Easter Egg Hunt
during service for youth of all ages on

Easter Sunday
April 1st, 10am

Weather permitting, eggs will be hidden
outside among the church grounds; however,
if it is cold and/or rainy, we will have just
as much fun with an indoor Hunt!



Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Please join us on Friday, April 6th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Men's Group



Tuesday, April 3rd & 17th, 7:00 pm

The Men's Group meets the first and third Tuesday of each month,
September through May at church. All men are invited to join!

Oil A Day Class



Sunday, April 8th, 11:45-12:15pm
2nd Sunday of the month - Adult Ed Room

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

Walks ins are always welcome but signing up will help make sure there are enough materials for everyone. If your schedule frees up at the last minute we still would love to have you.

Please register at the Young Living Table ~ Love Offering Basis.

For more information, please contact Lisa Carpenter:
630-632-2105 or familyof3plus2@sbcglobal.net

Family Movie Night



This award winning musical tells the story of P.T. Barnum's enduring quest to start from almost nothing to his accomplishing the beginning of the astonishing *Barnum and Bailey Circus!*

*Bring a pillow to get comfy if you like.
We hope to see all of you there for a fun family night!*

We ask that everyone arrive by 6:15 pm to get settled in with popcorn and other light refreshments.

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Game Night

MONTHLY GAME NIGHT

Please join us on Friday, April 20th, 7:00pm

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: 630-937-4338

Green Team

The [Green Team](#)'s April event will be **Sunday, April 22** following the Service, which appropriately is Earth Day. We plan to start as soon after 11:30 a.m. as possible.



There will be no monthly meetings in May and June, however, we will resume in July. Our meetings are designed to be the fourth Sunday of the month, eight times each year. We have other events, such as the trip to Dart Container Corp. in North Aurora to see the recycling breakdown process of polystyrene.

We still have a few Unity Green Team cloth bags (\$3) and drink containers (\$7.) for sale. Gratefully, we have an increase of polystyrene items being dropped off at the Styrofoam bin adjacent to the Green Team food table for recycling at Dart Container. Keep up the good work.

Each of us takes responsibility for making a difference.

Going Green in 2018!

Intergenerational Service



Sunday, April 29th, 10am

This service will be spiritually led by Mary Nowroozi, LUT, along with our fabulous youth and some of our amazing congregational members. Please give our youth a “high-five” as they offer their services as ushers, greeters, Daily Word readers and Love Offering collectors. To make this event extra special they will be presenting a short play titled *“The Metaphysics of The Three Little Pigs”* and will provide special music to reflect on the inspirational message of their presentation.

We are looking forward to an unforgettable, heartwarming service!

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Volunteer Ministry



A big SHOUT OUT AND THANK YOU to all that helped with our Easter Feast this year!! Great food and great fun!! Even though we eat pretty well every Sunday (thank you Mary Ann, Bob and Team), our special dinners always add more excitement and more participation!! I know everyone looks forward to sampling the different delicious food!! Thanks again to everyone that always makes this possible!

THANKS to everyone that supported our Outreach for March by bringing in food, clothing, and items for Lazarus House!

THANK YOU Carl and Lucy for organizing the Book Sale this year. The books that did not sell were donated to The Book Shop, a new book store located at 15 N River Street in Batavia. they will be selling used and collectible books. So nice to know that our books were moving on instead of being recycled and we are helping a new and budding business right here in Batavia. Thank you, Jeanette, I heard you made this recommendation. I spoke with them briefly and they were so grateful and better yet, packed up all of the books and loaded them in their car!! A win win for everyone!!

That about does it for another month! As I am writing this, I am thinking SPRING!! New growth and new beginnings for plants and humans!!

Blessings!!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains

Did you know that when our prayer chaplains pray with you, they listen and hold everything said in confidence? Your chaplain places your requests in the sacred space of limitless possibilities of God's love, that place we often are unable to see our ourselves.

Namaste!



Young Living

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more info, please contact Lisa Carpenter: familyof3plus2@sbcglobal.net

Sue Riley Choir Workshop



Sue Riley Choir Workshop

**Saturday, May 5th
1 – 3:30pm**

FREE WORKSHOP!

