

#### **July 2018**



Upcoming Events and Classes at
Unity of Fox Valley
Sunday Service and Youth Education
Come join us at 10:00 am

#### **Ministerial Musings**

Dear Spiritual Family,

Ah Summer time! There's so much to do and experience - vacations, sports, laying in the hammock, BBQing with friends and family, vacation bible school for kids and the list goes on.

In all of your busy plans don't forget to experience your spiritual home during the summer months. If kids can have a vacation bible school why not adults? In July Rev. Mike and I will be diving into scripture – we know how much you enjoy our cultural and metaphysical interpretation. We'll be tackling some favorite stories, some favorite characters, and even some stories that gave us a headache as we tried to glen the underlying message (yes we sometimes struggle with the deeper meanings contained in your sacred scripture.)

Scripture is always relevant in our lives and contains clues for us as we face our own challenges today. I know you won't want to miss this July Bible series.

Looking forward to being back with you again.

Love & blessings,



#### A Little Something to Keep in Mind

We have always been a congregation of "Huggers." However, not everyone is as outgoing – some of us are a little more shy. To those in the "Hugger" camp – please be mindful, to those in the "Shy" camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

#### **Commercial Jingles**

"Brylcream, a little dab will do ya.

Use more only if you dare.

Brylcream, the girls will all pursue ya...

They love to get their fingers in your hair."

Commercial Jingles... We all grew up with them. They are part of our heritage.

Characters like Tony the Tiger, Mr. Clean and Little Bill are ingrained in us in a very real way. And for goodness sake, let's not forget the Tidy Bowl Man. They were introduced and re-introduced to us repeatedly courtesy of our favorite television programs.

Advertising firms were paid big buck for coming up with slogans and jingles that would catch on, stay in our brains and entice us to buy products. And they were effective!

What these jingles were after all, pure and simple, were affirmations. They were statements made over and over until they became deeply embedded in our heads. They were particularly effective when put to some snappy musical tune, like the little Brylcream verse above. The more we heard them, the more the content became credible and believable. That is exactly what advertisement is about.

To call them "prayer" for sure might be offensive to some. But in Unity we invite people to pray in the form of affirmations. At times these statements we pray may seem to be much more farfetched than "Mr. Clean will clean your whole house in just a minute." We dare affirm things like, "I am a beloved child of God," or "I am free and I am unlimited," or "I am prosperous." Ironically, the only difference between these and those commercial jingles is they represent a greater degree of truth than most commercial promises. Yes, our prayerful affirmations are attempts to "sell" ourselves on what is real, and that is exactly the point.

We may have a few flakes in Unity, but after all, UNITY FLAKES ARE GRRRREAT! Rev. Mike

#### Note from the Board

Rev. Mike will get a new commode for the Men's washroom & a grab bar & new light fixtures downstairs in the women's bathroom. The Board & Rev. Mike will try to finish the dry-walling project on the building space. The Board decided a food supply for the Fall Dinner/Dance Event. Megon McDonough will give a concert on September 22nd. A Board Member ordered new speakers for the sound system & they will be arriving shortly.

The Board

#### Youth Education for the Younger Crowd

For the month of July, our Youth Ed will be exploring the Power of Understanding. The disciple for this month is Thomas and the color is brilliant **Gold**. Through Bible and contemporary stories and by creating a dazzling golden Power of the Month Board, we will guide the youth to come to an understanding that the Light of God is the loving, brilliant, dazzling force in and through all things.

It is summer time; that time of year again for our annual <u>Vacation Bible School</u>. This year's theme is "Building Our House of Faith" and will be held from Tues., **7/31**, **to Fri.**, **8/3**, **from 9:30 am till noon** with a heartwarming, memorable performance held during Sunday Service on 8/5 at 10 am. Youth of all ages (four years to high school seniors) are encouraged to attend. Through our program, they will enhance their faith through Bible-

based role play, songs, dance, games and crafts. Healthy snacks will be provided, and the program is free! Registration forms are available downstairs in the Youth Ed area or can be available through email by contacting Mary at <a href="marynowroozi@comcast.net">marynowroozi@comcast.net</a>. All forms are due no later than Sunday, July 29!

This program promises to be inspiring, creative and most definitely lots of fun! We would so appreciate your youth's participation!

