

March 2017



Upcoming Events and Classes at Unity of Fox Valley
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

March 1st is Ash Wednesday, the official beginning of Lent, a 40-day season (plus 6 Sundays) that is a preparation for Easter. The 40 days of Lent are a time to prepare for a resurrection experience – a breakthrough in consciousness as demonstrated by Jesus Christ. It is a time for realigning ourselves with the Christ Mind and allowing ourselves to be transformed at depth.

The spirit of Lent inspired Charles Fillmore, the co-founder of Unity. As was his practice with many of the ceremonies and symbols of the Christian church, he interpreted the practices of Lent metaphysically. Fillmore looked at the practical spiritual significance of the Lenten observances of fasting in an individual's life.

To realign ourselves with the Christ mind Fillmore taught that we must consciously choose to forego (or "fast from) negative thoughts or behaviors that create a sense of separation from God or from our own authentic selves. In addition, he encouraged additional time each day for prayer and meditation to help us be more receptive to Spirit's work in us.

I encourage you to use the "Lent booklets" to lead and inspire you to greater spiritual heights this season as you prepare for your own glorious Easter.

The Quest



The Quest- A Journey of Spiritual Re-discovery

Join Rev Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

In the words of a student of the course - "This book is NOT religious but it IS spiritual. Doing the Quest with a group is a great way to dig deep into our lives and understand what is holding us back from living a more fulfilling, spiritual life that allows us to be all that we are meant to be. The Quest is a valuable tool for opening the door into a deeper spiritual understanding. If your life is stuck and you don't feel like you are where you want to be, make a commitment to doing the 48 lessons. The results will be amazing."

Sundays, after the Service, 11:30 – 1:00pm Love Offering Basis

Books Needed: "The Quest" and "Adventures on the Quest"

Youth Education for the Younger Crowd

For the month of March, the youth will be exploring the Power of *Strength*. The color is *Light Green* (think Spring) and the disciple is *Andrew*. For fun, we will lift weights (light ones) to show our physical strength; however, most importantly, we will reflect on Biblical

stories such as David and Goliath to understand how our true strength comes from the Christ within.

Speaking of spring, we have had some unusually warm weather this past winter, and if it continues as such, there may be some Sundays that the youth along with their teachers will venture outside to explore and celebrate the first signs of spring!

Please mark on your calendars:



Please bring a friend and arrive at least 15 minutes prior to get settled-in.

All are invited to bring blankets and pillows and to wear pj's if you like!

Popcorn, snacks and lemonade will be served per Love Offering.

We are deeply grateful to the Teens for their time and energy to sponsor the movie and for providing refreshments!

We hope to see all of you there for a FUN FAMILY NIGHT!

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Many blessings,
Mary Nowroozi, LUT, CSE
marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

March 3rd, 7pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Prayer Chaplain Training



Prayer Chaplain Training

March 10, 6:30-9pm March 11, 8-4pm

If you have considered becoming a prayer chaplain, this training is an opportunity to enrich your spirituality through service to our members. Both women and men are welcome to walk this spiritual path.

The requirements for applicants are that you be a current Unity of Fox Valley member, demonstrate an understanding of Unity principles, have a willingness to pray with others, and have taken a prayer class. No former experience in praying with others is necessary.

If you are interested in joining our prayer ministry or have any questions, we invite you to contact Marge Orchard: (847)-912-4457 margeorchard@gmail.com

"Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." Matthew 25:40

Daylight Savings Time



Sunday, March 12th

Don't forget to set your clocks forward!

Volunteer Fair



We will be having our Volunteer sign up!

We will have tables set up downstairs in the hospitality area. Please stop by and see what interests you and sign up. Even if you are currently on a team, we would like you to sign up again.



We are so blessed by our many volunteers and want you to know just how grateful we are for your time and talent.

For more info., please contact Bobbi Severson: bsever4785@gmail.com

Game Night



Friday, March 17th, 7:00pm

Let's have some fun together! We have Rummikub, Quirlkle, Oh Hell, Scrabble, &, of course, Dominos. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcqlobal.net

Town Hall Meeting



Sunday, March 19th, after the Service

Please stay and attend! We want your input!

The Board

Green Team

Sunday, March 26, 12:30am

Do trees communicate? Do they have a system of caring for each other? The answer is yes, according to scientific exploration and those who have studied trees for decades.

The Green Team will show the film, Intelligent Trees--The Documentary, at the March event. The Green Team invites junior high and above students to join us for the 45-minute film for a fun and educational experience. Green Team refreshments will be available downstairs prior to the film. The film will reveal that trees talk, know family ties, and care for their young.

In April, the Green Team will meet at 7 p.m. Friday, April 28 and show the film "Thrive" which may be an important message in today's world for many of us. Refreshments will be available after the film.

Green Team still can be seen in 2017!

Food Pantry Drive





For the month of March, our church will be collecting non-perishable food items for the Batavia Interfaith Food Pantry.

