



April 2020

## An Open Letter from Rev. Mike

Dear UFV Family & Friends,

This is to provide you with an update regarding church activities for the month of April. Based upon government guidelines and current CDC recommendations, the church will remain closed to all group activities at least until the end of April. This includes our regular Sunday services. Obviously, the Covid-19 situation is evolving daily, and we will review everything with every new update.

We have started to conduct [Sunday services](#) online using Zoom. This past Sunday there also were services for our youth groups. We also have begun a [Thursday morning discussion group](#) again online using Zoom. These will continue throughout April. Each week we will be sending email invites that include the links to logon.

We are exploring ways to hold our regular [Healing Service](#) scheduled for Friday, April 3rd online. I am hopeful that this will happen, and we will keep you posted. We also are exploring if it is possible to conduct our annual Good Friday [Taizé service](#) online. You will be hearing more about this soon.

We may be limited somewhat by having to be together online, but it cannot stop us from caring for one another. It also is an opportunity to let our creative juices flow. I, for one, still like the idea of bonnets for Easter. If you have ideas you would like to share, please do so.

Meanwhile, please take care of yourselves and one another. I hold all of you and your loved ones in prayer and in my heart.

Blessings,  
Rev Mike

## Ministerial Musings

# BE NOT AFRAID

It is funny how quickly things can occur, and how our lives can be turned upside-down in such short order. As recently as two weeks ago, I never would have guessed that my April newsletter article would be dealing with the coronavirus and all of the chaos surrounding it. New news, new suggestions, new recommendations and new mandatory restrictions seem to appear every day. The appearance of the virus is testimony to the randomness of the universe.

Many times in my life I have reflected as to what it must have been like to live in times of great difficulty. I have been grateful not to have experienced things like the Civil War, the Great Depression, World War II, the Spanish Flu and the Black Plague. I pray that the scars left behind by the coronavirus will not be as pervasive as those that resulted from previous horrific times in human history.

As difficult as it is to see, the current situation brought on by this virus does have a silver lining. Already it has in common something that all fearful human experiences share. That is, the coronavirus will be a broad scale defining event in our lifetimes. People all over the globe will have to decide how they will show up and be present in response to the chaos that the situation brings.

All of us in our lives at one time or another are confronted with different types of threats and fears. All of us have to measure how close our truth aligns with our TRUTH. In those times we may feel like we are powerless, and struggle with how to cope, decide and act. In those stormy times in our lives, we have an opportunity to define ourselves. In those times, we can ask ourselves each step along the way, "What is the loving thing to do?" We have an opportunity to complete the statement: "I AM....," any way we want.

The coronavirus provides for us the same opportunity, only on a much broader global scale. Before it is all over and done, we will answer that question as individuals, as a nation, and as a world community. Eventually, we will overcome this virus or at least minimize the threat to a point at which it is no big deal. I affirm that when we look back at this time, we will be a more loving, caring and compassionate species than we were just a

few months ago. All we have to do is keep in mind that the boundary between our humanity and our divinity is illusory.

Take care of yourselves and one another.

Rev. Mike

[revmike@unityoffoxvalley.org](mailto:revmike@unityoffoxvalley.org)

## Coffee & Tea with Myrtle & Me



**Thursdays, 10:00am**

Hello All,

Come join us Thursday morning for our weekly chat. It's an open forum and an opportunity to be together and talk about whatever may be on your mind. I look forward to seeing you online.

Peace,

Mike

[revmike@unityoffoxvalley.org](mailto:revmike@unityoffoxvalley.org)

**A zoom invitation will be sent to you. Look for it.**

Please click [here](#) or copy and paste this url into your browser:

<http://ufvweb-new.unityoffoxvalley.org/calendar/coffeeandtea/>

## Online Sunday Services



**Sundays, 10:00am**

Attend our Online Sunday Service from the comfort of your own home!

Please click [here](#) to take you to info you need to join in on Online Sunday Service! The links changes every week so be sure you have the most up to date info.

If you have trouble accessing the meeting, please contact

Zoom: <https://support.zoom.us/hc/en-us>

## Youth Education for the Younger Crowd

“Lions, and tigers and bears, oh my...”. Like frightened Dorothy and Toto wanting to go home as well as the Scarecrow wanting a brain, the Tin Man a heart, and the Cowardly Lion courage, ultimately realizing they had those qualities all the time, we too know that despite the apparent spiraling, scary viral storm we are currently experiencing, we have all those inner God-given potentials to get through this all okay. Really all okay!