Many thanks and many blessings, Ms. Mary, LUT

#### 12 Powers+ Class



#### Wednesdays, June 13th - July 25th

(There will be no class on Wednesday, July 4th)

6:30 to 8:00pm, Adult Ed Room

Facilitated by Rev. Michael Korpan & Marge Orchard LUT

The class is called 12 Powers+ because in addition to teaching the 12 Powers we will be introducing some additional powers that we can exercise.

2 Required Books - Available on Amazon.com:

Don't forget to use our AmazonSmile link! Click here!

- Charles Fillmore's 12 POWERS OF MAN
- Paul Hasselbeck's POWER UP

This class may be taken for SEE credit. The fee for this is \$45.00.

For more info., please contact Rev. Michael Korpan: <a href="mailto:revmike@unityoffoxvalley.org">revmike@unityoffoxvalley.org</a>
or Marge Orchard LUT: <a href="mailto:margeorchard@gmail.com">margeorchard@gmail.com</a>

#### **Music Ministry**

#### **Summer Schedule**

Music team practice has been changed to **Tuesdays from 6:30-8pm** for the summer.

For more info, please contact

Rob Orland: <a href="mailto:simplesoul60@gmail.com">simplesoul60@gmail.com</a>



#### **Independence Day**



#### Wednesday, July 4th

The Church Office will be closed. Enjoy the holiday!

#### A Course In Miracles



#### Every Thursday, 7:30pm to 9:00pm, at Fox Valley Unity Church.

The emphasis for this session will be the Workbook from A Course in Miracles

The class will be facilitated by Warren Wakerlin (Wwakerlin@aol.com)

Everyone is welcome - you may join in at any time!

#### **Healing and Wholeness Service**



# SERVICE

#### Please join us on Friday, July 6th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

#### First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

#### Oil A Day Class



Sunday, July 8th, 11:45-12:15pm

#### 2nd Sunday of the month - Adult Ed Room

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

Beat the bugs with citronella! Our oil of the month of July will be citronella. We will be making natural bug spray make-and-takes that really work! Please join us!

Walks ins are always welcome but signing up will help make sure there are enough materials for everyone. If your schedule frees up at the last minute we still would love to have you.

For more information, please contact Barbara DuRocher <u>barbarajdurocher@gmail.com</u> or Nancy Gouch nancygouch@att.net

#### **Green Team**

The Green Team will resume with an event the fourth Sunday in July. We will show the movie, "Unacceptable Levels", a film by Ed Brown about how chemicals have invaded our lives. We will show the movie at 11:45 a.m. Sunday, July 22 after social and food time downstairs. The 2013 movie will reveal why individuals are becoming

increasingly sick. One answer is increased use of chemicals in society.



We continue to transfer polystyrene to Dart container. There is a container adjacent to the Green Team food table. Dart will accept food containers and packing foam, however, will not accept so-called packing peanuts or unattached lids.

There have been requests to visit a recycling center as an outside Green Team event. We are accepting suggested sites.

We do receive benefits when we think Green. We continue to go Green in 2018!

Continue to think Green.

#### **Vacation Bible School**



# Vouth Ed BUILDING OUR HOUSE OF FAITH

### **VACATION BIBLE SCHOOL**

All ages from preschool through high school will have fun "Building Our House of Faith" through role-play, songs, games, and crafts. This program will conclude with a heart-warming presentation during Sunday service on August 5 where the youth will perform a skit and sing songs they learned in VBS.

VBS/Presentation Location: Unity of Fox Valley

230 Webster St., Batavia, IL 60510

VBS Dates: Tuesday, July 31 to Friday, August 3

Time: 9:30 am to 12:00 pm

Presentation Date & Time: Sunday, August 5, during 10 am Service

Cost: Free!

Anyone interested, please contact Mary at marynowroozi@comcast.net to obtain a registration form. All forms are due no later than Sunday, July 29.



#### **Volunteer Ministry**



THANK YOU to everyone that helped at Hesed House in June! They always appreciate the assistance so much. It always pulls at my heartstrings and makes me realize just how very blessed I am. I mentioned to my daughter, if I am ever feeling sorry for myself, I will just go work a Soup Kitchen. It is a quick reality check

that there is someone out there that has challenges that far exceed my little grievances. Keep them in your prayers and in your heart!!

