



November 2018



Upcoming Events and Classes at Unity of Fox Valley

**Sunday Service and Youth Education
Come join us at 10:00 am**

Ministerial Musings

Dear Spiritual Family,

I recently finished reading a book by Victoria Rowell, "The Women Who Raised Me." Born to an unwed mother, Victoria Rowell became a ward of the state. She beat the odds as she rose out of the foster care system to attain the American Dream. Victoria wrote passionately about the power of one – how one person can make a difference in a life and in the world.

Her message was about the special women who touched her life, who bent the rules and helped make seemingly impossible dreams come true. In her case a foster parent, a social worker, and a prima ballerina who moved her from hopeless to hope-filled as doors opened to a fabulous career in the world of dance and acting.

Victoria's message to us was. "It just takes one person, one idea, one step to change a life in positive ways." But those "positive life changers" don't get enough press. We are surrounded by so much "news" that glorifies all the things that are wrong in our world elaborating on all the negative details. Seldom do we hear about people making a positive impact.

Victoria's words of wisdom for us is "Less woe and more wow!" meaning we need more emphasis, more awareness on the good, the blessings and what's working than on was

isn't. Her message is a reminder to us about where we are putting our energy – on the woe or on the wow, on what's not working or on possibilities, on lack or on blessings,

I think “less woe and more wow” is a wonderful affirmation for this month that reminds us to celebrate our blessings and be truly thankful.

Love and blessings,

Rev. Jan



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

Gooble Gooble!

Well, it's November. Ironically it is my least favorite month that hosts my most favorite holiday, Thanksgiving. Statistically, in our part of the world it is the month with the least amount of sunshine. Those dismal clouds often seem to just linger. By month's end the trees will have grown barren. Also, the days grow shorter and shorter, and the temperature moves lower and lower. It easily could make one feel a bit gloomy.

Yet on the bright side, as I said, there is Thanksgiving. Perhaps this holiday sits where it does out of Divine Order. Halloween has passed; perhaps this is the perfect time to shed our masks, and manifest our true selves. After all, November might be thought of as a springboard for the Christmas season, typically one of the more joyous times for many. These days many radio stations already are playing Christmas songs by the time Thanksgiving rolls around. And of course for many folks there are the splendid Thanksgiving feasts and wonderful family times.

But even without these many positive thoughts, November brings with it an abundance of opportunities. Yes, it is a time to celebrate the many blessings we have including those already mentioned. But even the gloominess of the month can be cause for gratitude. We know that life is such that every day cannot be Christmas or Easter. In many ways the calendar might mimic our life experiences. There are high points and low points; sunshine and clouds.

If we embrace the clouds, the shorter days, the dropping temperatures, instead of dreading them or waiting them out, it really can make a difference. It is how we choose to meet and greet those wintry experiences and the not so bright experiences in our lives, that determines our disposition much more than the experiences themselves. The combinations of what happens around us coupled with who we decide to be are wonderfully unique, both at every now moment as well as throughout all of time. Truly this is something to stand in awe of and celebrate.

It is right to set aside a day to remind us of how wonderful it is to be alive... except for maybe for the turkeys.

Rev. Mike

Note from the Board

The Board discussed the upcoming **November 3rd [Dinner Dance](#)** and the **November 11th [Annual Meeting](#)** and approved the 2019 Budget. The Board also discussed the parking lot situation and possible funding and possible striping and patching in the Spring.

