



May 2018



## Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education  
Come join us at 10:00 am

## Ministerial Musings

Dear Spiritual Family,

May is the month that honors mothers, and I was thinking about my own. When I got up this morning and made my bed I was thinking about one of her many sayings . . . "If your bed is made and your dishes are done, your house is half cleaned." Moms have lots of sayings like that, at least my mom did, but more than her bits of wisdom and advice, I remember most of all what she did.

I can never remember my mom going to bed without saying her prayers. No matter how late it was or how busy she was it was the last thing she did before bedtime. Looking back I know that habit sustained her and comforted her through many challenges in her life. Without saying a thing, without telling me what to do, she taught a lesson deeper than words could convey.

As parents, what lessons are we teaching our children about love, generosity, kindness and spirituality - really?

Thanks, Mom for both the spoken and unspoken lessons.

Blessings,  
Rev Jan



## A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

## Spirituality 2.1

If you have a smart phone, an iPad or have ever worked on a computer, then without a doubt you are familiar with the dreaded “update.” An update is an adjustment or modification of the software. Theoretically it might be regarded as a technological improvement. At the start they explain that these are necessary to fix certain “bugs,” or to make necessary improvements.

So why do I refer to it as “dreaded?” Because these so-called updates or upgrades always seem to come at an inopportune or inconvenient time. They always seem to be interruptions when we are in the middle of doing something else. I recall a time when I was about to make a major presentation in a class at seminary, and Microsoft decided that at that specific time that it was time to install an update. There was nothing to do but wait out the 15 minutes that this took. Talk about an imposition! And for what? My presentation was going to be great using the previous version of the software.

Furthermore, after the update things just are never the way they were. Items are not where they used to be and also are not what they used to be. New things often are added

and things I used to use all the time sometimes disappear altogether. In some cases, entire applications become obsolete because they no longer are compatible. What do you mean I no longer can play Donkey-Kong???

Very often our spiritual journeys can be viewed in an analogous way. We go about our business trying to discover and reconnect with Spirit and our Christ essence when suddenly something comes along and insists that it is time for an upgrade. Previous ways of thinking or previously held beliefs need to be updated to include fixes and eliminate bugs. And just as the case is with technological updates, the timing of these in our lives never is convenient or right. Changing perspectives and learning new operating systems never is. In the end though Spirituality 2.1 or Consciousness 11.2 always is much better than what was.

Rev. Mike

## Note from the Board

The Board discussed plans for a Fall Diner Dance Event . [Cougars Game](#) for June 15th - in the evening at 6:30 pm. \$5 & fireworks. Poster are available for the [Posi Concert](#). Cyber Sunday is likely for Sunday Service 5/20th. Board discusses bathroom remodeled and voted to pursue this project Rev. Korpan will look into cost.

*The Board*

## Youth Education for the Younger Crowd

For the month of May, the Children's Church and Juniors will be reflecting on the power of POWER! The Disciple Philip and the Color Purple are associated with this power. The children will explore several Bible stories that reflect the powerful Miracles of Jesus that include Loaves and Fish, the Raising of Lazarus, and Calming the Storm.

Now that spring has finally arrived, we will be taking the youth outside for quiet, meditative walks around the neighborhood to enjoy all the delightful sights and smells of spring. Please have your youth bring a sweater or light jacket on cooler mornings.

Also, please join us for our “[Roots and Wings](#)” Ceremony on Sunday, May 20, upstairs during service. We strongly encourage all youth and teachers to participate in this beautiful ceremony for this will be a sacred, reflective time when we will honor and celebrate all the youth and those involved with our Youth Ed program. Those who are “winging-up” to the next group will receive a special certificate that honors their spiritual growth from the previous group.

Once again this year, our Business Manager Kathleen Malick, has so lovingly offered to host a yummy “[Ice Cream Social](#)” to be held downstairs after our “Roots and Wings” Ceremony! We so greatly appreciate Kathleen! Yeah!

Lastly, we express deep gratitude for all who contributed love offerings for the Teens’ Bake Sale and for our Movie Night last month. The proceeds will be used for upcoming youth outings such as bowling and roller skating. We will keep everyone posted on the dates.

Many thanks and many blessings to all,  
Ms. Mary, LUT

## Men's Group



**Tuesday, May 1st & 15th, 7:00 pm**

The Men's Group meets the first and third Tuesday of each month,  
September through May at church. All men are invited to join!

## Healing and Wholeness Service



## HEALING AND WHOLENESS SERVICE

**Please join us on Friday, May 4th, 7:00 pm**

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

***First Friday of every month!***

For more info., please contact Rose Maxson: [singingalong77@gmail.com](mailto:singingalong77@gmail.com)

## Sue Riley Choir Workshop



# *Sue Riley Choir Workshop*

**Saturday, May 5th  
1 – 3:30pm**

## ***FREE WORKSHOP!***

Have you ever wanted to sing in an ensemble or a choir but can't read music or someone told you just to move your lips and not sing out? This is your opportunity to be part of a fun and entertaining workshop.

