



November 2019



**Upcoming Events and Classes at
Unity of Fox Valley**

Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings



If you stop and think how far technology has come in the last 30 years, it is truly amazing. We now walk around with cell phones that have more functionality than computers that once filled an entire room, and give us access to people, places and things all over the world. Tell a teenager how we once walked on the moon 50 years ago, and he or she will be so impressed that it might illicit a yawn. Our co-founder Charles Fillmore, who was a technology buff, would have marveled at it all.

There is an aspect to it all that is a bit spooky. Social media may be a bit too social as our personal information is readily accessed. It also seems a bit weird to know that Alexa and Siri are always listening. Often people, particularly those of us who are older, debate whether all of the advances are good or bad regardless of the benefits.

When you think about it, the only difference between technology these days and 100

years ago, is how quickly things change and become obsolete. Basic landmark discoveries such as the automobile, the telephone and the airplane drastically changed life and made it much less private. Not only did we get used to them, now we cannot live without them. I suspect that already that same realization applies to smart phones.

Any evaluation as to the goodness or badness of modern technology comes down to a basic question. What does this do for me in my relationship with God? I believe technology is inherently a good thing because it is a result of tapping into Divine Substance, and the use of our powers as co-creators. Once it is here, it is no different than anything else than ever came into being. Do we see it; do we understand it, do we use it as an extension of Spirit in our lives? If so, no less majestic or mystical than the deepest ocean or the highest mountain.

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

Note from the Board

Hello from the Board!

November looks to have a lot going on at Unity of Fox Valley. The fundraiser “Lighting the way” continues. The end of the fundraiser will be at the Annual Meeting on 17th of

November. We hope everyone can attend this meeting. At the Annual Meeting the congregation will need to elect 2 board trustees. We will also go over the Treasure's report, Minister's report and hold a Q&A.

Have a wonderful Thanksgiving!

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

Fall Happenings in Youth Ed and For the Whole Family!

Power Sunday, November 3: *Power of Letting Go!* Wear fun fall colors! **Color is Russet Brown** and Disciple is Thaddeus. Wear fun fall colors! Throughout this month, the youth will reflect on forgiveness through prayer and meditation and on gratitude by being aware of the beauty and abundance all around and within each one of us.

It's also Daylight Savings Time – set your clocks to fall back one hour for a little extra sleep!

Saturday, November 9: [Aladdin Family Movie Night](#), starring Will Smith, rate PG.

Please arrive around 6:15 pm to get settled in with popcorn/healthy treats for the movie to start at 6:30 pm. Bring a comfy blanket/pillow if you'd like!

Sunday, November 24: [Thanksgiving Feast](#) after service. Please sign-up upstairs in the Fellowship Area to bring a yummy - possibly family traditional - dish to pass.

Wednesday, November 27: [Thanksgiving Eve Service](#) at 7 pm. Please join us for an evening of reflective music, meditation, and communal sharing of bread as we reflect on all that we are grateful for in our lives.

Speaking of the month of thanks, the teens are deeply grateful to all who donated through Love Offering for the [Teen's Fall Bake Sale](#) last October. The money collected is lovingly intended for fun retreats and events that will surely inspire our teens to soar spiritually!

Happy Thanksgiving!

With deep gratitude and blessings,

Ms. Mary, LUT

marynowroozi@comcast.net

Healing and Wholeness Service



**HEALING AND WHOLENESS
SERVICE**

Friday, November 1st, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Daylight Savings

**Don't forget to set your clocks back
Sunday, November 3rd**



Secret Santa



Starts Sunday, November 3rd!

For the 17th year, Unity of Fox Valley will be providing gifts for children who are served by CASA (Court Appointed Special Advocate) Kane County. These are children who might otherwise find their Christmas trees bare.

The Christmas Tree will be on the back wall of the sanctuary for the whole month of November, starting Sunday, November 3rd.

Please select a tag or tags from the tree and return your gifts on or before Sunday, December 1st. You do not need to wrap your gifts.

