



December 2016



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

In all the busyness of the season make sure you allow yourself time to look, listen, experience and savor the specialness of this Christmas season.

In this newsletter you'll find all of the wonderful activities planned for December. You can participate in everything from decorating to make our spiritual home beautiful, to providing gifts for those less fortunate, to soothing your soul during a healing service, to remembering a loved one during our Service of Remembrance, and to celebrating the beauty and joy of the Christmas Eve Candlelight Service. It's important to you and to our spiritual community that you are part of the traditions that make Unity of Fox Valley so special and important in your life.

My wish is that you wrap yourself in all the joys and traditions of the season just like you wrap yourself in a warm coat so that the warmth stays with you as you move through your days.

Wishing you and your loved ones the joy, excitement, love and warmth of this holy season,

Rev Jan



Exciting News for the New Year!

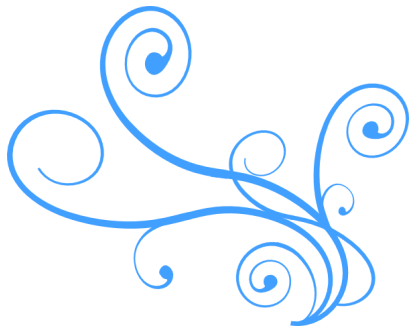
How would you like to start on a spiritual adventure that will open your heart, expand your mind, and deepen your spiritual life?

Starting Sunday, January 15th we will be starting a year-long study group called “The Quest.” It is a journey of spiritual discovery.

The story of the quest is an ancient theme, part of the heritage of all humanity. In every era of history there are stories of the hero or heroine whose life is transformed by traveling on a special journey. Daring to change is what distinguished the hero or heroine from the rest of humanity.

Any hero's journey, whether it's Harry Potter, the Hunger Games, or Star Wars, has a valuable prize as its goal. Yes, there is some tangible prize, but the true prize is spiritual gain – an expanded awareness, a new insight, and a transformed life.

The purpose of “The Quest” group is to know God and to experience the transforming power of God in our lives. This is a journey of exploration and growth and development to form an intimate relationship with God that will change your life.



Come join us - Rev Jan and our LUT's Marge, Maria, Mary - as we join with you on this spiritual adventure that will make 2017 your best year ever!

Sign up to show your interest. More details to follow.

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

First Friday of every month at 7:00pm

December 2nd, 7pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

For more info., please contact Rose Maxson: romax52@aol.com

Christmas Decoration & Chili Cook off



Christmas Decorating

and our Men's Group *FABULOUS*

Chili Cook Off!

Saturday, December 3rd, 10:00am

*Let's make this a whole family
affair! Everyone is welcome.*

Please join us!



service of Remembrance

SERVICE OF

Remembrance



Sunday, December 4th

*A day to remember
and celebrate the life
of a loved one, who has
moved on to his or her
next life experience.*

Secret Santa



It's beginning to look a lot like Christmas,
and that means it's time for our...

SECRET SANTA

For the 14th year in a row, Unity of Fox Valley will be sponsoring approximately 25 people, representing multiple families, by providing Christmas gifts to those who might otherwise find their trees bare. This year we're again providing gifts for families from CASA (Court Appointed Special Advocate) Kane County.

Please select a name from the tree and return your Christmas gifts on or before Sunday, December 4th.

For more info., please contact Beth Johnson: bethmjohnson@comcast.net



Youth Education for the Younger Crowd

For the month of December, the youth will be celebrating the Power of *Life*. The disciple is Judas and the color is **RED**! Through inspiring Bible stories, meditations, crafts, songs and prayers reflecting on the Birth of Jesus, the youth will celebrate the Christ Light born within each one of us as the eternal glow that keeps our souls alive and enthusiastic!

Spiritual Sunday School Christmas Pageant

Sunday, December 18th, 10am



The youth in all classes will be presenting their annual Christmas Pageant titled "The Spiritual Journey of Christmas". The Pageant will be very spiritual and heartwarming as it reflects on Unity's metaphysical teachings of the Christmas story.

Permission forms are available downstairs in the youth area & due no later than Sunday, December 11. All participants are to attend practice on Sunday, December 11, 10 am & dress rehearsal on Saturday, December 17, 9-10:30 am; and to arrive on Sunday, December 18, 9:30 am.

We greatly encourage and appreciate all of our youth groups to participate in making this a memorable and wonderful pageant!

Please contact Mary Nowroozi for more info.: marynowroozi@comcast.net

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Holiday Happenings



HOLIDAY HAPPENINGS AT UNITY OF FOX VALLEY

Friday, December 2nd, 7:00pm
Healing and Wholeness Service

Saturday, December 3rd, 10:00am
Christmas Decorating & Chili Cook-off

Sunday, December 4th, 10:00am
Service of Remembrance

Sunday, December 18th, 10:00am
Children's Christmas Pageant

Saturday, December 24th, at 7:00pm
Christmas Eve Candlelight Service

Sunday, December 25th, at 10:00am
Christmas Day Service

Saturday, December 31st, at 6:00am
World Healing Meditation

Sunday, January 1st, at 10:00am
New Years Day Service

Sunday, January 8th, 10:00am
Burning Bowl Service & Christmas UN-Decorating

11/16/16

Christmas Feast

**Sunday, December 25th,
after the Service**

Do you want to have a Christmas Feast? If so, we need you to vote YES on the sheet on the Fellowship Table.

If we have enough interest by December 18th, then we will have the Feast!



Green Team



The Green Team will resume events in January 2017, however, our vigilance to understand and function with a concept of improving our situations, including the Earth, should never take a break.

Healthful and vegetable-oriented snacks will be provided each Sunday after the service on a table downstairs under the windows against the west wall. Usually three or four snacks will be available, along with information relevant to the Green Team.

