



January 2017



### **Upcoming Events and Classes at Unity of Fox Valley**

Sunday Service and Youth Education  
Come join us at 10:00 am

## **Ministerial Musings**

Dear Spiritual Family,

There's a new year beginning. . . .how will 2017 be different, better, more exciting, more adventuresome, more spiritual, and more love-filled than ever before?

Here at Unity of Fox Valley we've made plans to help you deepen your spirituality and help you be more financially prosperous than ever before.

Starting Sunday January 15<sup>th</sup>, after service, we will begin "Adventures on the Quest, A Journey of Spiritual Re-discovery." This amazing course is a year-long exploration that will enrich your spiritual life.

In the Spring we will delve into ideas of prosperity with powerful tools that will build financial stability in a 10 week "Financial Freedom" class. This class has been taught to millions of participants with outstanding results.

We want to feed your spirit and we also want to give you practical life skills to enrich your life in new ways. Hop on board with these classes and study groups where you can grow your knowledge and have a more abundant and prosperous 2017.

Wishing you a prosperous New Year,

Rev Jan



## The Quest



### **The Quest- A Journey of Spiritual Re-discovery**

Join Rev Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

In the words of a student of the course -“This book is NOT religious but it IS spiritual. Doing the Quest with a group is a great way to dig deep into our lives and understand what is holding us back from living a more fulfilling, spiritual life that allows us to be all that we are meant to be. The Quest is a valuable tool for opening the door into a deeper spiritual understanding. If your life is stuck and you don’t feel like you are where you want to be, make a commitment to doing the 48 lessons. The results will be amazing.”

**Starts: Sunday, January 15**  
**Time: After the Service, 11:30 – 1:00pm**  
**Fee: Love Offering**

**Books Needed:** “The Quest” and “Adventures on the Quest”

## New Year's Day Service



## Healing and Wholeness Service



## HEALING AND WHOLENESS SERVICE

**First Friday of every month at 7:00pm**

**January 6th, 7pm**

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

For more info., please contact Rose Maxson: [romax52@aol.com](mailto:romax52@aol.com)

## Burning Bowl

# Burning Bowl Service

**Sunday,  
January 8th, 10am**



***The Burning Bowl  
and White Stone Service***  
*has become a tradition for members  
of the congregation opting for  
spiritual reflection as a way  
to let go of the old and whatever  
baggage has been holding them back.*

## Christmas Un-Decorating



# CHRISTMAS UN-DECORATING

**Sunday, January 8th,  
after the Service**

*Please stay after the  
Burning Bowl Service  
and help us UN-Decorate  
the church from it's  
Christmas Decor!*

**More hands make quick work!**



## Youth Education for the Younger Crowd

### Take a Bow!

Take a bow, all youth, parents and Music Team for the heartwarming Christmas Pageant that was held on Sunday, December 18! It was an absolute hit! I so greatly appreciate and am immensely proud of our youth from age five months to thirteen years for participating as the characters of the Nativity Story. Our youngest had the role of the Baby Cow and was "quiet as a lamb" throughout the entire production; I think he was mesmerized by all the music and excitement of the performance! The play was star-studded with beautiful solo and duet performances by some of our youths as singers and as viola/violinists.

Furthermore, many of our youth did a great job with their speaking parts that truly resonated the metaphysical meaning of the story as a reminder of not only the Christ Light of Jesus, but also the Christ Light born within each one of us. Also, I am deeply grateful to the parents who participated as Narrators, Assistants and Stage Hands to make this production work as well as it did. Last, but not least, I so appreciate Rob Orland, our Music Director, (who by the way also played the Star) and his astounding Music Team!

Now on to the start of a new year, we will begin with our own "little" Burning Bowl Ceremony on the second Sunday of January. For the remaining Sundays of the month, we will reflect on the Power of Faith. The color for this Power is Dark Blue and the disciple is Peter. To enhance this Power, we will explore two of Jesus' parables, The House Built on Rock and The Mustard Seed, through stories, crafts and meditations. We are looking forward to a new year filled with new inspirational lessons to continually enrich the spiritual growth of our youth.

*Happy New Year! May it be prosperous, joyous and healthy!*

Mary Nowroozi, CSE, LUT  
Youth Director

For more information, please contact Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Green Team



**The Green Team will begin its sixth year with a movie, Before the Flood by Leonardo DeCaprio. We will show the movie the fourth **Friday, January 27 at 7 p.m at Unity.****

Please make plans on seeing what De Caprio has put together after going to five continents. His October 2016 film release identifies some of the problems of climate change and offers suggestions on what we can do to limit the catastrophe and help solve problems. All of it is provided within the prospects of those who deny the existence of climate change. The stimulating and provocative topic must be examined.

This year the Green Team will have available both the fourth Sunday and the fourth Friday in the month to hold events and will depend both on the schedules of speakers and film availability and timing within other programs at the church. Remember to recycle properly during the hectic holiday season. It only takes a few extra minutes once we are informed how to proceed.