There has never been a more important time than this to continue to teach, to instill in our youth those inner Powers like the Wizard of Oz characters of Will, Good Judgment, Love and Strength; therefore, we are providing evermore powerful, interactive spiritual education through online Sunday School.

Our lessons will further reflect on faith and healing as we delve into the Easter Season by exploring and reflecting on the life, teachings, and miracles of our Way Shower, Jesus.

Furthermore, we will encourage our youth to take time as Jesus advised, “to go to your inner room and shut the door” to pray and meditate as well as to reflect on ways they can spread kindness to their families and their communities whether it is just as simple as helping wash the dishes or sending a thinking-of-you card to a lonely nursing home resident.

As we feel the impact of social distancing, let us remember to use our Power of Imagination to embrace with loving arms our families, our communities and our world.

*"You have plenty of courage, I am sure," answered Oz.*

I am ever so grateful to you all.

Be safe and at peace my Unity Family,

Ms. Mary, LUT

[marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## A Course In Miracles



**Every Thursday, 7:30pm - 9:00pm**

***There will be no ACIM on Thursday, April 30<sup>th</sup>.***

The emphasis for this session will be the Workbook from A Course in Miracles.

***Everyone is welcome - you may join in at any time!***

**Please keep an eye out for a Zoom invite.**

The class will be facilitated by Warren Wakerlin: [wwakerlin@aol.com](mailto:wwakerlin@aol.com)

**Healing and Wholeness Service**



## HEALING AND WHOLENESS SERVICE

Friday, April 3rd, 7:00pm

Please keep an eye out for a Zoom invite.

For more info., please contact Rose Maxson: [singingalong77@gmail.com](mailto:singingalong77@gmail.com)

### Palm Sunday

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**Sunday, April 5th, 10:00am**

Please stay tuned for more information regarding this Service.

## Easter Feast



**The Easter Feast is CANCELLED.**

**We are sorry for any inconvenience this has caused and thank you for your understanding.**

Please contact Lucy Klemmaier with any questions or for more info.: [colonelklay@yahoo.com](mailto:colonelklay@yahoo.com)

## Taize Service

# Taize Service

**Good Friday, April 10th, 7pm**

*The Taize Service engages all of the senses through music, prayer, chants, scripture readings, and periods of silent contemplation to attain a state of deep contemplative awareness.*

**All are invited to this beautiful, soulful, candlelight ceremony celebrating the light that is not overcome by darkness.**

*This service is a beautiful way to commemorate Good Friday.*

**We are trying to schedule this online.  
More information will be forthcoming.**

**Easter**



Easter Bonnet

Sunday, April 12th



Any questions? Please contact Kathleen: [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

You can still do this online. Think how fun it will be!

## Easter Egg Hunt



**The Easter Egg Hunt is CANCELLED.**

We are sorry for any inconvenience this has caused and thank you for your understanding.

Please contact Mary Nowroozi with any questions: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Bhagavad Gita Class



**The Bhagavad Gita classes are temporarily on hold until further notice.**

We are sorry for any inconvenience this has caused and thank you for your understanding.

For more info., please contact Carl or Lucy Klemaier: [colonelklay@yahoo.com](mailto:colonelklay@yahoo.com)

## Green Team



**The Green Team events are temporarily  
on hold until further notice.**

Think both Green and good health practices.

For more information, please contact Carter  
Crane: [cartercrane@thevoice.us](mailto:cartercrane@thevoice.us)

## Prayer Chaplain Ministry



Unity's foundation is prayer and we, now more than ever, are deeply grateful and blessed to be a part of this consciousness that has been active in our world for more than a century.

Although all our lives have been upended these past weeks, as Unity students we affirm that in Truth we are whole and perfect. And to keep that equilibrium we hold all that is on our minds and hearts in Prayer.