Please contact Beth Johnson with any questions: bethmjohnson@comcast.net

Bhagavad Gita Class



1st & 3rd Sundays, 11:45-1:15pm

November 3rd & 10th, Adult Ed Room

(1st & 2nd Sunday this month due to the [Annual Meeting](#))

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

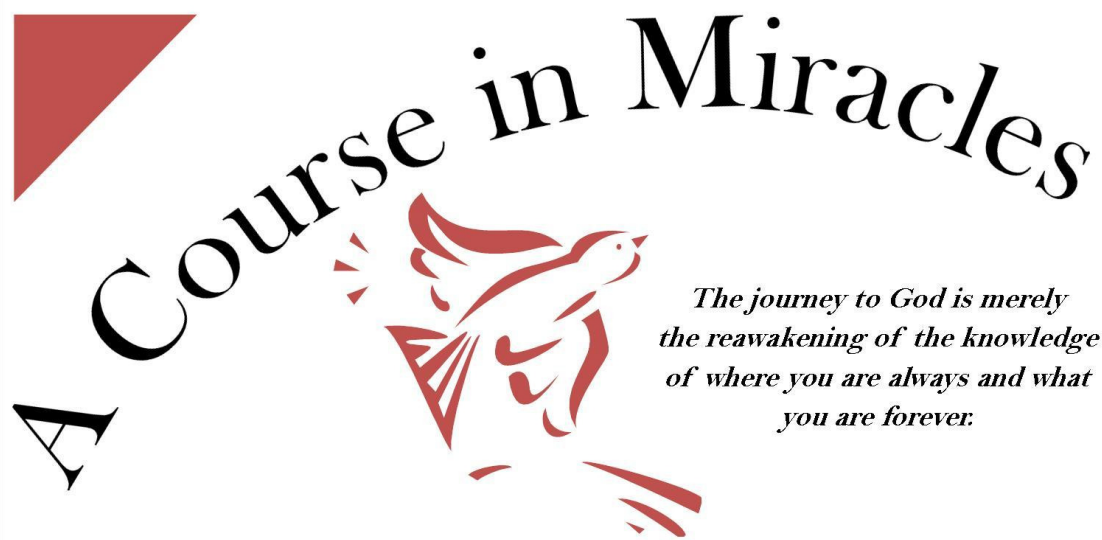
Men's Group



Tuesday, November 5th & 19th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

There will be no class on November 28th & December 26th

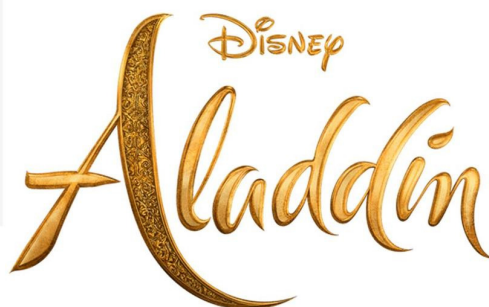
The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Family Movie Night

UNITY OF FOX VALLEY
invites you to
**FAMILY
Movie Night**



**Saturday,
November 9, 6:30pm**

Youth Ed will be showing the live-action
adaption of Disney's Aladdin starring
Will Smith! This entertaining, highly-
acclaimed movie for all ages is rated PG.

*Please arrive around
6:15 pm to get settled
in with popcorn/healthy treats.*

*All are welcomed to bring
pillow/blanket to get comfy!
Looking forward to seeing
everyone there.*

For more info, please contact Mary Nowroozi: marynowroozi@comcast.net

Annual Meeting

The logo features the year "2019" in a blue sans-serif font at the top center. To its right is the "unity of Fox Valley" logo, which includes a blue circular icon with a white geometric design above the word "unity" in a bold blue sans-serif font, with "of Fox Valley" in a smaller blue sans-serif font below it. The word "Annual" is written in a large, black, cursive script font, and the word "MEETING" is in a large, bold, black, all-caps sans-serif font. A thin vertical line is on the left side of the text.

2019 *Annual* MEETING



Sunday, November 17th, after the Service

The Board of Trustees of Unity of Fox Valley cordially invites you to attend our Annual Family Meeting, in the Sanctuary.

The Annual Meeting will immediately follow the Service and last for about one hour. The kitchen will not be open till after the meeting. We will be reviewing our goals and financial status, and electing new officers to the board. Everyone is welcome and encouraged to attend; however, you must be a member to vote at the election.

Thanksgiving Feast



Please contact Diane Crompton with any questions or for more
info.: dianeLcrompton@gmail.com

Thanksgiving Service



Green Team

The Green Team event Sunday, Oct. 27 was well received on the Illinois Clean Energy Jobs Act, the Green New Deal, and climate change, presented by dedicated Green individuals on separate paths, Mavis Bates and David Cramer.



The response to Green Team events this year has been satisfying, compelling, and understanding that we all must be more active in a variety of ways.

One item we consistently can continue to do is bring in polystyrene (Styrofoam) downstairs for the Green Team to take to Dart Container in North Aurora.

The next official [Green Team Meeting](#) will be **Sunday, Jan. 26, 2020** (clear vision), the fourth Sunday of the month.

We think Green in 2019.