The Board

Hospitality

In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion



has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

Fall and Winter Happenings in Youth Ed

- Power of the Month for November – Power of Letting Go! Color is Russet Brown and Disciple is Thaddeus.
- Sunday, October 28 - [Tail Gate Trick or Treat!](#) Your youth, and even you, can come dressed in costume (no weapons please) for Halloween Fun - Unity Style. Please bring wrapped treats (no nuts please) and/or small safe trinkets/toys to pass out after service in the parking lot.
- Saturday, November 3 - **Unity of Fox Valley's** [Dinner Dance](#) starting at 6 p (dinner at 6:30 pm). Cost is \$30 person sold at the door (12 and under are free). Last day to sign-up is Sunday, October 28! This is a family event to eat, dance or don't dance, socialize or just people watch!
- Sunday, November 4 - **Daylight Savings Time** - Turn your clocks back. That's right! You get to sleep one extra hour after the Dinner Dance! How cool is that!
- Sunday, November 11 - All youth will be upstairs during service. I will present a talk about our Youth Program, and the youth will be involved as ushers/greeters, Daily Word readers and singers! We will be practicing songs during classroom time.
- Sunday, December 16 - [Christmas Pageant](#) during the 10 am service. Permission forms are available downstairs in the Youth Ed area. Rehearsal dates are Sunday, Dec., 8 at 10 am and Saturday, Dec., 15 from 9:30 to 11 am.
- Sunday, December 23 - **Decorate a Gingerbread House** at 10 am for youth of all ages!

Teachers/Assistants Needed - Please sign-up on our downstairs calendar to be of loving service for a Sunday(s). All lessons will be provided, or maybe you would rather enjoy sharing a talent such as art, dance, yoga, etc. You must be a Unity of Fox Valley member and have a background check done through our church. Any

questions/concerns, please contact me at marynowroozi@comcast.net

Deep gratitude to following teachers/assistants/musicians/supporters:

Jen King, Danielle Jamil, Sarah DuRocher, Joey DuRocher, Dawn Staszak, Laura Schreiner, Melissa McDonald, Char O'Keefe, Marie Manella, Rob Orland & the Music Team, Rose Maxson, Joey Nelson, Bob Anthony, Cecilia Slade, Mike Kothe, Tony Tyner, Pam O'Brien, Rev. Jan Little, Rev. Mike Korpan and Kathleen Malick!

Many thanks and many blessings,
Ms. Mary, LUT, CSE

A Course In Miracles



Every Thursday, 7:30pm to 9:00pm, at Fox Valley Unity Church.

The emphasis for this session will be the Workbook from A Course in Miracles

The class will be facilitated by Warren Wakerlin (Wwakerlin@aol.com)

Everyone is welcome - you may join in at any time!

There will be NO CLASS on Thursday, November 22nd.

Outreach Ministry



Half Day School Program

Noon to 3:30PM

**Volunteers
needed!**

Thursday, November 2nd, Noon-3:30pm

Throughout the school year there are dates on which
local school children are let out after half a day.

2018
November 2nd

2019
February 28th
April 19th

In some cases parents of those children are working and unable to be home early.
Volunteers are needed to assist in attending to those children for a couple of hours.

If you think you would like to work with those children doing crafts or other activities,
please sign up!

To be eligible you need to be high school age or older, and willing to undergo a
background check.

Please contact Beth Johnson for more info or to sign up:

bethmjohnson@comcast.net 630-336- 6159

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Please join us on Friday, November 2nd, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Dinner Dance



***Save the Date, get your appetite ready
and polish your dancing shoes!***

Saturday, November 3rd is our festive dinner dance right here at Unity of Fox Valley complete with prizes and other surprises. Remember how much fun we had at our last family casual dinner dance for our 40th Anniversary? Everyone said, "Let's do it again!"

We'll have a lovely dinner in our hospitality area and then move upstairs for dancing and games with our friendly DJ Peter. Don't worry if you don't know any dances! DJ Peter is great at teaching adults and kids and getting you out on the dance floor.

Eat, dance or don't dance, socialize or just people watch but do plan to be here for a fun, friendly, family evening.

Don't miss it – you know what happens when you miss one of our special events and everyone says, "Oh we had the best time – you should have been there!"

Bring the family and invite your friends.

