



September 2019



Upcoming Events and Classes at Unity of Fox Valley

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Fantasy Spirituality

In the last twenty-five years a whole new phenomenon has been born and grown significantly, Fantasy Football. Fantasy Football, for those of you not familiar with it, is a system – a construction – that allows individuals to participate in the game on a hands-on basis. It allows you to be a coach, general manager and owner of a football team. You get to draft or choose players that you like and put together a team. You get points based upon how well the player you have chosen performs in real life football, and this determines if you are a winner or a loser.



What Fantasy Football provides for the football fanatic is a means is becoming more active, more involved in the game. Naturally, if you decide to play fantasy football, you are going to spend many more hours in front of the TV screen to see how you are doing. There are radio shows in which people call in to seek advice on what players to pick. Fantasy Football itself has grown to become a multi-billion-dollar game.

Imagine the hours people must invest each week on something that isn't real. Imagine the energy! Imagine the dedication and the focus and the research involved. Imagine the prayer, yes prayer, being prayed as participants try to make their choices the right choices.

The interesting thing about Fantasy Football is that win or lose, it brings satisfaction to those who play. It gives people who play a sense of ownership, and a sense of control. It gives a sense of meaning. People who play Fantasy Football no longer are just spectators sitting on the sidelines. They are in the midst of it all.

Now imagine making a similar investment spiritually. I'm not talking about logging more hours at or in church. Just a basic question: What difference might it make if we were to play Fantasy Spirituality with the same intensity that people play Fantasy Football? What if we made choices based upon fielding a team of thoughts and values that might make a difference in our lives. What if we focused on those choices not just one day, but every day of the week? What if, instead of calling into a radio show for advice, we spent serious time in prayer and meditation?

Fantasy Football taps into a game, football. With Fantasy Spirituality you would be tapping into the game of life, except that life is not a game. Maybe it's time to kick off a whole new way of looking at things. Maybe it's time to consider a whole new way of finding a sense of purpose. Just as it is with Fantasy Football, Fantasy Spirituality isn't about winning or losing. It's about making the game come to life. It's about making the fantasy real.

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy. To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

Note from the Board

Hello from the Board!

We are continuing the work on improving the condition of the parking lot. More classes are in the works and will be posted soon. Also in September, we will talk about our next fund raiser which will start in October. It will be called "Lighting the way". The main focus will be to replenish the funds taken out of reserve funds along with improvements to the lighting in the church and replacement of the windows in the classrooms.

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

Our youth will be exploring the Power of **Order** for the Month of September. The color for this Power is **Dark Green** and the Disciple is *James, son of Alphaeus*. We will teach and inspire the youth to come to an understanding of how everything is created in alignment with the law of God Mind. In order to enhance this understanding, the youth will be creating a Solar System craft, expressing the perfect balance and harmony of our awesome infinite cosmos.

We encourage the youth and their families to please join us at ***Unity of Fox Valley's Annual Church Picnic*** to be held at Fabyan Park in Geneva on Sunday, September 8, during our 10 am service. Youth of all ages are invited for fun in the sun with inspiring

games, crafts, stories and songs! We would appreciate it if every family would please bring a dish to pass for our picnic following the service. Yum!

“All God’s creatures great and small” are invited to a [Pet Blessing Service](#) to be held on the church grounds on Saturday, September 28 at 11 am. You may bring your pet or a photo of your pet if you prefer to keep him/her at home. We are looking forward to a fabulous time for everyone! Woof –woof...meow!

Many thanks and many blessings,
Ms. Mary, LUT, CSE

Youth Director
marynowroozi@comcast.net

Bhagavad Gita Class



1st & 3rd Sundays, 11:45-1:15pm
September 1st & 15th, Adult Ed Room

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree’s commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

Office Closed

Monday, September 2nd

The Church Office will be closed. Enjoy the day off!



A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



**HEALING AND WHOLENESS
SERVICE**

Friday, September 6th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Women's Retreat



**Saturday, September 7, 2019
8:30 am-5:30 pm at Unity of Fox Valley**

A Women's Retreat for Unity women and friends...

***"Who Have You Come to Be?"
A Mind, Body and Spirit Celebration***

Registration Fee: \$60.00

Please make checks out to 'Unity of Fox Valley' and write 'Women's Retreat' in the memo.

