



March 2020



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Lions and Lambs



Often, we hear the phrase, and more correctly the hope, that the lion shall lie down with the lamb. This in the hope that peace will come even to those areas and relationships in which peace seems way out of reach. The expression originated from Isaiah 11:6.

Actually, modern references have gotten things mixed up. In the actual passage prophesies a time when the wolf will lie with the lamb; the leopard with the goat; and the young lion with the calf. Still the message is the same: it is peace and acceptance across really strong defines boundaries that will prevail.

All of these scenarios and references with the animal kingdom seem highly unlikely to occur. It makes one wonder if they are more or less likely than erasing those boundaries and reducing the polarization that exists among us, particularly in the political world. Ironically, I suspect that regardless of where individuals may stand on either side of things, there is an inner knowing that the separation ultimately is unhealthy for everybody. There

can be no growth unless the eventual outcomes are win-win. Short-term there may winners and losers, but long-term it never plays out that way.

Do we lose sight of the fact that the same thing applies to us individually? Do we not have parts of us that are lambs and wolfs and leopards and goats? Are there not parts of us that are calves and young lion cubs? Within ourselves we are charged with dissolving the boundaries so that we can become whole. This calls for some difficult struggles, but every struggle provides a new opportunity to make it happen. If we want to change the world, we truly must become the change we wish for the world. There are no short-cuts.

Later in the Isaiah chapter, there is some simple advice as to how to make it happen. Paraphrasing it, we learn that we must become like little children. Seems like I heard that someplace before...

Happy St. Patrick's Day!

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

Note from the Board

The first of the year brings a new church board and board officers. The early part of this year is being devoted to getting everyone up to speed and planning for 2020. Some of the projects taking place now are a review and suggested additions to the church bylaws,

introducing everyone to our finances, and figuring out a simpler but still accurate way to communicate those finances to the congregation. Remember that board meeting minutes, including the treasurer's monthly report, are posted on the bulletin board.

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

For the month of March, the youth will be exploring the Power of *Strength*. The color for this power is **Light Green** and the **Disciple is Andrew**. For fun, we will lift weights (small hand ones, of course) and do powerful Hatha Yoga! These activities are not only to enhance our physical strength, but also to uplift our mental and spiritual strength with an understanding that all strength comes from the Christ within.

The youth will continue to be uplifted throughout the month while engaged in the inspiring "*How to Keep a True Lent*" series reflecting on the life, miracles and parables of Jesus as well as delving into Unity's Third Principle.

Also, this month will be our annual **Teen Lock**, and we are excited that several teens and their sponsors from other local Unity churches will be joining us for a night of fun and

fellowship starting on **Saturday, March 7** at 4 pm and ending on **Sunday, March 8** at 11 am. Registration/Heart Agreement forms and a fee of \$10 per attendee is due no later than Sunday, March 1.

Lastly, mark your calendars for our annual **Intergenerational Service** to be held on **Sunday, March 15**, during the 10 am service upstairs in the sanctuary. This year's theme will be *Empowering our Twelve Powers* and will involve a dedicated participation of not only the youth of all ages, but several of the adults in our congregation as well. We are so appreciative of everyone's loving commitment! We are looking forward to this being one of the best, memorable and inspiring Intergenerational Service ever!

Happy Spring!

Many blessings,

Ms. Mary, LUT, CSE

marynowroozi@comcast.net



Bhagavad Gita Class



Sundays, March 1st & 15th, 11:45-1:15pm

Adult Ed Room

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

Men's Group



Tuesdays, March 3rd & 17th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

Foundations of Unity



Wednesdays, March 4th - April 8th, 6 weeks, 7 - 9:00 pm

SEE HTS 100 Foundations of Unity

**Building consciousness, knowledge and skills in any endeavor
begins with learning the foundational principles.**

This is a new combined course designed to be the first course students take when embarking upon any of the Unity Worldwide Spiritual Institute's learning paths. Students will explore foundational principles from ***Lessons in Truth, Discover the Power*** and

other historical texts. We'll explore the nature of God, denials and affirmations, the metaphysics of Jesus, and more.

Course Credit Available. Seeking SEE credits is not required to join this course.

Required books: All can be purchased on Amazon: Click on the book title to take you to that item..

- Cady, Emilie. [Lessons in Truth](#). Unity Village: Unity, 2005
- Butterworth, Eric. [Discover the Power Within](#). New Your: HaperOne, 2008
- Fillmore, Charles. [The Revealing Word](#). Unity Village: Unity, 2005

For more info, please contact Maria Cosentino LUT:

mlcosentino@gmail.com 630-493-4432

A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, March 6th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Women's Social Club

Women's SOCIAL CLUB

A NEW GROUP HAS FORMED!

