

June 2017



Unity of Fox Valley
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

Last month, May, I wrote about words of wisdom that I were passed down from my mother – words I still live by. It's amazing how deeply those ideas, beliefs, and sayings dwell in our minds and hearts molding us as we grow into adults.

This month, of course, I got to thinking about my father and words and actions that I remember and have stayed with me.

When he and I were working together on rehabbing my greystone in Chicago each morning he'd say, "What's the worst job we have to do today?" We would start our day tackling that worst job. When I asked him why he did things that way he said, "If you don't do the worst job first and get it out of the way it just hangs over your head and ruins the whole day. Better to get it over and done with."

But that was my dad – he was not one to shy away from the difficult or shirk his duty.

One of the things he used to say, especially if he was around complaining people was, "If I can get up in the morning and put my feet on the ground – it's a good day!" He was a grateful person who felt blessed even though his growing up years were difficult.

Responsibility and gratitude. . . .wouldn't it be lovely if the whole world took on those virtues? I was so blessed to have this man in my life.

Love & blessings for fathers everywhere, Rev Jan



The Quest



The Quest- A Journey of Spiritual Re-discovery

Join Rev Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

In the words of a student of the course - "This book is NOT religious but it IS spiritual. Doing the Quest with a group is a great way to dig deep into our lives and understand what is holding us back from living a more fulfilling, spiritual life that allows us to be all that we are meant to be. The Quest is a valuable tool for opening the door into a deeper spiritual understanding. If your life is stuck and you don't feel like you are where you want to be, make a commitment to doing the 48 lessons. The results will be amazing."

Sundays, after the Service, 11:30 – 12:30pm Love Offering Basis

Books Needed: "The Quest" and "Adventures on the Quest"

Youth Education for the Younger Crowd

For the month of June, our Youth will be reflecting on the Power of Imagination. The disciple for this month is Bartholomew and the color is **Light Blue**. We will be exploring our own inner Divine creativity through dance, songs, outside activities and crafts related to Bible and inspirational contemporary stories.

Our creativity was surely noted at our absolutely heart-warming, memorable "Roots and Wings" Ceremony that was held on Sunday, May 21. This service celebrated all the youth for their spiritual endeavors this past school year and all the Teachers and Angel Aides for their commitment to the youths' spiritual growth. Furthermore, this service was even more special this year because it honored the largest number of youths that we have known in the past several years who graduated from their current group in order to "wing-up" to the next group

Below are our awesome graduates:

- From Children's Church ~ Reagan Green, Ethan Schreiner, William Staszak, and Elijah Stillwell
- From Juniors ~ Isabel Green, Rylee King, and Quinn Preis
- From Uniteens ~ Aria King, Erika Kothe, Skye Schulze, and Ashton Schulze

For the "grand finale", all youth, teachers and aides received a beautiful flower and walked the 12 Powers Path. We also honored Rob Orland and the Music Team for their dedication in practicing/leading the youth in singing for many of our performances throughout the year, and for Warren Wakerlin and Rick McKay for assisting with sound and lighting as well as Rev. Jan for her support.

Last, but not least, we are deeply grateful to Kathleen Malick, our Business Manager, and to her husband Galen and to her daughter Ava for hosting the delicious Ice Cream Social after the Ceremony. It was apparent by all the smiling faces that everyone was greatly enjoying their cooool treat!

To keep our youth actively involved in the community, we are encouraging them along with a parent to volunteer at our Youth Table at "Well Batavia" on Saturday, June 3rd at the Batavia City Council Chambers. We will be alongside The Green Team Table organized by Carter and Donna Crane. Our youth will be passing out brochures about our Youth Program and will be offering an opportunity for children of all ages to stop by and create musical instruments from recycled materials. We are asking for volunteers to sign-up downstairs in the Youth area at the Green Team Table for two-hour time slots

starting from 8 am to 2:30 pm. Please consider being a part of this worthwhile, fun event. Your help would be greatly appreciated!

