



## Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education Come join us at 10:00 am

## **Ministerial Musings**

Dear Spiritual Family,

Ah, February! Whenever I think of February, Valentine's Day comes to mind. Oh, I know some people dismiss it by calling it "A Hallmark Holiday" but it's more than that. It's the day that celebrates love and relationships.

Where would we be without relationships? Some philosophers have put forth the theory that God created humankind so that God could know Itself. Think about it. If you were the only person in the world how would you know who you truly were? You would only know who you were in relation to another. Are you patient? Are you kind? Are you generous? Are you a good leader? Are you compassionate? Do you have a sense of humor? For all these things, and many more, we need feedback and that only comes from relationship with another.

Spiritual principles remain "pie-in-the-sky" information unless we put them into practice and we do that in relationship with another person. Another's feedback may not always be valid but we begin to learn how to interact and relate and begin gain wisdom about who we really are.

Relationship --- How are we relating to our spiritual community? Do we laugh together? Do we support each other? Do we pray for one another? Are we

compassionate with each other? Do we dance together? Or do we move singly while being surrounded by the crowd?

In this month that celebrates love and relationship spend a little time reflecting on how you will build and strengthen your ties with this beautiful, loving spiritual community that is here to support, love, and empower you as you move on your own unique spiritual path.

My love & blessings always, Rev Jan

## Youth Education for the Younger Crowd

The youth will be exploring the "Power of Love" throughout the month of February. The color Pink and the disciple John are associated with this Power. All classes will listen and delve into Bible Stories that reflect this power such as Jesus' "Parable of the Prodigal Son" and the Old Testament story of "Ruth and Naomi". The Juniors will create a "Pink" Power Board filled with affirmations and Bible verses that enhance the deeper spiritual meaning of this "lovely" power.

On **Sunday, February 7**, we will be having a **Parent Meeting after service** downstairs in the Youth Ed Area. We will be offering a light luncheon, and the meeting will focus on upcoming lessons, Multigenerational Services, Special Events and Service Hours that affect all the classes for the 2016 year. The intention of this meeting is not only informational, but also is to provide the opportunity for our parents to ask questions and to offer helpful suggestions. *Those wanting to attend need to sign-up downstairs in the Youth Ed Area by Sunday, January 31*. We so appreciate all of those interested in participating at this important meeting.

Last, but not least, to celebrate Valentine's day, our youth will be singing with Rose upstairs at the beginning of service on Sunday, February 14! We know their voices will be heartwarming as they sing a song of love!

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

## **Healing and Wholeness Service**



## Friday, February 5th, 7:00pm

Please join us for our Healing and Wholeness Service. This once-a-month service will be filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace. Join us on the first Friday of the month at 7:00 pm.

For more info., please contact Rose Maxson: <a href="max52@aol.com">romax52@aol.com</a>

**Sweetheart Breakfast** 



## Saturday, February 13th, 9-Noon

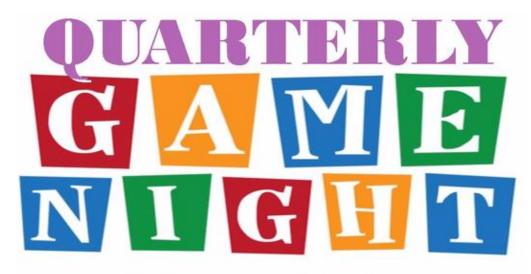
Come and enjoy an all you can eat breakfast with your Sweeties!

We will be serving pancakes, pork & turkey sausages, coffee, tea & orange juice.



Please contact Kathleen in the Church Office for more info or to RSVP: churchoffice@unityoffoxvalley.org

**Game Night** 



## February 19th, 7pm

Let's have some fun together!

We have Rummikub, Quirlkle, Oh Hell, Scrabble, &, of course, Dominos. We also encourage you to bring your own favorite games and share them with us.

Children are welcome with a responsible Adult.

Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

Women's Wisdom Circle



Saturday, February 20th 4:00-6:00 pm

We are calling a circle and invite you to join with us in a self discovery process.

The circle, or council, is an ancient form of meeting that

has gathered human beings into respectful conversation for thousands of years. The circle has served as the foundation for many cultures. What transforms a meeting into a circle is the willingness of people to shift from informal socializing or opinionated discussion into a receptive attitude of thoughtful speaking and deep listening and to embody and practice the structures outlined.

Please contact Mary Nowroozi with any questions or for more info.: <a href="marynowroozi@comcast.net">marynowroozi@comcast.net</a>

## **Green Team**



The first Green CommUnity Night of 2016 held January 22, included the documentary film "Edible City". This film focused on a grass-roots solution in Oakland California of growing local food for low-income communities which is providing training, jobs and nutritional education for under-privileged youth. It was innovative and extraordinarily inspiring for all to see!