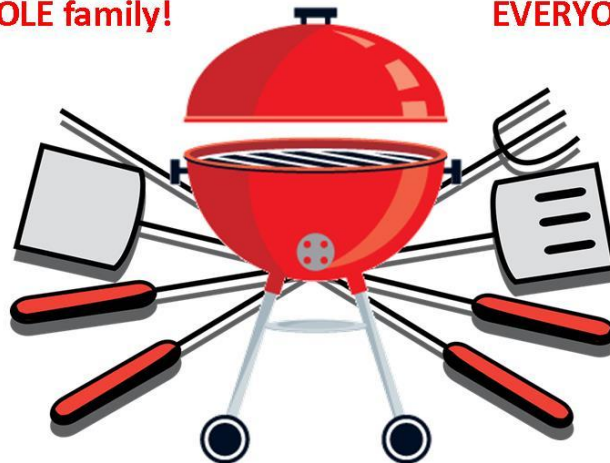
To download the Women's Retreat Brochure that gives info on the entire day including workshops, as well as the Registration Form, click [here](#).

Please contact Laura Schreiner: lauraschreiner@hotmail.com
or Diane Crompton 630-254-6788 dianelcrompton@gmail.com for more information.

Annual Picnic

For the WHOLE family!

EVERYONE is invited!



JOIN US FOR OUR ANNUAL

SUNDAY SERVICE & CHURCH PICNIC

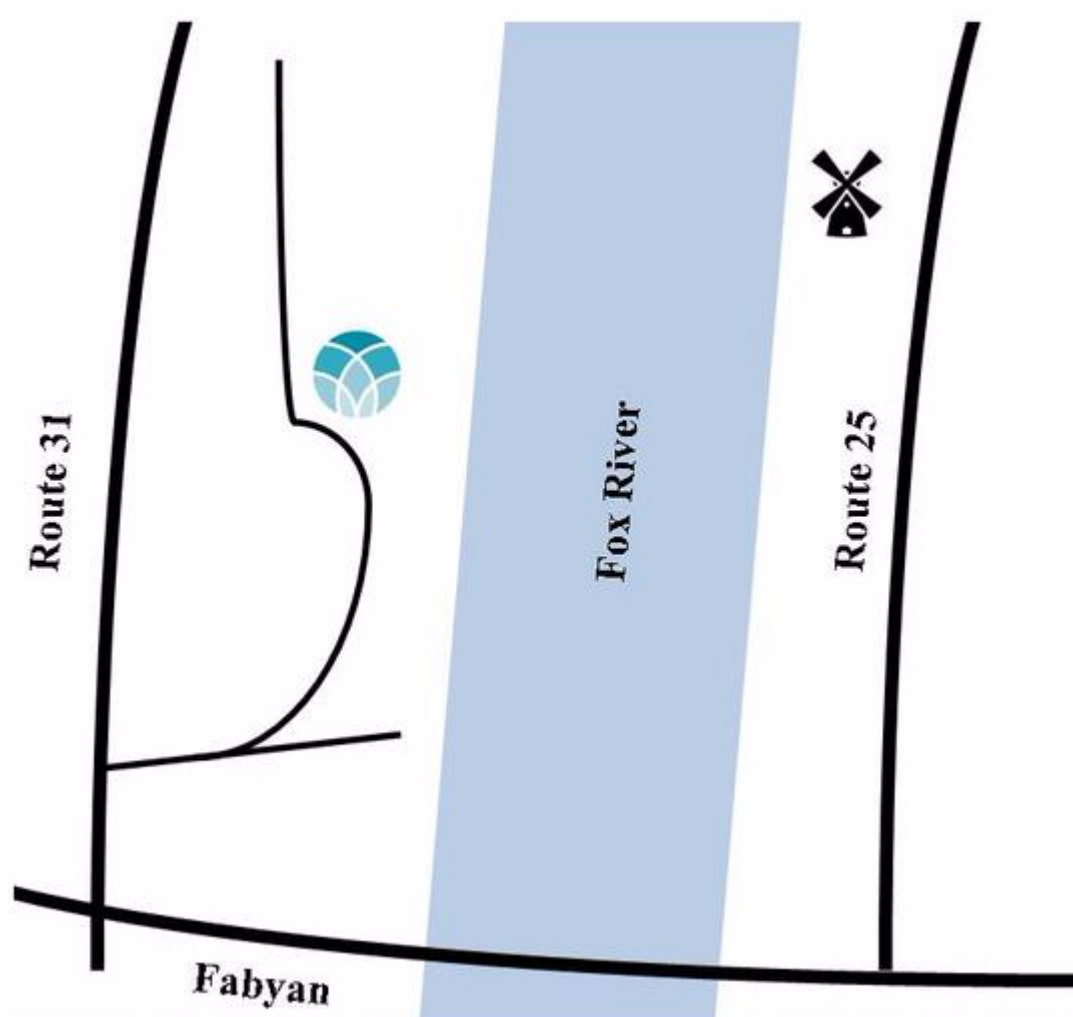
SUNDAY, SEPTEMBER 8TH, 10AM

Bring a Dish to Share!
Fabyan Forest Preserve - West

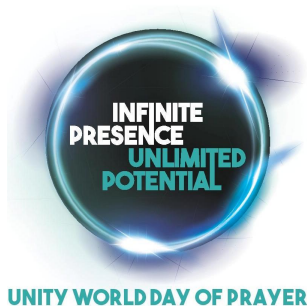
This is just North of Fabyan Parkway on Route 31.
At the shelter. Look for Unity of Fox Valley signs.