Many blessings,
Ms. Mary, LUT, CSE
marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

June 2nd, 7:00pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Green Team

Our Green Team activities include providing a container in the downstairs room for Styrofoam (Polystyrene) recycling and a Green Team vegetable table each Sunday morning. In fact, the container is properly labeled and adjacent to the Green Team

vegetable table. The container is available all week. The Green Team vegetable table includes notes, sign-up sheets, and other information in addition to the food. We encourage children to make selections from the table to eat food in addition to the wonderful sweets which are available in the kitchen. Both container and the vegetable food table should become good habits for all of us.



The Unity of Fox Valley Board of Trustees endorses our Styrofoam recycling container. Green Team members and representatives will take the contents of the container to Dart Container in North Aurora which accepts package foam and containers from restaurants to go orders and left-overs after dinner.

The next Green Team event will be the **Saturday**, **June 3** <u>Well Batavia</u> event at the **City Council Chambers** on Island Avenue adjacent to the Peg Bond Center. We will be present from **8:30 a.m. to 2 p.m.** and seek representatives of Unity of Fox Valley. We will have a table for the Green Team and a table for the Children/Youth Department to meet and greet the public. The children will participate in crafts and coloring.

Our Unity Green Team is strong in 2017!



Volunteers are needed to work at the Batavia City Council Chambers

ONE DAY ONLY Saturday, June 3rd Please sign up!

For information about volunteering at the table or about Well Batavia, please contact Carter or Donna Crane, or any member of the Green Team.

Community Outreach

Volunteer opportunity in the Soup Kitchen at

HESED HOUSE

Hesed House has asked Unity of Fox Valley to volunteer in the Soup Kitchen



Monday, June 12 and Friday, June 16

Located at 659 South River Street in Aurora.

Adults and children over 12 years old are welcome.

Please sign up on the sheet at the table in the sanctuary.

They need 6-7 people to work from 10:00 to 1:00 each day.

Please contact Beth Johnson for more information: bethmjohnson@comcast.net

Game Night



Friday, June 16th, 7:00 pm

Let's have some fun together! We have Rummikub, Quirlkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

Volunteer Ministry



VOLUNTEER OPPORTUNITIES:

- In June we have the GREEN TEAM sponsored event, <u>Well Batavia</u>. This will happen on <u>Saturday</u>
 June 3rd, from 8:00 am 2:30 pm. We thank anyone that has signed up to help with this event!!
- Hesed House volunteers are needed for June

12th and June 16th. Volunteer time is from **10:00 am - 1:00 pm** to help serve lunch!! Please see sign up sheets. At least 6-7 people are needed for this event.

• If you want to enjoy the outdoors, the **Landscape Team** is always looking for extra help. Sign up for this committee by contacting Bob Anthony and they will let you know their work days!!

THANK YOU to Mary and all of her volunteers for the beautiful Roots and Wings ceremony on Sunday May 21st. The kids always do such a great job!! And Kathleen and her family provided a fun Ice Cream Social to help celebrate this moving up ceremony for the kids!! We are always grateful for dessert before lunch opportunities!! Thank you Kathleen, Galen, and Ava for your time and talent!!

Blessings to everyone and have a wonderful June!!

Love and Blessings!

Bobbi Severson, bsever4785@gmail.com

Quickening of the Spirit

Mark these dates on your calendar!

Can't get enough of Unity and Unity principles? Or you want to know more about the Bible and this wonderful movement? On **August 6-11 Unity of Oak Park** will be holding "**Quickening of the Spirit**." This is a terrific opportunity to attend a week of Spiritual Education and Enrichment classes (SEE) here locally. You will also have the opportunity to experience teachers from several different churches.

Classes offered are:

- Development of the Unity Movement Rev Richard Billings
- Prosperity Rev Sandy Diamond
- The Christ in the Bible Rev Jan Little
- Bible Interpretation: Acts to Revelation Rev Kurt Condra
- The Twelve Powers Rev Helice Green

Additional information and registration forms available soon.

