



December 2017



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

This is my favorite time of year because this is when we find out about all those wild, weird Christmas presents for the person who has everything. I don't think I'll ever top the "Selfie Toaster" from last year that toasts a picture of your face in your morning toast, but I'll try.

There's the "Lazy Mop Slippers." These are slippers that look like you stuck your feet into a rag mop. The idea is as you're walking around your house you are dusting the floor (the two birds with one stone theory.)

Then there's a neck scarf that is imprinted with the picture of a huge slice of bacon???? only \$16. Or you might know someone who would be impressed with a bat skeleton at \$38.50.

My favorite is "Crick-ettes." These are for the adventurous eater and are made out of edible crickets (a sustainable source of protein and a popular snack food in some countries.) Some available flavors are Sour Cream & Onion, Bacon & Cheese, or a sampler for those who just can't wait to try them all.

All silliness aside, when you think about it, isn't that an incredible problem to have – to be the one who has everything and is difficult to buy for? This is just a gentle reminder to remember those who have so little. When you're making a list and checking in twice, do

remember to include those people and organizations that exist to minister to others to make the holiday bright.

Wishing you and your loved ones a blessed Christmas and an abundant New Year.

Warmest blessings,
Rev. Jan

Fire and Ice Christmas Flower Show

Winter Adventure Trip

Garfield Park Conservatory



FIRE AND ICE CHRISTMAS FLOWER SHOW

Saturday, December 9th

While everyone else is experiencing snow and ice you can spend some time surrounded with lush greenery, spectacular flowers, and tropical temperatures to help chase away the winter chill. Garfield Park is one of the largest and most beautiful conservatories in the world. The conservatory occupies approximately two acres inside, containing eight greenhouses dedicated to palms, ferns, cactus, flowers and more. There's also a gift shop to help you with your Christmas shopping.

9:00 am: Leave Church parking lot 12:30 pm: Return approx.

Limit: 20

Cost: \$40 includes bus, driver & admission to Flower Show
Last Day to Sign Up: Sunday, December 3rd

AmazonSmile

**Christmas Shopping Season
is here and you can easily
help Unity of Fox Valley just
by shopping!**



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. **Just click on the link below and make a purchase!**

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

***This link doesn't end after the shopping season is over.
You can use it over & over all year round!***

Please click on this link to start shopping & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

Note from the Board

The Board reviewed and signed a one year contract for co-ministers. Board reviewed plans for office space for Rev. Michael Korpan. and will receive further information. Initial plans made to repair the east sidewalk in the spring. Set Volunteer Dinner date for February 9th and Board Retreat for January 20th. Decided to publicize co-ministry on website, newsletter and press.

The Board

The Giving Tree



Dear Spiritual Family,

Thank you, thank you, thank you – you never disappoint. The total for our giving Tree Fund Raiser is **\$20,062**. Your generosity proves that you place a high priority on your spiritual growth and your spiritual home.

We know Unity of Fox Valley is a special place where we love, support, encourage, and share with one another. We are progressive spiritual thinkers who seek after spiritual truth. We want to deepen our connection with the Divine. We want to heal ourselves and the world.

Ambitious goals require a bold consciousness and awareness that one's spirituality needs to be deepened and nurtured in a safe and sacred place. Thank you again for the spiritual consciousness that realizes what it takes to make this happen for yourself and for others. You are the heart and the sacred core that is Unity of Fox Valley.

With love & gratitude,
Rev Jan and the Board of Trustees

Youth Education for the Younger Crowd

For the month of December, the youth will be celebrating the **Power of Life**. The disciple is Judas and the color is **RED!** Through inspiring Bible stories, meditations, crafts, songs and prayers reflecting on the Birth of Jesus, the youth will celebrate the Christ Light born within each one of us as the eternal glow that keeps our souls alive with the power of enthusiastic life!

We had a really fun time at our Moana Family Movie Night on Saturday, 11/11/17. Several youth attended along with their parents/grandparents, and everyone greatly enjoyed the Disney classic while munching on healthy snacks. We are deeply grateful to Tony Tyner who set up the movie and to Joey Nelson and Mike Nowroozi who made sure the film ran smoothly and that the equipment and the sanctuary were all safe and sound afterwards. We're looking forward to another Family Movie Night during the spring season.

Speaking of season, the Christmas Season is fast approaching and that means it will soon be time for our annual Christmas Pageant! This year's performance is titled **A Magical, Metaphysical Christmas** and will be held on **Sunday, December 17** during the **10:00 am** service. The Pageant will be very spiritual and heartwarming as it reflects on Unity's metaphysical teachings of the Nativity story. Any youth who wants to participate will need to complete a permission form that is available downstairs in the youth area and is due no later than Sunday, December 10. All participants are strongly encouraged to attend practice on Sunday, December 10, during class time at 10 am; to attend dress rehearsal on Saturday, December 16, from 9:30 am to 11:00 am; and to arrive on Sunday, December 17 (day of the pageant) at 9:15 am.

