



**Upcoming Events and Classes at
Unity of Fox Valley**
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

Well winter is almost behind us and spring, with its promise of flowers and new growth, is just ahead. March 20th is the first day of spring and Easter is March 27th. March is an odd month. One day it's winter and the next day the thermometer shoots up into the 60's. We see robins one day and the next we're trying to find the daffodils under the new snowfall. Even though it can be frustrating we have no doubt that spring, with its warmer weather and beautiful flowers will arrive.

It's like faith when you think about it. No matter what is going on in our life that feels like winter, we know without a doubt that new life, new possibilities, and new adventures are possible with each new day. That indwelling Christ presence within us contains within it all power, all wisdom, all creativity, all healing and all love that will heal any hurt, create any reality, and give us the strength to overcome any challenges we may face.

The true meaning of Easter for us is that resurrection is always possible. No matter what our past has been, no matter what challenges we face, no matter how many people say "It's not possible!" that awesome spirit of God indwells us giving us the power to make new choices, begin again, and create our new life. Thank you sweet Spirit for the gift of grace, for the knowing, and for the divine ability to roll back the stone that blocks us from living fully, abundantly, and with joy.

Happy Spring,
Rev Jan



Youth Education for the Younger Crowd

For the month of March, the youth will be exploring the Power of Strength. Color is Light Green (think Spring)! Disciple is Andrew. For fun, we will lift weights to show our physical strength; however, most importantly, the younger groups will reflect on Biblical stories such as David and Goliath to understand how our true strength comes from the Christ within.

As the Lent Season continues into March, the youth will reflect on the Miracles and Parables of Jesus through songs and meditations and by acting out the stories through role play. Also, the youth are excitedly looking forward to joining the choir at the end of **Palm Sunday service, March 20**, in singing “Prepare ‘Ye” and “Day by Day”.



Furthermore, we will be having our annual **Easter Egg Hunt** during service for youth of all ages on **Easter Sunday, March 27**. Weather permitting, eggs will be hidden outside among the church grounds; however, if it is cold and/or rainy, we will have just as much fun with an indoor Hunt!

Last, but not least, our Uniteens are invited to attend a Uniteen Overnight at Unity of the Northwest in Des Plaines from March 19-20! Two of our Uniteens along with their mothers and with Mary, our Youth Director, have replied back that we will be there! However, we will be leaving earlier than planned to be back at Unity of Fox Valley for the Palm Sunday singing! At the Overnight, we will be involved along with other regional Uniteens and their respective sponsors/parents in large and small group activities. Also, we will watch a movie that illustrates issues preteens face followed by discussion and then join in on a Vesper Service. We are so looking forward to this opportunity to “mingle” with other preteens and their parents from other local Unity churches!

Happy Easter to our loving Church Family!

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, March 3, 7:00pm

Please join us for our Healing and Wholeness Service. This once-a-month service will be filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace. Join us on the first Friday of the month at 7:00 pm.

For more info., please contact Rose Maxson: romax52@aol.com

Women's Wisdom Circle

**Saturday, March 19th
4:00-6:00 pm**

We are calling a circle and invite you to join with us in a self discovery process.



The circle, or council, is an ancient form of meeting that has gathered human beings into respectful conversation for thousands of years. The circle has served as the foundation for many cultures. What transforms a meeting into a circle is the willingness of people to shift from informal socializing or opinionated discussion into a receptive attitude of thoughtful speaking and deep listening and to embody and practice the structures outlined.

Please contact Mary Nowroozi with any questions
or for more info.: marynowroozi@comcast.net

Green Team



Hello all ye Lads and Lasses, all ye Leprechauns and Dancing Sprites!! Do you know why March is the best month of all? Because we celebrate Being GREEN!!! So put on your best Greens, eat your Greens, Go Green and join the Unity Green Team in sharing your inner Greenness!! Did you make it to last month's Green CommUnity Night? If so, thank you! If not, you missed out on a great film and program. And we missed YOU! In the film, Edible City, we learned how growing local food for low-income communities is providing training, jobs and nutritional education for under-privileged youth in Oakland California. We would like to see every city follow their example!

This month, because of Good Friday, we will move our program up a week to Friday, March 18th, so mark your calendars right now! The program will center around the powerful clean energy trio of wind, water and solar with a current documentary entitled, The Future of Energy. According to researchers, renewable energies could power the entire globe by the year 2050. All we seem to lack is the social and political willpower to make widespread renewable energies our reality. With infectious enthusiasm, The Future of Energy shines a spotlight on the many everyday figures that stand at the forefront of the clean energy revolution, and shows us that the capacity for positive change in the world begins with the individual. That means US. Come see how you can make a difference!

As always, our programs are free so bring a friend and a snack to share if you wish. Light refreshments are always provided and a wonderful time of CommUnity sharing and visiting is enjoyed! See you March 18th at 7:00 p.m.!!! Did you mark your calendar?

With Peace and Green Goodness to All!