Remember to think recycling, including Christmas trees.

Polystyrene, or styrofoam, can be recycled in front of Dart Container in North Aurora. All containers, except detached covers and including packing foam, can be recycled in containers provided for recycling at Dart. It takes a little extra effort, however, it is worth it in the long run. Recycling remains available for discarded electronics. Take the time to find the sites.

Blessings to all for a Merry Christmas and an abundant 2017. Think Green the rest of 2016.

Volunteer Ministry

I can't believe it is December already, maybe it has been the warmer fall that has prolonged the summer for me, or maybe time is just flying by that quickly.

We had a very busy October and November with lots of special celebrations for our Church community and for our very own Rev Jan. THANK YOU to all of our wonderful volunteers that worked to make these events happen!!



In years past, Kim has organized a CHRISTMAS LUNCHEON after service on Christmas Day. This year she will not be available to host and organize this event, so we will be doing a sign up to see who is interested. If we have people interested, would someone be willing to organize and be responsible for cleanup and lockup that day?? Joey has generously offered a gift certificate for a Turkey or Ham that he received from his work. This can be your meat dish and then everyone else would bring the side dishes. I know this has been an important get together with church family for some of our members and we would like to see this continue this year. WATCH FOR THE SIGNUP SHEET AND LET US KNOW ASAP.

THANKS AGAIN to Jen King and Anne Kothe for organizing our wonderful Women's Retreat in November. We had over 25 women participate in this relaxing day of meditations, arts and craft, and of course food!! If you would like to see another day retreat let them know how much you appreciated the gift of that day.

At the Annual Meeting this year, Mike Nowroozi did an overview of our website. I found it encouraging that the Women's Group received a high number of inquires. Did you know that we have a monthly group of dedicated women that meet the 3rd Saturday of the month. We rotate monthly facilitators and have had topics range from crafts, book discussions, spiritual topics, and meditation techniques. We would love to see this group grow and continue!! We would like to know if the time is good for you. Right now we are meeting from 3:00 to 4:30 to coordinate with Mary's [Super Saturday Children's School](#). This enables our Mom's to attend the [Women's Group](#).

Lets keep this group going and see what other fun stuff we can come up with. Mary Nowroozi has been coordinating, but she needs to pass this on to someone else. Please let us know if you have any interest in being the "go to person" for this group. Again, we rotate facilitators, so this is not something you would have to do every meeting.

Many Blessings and Merry Christmas everyone!!
Bobbi Severson, bsever4785@gmail.com

World Healing Meditation



Saturday, December 31st, 6 am

On December 31, 1986, noon Greenwich time, people around the world gathered to participate in the most comprehensive prayer activity – a planetary affirmation of peace and love, forgiveness and understanding in a simultaneous global prayer link to achieve a critical mass of spiritual consciousness.

Thus was the birth of World Healing Day or World Peace Day. Whatever the term or label, it was a new beginning in restoring this world. It is a moment of oneness to dissolve the sense of separation and return humankind to Godkind.

Today this positive consciousness is practice and celebrated throughout December with the cumulation of positive energy waving over the planet and all its inhabitants on World Healing Day when millions of people gather together as one to usher in a new era of peace and love on earth.

Game Night

**MONTHLY
GAME NIGHT**

There will be NO Game Night in December.

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

Super Saturday School

There will be NO Super Saturday School in December.

For more info, please contact Mary Nowroozi:

marynowroozi@comcast.net



Women's Wisdom Circle



**WOMEN'S
WISDOM
CIRCLE™**

**We are calling a circle and invite you to join
with us in a self-discovery process.**

There will be NO Women's Wisdom Circle in December.

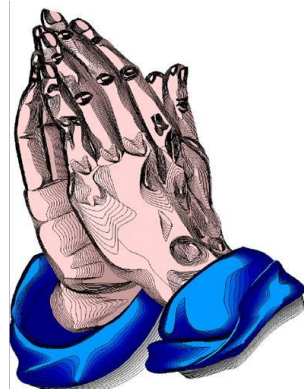
Please contact Mary Nowroozi with any questions or for more info.:

marynowroozi@comcast.net

Prayer Chaplains

The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Frankincense- Is a holy oil from the Middle East. There are more than 52 references in the Bible concerning Frankincense. It was used anciently during sacrificial ceremonies to help improve communication with the Creator.



It affects our Emotional Balance, Immune and Nervous System. Frankincense may help with Arthritis, Asthma, Brain Injury, Cancer, Colds, Coma, Concussion, Confusion, Coughs, Depression, Infections, Inflammation, Laryngitis, Lou Gerhig's Disease, Mental Fatigue, Moles, Multiple Sclerosis, Parkinson's Disease, Tumors, Warts and Wounds.

New Year's Day Service



News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick

Did everyone have a GREAT Thanksgiving?! I sure hope so cuz I sure did! We celebrated it early because the kiddo was going to spend the actual Thanksgiving with her Dad's family. I had my family over on our early Thanksgiving and it was fantastic! This has got to be one of my FAVORITE holidays! Why? Because I have Soooooo much to be thankful for! I absolutely love to cook and bake and having my family gather around was just wonderful.

Now it is December and gosh - everything is coming up so quick! That's ok though. Bring it on!

Many blessings,



Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **There will be no ACIM on Thursdays, 12/22 & 29.**
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 3:00-4:30pm in the Adult Ed Classroom.
- [Unity Green Team Community Event](#) - 4th Friday, January through April; August through October;

Contact Information

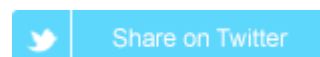
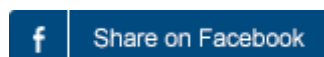
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