Prayer Chaplains

Did you know that when our prayer chaplains pray with you, they listen and hold everything said in confidence? Your chaplain places your requests in the sacred space of limitless possibilities of God's love, that place we often are unable to see our ourselves



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways that just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Abundance

Properties: Enhance magnetic energy to create the law of attraction thru the magnetic field around us. It may attract riches to oneself. It also contains



tremendous antiviral and anti-fungal properties which may make it very powerful support to the immune system, giving one an abundance of health as well.

The blend contains the following oils:

- Orange(peace and happiness to mind, body, joy to heart and provide emotional support):
- Frankincense- (helps oxygenate the pineal and pituitary glands, helps provide a positive attitude)
- Patchouli- (sedating, calming and relaxing, reduces anxiety and provide a positive influence on sex, energy, and money)
- Clove-(may influence healing, improve memory and create feelings of protection and courage)
- Ginger (warming, uplifting and empowering. Emotionally helps influence physical energy, love and courage. Also helps reduce feels of nausea and motion sickness
- Myrrh-(part of the formula God gave Moses. It is a true gift, When we open our hearts and minds to receive the gifts, they will be given)
- Cinnamon Bark (part of the formula God gave Moses, Powerful purifier, powerful oxygenator, enhances the action and activities of the other oils. It also may have a stimulating and toning effect especially the circulatory system. Feelings of Joy
- Spruce-(grounds the body, creating balance and opening necessary to receive and give. It helps dilate the bronchial tract to improve the oxygen exchange. Also helps with emotional blocks)

Body Systems Affected: Help dealing with various problems related to the Immune and Respiratory Systems and Emotional Balance...

ECLIPSE RETREAT

2017

Friday, August 18th - Monday, August 21st

You are invited to a wonderful retreat at the heart of our Unity movement, Unity Village.

What we're planning:

- · Tour the Village and learn it's history
- · Time to walk the Labyrinth
- · Attend service in Unity Chapel
- · Spend time at Silent Unity the center of over 100 years of prayer
- · Explore the 1200 acres of grounds and woodlands
- · Relax and renew with an afternoon retreat
- Visit Kansas City
- Be present to experience the Total Solar Eclipse of 2017 celebration
- And more...

Registration starts: April 9th

Price: Single occupancy \$500.00

Double occupancy \$350.00

Price includes 3 nights room at the beautiful Unity Hotel, bus transportation, speakers,

3 breakfasts, 2 dinners and tips.

Registration deadline

and ½ deposit due: May 21st Final amount due: June 25th*

*After June 25, NO REFUNDS for cancellation. There are expenses that we will not be able to recover after that date

For more information, please contact Sandy Donelly: sjdonnelly1938@gmail.com

AmazonSmile



Unity of Fox Valley is signed up for AmazonSmile!

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Unity of Fox Valley!

When you click on the link below and make a purchase, AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

So get your Christmas Shopping done while benefiting UFV at the same time!

Please click on this link to start shopping! http://smile.amazon.com/ch/36-2889899

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick

Last month, Galen MADE me sign up for a race under protest and duress. It was on Mother's Day weekend. I'm glad I ran that stinkin' little race because I placed 5th in my age group. Honestly, I was just trying not to look stupid by fizzling out at the end and

somehow managed to pull out a pace I haven't seen in awhile! What really made me happy? This time I carried my little Octo
Squishy with me during the race! It's the little things I tell ya!

Also, thank you for letting my family serve you during our Annual Ice Cream Social held after Roots & Wings. It is our true pleasure.

Please remember that **it is never too late** to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.

Many blessings,
Kathleen Malick

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

https://www.facebook.com/unityoffoxvalley

On Going Activities

- <u>A Course in Miracles</u> 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- Alcoholics Anonymous meeting. Tuesdays at 6:00pm.
- Men's Group Meeting the first and third Tuesday of each month at 7:00pm,
 September through May.
- Overeaters Anonymous meeting. Sundays at 5:00pm.
- Women's Group Stay tuned for upcoming events.



• <u>Unity Green Team CommUnity Event</u> - 4th Friday, January through April; August through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org fax: 630.879.1728 www.unityoffoxvalley.org prayer line: 630.879.1129

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