The Unity Green Team

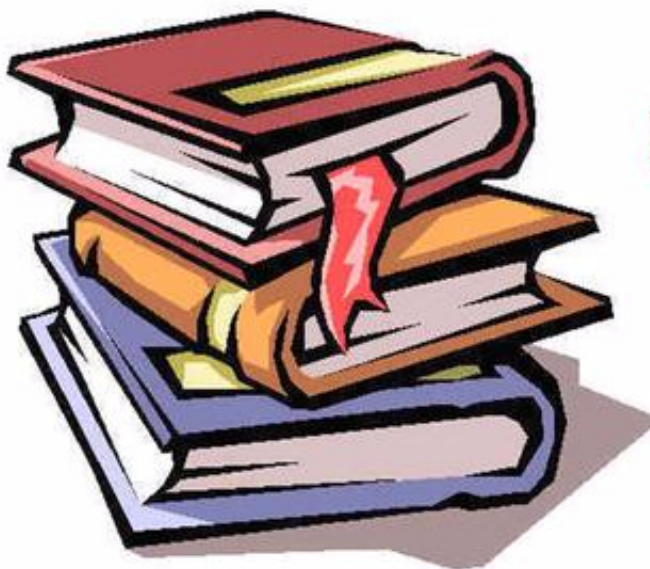
Think Green in 2016

For more information, please click [here](#).

Book Sale

Book Sale

Sunday, March 6th & 13th, after the Service



***We have a large
selection!***

For more information,
please contact
Carl & Lucy Klemaier:
colonelklay@yahoo.com

Daylight Savings Time



Easter Feast



EASTER FEAST

**March 20th,
after the Service**

*Please sign up in the Fellowship Hall
to bring a dish to share, set up
&/or clean up*

Please contact Deb McQuaid with any
questions or for more info.:
debmcquaid@aol.com

Taize Service

Taize Service



Friday, March 25th, 7pm

The Taize Service engages all of the senses through music, prayer, chants, scripture readings, and periods of silent contemplation to attain a state of deep contemplative awareness.

All are invited to this beautiful, soulful, candlelight ceremony celebrating the light that is not overcome by darkness.

This service is a beautiful way to commemorate Good Friday.

PosiPalooza Concert

A decorative border with colorful, swirling patterns in shades of yellow, orange, pink, and blue, framing the text on the left and right sides.

Save The Dates!
Posi Concert
Saturday, April 30, 2016, 7:00 pm

**Choral Workshop
with Sue - Saturday**
April 30, 1:00pm – 3:00pm

Cougars Ballgame

Ballgame take me out to the



Take me out with the crowd.
Buy me some peanuts and crackerjack.
I don't care if I never get back

June 27, 6:30 pm

**We have a fun evening planned for the whole family.
Enjoy an evening baseball game on a gorgeous field.
Easy to get to, lots of parking & fun stuff for the kids.**

Brats, pretzels and beer for adults.

Corn dogs, crackerjack & slushies for the kids.

ONLY 25 tickets available

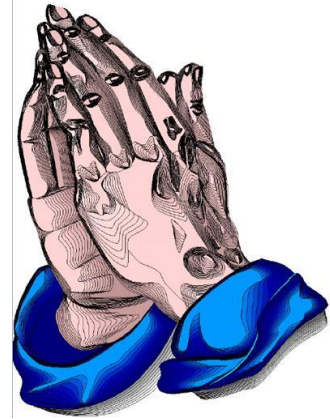


Don't miss out!
**Sign up on the "Cougars
Night Out" sheet**

Prayer Chaplains

The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!



Young Living



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

Do you need us to order anything? Place your order in the Fellowship Hall by the 15th of each month!

News from the Church Office

*A section in the Newsletter to fill you in on
some of the fun doings of our Business*

Manager, Kathleen Malick

My Sweet daughter turned 12 this past month! It was a great week of celebrating with her friends and our family! It's exciting to see how grow, interact and become her own. I'm proud to be her mother.

My family and I were also pleased to host the first Unity of Fox Valley Sweetheart Breakfast! We flipped pancakes, shared some laughs and ate yummy breakfast foods! If

you didn't attend, please consider it the next time because it was a nice morning of camaraderie.



I'm still running. Still lifting. Still struggling with all my athletic aspirations but I still push through. I'm back to weight training 3xs a week and running 3. Still trying to get comfy in my runs which seems difficult this year. I'm proud of Galen too. He has joined me on the exercise bandwagon years ago,

but now he is watching what he eats more. We are changing what we think about foods (less processed, more real foods) but still enjoying a treat now and then.

Please remember that it is never too late to get up and get moving!

Many blessings,

Kathleen Malick

We are now on FACEBOOK!

Connect with us on Social Media by liking our



Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Women's Wisdom Circle](#) - 3rd Saturday of every month from 4:00-6:00pm in the Adult Ed Classroom.
- [Unity Green Team CommUnity Event](#) - the 4th Friday of every month at 7:00pm January thru October.

Contact Information

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prayer line: 630.879.1129

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