As many of you know, Prayer Chaplains have been committed to making monthly Caring/Wellness Calls to support you, our spiritual family, with your prayer needs. During these unprecedented, uncertain times, we are now offering to make additional calls during the month and/or to expand our communication with you via email and texts, depending on your preferences. You may discuss this with your chaplain when you speak with her/him on your next call. Below we are including our contact numbers so you may, if you wish, contact us.

If you are a member and have not been receiving a call, or, have not previously signed up and want to now, please contact the office at 630-879-1115 or [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org) and a Prayer Chaplain will call you.

Last, but definitely not least, remember Silent Unity is there for all of us, 24/7.

Call 816-969-2000 or use their online prayer request form at [unity.org](http://unity.org)

You can also add their [Prayer App](#) to your phone.

We hold you all in Spirit's love, light and healing grace...

Blessings and (energy) hugs,  
Bobbi and Marie

Marie Manella: (C) 630-803-1630 [mleduc7@yahoo.com](mailto:mleduc7@yahoo.com)

Bobbi Severson: (C) 630-632-2368 [bsever4785@gmail.com](mailto:bsever4785@gmail.com)

Eliza Sutherland: (H) 630-208-1245 [suth.liza.32@gmail.com](mailto:suth.liza.32@gmail.com)

Wanda Faye Holmes: (C) 586-604-6043 [geminiangoddess2000@yahoo.com](mailto:geminiangoddess2000@yahoo.com)

Lucy Klemaier: (C) 217-374-6352 [colonelklay@yahoo.com](mailto:colonelklay@yahoo.com)

Carl Klemaier: (C) 217-741-7151 [colonelklay@yahoo.com](mailto:colonelklay@yahoo.com)

Maria Cosentino: (C) 630-493-4432 [mlcosentino@gmail.com](mailto:mlcosentino@gmail.com)

Mary Nowroozi: (C) 630-302-8787 [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)



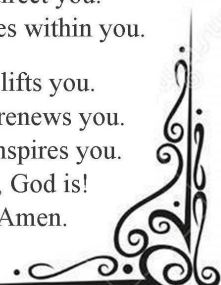
### The Prayer of Protection

*Written by James Dillet Freeman*

The Light of God surrounds you.  
The Love of God enfolds you.  
The power of God protects you.  
The Presence of God watches over you.

The Mind of God guides you.  
The Life of God flows through you.  
The Laws of God direct you.  
The Peace of God abides within you.

The Joy of God uplifts you.  
The Strength of God renews you.  
The Beauty of God inspires you.  
Wherever you are, God is!  
And all is well. Amen.



### The Prayer of Faith

By Hannah More Kohaus

God is my help in every need;  
God does my every hunger feed;  
God walks beside me, guides my way  
Through every moment of this day.

I now am wise, I now am true,  
Patient and kind, and loving, too;  
All things I am, can do, and be,  
Through Christ the Truth, that is in me.

God is my health, I can't be sick;  
God is my strength, unfailing, quick;  
God is my all, I know no fear,  
Since God and Love and Truth are here.

## Volunteer Ministry

So, this is a difficult one to write, but here goes!!

So, what is happening in April? We actually don't know. We have had to push the "pause" button on our lives and have no idea when we can "resume". What



**VOLUNTEER!**

we do know is that our lives have been abruptly altered in a way that we had never perceived.

All that I can offer is that we "VOLUNTEER" to hold our World in the Light and Love of Healing and Wholeness. We check on our loved ones and friends offering assistance where it is possible for us.

We follow common sense in protecting ourselves and adhere to the Social Distancing that has been suggested. Will it be easy? Not at all, we are no longer business as usual and for some of us on the go all the time, this is quite an awakening and a total different lifestyle than what we are used to. For some, it will be a financial burden so unexpected that they may never fully recover.

Throughout all of this, what can we control? We can control how we will react to it. We can set aside this time for some serious prayer and meditation, sending healing thoughts and energy out into the Universe. So I offer this prayer, will you "VOLUNTEER" to say it with me everyday, several times a day, especially when you feel yourself getting anxious.

"Anchored in peace, I remain calm and centered. No human tragedy can diminish my spiritual strength. I follow the light of Truth within, and Divine Order unfolds. Inner Wisdom guides my every step. In Faith, I look beyond these conditions, perceiving and expecting good. By the Power of Love, I am steady, safe, and Secure!! And so it is!!"

Remember your church family is always here to help you through these challenging times.

