



February 2020



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings



Happy Valentine's Day

The Arrow and the Song

BY HENRY WADSWORTH LONGFELLOW

I shot an arrow into the air,
It fell to earth, I knew not where.
For, so swiftly it flew, the sight
Could not follow it in its flight.

I breathed a song into the air,
It fell to earth, I knew not where;
For who has sight so keen and strong,
That it can follow the flight of song?

Long, long afterward, in an oak
I found the arrow, still unbroke;

And the song, from beginning to end,
I found again in the heart of a friend.

Valentine's Day is upon us. Notwithstanding, the commercialism of Hallmark, Fannie Mae and the like, it truly is an inspirational holiday. I find Long fellow's poem to be inspirational even if on the mushy side a bit. Truly, we all can use a bit of mush, right?

What appeals to me about the poem the most is that he shot the arrow and breathed the song without a specific target in mind. They were open expressions of his own heart. There was no apparent return expected for his efforts. It was as unassuming as the most beautiful flowers blooming because that is what flowers are supposed to do.

Also, neither the arrow nor the song could be tracked. They both were just set loose. Longfellow's eventual return was to rediscover them both even though there was no expectancy involved; no deals made. Imagine how different the world might look if we could send forth our love in the same spirit!

You are my Valentine – all of you! I send you my love.

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of "Huggers." However, not everyone is as outgoing – some of us are a little more shy. To those in the "Hugger" camp – please be mindful, to those in the "Shy" camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

Note from the Board

The Board just had our annual Retreat, a dynamic and empowering time focusing on our vision and growth in the next few years. A lot of good ideas were generated which we will bring to the congregation soon. Our new trustees, Diane Crompton and Perry Hurtt are

proving to be great additions to the Board. And, the repairs to the floor and drainage system in the kitchen have now been completed -- the kitchen is fully functional again!

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

For the month of February, the youth will be exploring the 2nd Power of the year, the "**Power of Love**". The color **Pink** and the **disciple John** are associated with this Power. The Juniors will create a "Pink" Power Board filled with affirmations and Bible verses that enhance the deeper spiritual meaning of this power. Also, they will be exploring Bible stories that truly demonstrate the power of unconditional love such as the Old Testament story of Ruth and Naomi.

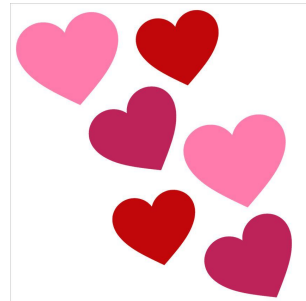
To further enhance the message of this heart-warming filled month, the Juniors will be delving into our 2nd Unity Principle emphasizing the importance of loving ourselves, seeing only the inherent goodness given to us from God.

Also, we are currently planning our annual [Teen Lock-In](#). This year, we are inviting teens and their sponsors from other local Unity churches to join us for a night of fun and fellowship starting on **Saturday, March 7 at 4 pm and ending on Sunday, March 8 at 11 am**. All information including registration forms have already been given to our teens as

well as sent out to the Youth Department at the other churches. ***Registration/Heart Agreement forms and fee of \$10 per attendee is due no later on Sunday, March 1.***

Lastly, mark your calendars for an event that involves all age groups and that is our annual ***Intergenerational Service*** to be held on ***Sunday, March 15***. Starting this month, the youth will be involved in planning the overall ambiance and message of the service. We wholeheartedly envision this service to be a genuinely memorable and inspiring one for all!

Happy Valentine's Day!
***May Valentine's Day and every day
throughout the year be filled with much
love and many blessings for all!***



Many blessings,
Ms. Mary, LUT, CSE
marynowroozi@comcast.net

'Soup'er Bowl Sunday



Please contact Wanda Faye Holmes for more info: geminiangoddess2000@yahoo.com

Bhagavad Gita Class



Sundays, February 2nd & 16th, 11:45-1:15pm

Adult Ed Room

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

Men's Group



Tuesdays, February 4th & 18th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, February 7th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Volunteer Opportunity

SOUP KITCHEN

Volunteer Opportunity

**Monday, February 17
& Friday, February 21
10:00am to 1:00pm**

*3-4 volunteers
are needed
for each date!*



659 South River Street
in Aurora

***This is a wonderful way
for families to volunteer together.***

*To feed the hungry ...clothe the naked
...shelter the homeless. To give people
the chance to hope again.*

HESED HOUSE is a not-for-profit coalition
of religious ministries serving the very poor
in the Fox Valley area.