Rick Dearborn, once again, provided us with a great family outing to the ball park!! Thank you Rick for organizing this excursion!!

A special thank you to everyone that helped sell tickets to the Brad Newquist Concert! It was a lively and entertaining concert!!

We have some wonderful women that have stepped up to organize and run a Women's Wisdom Circle. Thank you newest member, Donna Bailey and Laura Schreiner, for your ideas and enthusiasm. We had a planning meeting that over 20 women attended, this tells me that we are hungry for some "Women" time!! More information will be shared in July and we hope to officially start up in September. If you were not able to attend the meeting, but would like to be on the e-mail list, please send me a quick e-mail and I will pass it on.

Always and in every way we are so thankful for our volunteers that are the heart of our Spiritual Family! We notice what you do, we appreciate you, and feel your energy!!

Blessings and Love!!

Bobbi Severson, bsever4785@gmail.com

#### **Prayer Chaplains**

Did you know that our prayer chaplains are available to Unity of Fox Valley members for home, hospital and nursing home visits? You may request them to pray with you at anytime. Call the office at 630-879-1115 or email us at <a href="mailto:churchoffice@unityoffoxvalley.org">churchoffice@unityoffoxvalley.org</a>



Namaste!

#### **Young Living**



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways that just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

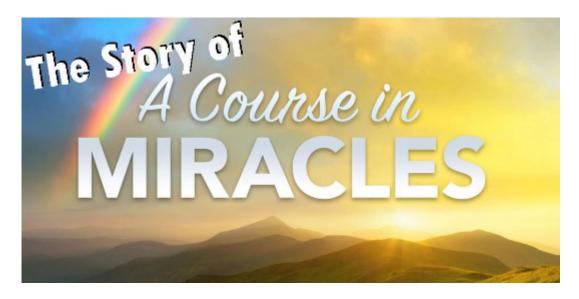
We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

#### Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher <u>barbarajdurocher@gmail.com</u>

#### The Story of A Course In Miracles



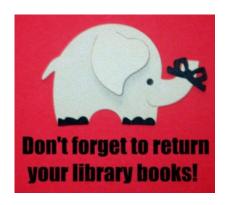
#### Sunday, August 12th, 11:45-1:15pm

A Course In Miracles is a self-study program of spiritual psycho-therapy. Come to watch the documentary and learn more about how and why A Course of Miracles came to be.

FREE EVENT!

or Joey Nelson: tyloredurden@aol.com

#### Library



## Please remember to return your library books!

If you have books out from the Library and you have had them for awhile, please remember to return them!

#### **AmazonSmile**

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of



the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this <u>link</u> next time you need something & help raise money for Unity of Fox Valley!

http://smile.amazon.com/ch/36-2889899

#### **News from the Church Office**

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.

You would think that summer would be a time where I get to slow down in 'Kathleen-land', but it is a good time to work on my home office. I'm constantly trying to fight the battle of clutter and always feeling like I'm losing it. But with everything I throw out/donate/give away, it gives me a lighter feeling. A freeing feeling. Owning a lot gives me stress - so let's get rid of some stuff and set yourself a little bit more free!

I've also (once again) been sidelined with injuries. I stopped weight training for a month and my runs have turned to walks. I feel much better now and I'm back in my weight room where my dusty weights waited so patiently for me. Thankful for a body that can and a mind that won't give up on myself.



Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have!

Blessings!

Kathleen Malick

#### Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

https://www.facebook.com/unityoffoxvalley

#### On Going Activities

• <u>A Course in Miracles</u> - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine.

Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.

- Alcoholics Anonymous meeting. Tuesdays at 6:00pm.
- Men's Group Meeting the first and third Tuesday of each month at 7:00pm,
   September through May.
- Overeaters Anonymous meeting. Sundays at 5:00pm.
- Women's Group Stay tuned for upcoming events.
- <u>Unity Green Team CommUnity Event</u> 4th Friday or 4th Sunday, January through April and July through October.

#### **Contact Information**

phone: 630.879.1115 churchoffice@unityoffoxvalley.org fax: 630.879.1728 www.unityoffoxvalley.org prayer line: 630.879.1129

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