



May 2017



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Dear Spiritual Family,

May is the month that honors mothers. Happy Mother's Day to those who have given birth, to mothers of the heart, and anyone who has stood in the position to love, support and nurture.

Several days ago my sister and I were reminiscing about our growing up and some of my mothers sayings.

"If your beds are made and your dishes are done your house is half clean."

"Don't go out of the house before you check yourself in a full length mirror."

"There's no accounting for taste!" meaning . . .the person my mother was referring to obviously didn't have any taste.

It's interesting how those comments and sayings stay with us. Some of the sayings are instructive, some are helpful as we move on in life, and sometimes they're not.

What kind of sayings or remarks did you grow up with? Were they mostly instructive and supportive? Or were they negative or snide or sarcastic?

So much of what we hear in our formative years molds who we are today. I know when I get up in the morning I make my bed and there are rarely dishes left in the sink overnight.

In this month that celebrates mothers I say . . . "thanks, Mom," for all your words of wisdom and even the tongue-in-cheek ones.



Love & blessings,
Rev Jan

Church Survey

Dear UFV Congregant,

The Board of Trustees is conducting a survey of the church's ministries and for upcoming fundraising. A survey of youth education ministry has already been completed.

The purpose of this survey is to obtain feedback on what is working and what we can improve. The survey will be available at the church on May 7th and should be returned by May 21st. Thank for your participation. More information is contained in the survey.

Sincerely,

The Board

The Quest



The Quest- A Journey of Spiritual Re-discovery

Join Rev Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

In the words of a student of the course -“This book is NOT religious but it IS spiritual. Doing the Quest with a group is a great way to dig deep into our lives and understand what is holding us back from living a more fulfilling, spiritual life that allows us to be all that we are meant to be. The Quest is a valuable tool for opening the door into a deeper spiritual understanding. If your life is stuck and you don’t feel like you are where you want to be, make a commitment to doing the 48 lessons. The results will be amazing.”

Sundays, after the Service, 11:30 – 1:00pm
Love Offering Basis

Books Needed: [“The Quest”](#) and [“Adventures on the Quest”](#)

Youth Education for the Younger Crowd

For the month of May, the Youth will be reflecting on the power of Power! The Disciple is Philip and the Color is Purple. The youth will explore several Bible stories that reflect the powerful Miracles and Healings of Jesus and on how these stories are still relevant for us today as messages for enhancing our spiritual growth.

Speaking of exploring, several of our Uniteens along with a parent and myself will have the opportunity to explore our spirituality through fun, interactive group activities at the upcoming **Spring Uniteen Retreat!** This event will be held from **May 5 to May 7** at Camp Lutherdale in Elkhorn, WI. These activities include group sharing, meditation, prayer and games as well as time to share meals and a time to release our energy through dance!

Also for the month of May, all of the youth, teachers and aides will be blessed and honored at our annual **“Roots and Wings”** Ceremony to be held on **Sunday, May 21**, upstairs in the sanctuary during service. The youth who are “winging-up” to the next group will receive a special certificate that honors their spiritual growth from the previous group, and all youth, teachers and aides will be presented with a beautiful flower as they walk The Twelve Powers Path.



Sunday, May 21st, during the Service

This will be a sacred, reflective time when we will honor and celebrate all the youth, teachers and aides. The youths who are “winging-up” to the next group will receive a special certificate that honors their spiritual growth from the previous group.

All youth and teachers will be given a beautiful rose after they walk The Twelve Powers Path.

Afterwards, please join us downstairs for a delicious “Ice Cream Social” graciously hosted by our own Business Manager, Kathleen Malick, and her family. This will be a perfect opportunity to mingle with others and to congratulate the youth while enjoying a yummy treat! Thank you, Kathleen!

We are looking forward to a very exciting month of May!

Many blessings,

Ms. Mary, LUT, CSE

marynowroozi@comcast.net

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

May 5th, 7:00pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: romax52@aol.com

Game Night



Friday, May 19th, 7:00 pm

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: mickeyc115@sbcglobal.net

Ice Cream Social



The poster is a vertical rectangle divided into several colored sections. At the top left, a red section contains the text 'ICE CREAM SOCIAL' in white, bold, serif font. To its right, a teal section with white polka dots contains the text 'Stay to have dessert first!' in blue, italicized, sans-serif font. Further right, a brown section features a white soft-serve ice cream cone on a yellow wafer cone. Below the red section, a large black section contains a large, detailed illustration of a soft-serve ice cream cone with light green and white swirls on a pink and white patterned wafer cone. To the right of this, a yellow section contains the text 'Sunday May 21st' in white, serif font, followed by a horizontal line of white dots, and then 'After the Service' in white, serif font. Below the yellow section, there are two smaller sections: a teal one with a red ice cream cone and a white one with a yellow ice cream cone. At the bottom, an orange section contains the text 'Enjoy a treat hosted by our own Business Manager, Kathleen & her family!' in dark brown, sans-serif font.

ICE CREAM SOCIAL

Stay to have dessert first!

Sunday
May 21st
.....
After
the Service

Enjoy a treat hosted
by our own
Business Manager,
Kathleen & her family!

Green Team

Following the two most recent scheduled documentary films, Before the Flood in March and Thrive in April, the Green Team will turn its attention to the wellness fair, **Green Faire on the Fox** portion, **Saturday, June 3** at the Batavia Riverwalk from the **morning to 4 p.m.** We will have a Green Team table and a children's table in the Batavia City Council chambers available to promote both portions of Unity of Fox Valley to the viewing public. Sign-up to participate in rotation with the administration at each table will begin soon. The following event will be in the fourth week in July and run the fourth week through October.



