



December 2019



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

What's in Your Stocking?

We all can relate to the Christmas tradition of hanging a Christmas stocking on Christmas Eve. As kids we were warned that if we were on Santa's "naughty" list, we could expect to find a lump of coal in our stocking, or maybe nothing. If we were good boys and girls, we would be on Santa's "nice" list. In this case we would get candy canes or other nice gifts.

When I was a small boy my behavior was such that a lump of coal would have been perfectly justified. I told my share of little white lies, and being honest, I enjoyed doing so. This was especially true if I could somehow manage to get my older brother in trouble. I also remember getting some satisfaction from sticking my tongue out at people when their backs were turned. Certainly, I was impish enough to at least be put on probation, if not actually being placed on the coal list.



So why did I always manage to get candy and get good stuff in my stocking? I know I made a serious effort to influence Santa by leaving cookies and milk for him, but surely

there must have been something else involved. In years later as I was older, I came to another conclusion. That is, my parents loved me. When push came to shove, it was more important to them that I experience joy instead of retribution. I am grateful to have received nice gifts in my stocking and under the tree from Santa. I am mostly grateful though in the knowing that I was loved no matter what.

I think this is an important concept for all of us to remember at Christmas. As children of God, Father – Mother God always wants to bestow upon us nothing but joy and happiness. God always proactively forgives us our debt or trespasses. God always and everywhere is about us knowing how so very much we are loved with no “ifs,” “ands,” or “buts,” about anything.

During this Christmas season, let us give thanks for what is in our stockings.

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

Note from the Board

Hello from the Board!

The Board has approved a new snow plowing vendor for this winter. We also approved the budget for next year and finished the last touches to the kitchen clean up. Thanks to everyone this past year and we hope you will continue to support the new Board in 2020! We hope you all have a wonderful Christmas and Happy New Year!

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

Holiday Happenings in Youth Ed and For the Whole Family!

Sunday, December 1: Power Sunday ~ Power of Life! The disciple is Judas and the color is **RED**! Through inspiring Bible stories, meditations, crafts, and prayers reflecting on the Birth of Jesus, the youth will celebrate the Christ Light born within each one of us as the eternal glow that keeps our souls alive with the power of enthusiastic life! Wear Red!

Sunday, December 8: [Pageant Rehearsal](#) at 10 am during class time. All participation forms are due on this day as well. Forms are available in the Youth Ed area or can be sent

through email. Please contact Mary at marynowroozi@comcast.net for the form and/or any questions concerning your youth's participation in the pageant.

Saturday, December 14: [Pageant Rehearsal](#) from 9 to 11 am upstairs in the Sanctuary particularly intended for those with speaking/musical performances parts!

Sunday, December 15: [A Time to Remember Christmas Pageant](#) during 10 am service. We appreciate all participants to arrive at the church no later than 9:15 am to get dressed and for a final practice run! This Pageant will be very spiritual and heartwarming as it reflects on the Nativity Story and Unity's metaphysical understanding of this memorable, inspiring time in Biblical history.

Sunday, December 22: For youth of all ages **Decorate a Gingerbread House** with candies, cookies, and sprinkles galore!

Tuesday, December 24: [Christmas Eve Service](#) at 7 pm. Please join the congregation for this Candlelight Service that surely stirs the soul through uplifting, reflective music and worship.

Merry Christmas to All!

Blessings

Ms. Mary, LUT

marynowroozi@comcast.net

Service of Remembrance



Secret Santa



Gifts Due Sunday, December 1st!

For the 17th year, Unity of Fox Valley will be providing gifts for children who are served by CASA (Court Appointed Special Advocate) Kane County. These are children who might otherwise find their Christmas trees bare.

The Christmas Tree will be on the back wall of the sanctuary for the whole month of November, starting Sunday, November 3rd.

Please select a tag or tags from the tree and return your gifts on or before Sunday, December 1st. You do not need to wrap your gifts.