Have you ever wanted to sing in an ensemble or a choir but can't read music or someone told you just to move your lips and not sing out? This is your opportunity to be part of a fun and entertaining workshop.

Sue is the music director at Unity Clearwater in Florida and is one of the powerhouses behind the emPower Posi Music Festival and the Posi Concerts that travel around the U.S.

Directing from the piano Sue will take us from Ho Hum to Hallelujah in just a couple hours.

All are invited no matter what your skill level.

This is my gift to all you song birds who never get a chance to sing.

We'll start warming up at 1:00. I'll be there – will you?

PosiPalooza Concert

PosiPalooza!

*Join us for an evening of fun
for the whole family.*



Daniel Nahmod Megon McDonough Sue Riley

*All three of these exceptional artists are multi-award
winning songwriters. Join them for a fun and
intimate evening of love, laughter and family fun.*

Saturday, May 5th, 7pm
Unity of Fox Valley

230 Webster Street, Batavia
630-879-1115

Tickets: \$20/each at Unity of Fox Valley or
www.empowerma.com/PosiPaloozaTicket

emPOWER)))
MUSIC & ARTS
Positive, Empowering, Uniting

**Children
under 12
are
FREE!**

Tickets can be purchased now by clicking [here](#)
or after Sunday Service in the Fellowship Hall.

Save The Date



BRADFORD NEWQUIST along with his pianist **Bill Underwood**, will take you on a nostalgic musical journey through the world's favorite American music. It is a classic performance featuring composers such as Gershwin, Porter and Rogers and songs sung by vocal legends like Sinatra, Cole, Clooney and Martin. Bradford's delivery of these gems is clean and refreshing, giving a show that is packed with something for everyone.

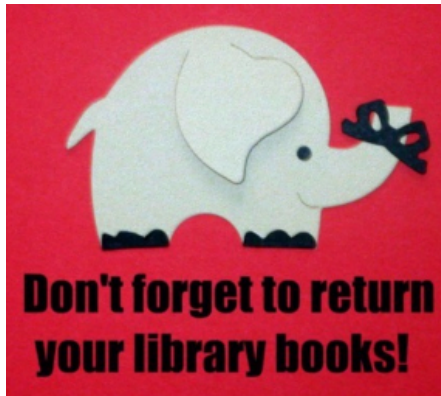
Be certain that this show will be a hit with your audience as Bradford explores the music, the memories and the magic that makes us love "**The Great American Songbook**".

Tickets will go on sale on Sunday, May 6th

Library

Please remember to return your library books!

If you have books out from the Library and you have had them for awhile, please remember to return them!



AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this link next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

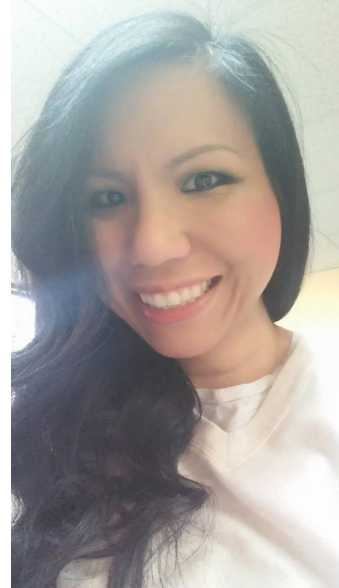
News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business

Manager, Kathleen Malick.

It has been a quiet month for me. Just the way I like it. Along with everyone else, I'm eagerly looking to the warmer temperatures. Being inside for so long is making me a bit batty and the urge to Spring Clean has started to rise.

The first outside run of the season always has the same fears for me: Am I really this slow? Is anyone following me? Is that a wild animal ahead? Did I bring tissue? HA HA HA! Silly i know, but it doesn't hold me back.



*Please remember that it is never too late to eat right, get up and get moving! Love yourself by **treating your body right. It's the only one you have!***

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **There will be no classes held on April 5th and May 3rd.**

- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

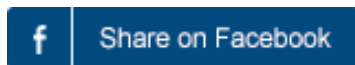
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