For more info., please contact Deb McQuaid, Chair: debmcquaid@aol.com

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World Day of Prayer



Unity celebrates the 26th Annual World Day of Prayer

Unity invites you to join with friends in prayer around the world to affirm this year's World Day of Prayer theme: 'Infinite Presence, Unlimited Potential'. Draw upon divine power and presence to realize the limitless possibilities in your life.

There are several ways to participate in the 2019 World Day of Prayer service.

You are invited to join the Prayer Chaplains on:

**Wednesday evening, September 11, at 7 pm or
Thursday morning, September 12, at 10 am**

Bring your family and friends!

For more info., please contact Bobbi Severson: bsever4785@gmail.com
or Marie Manella: mleduc7@yahoo.com

Prayer Orientation Class

Prayer Chaplain Orientation

Sunday, September 15th, 11:30am

Conference Room



*Are you interested in learning more
about this sacred ministry?*

*Have you ever wondered if you could
be a Prayer Chaplain?*

Our prayer ministry is an opportunity to further transform your life through prayer, listening and holding sacred space.

We welcome all members!

This brief meeting will answer your questions about what it means to be a Unity of Fox Valley Prayer Chaplain.

Questions? Contact any one of us!

Bobbi Severson, Marie Manella, Rev. Mike or Carl Klemaier

Bobbi Severson - bsever4785@gmail.com

Marie Manella - mleduc7@yahoo.com

Rev. Mike - revmike@unityoffoxvalley.org

Carl Klemaier - colonelklay@yahoo.com

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." - 1 Thessalonians 5:16-18

Women's Wisdom Group

Women's Wisdom Group



Sunday, September 15th, 4-6 pm

A New Year for Our Women's Wisdom Circle Begins September 15!

On Sunday afternoon, September 15 from 4-6 pm we invite the women of Unity as well as their friends to join our Women's Wisdom Circle!

We are a wonderful group of wise women of all ages who join together every third Sunday from 4-6 pm to celebrate and share all the seasons of our lives. Last year's group shared stories, lessons, hope and dreams together in a safe and supportive environment. We had such a great time together and are now SO excited that others will join us for our second year.

We extend a warm welcome to join us in the Sanctuary on September 15 and/or October 20 and see if you'd like to be part of our Circle that will meet from September, 2019-March, 2020.

After our second meeting in October we will close the circle until September , 2020. This helps create an atmosphere where sharing is comfortable and we can settle in and get to know each other better. So, please let us know if you're interested in joining us, but might be unable to attend either of those two meetings.

Please contact either Donna Bailey at baileynova@gmail.com or Laura Schreiner at lauraschreiner@hotmail.com if you have any questions.

Men's Group



Tuesday, September 17th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

Please come to our 1st meeting!

Who Have You Come Here To Be?



Wednesdays, September 18th - October 16th, 6-8pm

Adult Ed Room

This class will entice students to explore the creative potential of our thoughts by evoking the power of our words. Reviewing this visually stimulating book will help students claim their creative power by using "quality of being" words in their spiritual practice. Each class will focus on one of the five sections of the book representing the elements: **Fire** focusing on self-expression and shining our light; **Earth** diving deeply into our nurturing heart;

Water embracing the flow of life and its grace; **Air** expressing vibrant living; and a fifth element **Cosmic Consciousness** realizing the interconnected field of consciousness.

For more info., please contact the facilitator: Debra McQuaid:

debmcquaid@aol.com 630-842-0115

Suggested book, but not required:

Who Have You Come Here to Be?

by Rima Bonario, Jane Simmons, Kelly Isola

If you would like a book:

- A limited number of books are available in class for \$20/each. Please contact Debra McQuaid if you would like a book prior to the class: debmcquaid@aol.com 630-842-0115
- Order it off of the author's website: KellyIsola.com
- Order it from Amazon.com

Green Team

The Green Team continues its mission!

We will be host to speakers in September and October, each the fourth Sunday at 11:45 a.m. and in an open invitation. Attendees should feel free to bring a friend.



On **September 22nd at 11:45am**, the Conservation Foundation will elucidate with important information.

In October, Aurora Greenfest representative will be a guest speaker.

We continue to help fill Dart Corporation's polystyrene, No. 6, containers with packing foam and food containers. We do so gleefully to avoid filling both landfills and the Pacific Ocean.