TICKET SALES ARE NOW AT THE DOOR ONLY!!
\$30/Ticket -> CASH ONLY

Date: Saturday, November 3rd

Location: Here at the church

Attire: Comfortable

Time: Doors open at 6:00 Dinner at 6:30

Liquor: BYOB if desired

Daylight Saving Time Ends



Don't forget to set your clocks back

Sunday, November 4th!

Men's Ministry



Tuesdays, November 6th & 20th, 7:00pm

The Men's Group meets the first and third Tuesday of each month, September through May at church. All men are invited to join!

Oils, Auras & Your Energy Field



Oils, Auras and Your Energy Field

Presented by Kimberly Beck, O.M.C. C.Ht

**Saturday, November 10th,
1:30 – 3:00 p.m.**

**How would you like to create more financial
abundance in your life?**

Have greater states of health and wellness?

Learn how our personal beliefs and thoughts affect the outcome of goals. Witness the Power of Prayer in motion. See the effect of anointing with oil.

Our beliefs and words affect our energy and make a profound difference in everything we create.

Using an Aura Camera, you'll see the personal aura, and its' impact from differing frequencies of thoughts, prayers, words and essential oils. You'll not only feel the influence of the varying vibrational fields introduced in the workshop, you'll see the evidence with a Polaroid photo.

You'll learn how the microcosm (you) affects the macrocosm (whole) and how you can consciously create the life you desire.

Suggested love offering: \$15 to be collected at conclusion. RSVP on sign up sheet. Limited personal aura photos and readings will be available Saturday from Noon – 4:30 at Unity of Fox Valley. Sunday limited readings will be available in Wheaton from Noon – 5pm. \$35 for photo and 20 minute reading. Reserve a spot online at EnergeticEssentials.com/Events.

For more information, please contact **Nancy Gouch**: nancygouch@att.net

Annual Meeting



Sunday, November 11th

The Board of Trustees of Unity of Fox Valley cordially invites you to attend our Annual Family Meeting, in the Sanctuary.

The Annual Meeting will immediately follow the Service and last for about one hour. The kitchen will not be open till after the meeting.

We will be reviewing our goals and financial status, and electing new officers to the board. Everyone is welcome and encouraged to attend; however, you must be a member to vote at the election.

Secret Santa

It's beginning to
look a lot like
Christmas, and
that means it's
time for our...



For the 16th year, Unity of Fox Valley will be providing gifts for 30 children who are served by CASA (Court Appointed Special Advocate) Kane County. These are children who might otherwise find their Christmas trees bare.

A Christmas tree will be on the back wall of the sanctuary on **Sunday, November 11th**.

Please select a tag or tags from the tree and return your gifts on or before Sunday, December 9th.

You do not need to wrap your gifts.

Please contact Beth Johnson with any questions: bethmjohnson@comcast.net

Thanksgiving Feast



Please click [here](#) for more info.

Thanksgiving Service



Thanksgiving Service

Wednesday, November 21st, 7:00 pm

Please join us for a time of expressing gratitude. A time to show from our hearts appreciation for many gifts we have received. A time to open our hearts to even greater good. A moment of quiet and reflection to give thanks for many blessing we receive each day.

Volunteer Ministry



Thanks to everyone that participated in the Crop Walk. I don't have our final figures as yet, but I am sure we did an awesome job!!

We have volunteer opportunities for the [Dinner Dance](#) on **Nov 3rd**. Please contact me if you can help out

with setting up of the kitchen Saturday morning, Staging the catered meal that we are having, and clean-up!!

[Thanksgiving Feast](#) is **Nov 18th**. Please don't forget to sign up for a dish to pass and helping at this event with set-up on Saturday, food setup (the day of) and the usual cleanup!! This is always such a fun event for us and are so very grateful for you!!

Our Landscape Committee, Cecilia and Larry, did such an awesome job this summer keeping us looking beautiful..Please give them an extra hug and tell them how very much they are appreciated!! I know that Cecilia put in a lot of extra work with watering and weeding!! We are so very blessed that she was such a trooper through the heat of summer!! THANK YOU CECILIA!! You are loved and appreciated!!