The Women's Social Club is for any woman that wants to attend events and have some fun with one another! Events are planned as they come up and we are always open to new ideas. The first is below! Come out and have some fun with friends!

Feel free to contact Diane Crompton: dianeLcrompton@gmail.com or Kathleen Malick: churchoffice@unityoffoxvalley.org for more info about this group.

Orchids by Kausermann's 58th Annual Open House Show & Sale



Saturday, March 7th, 9am

Show & Sale Includes:

- Tour our Beautiful 3.5 Acre Orchid Greenhouse
- Potting Demonstrations
- Blooming Orchid Displays

- Guest Growers
- Complimentary Refreshments
- *Free Admission & Parking*

Where we will meet:

- Please meet in the **church parking lot at 9am** to coordinate car-pooling among yourselves **OR**
- Meet at **Hausermann's: [2N134 Addison Rd, Villa Park](#) at 9:30am**

Please sign up at the Sign Up Table so we know to expect you!

Please contact Kathleen Malick for more info: churchoffice@unityoffoxvalley.org
(fyi - she will be going directly to Hausermann's)

Regional Lock In



Saturday, March 7th, 4pm to Sunday, March 8th, 11am

The teens will be spiritually empowered while having fun!

Sarah and Joey DuRocher (former YOUers/YOU Regional Officers) and Mary Nowroozi, LUT, will be sponsoring the teens.

**All Registration/Heart Agreement forms and
payment of \$10 per attendee is due by Sunday, March 1st.**

Any concerns/questions, please contact Mary at marynowroozi/@comcast.net

Daylight Savings Time

spring forward not back



daylight savings | march 8th, 2020

Intergenerational Service



Empowering Our Twelve Powers

Intergenerational Service

Sunday, March 15th, 10am

Unity of Fox Valley Spiritual Sunday School will be presenting their annual Intergenerational Service. This service promises to be very whimsical, informative and inspirational as it reflects on Unity's Twelve Powers in a whole new light! Youth of all ages will be involved to make this a most memorable service!

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Volunteer Fair

VOLUNTEER FAIR

Sundays, March 15th & 22nd, after the Service

We will be having our Volunteer sign up!

Please stop by and see what interests you and sign up. Even if you are currently on a team, we would like you to sign up again.

We are so blessed by our many volunteers and want you to know just how grateful we are for your time and talent!

For more info., please contact Bobbi Severson: bsever4785@gmail.com

Oil of the Month



Oil of the Month

Sunday, March 15th, 11:30-Noon (Please note time change)

Conference Room

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

Vitality Water Drops! Water never tasted so good! YL Vitality Drops let you hydrate naturally without sugar or artificial colors with the delicious flavor of Lavender Lemonade or Grapefruit Bergamot; either flavor takes your water or favorite beverage to the next level. Formulated with naturally occurring electrolytes from the Great Salt Lake, Utah, and all-natural flavors including YL essential oils, a few drops of YL Vitality Drops will keep you hydrated and feeling great! Plus, don't miss out on some fantastic discounts for in-stock items, and take home samples. See you there!

For more information, please contact Barbara DuRocher: barbarajdurocher@gmail.com
or Nancy Gouch: nancygouch@att.net

Welcome to Unity Class

Welcome to unity

Saturday morning, March 21st,
10:30-Noon *OR*
Monday evening, March 23rd,
6:30-8pm

We will be holding the "Welcome to Unity" class this March. This class will be taught by Rev. Mike and is a great way to learn about Unity teachings, Unity of Fox Valley, to ask questions, and to get to know other members of our spiritual family.

If you would like to become a member of Unity of Fox Valley you need to take this class but everyone may attend.

Come join us!

Required books will be available in class:

- "Alternatives" by William Fischer **\$11/each**
- "Unity: A Quest for Truth" by Eric Butterworth **\$11/each**

For more information, please contact Rev. Mike: revmike@unityoffoxvalley.org

For more info., please contact Rev. Mike: revmike@unityoffoxvalley.org

Adventures with Alcohol Inks

Adventures with Alcohol Ink

Sunday, March 29, 1-3pm



Join Donna Beichel and try your hand at Alcohol Ink! The first hour would be information about alcohol ink, color and tools. There will be a demonstration of techniques with an opportunity to practice them. Alcohol inks are exciting, because there are so many

ways to create with them. There are many techniques and surfaces to use with alcohol ink.