For more info., please contact Bobbi Severson: bsever4785@gmail.com



Sock It To Me Sock Drive



**We are collecting for adult
& children of all sizes!**

Please drop off your **NEW** donations
in the collection box at the back of the Sanctuary.

*All donations are due on
Sunday, February 23rd.*



This year will be collecting **NEW** Socks for:

Hesed House - Aurora



For more info, please contact Bobbi Severson: bsever4785@gmail.com

Green Team

The Green Team shared time with a CUB (Citizen's Utility Board) representative Sunday, Jan. 26 and we learned important information about Illinois legislation proposals to support the solar panel industry.

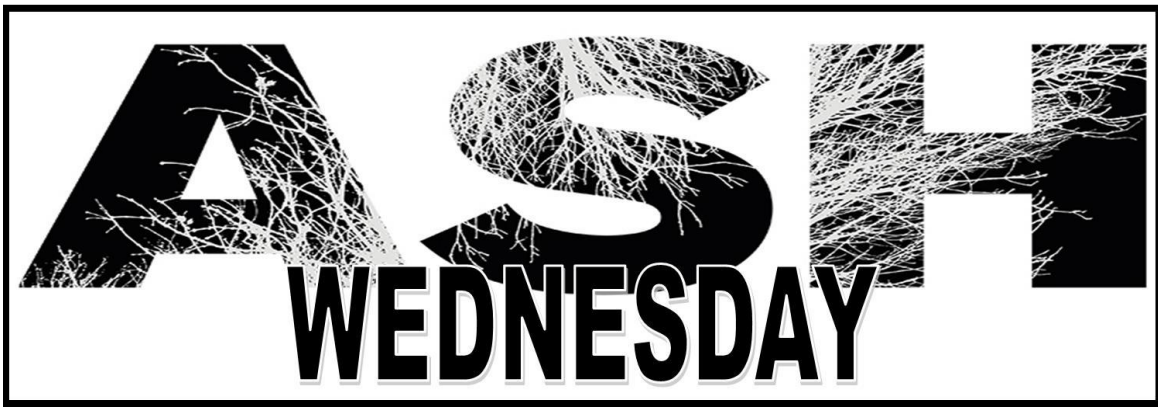


Just Food Initiative will share up to date information on its progress in in our second event this year at **11:45 a.m.**

Sunday, Feb. 23, the fourth Sunday of the month. We will meet in March and April. Every little bit of information helps keep us Green.

For more info, please contact Carter Crane: cartercrane@thevoice.us

Ash Wednesday



Wednesday, February 26th, 7:00pm

Lent officially begins on Ash Wednesday.

Please mark your calendars.

Unity of Fox Valley will hold a special meditation service.

The service will be officiated by Rev Mike.

Volunteer Ministry



A BIG THANK YOU to everyone that helped undecorate the church!! We buzzed through that in no time and all!!

Thank You to the Prayer Chaplains for hosting the [Soup'er Super Bowl Sunday](#) (Feb 2nd) after service

feast! Warm yourself up, get lots of nutrition so you can cheer for your favorite team and thank you to Kathleen for the wonderful and creative decorations!

February 7th will be the [Healing and Wholeness Service](#) at 7:00. Come experience this wonderful music, meditation, and Healing Energy!

OUTREACH OPPORTUNITIES: Sign up for the [HESED HOUSE Soup Kitchen](#) either **Monday the 17th or Friday the 21st**. We need 3-4 people each day and more are certainly welcome!!

AND..... we are collecting [NEW socks for adults and children](#) of all sizes the month of February. **SUNDAY the 23rd** will be our last collection date. These will be donated to Hesed House!! Did you see our cute little "sock" box that Kathleen made! She is so

creative!! We are doing the socks this year instead of the Bear Brigade. Just mixing it up a bit!!

Have a wonderful February!! I am already thinking Spring!!!

Thank you and Blessings!!