All events help present Unity of Fox Valley to the public and are open to the public to participate with Unity of Fox Valley.

The Green Team is a bridge between, in 2017!

Volunteer Ministry



GRATEFUL, GRATEFUL, WE ARE SO GRATEFUL!!! Taize' and Easter Services were beautiful, the feast was yummy and filled with laughter. Thank you to our talented Music Team!! Thank you Deb for all of your hard work and coordinating once again this year!! There was so much that went on behind the scenes to beautify and "eatify"!! Thank you to everyone that helped make this all possible.

Speaking of beauty, Spring has sprung and we look beautiful!! The Landscape worker bees have really been busy front and back to make us ready and popping with color!! A small but mighty group of green thumbs!! We are so blessed!! THANK YOU!

Volunteering comes in many different forms, sometimes it shows in the way we support our events going on in our Church Community. We have dedicated causes, like the Green Team who work diligently to educate about the best way to take care of our environment! Our Outreach Committee looks for ways to give back to our community. We have fun things going on also, like our Game Night, which is a great way to bond and get to know one another in a fun and (sometimes competitive) atmosphere! Each time you attend one of these events, you are in essence "volunteering" to support these groups who give of their time and talent to make it available. So much happening each

month that gives you the opportunity to be involved. Let us know if you have any ideas to improve or add to our events that take place. And.... if there was a team that you didn't sign up for, it is never to late!!

Blessings for a wonderful May!!

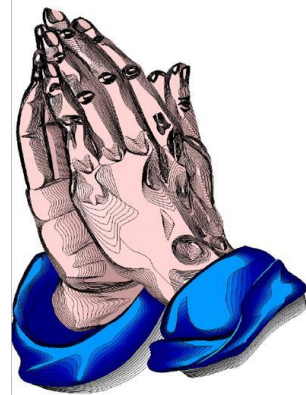
Love and Blessings!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains

Did you know that our prayer chaplains are available to Unity of Fox Valley members for home, hospital and nursing home visits? You may request them to pray with you at anytime.

Call the office at 630-879-1115 or email us at office@unityoffoxvalley.org



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

Ylang Ylang

Properties: Antidepressant, antiseptic, antispasmodic, sedative and tonic.

Body Systems Affected: Calming, crying, hair loss, high blood pressure, hyperpnea, mental fatigue, relaxing, stress, and tension



Application: Apply to Vita Flex Points and/or directly on area of concern, diffuse. It may be beneficial when applied over the Thymus(to help stimulate the immune system)

Community Outreach

Volunteer opportunity in the Soup Kitchen at
HESED HOUSE

Hesed House has asked Unity of Fox Valley
to volunteer in the Soup Kitchen



Monday, June 12 and Friday, June 16

Located at 659 South River Street in Aurora.

Adults and children over 12 years old are welcome.

Please sign up on the sheet at the table
in the sanctuary.

**They need 6-7 people to work
from 10:00 to 1:00 each day.**

Please contact Beth Johnson for more information: bethmjohnson@comcast.net

Eclipse Retreat at Unity Village

ECLIPSE RETREAT

2 0 1 7

Friday, August 18th – Monday, August 21st

You are invited to a wonderful retreat at the heart of our Unity movement, Unity Village.

What we're planning:

- Tour the Village and learn it's history
- Time to walk the Labyrinth
- Attend service in Unity Chapel
- Spend time at Silent Unity the center of over 100 years of prayer
- Explore the 1200 acres of grounds and woodlands
- Relax and renew with an afternoon retreat
- Visit Kansas City
- Be present to experience the Total Solar Eclipse of 2017 celebration
- And more. . .

Registration starts: April 9th

Price: Single occupancy \$500.00
Double occupancy \$350.00
Price includes 3 nights room at the beautiful Unity Hotel, bus transportation, speakers, 3 breakfasts, 2 dinners and tips.

**Registration deadline
and ½ deposit due: May 21st**

Final amount due: June 25th*

*After June 25, NO REFUNDS for cancellation. There are expenses that we will not be able to recover after that date

For more information, please contact Sandy Donnelly: sjdonnelly1938@gmail.com

Women's Ministry



Women's Painting Party March 31st

We had such a great time at the painting party! Please [click](#) here to see all the photos!
Thank you to [The Traveling Canvas Paint Parties](#) for the wonderful time!

AmazonSmile



Unity of Fox Valley is signed up for AmazonSmile!

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. When you shop at smile.amazon.com, you'll find the

exact same low prices, vast selection and convenient shopping experience as Amazon.com, with the added bonus that Amazon will donate a portion of the purchase price to Unity of Fox Valley!

When you click on the link below and make a purchase, AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

So get your Christmas Shopping done while benefiting UFV at the same time!

Please click on this link to start shopping!

<http://smile.amazon.com/ch/36-2889899>

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick



Ahhhh! MAY! I love May!

Mother's Day is in May!

I plant my flowers in May!

It's Spring and thus time for Spring Cleaning!!

I'm slowly clearing out my life of stuff. The stuff seems to be causing me stress. The stress of owning stuff. If you are feeling bogged down with the responsibilities of owning stuff, then slowly let it go.

It's freeing and feels so good!

Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.

Many blessings,

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team CommUnity Event](#) - 4th Friday, January through April; August through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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