Sue is the music director at Unity Clearwater in Florida and is one of the powerhouses behind the emPower Posi Music Festival and the Posi Concerts that travel around the U.S.

Directing from the piano Sue will take us from Ho Hum to Hallelujah in just a couple hours.

All are invited no matter what your skill level.

This is my gift to all you song birds who never get a chance to sing.

***We'll start warming up at 1:00. I'll be there – will you?***

**PosiPalooza Concert**



# PosiPalooza!

*Join us for an evening of fun  
for the whole family.*



Daniel Nahmod   Megon McDonough   Sue Riley

*All three of these exceptional artists are multi-award  
winning songwriters. Join them for a fun and  
intimate evening of love, laughter and family fun.*

**Saturday, May 5th, 7pm**  
**Unity of Fox Valley**

**230 Webster Street, Batavia**  
**630-879-1115**

***Tickets: \$20/each at Unity of Fox Valley or  
[www.empowerma.com/PosiPaloozaTicket](http://www.empowerma.com/PosiPaloozaTicket)***

**emPOWER** )))  
MUSIC & ARTS  
*Positive, Empowering, Uniting*

**Children  
under 12  
are  
FREE!**

Tickets can be purchased now by clicking [here](#)  
or at the door!

## Oil A Day Class



**Sunday, May 13th, 11:45-12:15pm**

**2nd Sunday of the month - Adult Ed Room**

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

This month we will be talking about the oil blend **Acceptance** and how it may help stimulate the mind to open up and accept new things in life.. Class falls on Mother's Day but we will still be holding class at our usual time..

Walks ins are always welcome but signing up will help make sure there are enough materials for everyone. If your schedule frees up at the last minute we still would love to have you.

Please register at the Young Living Table ~ Love Offering Basis.

For more information, please contact Lisa Carpenter:

630-632-2105 or [familyof3plus2@sbcglobal.net](mailto:familyof3plus2@sbcglobal.net)



## Roots & Wings



***Sunday, May 20th,  
during the Service***

This will be a sacred, reflective time when we will honor and celebrate all the youth, teachers and aides. The youths who are “winging-up” to the next group will receive a special certificate that honors their spiritual growth from the previous group.

All youth and teachers will be given a beautiful rose after they walk The Twelve Powers Path.

For more info, please contact Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Ice Cream Social

*It's an*  
Ice  
cream  
*Social*



*STAY TO HAVE DESSERT FIRST!*

**Sunday, May 20th**  
**After the Service**

ENJOY A TREAT HOSTED BY OUR OWN  
BUSINESS MANAGER, KATHLEEN & HER FAMILY!

# Vegan Options will be available

Limited amount.  
First come First Serve



## Green Team

The DVD Earth Days, an award-winning Sundance Film Festival portrayal of what led up to and has happened since the first Earth Day, April 22, 1970, was a part of the [Green Team](#) event at church Sunday, April 22 (Earth Day).



The movie was broken up into two parts. We saw part one.

We continue to collect an increasing amount of polystyrene in the bin adjacent to the Green Team food table each Sunday. Keep up the good work! A half-loaf remains better than no loaf. We must continue our collection of the No. 6 triangle for food containers and packing foam. They are taken to Dart Container Corp. in North Aurora. There are too many who either do not understand its importance, or, do not care.

We must care!

Thank you!

Still Going Green in 2018

## Volunteer Ministry

VOLUNTEERS NEEDED TO HELP FIND SPRING!!! We know it is lurking out there, Mother Nature just might need a little extra help to "spring" it forward!! Any takers??



I am sure the [LANDSCAPE COMMITTEE](#) can use extra hands for Spring cleanup and beautification! If this is something that interests you, let me, Cecelia Slade or Larry Shaeffer know and we can let you know work days!!

MUSIC, MUSIC, MUSIC!! Don't forget the [Posi Concert](#) and [Sue Riley Choir Workshop](#) on May 5th! Thank you to all the volunteers that stepped up to help sell tickets!!

VOLUNTEERS NEEDED for ticket sales for the [Brad Newquist Concert](#) coming up June 24th. We will begin Ticket Sales on May 6th thru June 24th. If you can help one or two Sundays, please let me know. We had a great system for the Posi concert that worked out well.

GAME NIGHT VOLUNTEER OPPORTUNITY: We are looking for someone that would take over hosting this monthly event the 3rd Friday of every month. We have had a few core supporters and always have fun playing Mexican Train Dominoes. This is a great way to socialize and just wind down at the end of the week. Let me know if there is an interest in keeping this going!!