Think Green in 2019!

For more info, please contact Carter Crane: cartercrane@thevoice.us

Pet Blessing



All God's
creatures
welcome!!

*This event will be held on church grounds.
You may bring your pet or bring a picture
of your pet if you feel it is best to keep your pet
at home. This will be a fun, spiritual time for
all of God's creatures (animal and human)!*

Saturday
28th 11am
September



Please contact Mary Nowroozi with any questions
or for more info.: marynowroozi@comcast.net

Volunteer Ministry

As Reverend Mike mentioned on Sunday, we are in need of an **Outreach Coordinator**. If you are interested in helping UFV be a good neighbor, then this is the volunteer spot for you. Just be our spokesperson and contact for many community programs that are available throughout the year. Please see me for more information and what is involved



with this position.

A big shout out to all the ladies that held the vision in their hearts for a [Women's Retreat](#). Still time to sign up for this exciting event on **Saturday, Sept 7th**.

FUN! FUN! at the [Church Picnic](#) on Sunday, Sep 8th. There is a sign up sheet available for food and help! Thank you!!

[WORLD DAY of PRAYER](#) is **Wednesday, Sept 11th**, in the evening at **7:00pm** and **Thursday, Sept 12th** at 10:00am. THANK YOU to our Chaplains, to Rose Maxson, to our LUT's, Marge, Maria, and Deb, for leading us in this most sacred experience. Now, more than ever, we need to send out all that Healing energy to our World and its leaders.

SAVE the DATE. . . Fall is approaching and so is the annual **CROP WALK** on **October 6th**. It will be held on Sunday this year. Much easier to gather after church with a group and venture out for a walk and raise money to feed the hungry in our own community and around the world. We could use a chair person to coordinate our team. More details later on where and exact time.

Thank you to all for your generous giving of your time and talents. We are truly blessed!!
Bobbi Severson

bsever4785@gmail.com

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

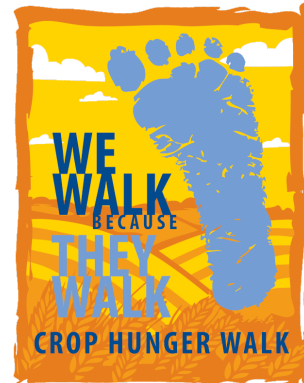
Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Outreach Ministry

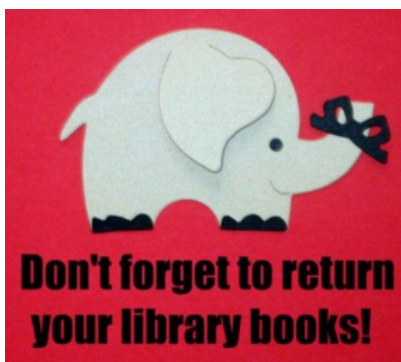
No outreach opportunities that we are doing in September; however, we do have the **Annual Crop Walk** event coming up on **October 6th**, a **Sunday** this year. We don't have a lot of details at this time, but will let you know as soon as we have them! We also need someone to be the chair person of this event. Please contact Bobbi, bsever4785@gmail.com, if you can help out in anyway.



Beth Johnson is stepping down as our Outreach Coordinator after many years of being the heart and legs for our community outreach programs! We are so very grateful for her love and support and always going above and beyond to lead us in this wonderful ministry. Blessings and enjoy your travels!!

Library

**Please remember to return
your library books!**



If you have books out from the Library and you have had them for awhile, please remember to return them!

Looking Ahead



- 10/1 & 15: [Men's Group](#)
- 10/4: [Healing & Wholeness Service](#)
- 10/6: Crop Walk
- 10/6 & 20: [Gita Class](#)
- 10/12: [Heart Connection Time](#)
- 10/13: [Oil of the Month](#)
- 10/18-19: [Chaplain Training](#)
- 10/20: [Women's Wisdom Group](#)

- 10/23: [Grief Class](#) begins
- 10/24: [Loving What Is](#) class begins
- 10/27: [Tailgate Trick or Treat](#)
- 10/27: [Green Team](#)

AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

**Donate items from our Charity List
Shop Now**



Occasionally, we need to restock our supplies. You can help!

Just click on the [here](#) to see what we need!

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Office Manager, Kathleen Malick.

September?! What the heck?! Alright, fine. September. School has started. I have my Pumpkin Spice Coffee already bought and I'm ready for football season to begin! Football

you say? Well, yes! My daughter is in Marching Band and I'm a MARCHING BAND GROUPIE!

With the fall season approaching, it also means that work is going to start to ramp up as I prepare for the holidays! (115 days till Christmas!). But hey Kathleen! Summer isn't quite over! It is for me dear... it is for me.



Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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