Love, Peace, and Blessings!!!

Bobbi Severson

[bsever4785@gmail.com](mailto:bsever4785@gmail.com)

## Taco Bar



**Sunday, May 3rd, after the Service**

Welcome! Welcome to our 3rd Annual UFV Taco Bar. All are invited to join us in fellowship, food and fun. Feel free to reach out to Wanda Faye if you have any questions or would like to contribute to this UFV community event. Thank you for your participation.

We look forward to seeing you there.

Wanda Faye may be reached via email at [geminiangoddess2000@yahoo.com](mailto:geminiangoddess2000@yahoo.com) or by cell at 586-604-6043.

## Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

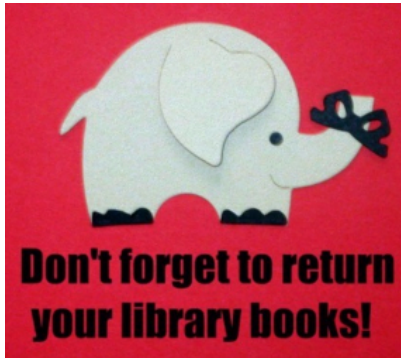
***Do you need us to order anything?***

***Place your order in the Fellowship Hall by the 15th of each month!***

For more information, please contact Barbara DuRocher [barbarajdurocher@gmail.com](mailto:barbarajdurocher@gmail.com)

## Library

**Please remember to return  
your library books!**



If you have books out from the Library  
and you have had them for awhile, please  
remember to return them!

## Looking Ahead



- 5/3: [Annual Taco Bar](#)
- 5/7-6/11: Overview of Hebrew Scriptures
- 5/9: [Sat Sahree](#)
- 5/24: Bike The Drive
- 5/25: Office Closed

## AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

**Just click on the link below and make a purchase!**

**Use this link over & over all year round!**

Please click on this [link](#) next time you need something  
& help raise money for Unity of Fox Valley!

**<http://smile.amazon.com/ch/36-2889899>**

**Donate items from our Charity List**  
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Just click on the [here](https://smile.amazon.com/hz/charitylist/ls/5I9LM5FXITZG/ref=smi_ext_lnk_lcl_cl) to see what we need!

or, copy and paste this link:

[https://smile.amazon.com/hz/charitylist/ls/5I9LM5FXITZG/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/ls/5I9LM5FXITZG/ref=smi_ext_lnk_lcl_cl)

## Evolving Office Hours



Due to the Governor's order of Shelter in Place, our Business Manager will mostly be working from home (this is subject to change without notice). There has been a change to the office hours and they are now: Monday - WEDNESDAY 9-5pm.

Things are ever changing these days so we really do appreciate your understanding and patience as things are changed unexpectedly & without notice. Please do your part and **STAY HOME!**

Please email or call Kathleen her if you should need anything. Please no visitors: churchoffice@unityoffoxvalley.org 630-879-1115 (Emailing is preferred since she is working from home most if not all days)

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Office Manager,  
Kathleen Malick.*

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I didn't go on vacation. I worked at UFV for 6+ years and have never taken a full weeks vacation. I finally planned one and the Governor issued a Shelter in Place. My daughter's trip to Disney World with her Marching Band also got cancelled. It has all been so very disappointing. Clearly, I'm not the only one that had their plans cancelled but we need to



**ALL** do our parts and **STAY HOME!** If anyone thinks they are immune... they aren't. So **STAY HOME!**

I was going to put up a photo of the cabin in the woods we staying in, but since we are home, I posted a picture of my cat. I woke up. Looked over the covers and there was Reese snoozing along. I hope you found it funny as I did.

Staying home can be really tough. Being idle is tough too. I continue my morning workouts of lifting and cardio but I find myself adding a 2nd workout most days. If you are on Facebook, Silver Sneakers, Ion Fitness and many others have FREE workout events. Try It might just what your body needs!

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

Blessings!

[Kathleen Malick](#)

**Follow us on FACEBOOK!**



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

**On Going Activities**

**Unless otherwise advised by a separate notice, these are temporarily on**

**hold.**

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm. Please contact AA for more info regarding their meetings.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm. Please contact OA for more info regarding their meetings.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

**Contact Information**

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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**Robly**