Please contact Beth Johnson with any questions: bethmjohnson@comcast.net

Bhagavad Gita Class



1st & 3rd Sundays, 11:45-1:15pm

December 1st & 15th, Adult Ed Room

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

Men's Group



Tuesday, December 3rd & 17th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

There will be no class on December 26th

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, December 6th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Christmas Decorating & Chili Party



Oil of the Month



Oil of the Month

Instead of a December Oil of the Month presentation, we will be featuring Christmas Spirit essential oil blend in the Fellowship area. You'll love this purifying blend of evergreen, citrus and spice, reminiscent of winter holidays, that brings joy, peace, happiness, and security. Check out the sample bottle on the Young Living table and bring the wonderful aroma to your home for the holidays.

In gratitude for all of our members, all Young Living products in stock will be an additional 10% off until Christmas! You'll find wonderful gifts for everyone on your list.

December's featured
OIL OF THE MONTH

Christmas Spirit:

A purifying blend of evergreen, citrus and spice, reminiscent of winter holidays, that brings joy, peace, happiness, and security. Check out the sample bottle and bring the wonderful aroma to your home for the holidays. Only \$10.50



SAVE 10%
OFF ALL PRODUCTS IN STOCK!
Until 12/31/19



Christmas Pageant



**A Time to Remember
Christmas Pageant 2019**



Sunday, December 15, 10am Service

Unity of Fox Valley Spiritual Sunday School will be presenting their annual Christmas Pageant. The Pageant will be very spiritual and heartwarming as it reflects on Unity's metaphysical teachings of the Christmas story.

- Performers need to complete participation forms available in the Youth Ed area
- Be committed to:
- **Practice** on Sunday, December 8, during class time at **10 am**;
- to attend dress rehearsal on Saturday, December 14, from 9-11 am;
- and to **arrive on Sunday, December 15** (day of the pageant) at 9:15 am.

We encourage and appreciate all age groups to participate in making this a memorable and wonderful pageant!

Please contact Mary Nowroozi for more
info./questions/concerns: marynowroozi@comcast.net

Christmas Eve Candlelight Service

WHAT A GLORIOUS NIGHT



Tuesday
December
24th
7:00pm

CHRISTMAS EVE
Candlelight Service
At Unity of Fox Valley

World Healing Meditation



Tuesday, December 31st, 6:00 am

On December 31, 1986, noon Greenwich time, people around the world gathered to participate in the most comprehensive prayer activity – a planetary affirmation of peace and love, forgiveness and understanding in a simultaneous global prayer link to achieve a critical mass of spiritual consciousness.

Thus was the birth of World Healing Day or World Peace Day. Whatever the term or label, it was a new beginning in restoring this world. It is a moment of oneness to dissolve the sense of separation and return humankind to Godkind.

Today this positive consciousness is practice and celebrated throughout December with the cumulation of positive energy waving over the planet and all its inhabitants on World Healing Day when millions of people gather together as one to usher in a new era of peace and love on earth.

Green Team

The next Green Team event will be the fourth Sunday in January 2020, which will be **January 26, 2020, at 11:45 a.m.** following the service and community sharing of food.

There is no event planned, yet, however, the Green Team is open to suggestions for events, whether a speaker, documentary film, or any relevant Green idea.



Our meeting dates in 2020 will be the fourth Sunday in January, February, March, April, July, August, September, and October. Please put those dates on the calendar.

We continue to transfer polystyrene food containers and packing foam to Dart Container in North Aurora through the Green Team container downstairs. Look for the product brand sign Styrofoam. We should load up the container.

We can do plenty in the year 2020.
Let's Go Green!

For more info, please contact Carter Crane: cartercrane@thevoice.us

Volunteer Ministry



HI HO HI HO It's off to DECORATE we go!!
Saturday, Dec 7th, 10am will be our [Annual Christmas Decorating and Chili Party](#)! Please join us if you can, many hands make light work and then we EAT!! Always a lot of fun and laughter!!

The 3rd Sunday of Advent, **Dec. 15th**, is our [Children's Christmas Pageant](#). Thank you Kids and Parents for this sacred event!! Such talent we have downstairs!!!

Every year on the **last day of December** we have a [World Healing Service](#) at 6:00 AM. Although an early time in our busy schedule, I invite you to give yourself a break from the business and become reflective as we end the year by sending healing energy and prayer out to our World! Marge Orchard will be leading us in this contemplative service on Dec. 31st, at 6:00 AM

THANK YOU to everyone that made our Thanksgiving Feast a "feast". Always yummy food and lots of desserts! We are so blessed that we all have this time together in gratitude and joy!!