We appreciate all participants and are looking forward to an absolutely Magical and Metaphysical Christmas!

Many thanks and many blessings,

Ms. Mary, CSE, LUT

marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Please join us on Friday, December 1st, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Christmas Decorating & Chili Cookoff



Please join us!

CHRISTMAS Decorating

and our *FABULOUS*

CHILLI COOK OFF



Saturday, December 2nd, 10:00am

*Let's make this a whole family
affair! Everyone is welcome.*

Service of Remembrance

SERVICE OF

Remembrance



Sunday, December 3rd

*A day to remember
and celebrate the life
of a loved one, who has
moved on to his or her
next life experience.*

Essential Oils Workshop

Essential Oils Workshop

Sunday, December 3rd, 11:45am

I got my oils... now what?

You'll want to attend this fun and informative
90 minute workshop taught by Lisa Carpenter, our essential oils guru.

Learn holistic methods and techniques to a more perfect you.

For more info, please contact Lisa Carpenter: familyof3plus2@sbcglobal.net

Men's Group



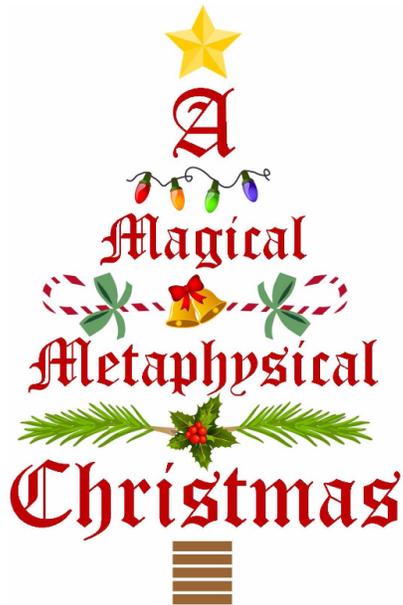
Tuesday, December 5th & 19th, 7:00 pm

We will be finishing our discussion on the Super Soul Sunday program with Eckhart Tolle.
Then we will be taking another look at the Four (now Six) Agreements.

The Men's Group meets the first and third Tuesday of each month,
September through May at church. All men are invited to join!

Youth Christmas Pageant

A Magical, Metaphysical Christmas



Sunday, December 17th, 10:00 am

*The youth in all classes will be presenting their annual Christmas Pageant titled **A Magical, Metaphysical Christmas**. The Pageant will be very spiritual and heartwarming as it reflects on Unity's metaphysical teachings of the Nativity story.*

Any youth who wants to participate will need to complete a **PERMISSION FORM** that is available downstairs in the youth area and is **DUE** no later than **SUNDAY, DECEMBER 10**. All participants are strongly encouraged to attend **practice on Sunday, December**

10, during class time at 10 am; to attend dress rehearsal on Saturday, December 16, from 9:30 am to 11:00 am; and to arrive on Sunday, December 17 (day of the pageant) at 9:15 am.

We appreciate all participants and are looking forward to an absolutely magical and metaphysical Christmas

Please contact Mary Nowroozi for more info.: marynowroozi@comcast.net

Holiday Food Drive

Holiday Food Drive

Donations due Sunday, December 24th

For the month of December, our church will be collecting non-perishable food items for the Batavia Interfaith Food Pantry.

Some of the items needed are canned stew, beef chili, plain pasta, ready to eat soups, tomato paste and spaghetti sauce in a jar. They also need socks and underwear. There is a table in the large room next to the sanctuary. Please put your food donations in the large container at the table and please remember to check the expiration dates on your donations.



The mission of the food pantry is to provide food relief to the economically disadvantaged residents of Batavia and Batavia Township. They provide a friendly environment where people in difficult circumstances can obtain the necessities and maintain their dignity.

Please contact Beth Johnson for more information: bethmjohnson@comcast.net

Christmas at Unity of Fox Valley



Christmas at Unity of Fox Valley

Sunday, December 24th

10:00am: Sunday Service

7:00pm: Christmas Eve Candlelight Service

Monday, December 25th, at 10:00am

Christmas Day Service

This is a sacred service of inspirational music, scripture readings, carols and candle lighting as we joyously celebrate the coming of the light to a world waiting to be reborn.

World Healing Meditation



Sunday, December 31st, 6:00 am

On December 31, 1986, noon Greenwich time, people around the world gathered to participate in the most comprehensive prayer activity – a planetary affirmation of peace and love, forgiveness and understanding in a simultaneous global prayer link to achieve a critical mass of spiritual consciousness.

Thus was the birth of World Healing Day or World Peace Day. Whatever the term or label, it was a new beginning in restoring this world. It is a moment of oneness to dissolve the sense of separation and return humankind to Godkind.

Please stay and enjoy brunch after the World Healing Service!

Game Night



Please join us on Friday, January 19th, 7:00 pm

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

There will be NO Game Night in December.

For more info., please contact Mickey Cowles: 630-937-4338

Green Team

The Green Team dates have been set for the monthly events in 2018. Stay tuned for any additional dates, including a possible road trip.