Bobbi Severson

bsever4785@gmail.com

Foundations of Unity



Wednesdays, March 4th - April 8th, 6 weeks, 7 - 9:00 pm

SEE HTS 100 Foundations of Unity

**Building consciousness, knowledge and skills in any endeavor
begins with learning the foundational principles.**

This is a new combined course designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from ***Lessons in Truth, Discover the Power*** and other historical texts. We'll explore the nature of God, denials and affirmations, the metaphysics of Jesus, and more.

Course Credit Available. Seeking SEE credits is not required to join this course.

Required books: All can be purchased on Amazon: Click on the book title to take you to that item..

- Cady, Emilie. [Lessons in Truth](#). Unity Village: Unity, 2005
- Butterworth, Eric. [Discover the Power Within](#). New Your: HaperOne, 2008
- Fillmore, Charles. [The Revealing Word](#). Unity Village: Unity, 2005

For more info, please contact Maria Cosentino LUT:

mlcosentino@gmail.com 630-493-4432

Women's Social Club



A NEW GROUP HAS FORMED!

The Women's Social Club is for any woman that wants to attend events and have some fun with one another! Events are planned as they come up and we are always open to new ideas. The first is below! Come out and have some fun with friends!

Feel free to contact Diane Crompton: dianeLcrompton@gmail.com or Kathleen Malick: churchoffice@unityoffoxvalley.org for more info about this group.

Orchids by Kausermann's 58th Annual Open House Show & Sale



Saturday, March 7th, 9am

Show & Sale Includes:

- Tour our Beautiful 3.5 Acre Orchid Greenhouse
- Potting Demonstrations
- Blooming Orchid Displays

- Guest Growers
- Complimentary Refreshments
- *Free Admission & Parking*

Where we will meet:

- Please meet in the **church parking lot at 9am** to coordinate car-pooling among yourselves **OR**
- Meet at **Hausermann's: [2N134 Addison Rd, Villa Park](#) at 9:30am**

Please sign up at the Sign Up Table so we know to expect you!

Please contact Kathleen Malick for more info: churchoffice@unityoffoxvalley.org
(fyi - she will be going directly to Hausermann's)

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

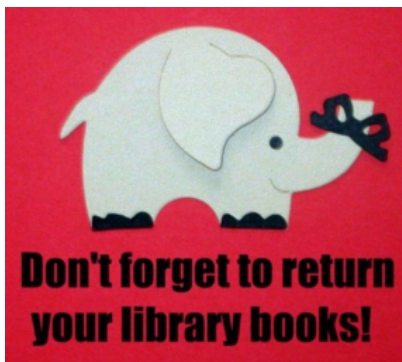
For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

**Please remember to return
your library books!**

Looking Ahead





If you
have
books
out
from

the Library and you have had them for
awhile, please remember to return them!

- 3/4-4/8 [Foundations of Unity](#) class
- 3/7 [Women's Social Club Orchid](#)
[Open House](#)

- 3/8 Daylight Savings Time
- 3/15 [Intergenerational Service](#)
- 3/11 or 23: [Welcome to Unity](#) class

AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

Donate items from our Charity List
Shop Now



Occasionally, we need to restock our supplies. You can help!

Just click on the [here](#) to see what we need!

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings

of our Office Manager, Kathleen Malick.



Last month I celebrated my 10th Wedding Anniversary with the LOVE OF MY LIFE! How blessed I am to have found my soul mate. Galen proposed following a [song](#) so I presented that song to him on our special day. Thank you Rev. Mike for the wonderful [idea](#)!

Galen just had his birthday in January and now I'm preparing for my daughter's Sweet 16th Birthday! Ava's my beautiful, kind, talented, intelligent, courteous, and thoughtful child. God must have known I couldn't handle much so he gave me her. I wish I could come to the church and partake in the 'Soup'er Bowl fun, but it's her actual birthday that day! So enjoy the decor! It was my pleasure and great fun creating it for you all!

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- **[A Course in Miracles](#)** - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- **[Alcoholics Anonymous](#)** meeting. Tuesdays at 6:00pm.
- **[Men's Group Meeting](#)** - the first and third Tuesday of each month at 7:00pm, September through May.
- **[Overeaters Anonymous](#)** meeting. Sundays at 5:00pm.
- **[Unity Green Team CommUnity Event](#)** - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

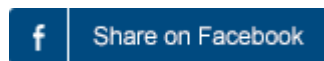
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