It is hard to believe that the holidays are upon us. As we move into the season of thanksgiving and joy, please know that we are so very grateful for all of our volunteers that do so much to support Rev Jan and Rev Mike, and lovingly take care of our Spiritual Home!!

Love, prayers, and blessings!!

Bobbi Severson, bsever4785@gmail.com

Green Team

The [Green Team](#) completed this year's activities with Rick McKay's presentation on his visit to Greensburg, Kansas to see the town rebuild by nearly all-green construction following a tornado.



We will meet the fourth Sunday of the month in 2019 January through April and July through October.

We continue to accept polystyrene for recycling, packing foam and the No. 6 food container.

We have more than a few videos which are overdue to be returned.

Going green in 2018!

Christmas Decorating & Chili Party



Christmas Decorating & Chili Party!

Please join us!

Saturday, December 1st, 10:00am

*Let's make this a whole family
affair! Everyone is welcome.*



Service of Remembrance

SERVICE OF *Remembrance*



**Sunday,
December 2nd, 10am**

*A day to remember
and celebrate the life
of a loved one, who has
moved on to his or her
next life experience.*

Oil of the Month



Oil of the Month

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

There will be no class held in November!

For more information, please contact Barbara DuRocher: barbarajdurocher@gmail.com
or Nancy Gouch: nancygouch@att.net

Save the Dates!

- [Christmas Pageant](#): Sunday 12/16, 10am
- [Christmas Eve & Day Services](#): Monday, 12/24, 7pm & Tuesday, 12/25, 10am
- [World Healing Meditation](#): Monday, 12/31, 6am

Prayer Chaplains

Prayer Chaplains are committed to making monthly Caring Calls to all our members. Caring Calls are made to support our members with their prayer needs. If you are a member and have not been receiving a call, please contact the office at 630-879-1115 or churchoffice@unityoffoxvalley.org and a Prayer Chaplain will call you.



Namaste!

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

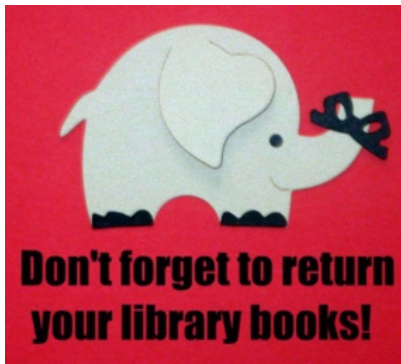
Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

Please remember to return your library books!



If you have books out from the Library and you have had them for awhile, please remember to return them!

AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](http://smile.amazon.com/ch/36-2889899) next time you need something & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Office Manager, Kathleen Malick.

If you didn't know, I have a volunteer spirit. Not only do I work full time and devote daily time to my training and family, I also belong to few volunteer organizations.

This picture is me just utterly tired. ABC 7 Chicago did a [Friday Flyover](#) at Ava's high school. My kiddo is in the Marching Band and those dear kids had to be at the school at 4am (plus they had a football game that evening so it was a very long day for them). I could have just dropped her off and left, but I organized a breakfast for them that morning instead. I got donations and along with some other parent volunteers arrived at 3am to set

up to serve over 200 donuts, 144 bagels, 144 muffins, loads of fruit and 16 gallons of juice/apple cider & so much more to 200 students... then came back again to serve them lunch. So what am I getting at here? *That I love to volunteer when I can!* I don't mind the tired. I don't mind the bother. I just wanted to help and the Band Director and the kids were so grateful for my help on such a long day.



I'm a very busy person. You are too. But if you can carve out the time. If you can just share some of your talents and energy, the people that you serve are so very grateful. More than you will ever know. Losing a little 'beauty sleep' was well worth it that day. zzzzzzzzz.... and the evening football game was Awesome! Go HAWKS!

*Please remember that it is never too late to eat right, get up and get moving! Love yourself by **treating your body right. It's the only one you have!***

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.

- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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