We will meet January through April and July through October in 2018, the same as this year. With one exception we will meet the fourth Sunday in each of the eight months.

We will meet the third Sunday in March because of the Easter Feast will be the fourth Sunday. The date is March 18 for the Green Team event. Starting time will be approximately 30 minutes after the conclusion of the 10 am Sunday service.

We encourage suggestions for programs and will begin planning events.

The polystyrene program is going well. Please look for the container marked Styrofoam only in the dining area downstairs to bring your No. 6 polystyrene. We take it to Dart Container in North Aurora for further use. We can make positive contributions.

We were pleased that our diners were seeking the correct containers at the Thanksgiving Feast November 19 to recycle plastic ware and plastic items with the number 6 inside the recycling triangle.

We continue to go green clean in 2018.

Volunteer Ministry



What a wonderful Thanksgiving Feast we had!!
THANK YOU to Diane Crompton for stepping up this year and leading your wonderful volunteers to make this year's feast possible. Thanks to everyone that helped, cook, setup, and cleanup. As always, we had great food and desserts!! And the decorations were

awesome to make us look so festive!!

December is a busy month for us starting with [CHILI COOK OFF AND DECORATING](#) on Saturday, December 2nd!! Always a wonderful time to work together to make our church beautiful for the Holidays and then EAT AND THEN EAT some more!! Hope to see you there, many hands make light work!!

Just a reminder, there will be [NO GAME night in December](#).

So another year is about to come to a close. We are so VERY GRATEFUL for all of our many volunteers that have always stepped up to support our Spiritual Family in whatever way that they can! Blessings to everyone and Thank you!!!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains

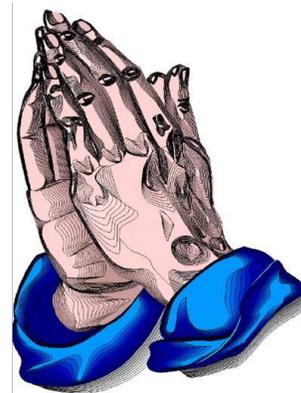
2018 Prayer Chaplain Training

Friday, Feb. 9th, 6:30-9:00 pm

Saturday, Feb. 10th, 8:00-4:00 pm

Friday, March 9th, 6:30-9:00 pm

Saturday, March 10th, 8:00-4:00 pm



If you have considered becoming a prayer chaplain, this training is an opportunity to enrich your spirituality through service to our members. Both women and men are welcome to walk this spiritual path.

The requirements for applicants are that you be a current Unity of Fox Valley member, demonstrate an understanding of Unity principles, have a willingness to pray with others, and have taken a prayer class. No former experience in praying with others is necessary.

If you are interested in joining our prayer ministry or have any questions, please contact me at margeorchard@gmail.com or see me or one of the other chaplains after service on Sundays. Application forms will be emailed to all applicants. Interviews will be held on January 28th after service.

Peace,

Marge Orchard, L.U.T., Prayer Chaplain Coordinator

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Christmas Spirit

This blend is effective for enhancing the feeling and joyous memories of the holiday. It enhances the desire to be in that happy and joyful moment. It also may be beneficial for protecting against airborne viruses and bacteria because it contains several powerful antiviral and antiseptic oils. It may also be quite soothing and healing to the respiratory system.



It is a blend of 3 single oils:

1. Orange Oil - which may help with depression, It is an antiseptic and antidepressant
2. Cinnamon Bark -is part of the formula the Lord gave Moses (Exodus 30:22-27). It has very specific purposes...

- it is a powerful purifier
- it is a powerful oxygenator
- it enhances the action and activity of the other oils

It may have a stimulating and toning effect especially on the circulatory system.

3. Spruce - Grounds the body, creating the balance and opening necessary to receive and give. This oil is warming healing uplifting and soothing. It also may help relieve anxiety and act as an antiseptic.

Application: May be applied to the crown of the head.

Burning Bowl



Burning Bowl Service

Sunday, January 7th, 10am

The Burning Bowl and White Stone Service has become a tradition for members of the congregation opting for spiritual reflection as a way to let go of the old and whatever baggage has been holding them back.

Christmas Un-Decorating



News from the Church Office

*A section in the Newsletter to fill you in on
some of the fun doings of our Business*

Manager, Kathleen Malick.

Is it really December already?! WOW the year flew by! It's been a roller coaster year but more ups than downs:

- Celebrated 7 years of marriage with my Galen 1/15
- I turned Vegan 2/1
- My daughter turned into a teen 2/2
- We lost our beloved cat, Booker 8/20
- Celebrated 4 years at UFV 9/23
- Hung 4 Half Marathon Medals to my Medal Rack this year (8 total)

Let's finish off December and bring on the New Year! I'm ready for it! I hope you are too!

*Please remember that it is never too late to eat right, get up and get moving! Love yourself
by **treating your body right. It's the only one you have!***

Merry Christmas my Unity Family!

[Kathleen Malick](#)



Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **There will be NO class on 12/21 & 28**
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.

- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team Community Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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