



May 2019



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Springing Forward

With winter now in our rearview mirror, it is a good time to take a cue from Mother Nature and the spring season. From all appearances spring and summer seem to just happen. Scientifically however, new life abounds in the spring as plants and animals recognize that the time of hibernation is done, and it is time to manifest life abundantly.

Even the world of commercialism recognizes and honors this process. That is why we have now entered the TV rerun season. We no longer need those mindless programs to dull our senses, and help us get through winter.

I love watching my neighbors bring home their prized flowers and plant them strategically to beautify their homes. "LIFE" is my personal favorite perspective of God, and such spring rituals are living affirmations of the beauty of God in our lives, even if we never consciously give such a notion a single thought.

It is a good time for us to take a few moments not only to enjoy the wondrous abundance of the season, but also to prayerfully ask what can I plant in my life? Many people will say that they just do not have a green thumb. Sadly, we sometimes may extend this metaphor to our daily lives. The truth is you do not need a green thumb to add beauty to the world.

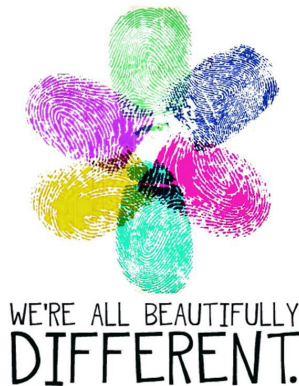
If God is LIFE and you are alive, then already you have everything you need to bloom

and blossom. As for all of the bad stuff that you may seem to be buried in at times, remember that things really grow when you add fertilizer.

The beauty you bring is unique. Spring forward and bless the world with it!

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

Note from the Board

Hello from the Board!

Let us hope that May is more typical weather for this time of year. By this time, the Board has finished Rev Mike’s first contract with Unity of Fox Valley church as a full time minister. We are now working on the volunteer dinner in June, looking at other contractors to work on the sprinkler system issues and work on the bathroom upgrades.

The Board

Hospitality

In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an



opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

For the month of May, the Children's Church and Juniors will be reflecting on the power of Power! The Disciple Philip and the Color Purple are associated with this power. The children will explore several Biblical stories that reflect the powerful Miracles of Jesus, as well as they will honor all the Twelve Powers during their **May Day** Celebration on *Sunday, May 5*.

Since the warm, sunny days of spring have finally arrived, we will be taking the youth outside for contemplative walks around the block to enjoy all the sights, sounds and smells of spring. Please have your youth bring a sweater/light jacket on cooler mornings.

Also, please mark your calendars for our "[Roots and Wings](#)" Ceremony to be held on **Sunday, June 9**. We strongly encourage youth of all age groups to participate in this memorable ceremony that will be held upstairs in the sanctuary during service. This will be a sacred, reflective time when we will bless and celebrate all the youth, teachers and aides. Any youth who is "winging-up" to the next age group will receive a special certificate that honors his/her spiritual growth from the previous group.

Once again, our own Business Manager, Kathleen Malick, has graciously offered to host a yummy "[Ice Cream Social](#)" to be held downstairs immediately after our "Roots and Wings" Ceremony! All are invited to join in on the fun while enjoying a cool delicious treat (toppings included)! We so appreciate you, Kathleen!

Blessings,

Ms. Mary, LUT, CSE

marynowroozi@comcast.net

A Course In Miracles



Every Thursday, 7:30 pm - 9:00 pm
There will be no ACIM on May 2nd

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, May 3rd, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Annual Taco Bar



Sunday, May 5th, after the Service

Please click [here](#) for a list of items needed.

To sign up to bring something, an updated list, more info or any questions, please contact

Wanda Faye: geminigoddess2000@yahoo.com

Men's Ministry



Tuesday, May 7th & 21st, 7:00 pm

The Men's Group meets the first and third Tuesday of each month, September through May at church. All men are invited to join!

Batavia Love Our River Day



Batavia Love Our River Day
Saturday, May 11th, 8:30am - noon

Together with the Green Team, Unity of Fox Valley will be helping the Friends of the Fox River clean up along the Fox River. Join the City of Batavia community at Blackard Skatepark before 9:00am (east side of Rt. 25, 1/3 mile south of Wilson Street).

The event includes music, hot dog lunch and community spirit
Please wear waterproof boots and join in the fun!

Please contact Beth Johnson, Outreach Chair for more info:

bethmjohnson@comcast.net 630-336- 6159

Four Oils to Use Everyday

Sunday, May 19th, 11:45am

This class which will feature four oils to use every day! Find out how you can support your health and vitality with these popular and inexpensive oils: lemon, orange, lavender, and peppermint. There is so much you can do with each one of these oils-- come and learn ancient wisdom and new uses. And... class attendees will share in some exclusive (fabulous) discounts and samples. See you there!



