



**Upcoming Events and Classes at
Unity of Fox Valley**
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

Hi again! It's good to be back after three wonderful months on sabbatical. I've had new experiences, new adventures, and lots of new ideas I want to share with you in the coming months. I'll also be excited to learn about what you've been up to while I was away.

Many thanks to our Board of Trustees, Kathleen, Rev Tom, and all of you who have stepped up to take on the additional responsibilities making my sabbatical possible.

I'll be catching up and settling in these next few days and I'll see you Sunday, August 7th .

Love & blessings,
Rev Jan

Youth Education for the Younger Crowd

Our Youth Ed Spiritual Sunday School will be exploring the Power of Will for the month of August. The disciple for this month is Matthew and the color is shimmering silver. The youth will learn, like Noah in the Bible story of Noah and the Flood, that once we have connected ourselves to the limitless power of God and are

willing to let God be in charge of our lives, all wonderful things are possible.

Also, our Youth will be participating with the Green Team for [Green Fair on the Fox](#), Batavia Riverwalk, on **Saturday, August 13 from 10 am to 4 pm**. A table will be set up for children to stop by and create musical instruments from recycled materials such as plastic bottles and tin cans. We are asking for volunteers to sign-up downstairs in Youth Ed area for 1 hour time- slots to help at the Green Fair youth table. Please consider being a part of this worthwhile, fun event! Your help would be greatly appreciated.

Last, but not least, please join everyone at Unity of Fox Valley's [Annual Church Picnic](#) to be held at Fabyan Park in Geneva on **Sunday, August 28**, during our **10 am** service. Youth of all ages are invited to join us for fun in the sun with inspiring games, crafts, stories and songs! We would appreciate if every family would please bring a dish to pass for our yummy picnic following the service.

We're looking forward to seeing many of you at our exciting upcoming summer events!

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

Green Team



Our showing of the documentary film, "The Future of Energy", after the church service Sunday, July 10 was successful. Thank you to Jeanette Hirt for facilitating the day, to include the information downstairs during refreshments on the Green Tomato Food Co-Op. Our Debra McQuaid signed up as an owner. More than a few other congregants previously signed up as owners of the developing co-op which will be in the

greater Batavia area.

Meanwhile, August is filled with Green Team excitement for two big events following quiet months of May and June.

Your Green Team will sponsor two tables at the [Fair on the Fox](#) event in Batavia at the

City Council Chambers building on Island Avenue. The event will be from **10 a.m. to 4 p.m. Saturday, Aug. 13**. One table will have information to present to the large annual audience which will peruse the vendor exhibits. Information available will be on Unity of Fox Valley and on the Green Team. We are sponsoring a second table for the Youth and Children's Departments. Crafts annually have been available for children who are with adults and want to be creative.

Members are encouraged to sign up for shifts of two hours each and to have a good time interacting with the public and to get to know other members better away from the church setting. Participants do not need to attend Green Team events to represent Unity of Fox Valley. Times will be from 8:30 a.m. through 4:30 p.m. and sign-up sheets are available during the week and after church services.

The second event in August will be a road trip **Saturday, Aug. 27** to visit the successful **Sugar Beet Food Co-Op** in Oak Park, certainly a Green perspective. We will leave at **10 a.m.** promptly from the church parking lot, if that is the consensus of the group participating, for an 11 a.m. start at the Sugar Beet Food Co-Op. A sponsor at the site will give us information on the perspective of the food co-op with a tour.

There will be an opportunity to purchase a modest lunch of items in the store. There will be a sign-up sheet so we know how many we should tell the Sugar Beet Food Co-Op representative will attend, without a firm commitment necessary.

There will be no meeting the fourth Friday in August because of the trip to the Sugar Beet Food Co-Op.

Think Green in 2016

For more information, please click [here](#).

Town Hall Meeting



TOWN HALL MEETING

*Sunday, August 14th
after the Service*

**Please stay and attend
because we want your
input!**



The Board

Church Picnic



Sunday, August 28th at 10am

Fabyan Forest Preserve - West

This is just North of Fabyan Parkway on Route 31. At the shelter. Look for Unity of Fox Valley signs. We'll barbeque and play lots of games. There are Japanese Gardens, a Windmill, walking paths, and even fishing!

Bring a Dish to Share

For the WHOLE family! EVERYONE is invited!

For more info., please contact Deb McQuaid: debmcquaid@aol.com

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

**There will be no Healing Service
on Friday, August 5th
We will return on September 2nd.**

Please join us for our Healing and Wholeness Service. This once-a-month service will be filled with music, chant, prayer, and hands on healing

conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace. Join us on the first Friday of the month at 7:00 pm.