For more info, please contact Carter Crane: cartercrane@thevoice.us

Volunteer Ministry



Let the festivities begin!!!! Thank you Diane Crompton and your team for putting together our **Thanksgiving Feast** this year that will be held on **November 24th** after service. We are most blessed for this tradition of jump starting our Thanksgiving activities and sharing with our Church community!!

So many wonderful classes being held starting this month and thru December. Hope you have signed up for at least one!! We are most blessed for Marge, Maria, Marie and Clarice, for giving of their time and talent allowing us the opportunity to expand our spiritual path.

Don't forget the **Healing Service** this **Friday, Nov 1st at 7:00pm**

I AM OPEN FOR SUGGESTIONS!!!! I have been thinking a lot about our Volunteer Ministry lately and wondering how we can make our Sacred Service Ministries more streamlined. Each year we hold a volunteer fair giving our church members the opportunity to sign up for one of the teams that might appeal to them. Currently we have about 15 ministries that support the minister and the activities of our Spiritual Community. Is it time to change our approach? Time to let go of some that haven't been working? Pool our resources? These are all questions that I have been searching my heart for the answers. I would love to hear from you on any changes you would like to see, how we can improve, or if you feel we are doing okay!! I know we have hidden talent out there just waiting to blossom!!!

We are always so grateful to all of our dedicated volunteers for ALL that you do!!

Blessings!!

Bobbi Severson

bsever4785@gmail.com

Service of Remembrance



Christmas Decorating & Chili Party



Young Living



Did you know that when you purchase Young Living products
Unity of Fox Valley benefits in more ways than just the cost of



the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

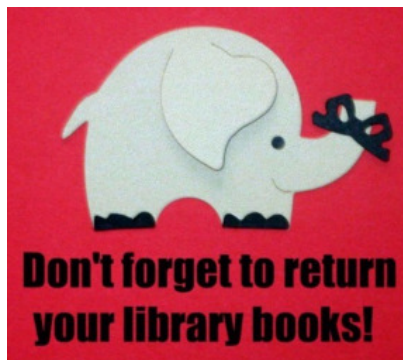
Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

**Please remember to return
your library books!**



If you have books out from the Library and you have had them for awhile, please remember to return them!

Looking Ahead



- 12/1: [Service of Remembrance](#) & [Secret Santa Gifts](#) Due
- 12/1 & 15: [Gita Class](#)
- 12/3 7 17: [Men's Group](#)
- 12/6: [Healing & Wholeness Service](#)
- 12/7: [Christmas Decorating & Chili Party](#)
- 12/8: [Oil of the Month](#)
- 12/15: [Christmas Pageant](#)
- 12/24: [Christmas Candlelight Service](#)
- 12/31: [World Healing Service](#) & New Year's Eve Service

AmazonSmile



AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!

Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](http://smile.amazon.com/ch/36-2889899) next time you need something & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

Donate items from our Charity List
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Occasionally, we need to restock our supplies. You can help!

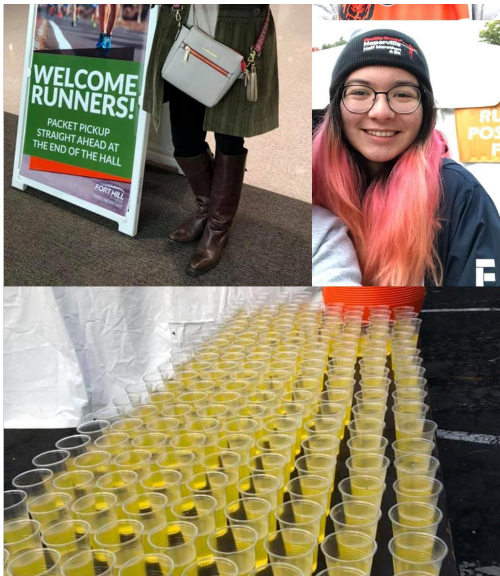
Just click on the [here](#) to see what we need!

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Office Manager, Kathleen Malick.



I was registered to run the [Naperville Half Marathon](#) this past month. I picked up my packet the day prior but due to my diagnosis of hip arthritis I was unable to train for it when



it was time 😞 I was INCREDIBLY saddened by this but if I couldn't run, I would volunteer and help my fellow runners instead! My daughter, Ava & I got up at 5 am that Sunday morning, drank our coffee & helped at the food tent! Yay us as we were tasked to set up and man the Gatorade & water 'bar'. Congrats runners! It was our honor serving you all!!

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees. **NO CLASS ON NOVEMBER 28th & DECEMBER 26th**
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.

- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

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prayer line: 630.879.1129

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