- Participants need to wear old clothes
- **\$25 per person made payable to 'Donna Beichel' due PRIOR class** (*After the supply costs, the rest will be donated to the church*)
- All supplies will be provided

Please register and submit your payment at the Sign Up Table.

Please contact Donna Beichel for more info: idui@sbcglobal.net

Prayer Chaplain Ministry



Wow! It's been a year already since we became co-coordinators for the Prayer Chaplain Team. Although, in the beginning, it felt a bit intimidating to follow in Marge's footsteps, we have been wonderfully supported by the rest of our team: Eliza Sutherland, Wanda Faye Holmes, Lucy & Carl Klemaier, Rev. Mike and, of course, all of you, our spiritual family.

In December, our PC team was blessed to welcome back Maria Cosentino and Mary Nowroozi as active prayer chaplains. We are all looking forward to continue to pray with you after service each Sunday, during our monthly prayer calls and at the Healing Service on the first Friday of each month, or anytime you may need prayer support. Please remember that when we pray with you we lovingly listen and hold everything shared in complete confidence. Your requests are always held in the sacred space of limitless possibilities - in God's love and

Love & Blessings

Bobbi (Severson) & Marie (Manella)

Volunteer Ministry

THANK YOU TO OUR HESED HOUSE

VOLUNTEERS!! We covered two days in February thanks to Judy, Melissa, Marie, Cecelia, Nancy, and Pam!! Great Job ladies!! AND THANKS TO our generous church family, **we donated over 277 pairs of socks to the Hesed House!!** They were so grateful!!!



We are so grateful that **Wanda Faye Holmes has stepped up to be our Outreach Coordinator**, so if you have any outreach ideas to assist our community, feel free to contact Wanda Faye and thank her for taking on this task!

We looked so pretty the month of February!! **Thanks Mary Ann and Kathleen for all the fun and colorful decorations** to keep us in the mood for love!!

VOLUNTEER FAIR March 15th and 22nd!!!! A little later this year, but we will have our volunteer fair. Some of the Ministries will be combined and we may look a little different, so please join us on one of those Sundays! I encourage you to "renew" your membership so to speak and sign up for Ministries that you are already a part of and maybe consider ones that you haven't tried yet. This gives us the opportunity to make sure we have your information correct and to know who we can contact!!

Volunteers are the cornerstone of all church ministries, and I must say, I think we have one of the absolute best group of volunteers anyone could have!! So thank you!! We are blessed and you are the blessings!!

Enjoy the March Madness!!!

Bobbi Severson

bsever4785@gmail.com

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

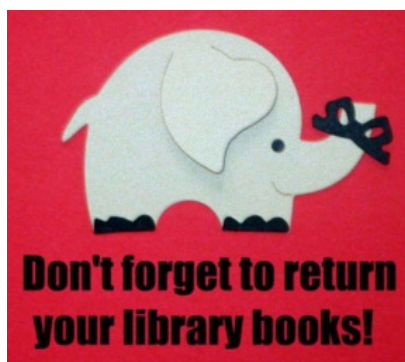
Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

**Please remember to return
your library books!**



If you have books out from the Library and you have had them for awhile, please remember to return them!

Looking Ahead



- 4/5: [Palm Sunday & Easter Feast](#)
- 4/10: [Taize Service](#)
- 4/12: [Easter & Easter Egg Hunt](#)
- 4/23-25: [Prayer Chaplain Trainer's Workshop](#)

AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

Donate items from our Charity List
Shop Now

charity lists
amazon smile

Occasionally, we need to restock our supplies. You can help!

Just click on the [here](#) to see what we need!

News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings
of our Office Manager, Kathleen Malick.*



Alright - let's share some fun things with you! As you know, Ava just had her SWEET 16th Birthday! She is pictured her in her Concert Dress. She is a flutist in Wind Ensemble in her High School. ONLY the best of the best gets into this ensemble and she is only 1 of 2 sophomores! As you can imagine, this Straight A, Honors Student makes me proud!

I can't remember if I already told you, but I was diagnosed with Hip Arthritis thus virtually ending my running BUT that doesn't keep me from being active! The middle picture is when I shoveled ALL the sidewalks from my house to the local elementary school. It

seems like the homeowners weren't doing it and kids had to walk over snow that would eventually turn to ice, so I picked a Friday and took care of it. If you are wondering, that is about a 1/2 mile of sidewalks.

Hubby's current play is almost over but his bread baking hasn't stopped! I just wanted to share this loaf cuz it's beautiful! Don't let anyone ever tell you can't have bread - unless of course you are intolerant to gluten... but they have gluten free bread for that so ENJOY!

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team Community Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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