For more info., please contact Rose Maxson: romax52@aol.com

Volunteer Ministry



Summer is definitely here!! Such a busy time with vacations and family gatherings! Hope everyone is staying cool and having good times!!

We have VOLUNTEER OPPORTUNITIES coming up in August!

Our Green Team will be participating in [GREEN FAIR ON THE FOX](#) located in the Community Building downtown Batavia. This event will take place Saturday, August 13th. Sign up sheets are on the table. Volunteers are needed to fill 2 Hour time slots starting at 8:30. This one is located indoors, so no worries about heat!! The youth will also be supporting this event with craft projects for the kids. Last year was a lot of fun with some very interesting vendors and displays!!

Our [ANNUAL PICNIC](#) will be on Sunday, August 28th. Deb McQuaid will be chairing this event, but always needs helper bees!! The Men's Group does a fantastic job of cooking, but lots of work goes on behind the scenes to make this event happen. Please sign up to help or contact Deb.

The **USHER/GREETER** TEAM needs volunteers. I can't stress enough how important this team is. They are the first people that our new visitors see when entering our Spiritual Home! I feel they set the tone for how warm and inviting our church community can be! We need to be consistent with volunteers on Sunday mornings! What I have found that works the easiest is to pick one Sunday a month, like the 1st Sunday, and always try to be available to do that one. I know things come up, but if you know in advance, then you can always switch with someone who has volunteered on another Sunday. This has worked out well for our CD Ministry and our Platform assistants. Joey has done a fantastic job in coordinating this team, with Kathy moving,

he also needs a backup person for the Sundays that he has to work. Please see Joey and talk to him after service and find out how rewarding this can be. It is also a wonderful way to meet new people or get to know fellow congregants even better!

Our **OUTREACH TEAM** has been busy!! Thanks again, Beth Johnson, for stepping up and taking this on. Read her article for what they have done and what is coming up!! THANK YOU to all that supported the Batavia Food Pantry during the month of June. I saw many boxes of much needed items going to our community!!

A big THANK YOU to everyone that helped with our Windmill City Festival event in July. It was a beautiful day, with no rain!! Another event to get our name out and support the Batavia Community.

THANK YOU Liz Haythorne for organizing our Potluck Recipe Sunday to give everyone a sampling of the wonderful dishes that everyone prepares for our potlucks or just their absolute favorites. Lots of tasty goodies appeared that Sunday. You can still submit your recipes to Kathleen via e-mail or drop them in her mailbox! Again, we are hoping to put together a UFV cookbook to be available at our 40 year celebration.

Many blessings everyone! Have a wonderful August!

Outreach Team



Batavia Interfaith Food Pantry is asking for Volunteers

We delivered three shopping carts full of food to the Batavia Interfaith Food Pantry the end of June and they were thrilled with our generous donation. Thank you all for sharing your abundance with those in need.

The mission of the food pantry is to provide food relief to the economically disadvantaged residents of Batavia and Batavia Township. They provide a friendly environment where people in difficult circumstances can obtain the necessities and maintain their dignity.

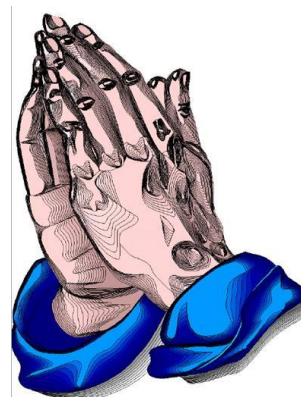
They have asked for more help. They are in need of at least two people to help distribute food on the first Tuesday of each month from 12:30 to 3:30. If you are willing to commit to offering your time once a month, please send an email or call me. We will also have a signup sheet on the table by the Sanctuary.

Please contact Outreach Chair Beth Johnson at bethmjohnson@comcast.net or 630-336- 6159.

Prayer Chaplains

The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!



Young Living



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager,

Kathleen Malick

July was my Birthday month! I turned 45 this year and it really does get better and better! Each day is a true gift and I appreciate EVERY DAY that God has given me! That is why I'm not '29 again' or 40-ish'. I'm 45 this year and will always be proud to state my actual age.

I bided my daughter Ava a farewell as she gave up her Fourth of July to go on her very first Mission Trip with her Youth group which she really enjoyed. Galen and I took that opportunity to recharge and take a mini vacation. Later in the month we hosted another Ice Cream Social here at Unity then went on to my Birthday Fun!



School is approaching again and the Fabulous Fall months will be here and I'm looking forward to it all although preparing for school always catches me off guard :P

Summer is here so I hope you get out there, be active and enjoy it! Please remember that it is **never** too late to get up and get moving!

Many blessings,
Kathleen Malick

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 4:00-6:00pm in the Adult Ed Classroom.
- [Unity Green Team Community Event](#) - 4th Friday, January through April; August through October;

Contact Information

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