May you have a wonderful Christmas Season filled with ALL that brings you peace, love, and joy!!

Bobbi Severson

bsever4785@gmail.com

Burning Bowl

Burning Bowl Service

Sunday, January 5th, 10am



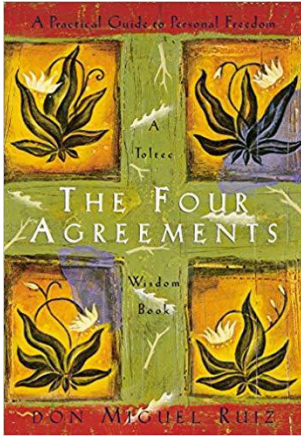
The Burning Bowl and White Stone Service

has been a tradition for our congregation seeking spiritual direction as a way of letting go that which is no longer needed so that we are open and receptive to experience new, enriching spiritual opportunities for the New Year!

The Four Agreements



How about joining an In-Home Book Study Group this winter?



We encourage the congregation to sign-up for a five-week
In-Home Book Study starting the week of

January 12 to February 9.

**The Four Agreements
A Practical Guide to Personal Freedom
A Toltec Wisdom Book
by Don Miguel Ruiz**

“The Four Agreements are a tool for transformation, leading you to stop judging, mainly yourself, and to start practicing another way of life. They lead you to stop the guilt, the shame, and the self-rejection...and replace them with new agreements that facilitate the expression of your love.” DMR

Our YOU will also be exploring this book study too, so this an opportune time for their parents to join as well so both can share their understanding in cultivating a new, purposeful sense of self!

We will conclude this book study with a chance for three to four congregants including any teen to individually share his/her experience with the book during our service time on Sunday, Feb. 23. Further details will be explained at the Book Studies.

Register at the Sign Up Table!

**A limited amount of books will be available for sale during Sign Up for \$8 each.
Or you can also purchase them directly from Amazon [here](#).**

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

The Sermon on the Mount

THE Sermon ON THE Mount

Saturdays, January 18th - February 15, 2020, 9-11am

Join this 5 week study of the life transforming principles taught in *The Sermon on the Mount*. In his most popular work, Emmet Fox shows how to: Understand the true nature of divine wisdom; tap into the power of prayer; develop a completely integrated and fully expressed personality; transform negative attitudes into life-affirming beliefs; and claim our divine right to the full abundance of life.

Required Book: The Sermon on the Mount: The Key to Success in Life
(available on [Amazon.com](https://www.amazon.com))

Facilitator: Deb McQuaid 630-842-0115 debmcquaid@aol.com

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

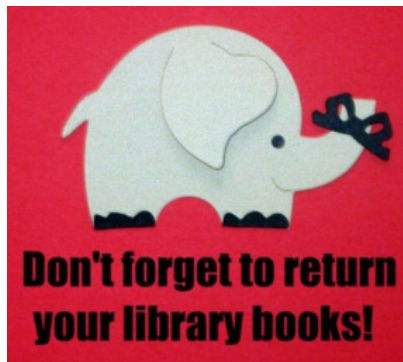
Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

**Please remember to return
your library books!**



If you have books out from the Library
and you have had them for awhile, please
remember to return them!

Looking Ahead



- 1/5: [Burning Bowl](#)
- 1/5: [Christmas Un-decorating](#)
- 1/12: [The Four Agreements](#) study
- 1/18: [Sermon on the Mount class](#)

AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

**Donate items from our Charity List
Shop Now**

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Occasionally, we need to restock our supplies. You can help!

Just click on the [here](#) to see what we need!

News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings
of our Office Manager, Kathleen Malick.*



Merry Christmas my Unity Family! Be blessed! Stay active, Love generously and turn in your Membership Update Form on time! (Where is Ava in my picture? I dunno... probably taking a selfie somewhere :P)

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the***

ONLY one you have!

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!





Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **NO CLASS ON DECEMBER 26th**
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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