Discarded Christmas tree lights and Christmas trees can be among the many recycled items.

We will continue to make plans for a variety of topics in 2017.

Merry Christmas with joy and peace to all.

## Volunteer Ministry

We are so grateful for all of our volunteers that stepped up and made all of the wonderful events possible this past year! We danced, we sang, we ate and we ate!! And as we have said many times, we couldn't do it without you!!



Check out Beth Johnson's article on Outreach, what we have been doing and what we plan to do. It will be an exciting year for outreach thanks to Beth and her team that are dedicated and tireless in their works.

Here's a little teaser for you.....some exciting changes are coming in the Volunteer Ministry. . . . . stay tuned for more details!!

Short article this month, but tall on gratitude for each and everyone of you!!

Blessings and love to each and everyone in the coming year!! May we be the peace we need in our world, May we be the Love that reaches out to a lost soul.

May we spread joy among the sadness. And may we always behold the Christ in everyone we meet!

Love and Prayers!

Bobbi Severson, [bsever4785@gmail.com](mailto:bsever4785@gmail.com)

## Game Night



**Friday, January 20th, 7:00 pm**

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of

course, Dominos. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: [mickeyc115@sbcglobal.net](mailto:mickeyc115@sbcglobal.net)

## Super Saturday School

**Saturday, January 21st, 3-4:30 pm**

We will be offering a Saturday School for any youth to attend on the same days and time as Women's Wisdom Circle which is held on the following 3rd Saturdays of the month:



This program will provide an opportunity for moms to participate in the Circle while their youth are exploring an exciting, spiritual program that will consist of Bible stories, crafts and games.

A sign-up sheet is available downstairs in the Youth Ed area, and a love offering donation is greatly appreciated in both programs.

For more info, please contact Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Women's Wisdom Circle



**WOMEN'S  
WISDOM  
CIRCLE™**

**We are calling a circle and invite you to join  
with us in a self-discovery process.**

**Saturday, January 21st, 3-4:30 pm**



We are calling a circle and invite you to join with us in a self discovery process. The circle, or council, is an ancient form of meeting that has gathered human beings into respectful conversation for thousands of years. The circle has served as the foundation for many cultures. What transforms a meeting into a circle is the willingness of people to shift from informal socializing or opinionated discussion into a receptive attitude of thoughtful speaking and deep listening and to embody and practice the structures outlined.

Please contact Mary Nowroozi with any questions or for more info.:

[marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Bear Brigade

# Bear Brigade

**Sunday,  
February 5th**



During the month of January, please bring in cuddly stuffed teddy bears and other creatures. We will hug them and fill them with love during our Sunday services throughout the whole month. They will be delivered to Mutual Ground, Inc. in Aurora.

Let the Bear Brigade Begin!

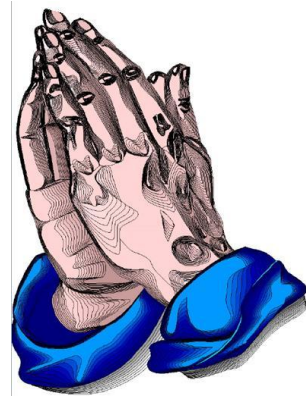
For more info., please contact Beth Johnson  
[bethmjohnson@comcast.net](mailto:bethmjohnson@comcast.net)

## Prayer Chaplains

Our Prayer Chaplains are committed to making monthly Caring Calls to all our members.

Caring Calls are made to support our members with their prayer needs. If you are a member and have not been receiving a call, please call the office at 630-879-1115 and a Prayer Chaplain will call you.

Namaste!



## Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order in the Fellowship Hall by the 15th of each month!***

### **January Oil of the Month:**

Stress Away-A Blend of oils specifically formulated to help relieve everyday stresses and tensions. It is a blend of Copaiba, Lime, Cedarwood, Ocotea, Lavender and Vanilla.



Stress Away may help with muscle aches, pain, stiffness and nervous exhaustion. It helps elevate the mood and lift depression, calms the nervous system and promotes health and well being.

Body Systems Affected- Emotional Balance and Immune System functioning.  
Apply to wrists, temples, neck or other desired areas of the body...

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick*

I'm so cold! BUT I love the seasons! I don't think I would enjoy living in an area where it is the same most of the time.

I had a FUN month of baking and cooking! Oh how I love to do that. It's the season of yummy goodness which means I have to watch myself even more! My time with my [Coach](#) has ended and I won't be renewing another round (I can't afford to keep her on the payroll forever). So unless I decide to compete or have another goal I need assistance on, I will be moving forward myself. I learned a lot and am Thankful for Coaches like the one I have.



And .. um... a Half Marathon might be planned for 2017... we shall see!

*Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.*

Many blessings,  
[Kathleen Malick](#)

## Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

## On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.

- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.

- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.

- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.

- [Women's Group](#) - Stay tuned for upcoming events.

- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 3:00-4:30pm in the Adult Ed Classroom.

- [Unity Green Team CommUnity Event](#) - 4th Friday, January through April; August through October;

### Contact Information

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