The February 26th Green CommUnity Night program will feature a fun and informative series of animated mini-movies called "The Stories!" These short films, which focus on current issues and solutions for our times, include topics ranging from Cap and Trade, Bottled Water, Electronics, Economics, Cosmetics, and Changing Times. It's sure to be enlightening and spark a lively discussion over shared refreshments and fellowship!

Since Good Friday falls on the same day as our usual 4th Friday Green CommUnity Night, we will move our program to the 3rd Friday (March 18th) for MARCH ONLY. Please mark your calendars now because you won't want to miss our wonderful program that month!!!

We would like to welcome several new members who joined the Green Team during the recent Volunteer signup. Stacy Ferguson, Rose Maxson, Alex Christensen, Nat Birr, Larry Shaeffer, and Ginny Palmer are now a part of our Green family! Our new members are joining existing members, Donna and Carter Crane, Bobbi Severson, Tony Tyner and Jeanette Hirt. Wow, we have an awesome Team!!!! We present awesome

Programs and we would love to have your awesome Presence at our activities!! Please join us for our next exciting Green CommUnity Night on Friday, February 26th!

Still Going Green in 2016 ~ Don't forget to Recycle, Reuse and Repurpose Everything you can!! Peace and Love ~ The Unity Green Team.

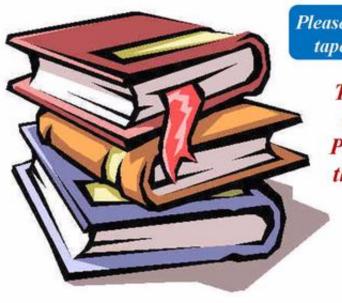
#### Think Green in 2016

For more information, please click here.

**Book Sale** 

# Book Sale

## Sunday, March 6th & 13th, after the Service



Please start bringing in your books, tapes, CDs etc. on February 20

Tables will be out for you to sort your own books. Please place your items in the appropriate category!

For more information, please contact Carl & Lucy Klemaier: colonelklay@yahoo.com

**Prayer Chaplain Training** 

## 2016 Prayer Chaplain Training

We are happy to announce that our 2016 Prayer Chaplain



Training will be held the weekends of March 11th – 12th and April 8th – 9th.

If you have considered becoming a Prayer Chaplain, this training is an opportunity to enrich your spirituality through service to our members. Both women and men are welcome to walk this spiritual path

The requirements are that each applicant:

- Be a current Unity of Fox Valley member
  - Welcome to Unity class Sunday, Jan. 17th
- Demonstrate an understanding of Unity principles
- Have a willingness to pray with others
- Have taken a prayer class
- No former experience in praying with others is necessary.

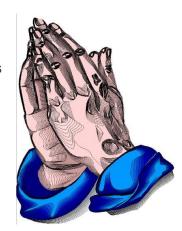
Please note that Marge Orchard, L.U.T. will be teaching a Prayer class on Saturdays, January 23rd – February 20th. See the announcement in this newsletter regarding further information on the class.

If you are interested in joining our Prayer Chaplain Ministry or have any questions, we invite you to sign up on the Prayer Chaplain Orientation sheet to attend the Introductory session that will be held in m January or to contact Marge Orchard at <a href="mailto:marger:marg

## **Prayer Chaplains**

Did you know that when our prayer chaplains pray with you, they listen and hold everything said in confidence? Your chaplain places your requests in the sacred space of limitless possibilities of God's love, that place we often are unable to see our ourselves

Namaste!



## **Young Living**



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways that just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

## **News from the Church Office**

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.



This January was my 6 year anniversary with my Love Galen. We went to out to dinner but we ALWAYS take my dear daughter Ava with us. Why? Because the day that Galen & I got married, we ALL became a family!

Some fun things we did recently was taking a cooking class on New Year's Day and celebrating Galen's Birthday by going to Medieval Times.





Please remember that it is never too late to get up and get moving! Many blessings,

Kathleen Malick

### We are now on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

https://www.facebook.com/unityoffoxvalley

## On Going Activities

- <u>A Course in Miracles</u> 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- Alcoholics Anonymous meeting. Tuesdays at 6:00pm.
- Men's Group Meeting the first and third Tuesday of each month at 7:00pm,
  September through May.
- Overeaters Anonymous meeting. Sundays at 5:00pm.
- Women's Group Stay tuned for upcoming events.
- Women's Wisdom Circle 3rd Saturday of every month from 4:00-6:00pm in the

#### Adult Ed Classroom.

• <u>Unity Green Team CommUnity Event</u> - the 4th Friday of every month at 7:00pm January thru October.

#### **Contact Information**

phone: 630.879.1115 churchoffice@unityoffoxvalley.org fax: 630.879.1728 www.unityoffoxvalley.org prayer line: 630.879.1129

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