We can never say Thank you enough for all of our wonderful volunteers!! You make it happen in so many ways!!

Have a Blessed month!!

Bobbi Severson, [bsever4785@gmail.com](mailto:bsever4785@gmail.com)

## Prayer Chaplains

The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!



## Young Living

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order in the Fellowship Hall by the 15th of each month!***

For more info, please contact Lisa Carpenter: [familyof3plus2@sbcglobal.net](mailto:familyof3plus2@sbcglobal.net)

## Volunteer Opportunity





SOUP  
KITCHEN



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# VOLUNTEER OPPORTUNITY

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**Monday, June 11 & Friday, June 15**

**10:00am to 1:00pm**

**6-7 volunteers are needed for each date!**

**659 South River Street in Aurora**

*To feed the hungry ...clothe the naked ...shelter the homeless.  
To give people the chance to hope again.*

**HESED HOUSE** is a not-for-profit coalition of religious ministries serving the very poor in the Fox Valley area.

***This is a wonderful way  
for families to volunteer together.***

***For more info., please contact Beth Johnson:  
[bethmjohnson@comcast.net](mailto:bethmjohnson@comcast.net)***



**Save The Date**



# Batter Up

**June 15, 6:30 pm**

**We have a fun evening planned for the whole family.  
Enjoy an evening baseball game on a gorgeous field.  
Easy to get to, lots of parking & fun stuff for the kids.**

**Brats, pretzels & beer for adults. Corn dogs,  
crackerjack & slushies for the kids.**

***Don't miss out! Sign up on the  
"Cougars Night Out" sheet***



**Fireworks  
after the  
Game!**



Purchase your tickets at the Sign Up Table.

For more info., please contact Rick Dearborn: [dearborn\\_rick@yahoo.com](mailto:dearborn_rick@yahoo.com)

## Save The Date



**BRADFORD NEWQUIST** along with his pianist **Bill Underwood**, will take you on a nostalgic musical journey through the world's favorite American music. It is a classic performance featuring composers such as Gershwin, Porter and Rogers and songs sung by vocal legends like Sinatra, Cole, Clooney and Martin. Bradford's delivery of these gems is clean and refreshing, giving a show that is packed with something for everyone.

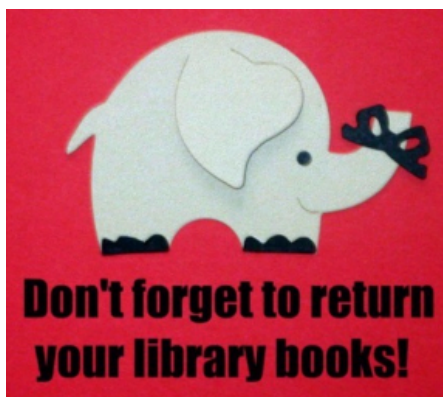
Be certain that this show will be a hit with your audience as Bradford explores the music, the memories and the magic that makes us love "**The Great American Songbook**".

*Tickets will go on sale on Sunday, May 6th*

## Library

**Please remember to return your library books!**





If you have books out from the Library and you have had them for awhile, please remember to return them!

## AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



**Just click on the link below and make a purchase!**

***Use this link over & over all year round!***

Please click on this link next time you need something  
& help raise money for Unity of Fox Valley!

**<http://smile.amazon.com/ch/36-2889899>**

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun  
doings of our Business Manager, Kathleen Malick.*

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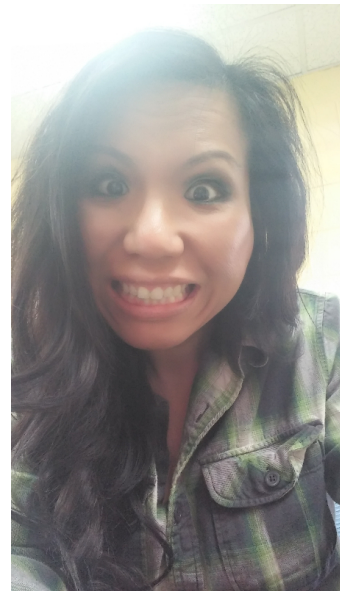
I'm going nuts with this cold weather - I'M FREEZING! I think my personal heater has been on non stop since last winter! As someone that is ALWAYS cold, this warm weather is VERY welcomed! I'm also just itching to get my vegetable garden in! So happy Spring

everyone now that it is finally here! If you have been sedentary through this cold, no more excuses! Get up and get moving!

*Please remember that it is never too late to eat right, get up and get moving! Love yourself by ***treating your body right. It's the only one you have!****

Blessings!

[Kathleen Malick](#)



Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities



- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **There will be no class held on May 3rd.**
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

#### Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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