For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com or Nancy Gouch nancygouch@att.net

Memorial Day



Monday, May 27th

In observance of Memorial Day, the Church Office will be closed.

*Thank you so much to all the men and women
who have given their lives in service of this country.*

Prayer Chaplains



The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!

Volunteer Ministry

We hopped into another **Easter Feast** with much enthusiasm and joy!! Thanks to EVERYONE for wonderful food dishes. A special thanks to Diane and her volunteer team who prepared the way!! We are blessed in every way!!



We ended with a bang with **Rev Jan's send off!!** Again, thanks to Kathleen for organizing and for everyone that contributed to this wonderful (but bittersweet) party!!

MAY seems to be a quiet month for activities, but maybe that is a good thing since we work very hard starting with Thanksgiving and deserve a little break after Easter. But there is always work to do during these summer months!! Our [Landscape Committee](#) can always use extra help to keep us beautiful on the outside!! A SPECIAL THANK YOU to Larry, Cecile, Bob, Mary Ann, and Joey for all that they did to get us looking pretty for Easter!!

OOPS, can't forget the [TACO BAR](#) on MAY 5th!! Contact Wanda Faye for details on what to bring!! And thank you Wanda Faye for coordinating this fun Sunday fiesta!!

AND we can always use more help on our [Usher/Greeter team](#). This is probably one of the easiest things to do and if we have enough people, you would only need to do one

Sunday a month!! People have said that the one thing that always stands out in their minds on their first visit is how they were greeted and made to feel so welcome!! Contact me!! Let's talk!!

Blessings as we Spring forward to long summer days!!!

Bobbi Severson

bsever4785@gmail.com

Green Team



The Green Team will be a part of the [Batavia Fox River clean-up Saturday, May 13](#). We will join Friends of Fox River, Batavia area residents, and the Unity of Fox Valley Outreach Committee in helping with the annual clean-up campaign. We will be at the Blackard Skate Park, just east of Route 25 and just east of Unity, **8:30 a.m. to noon**. Those who will meet to help clean up may want to wear boots and gloves if you can and we will help make our Fox River area green and clean.

The Green Team event Sunday, April 28 precedes two months off in May and June. We will continue the fourth Sunday in July with an event. We have tentative plans for events July through October.

Our campaign to collect polystyrene (Styrofoam) continues with success. Donations have been generous for us take food containers and packaging foam to Dart Container's recycling site in North Aurora.

Keep up the good work.

We are Going Green in 2019!

For more info, please contact Carter Crane: cartercrane@thevoice.us

Young Living

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

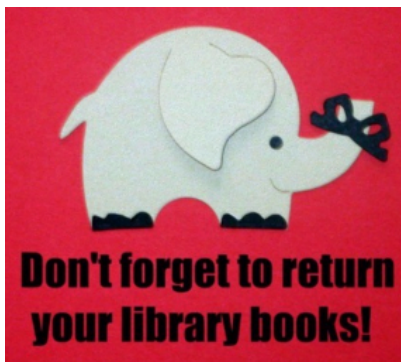


Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library



Please remember to return your library books!

If you have books out from the Library and you have had them for awhile, please remember to return them!

AmazonSmile

Make an impact this Mother's Day

Find the perfect gift at **smile.amazon.com** and Amazon donates.

You shop. Amazon donates.

amazonsmile

An advertisement for AmazonSmile. It features a black Nikon DSLR camera, a blue thermos, and a bottle of Chloé perfume. A large yellow flower is in the background. The text encourages shopping on smile.amazon.com to support Unity of Fox Valley.

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings
of our Office Manager, Kathleen Malick.*

Well this past month was sobering. I've had my hip bothering me for a few years, but stubborn me would train through the pain. Last year while I was training for my last 4 Half Marathons it bothered me, but not enough to stop me. This past month it has become impossible. After a trip to my doctor and through the tests/xrays/mri my answer was giving to me. I have arthritis in my hip.



So what does this mean?

- It mean's I can't run long distances without the possibility of not making it back
- It means that something that I am proud of, something that has defined me, something that made me feel amazing was taken away from me. Am I no longer a runner?
- It means not giving up on myself and not seeing this as a stop, but as an opportunity to find a new sport.
- It means I won't be running my 9th Half marathon later this year unless something changes and also come to terms that I might not ever run again.
- And it also means I'm going to be sad while I mourn my news - so let me be sad. But here is a picture of my happy cuz honestly... you can't be sad forever.

Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

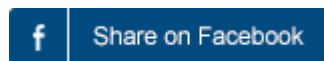
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prayer line: 630.879.1129

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