Last day to bring in donations is Sunday, March 26th

Some of the items needed are cereal, canned stew, beef chili, plain pasta, baby food stage 3, Ramen noodles, sugar free foods and more. Please pick up a complete list of items needed and place your food donations in the large container at the table. Also remember to check the expiration dates on your donations.

The mission of the food pantry is to provide food relief to the economically disadvantaged residents of Batavia and Batavia Township. They provide a friendly environment where people in difficult circumstances can obtain the necessities and maintain their dignity.

Please contact Beth Johnson for more information: bethmjohnson@comcast.net

Women's Painting Party

Ladies! Come paint with us at

UNITY OF FOX VALLEY
230 Webster Street, Batavia
on FRIDAY • MARCH 31st

Please arrive by 6:00pm.

Painting starts promptly at 6:30pm. Ends around 9:30pm.

You don't need to be an artist to enjoy an evening out with your friends painting. Step-by-step instructions & supplies provided by The Traveling Canvas Paint Parties www.facebook.com/travelingcanvas/

Hosted by Unity of Fox Valley
RESERVATIONS & PRE-PAY REQUIRED
DEADLINE: SUNDAY, MARCH 19TH

YOUR PAYMENT RESERVES YOUR SPACE!
For more info and to reserve a seat, please contact
Kathleen in the Church Office;
churchoffice@unityoffoxvalley.org
630-579-1115

We will be painting
Moonlit Trees

INCLUDES:

16" x 20" canvas with hanging ribbon. Use of...Paints, Paint Pallets, Easels (for up to 30 guests) Paint Brushes, Rags, Water buckets. NOT INCLUDED:

Aprons/smocks, Assigned seating

Please write \$35 check out to Kellie Biggott by March 19th. Cash also accepted.

Additional questions about the

The Traveling Canvas Paint Parties can be directed to 630-213-2867
www.facebook.com/travelingcanvas/

Volunteer Ministry

What can I say but THANK YOU! THANK YOU! to everyone that volunteers for ANYTHING and EVERYTHING. We really do have awesome volunteers. Which leads me to our annual VOLUNTEER FAIR which we will kickoff on SUNDAY MARCH 12th. We have decided to hold it downstairs and leave the sign up sheets available thru the end of March.



So please stop down, have a cup of coffee, and see what speaks to your heart. Some of our ministries are going to be combined again to streamline the process. It is all about keeping things simple, easy and fun!! Please sign up again on any team that you are on and wish to continue. This gives us an updated list and any e-mail or phone corrections that we may need.

Have you noticed the scrumptious goodies that have been appearing in our wonderful cafe?? Lets' give Mary Ann Anthony and her team a very big hug and thank you for all of the beautifully presented comfort food. We are fed Spiritually and physically, what more can you ask for!!

Have a wonderful March!! April will be busy with our Easter feast and all of our special Easter activities that are planned.

Love and Blessings!
Bobbi Severson, <u>bsever4785@gmail.com</u>

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways that just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Idaho Blue Spruce Essential Oil

It contains high percentages of alpha-pinene and limonene. It enhances spiritual connection and awareness. Limonene is mostly contained in citrus oils such as Grapefruit and Lemon. The Native Americans used Blue Spruce for spiritual and practical reasons.



How to Use. Apply 2-4 drops directly to desired area. Dilution not required except for the most sensitive skin. **Aromatic:** Diffuse up to 1 hour 3 times daily.

Easter Feast



Sunday, April 9th, after the Service

Please sign up in the Fellowship Hall to bring a dish to share, set up &/or clean up



Eclipse Retreat at Unity Village



Save the Date:

Friday, August 18 - Monday, August 21

Make plans to join us on an adventure to our spiritual home, Unity Village, near Kansas City, MO.

We will spend the weekend at Unity Village and then experience the Great American Eclipse of 2017 (total solar eclipse) which will be visible in only a very narrow path of the US.

We'll tour Unity Village grounds and learn our history, visit Silent Unity, walk the labyrinth, enjoy 1200 acres of hiking trails, and have time for rest and retreat.

More details coming soon.

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick

THANK GOODNESS February is OVER! From November through February I'm soooo very busy!

So now what? Take a moment to breathe and start Spring Cleaning!

Galen is in an upcoming play right here in <u>Batavia</u>. Ava is my beautiful purple haired teen and life is SOOO GOOD!

Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.

Many blessings, Kathleen Malick



Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

https://www.facebook.com/unityoffoxvalley

On Going Activities

- A Course in Miracles 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- Alcoholics Anonymous meeting. Tuesdays at 6:00pm.
- Men's Group Meeting the first and third Tuesday of each month at 7:00pm,
 September through May.
- Overeaters Anonymous meeting. Sundays at 5:00pm.
- Women's Group Stay tuned for upcoming events.
- Women's Wisdom Circle 3rd Saturday of every month from 3:00-4:30pm in the Adult Ed Classroom.

• <u>Unity Green Team CommUnity Event</u> - 4th Friday, January through April; August through October;

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org fax: 630.879.1728 www.unityoffoxvalley.org prayer line: 630.879.1129

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