



October 2018



### **Upcoming Events and Classes at Unity of Fox Valley**

Sunday Service and Youth Education  
Come join us at 10:00 am

## **Ministerial Musings**

Dear Spiritual Family,

Recently, while cleaning out files in my office I came across some pictures of our south entrance before we cleaned it up, cleaned it out, moved things around, built it up and planted. Oh dear, it looked so tired and sad! Now. . . it's landscaped, lush and welcoming.

As I stop and take a few minutes to look around our spiritual home I am aware that there are so many of our spiritual family who have “gifted” us with ideas, time, labor, money and enthusiasm not just for this south entry but for all of our projects, plans, and dreams.

We are so blessed here at Fox Valley Unity. Each one of our spiritual family blesses the whole when they apply their individual talents and gifts. Some gift us with time, some with dollars, some with creativity, and some with an enormous amount of physical labor. Every gift is important to the whole picture. It reminds me of the disciple Paul talking about the importance of spiritual gifts. Many differing kinds of gifts are necessary to make a vital, supportive, inclusive spiritual community. Thank you, thank you, thank you.

As we move into the fall and we prepare budgets, a 2019 calendar, and our [annual meeting](#), my wish for this ministry for 2018 and beyond is that we dream big – bigger than we have before - and that each of us be willing to share our unique individual gifts to bring all of those dreams into manifestation.

With love & blessings,  
Rev Jan



## A Little Something to Keep in Mind

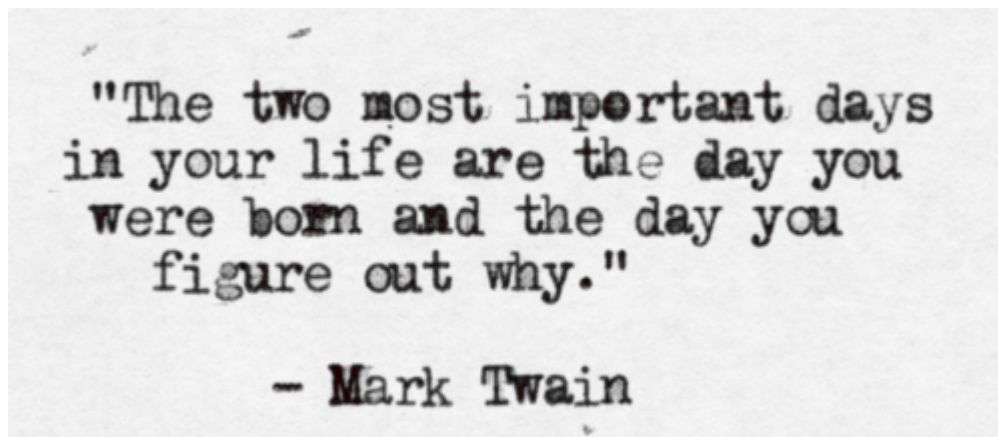
We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn’t up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn’t that a wonderful thing?

## Mark Twain Wisdom

I recently came across with a very profound quote by Mark Twain:



When I first saw the quote, my reaction was to smile at its wisdom. Then, like some silly song like The Name Game from the 60’s, I couldn’t get it out of my head. It stayed with me for days as all of the ramifications of the quote continued to bounce around my brain.

The first of the two days referred to in Mr. Twain’s quote we have no control over. We come into this world thanks to no choice on our part. No wonder we generally do so screaming and yelling. After all, we emerge from the warmth and comfort of our mother’s

womb into what?

However, the second day is completely different. The second day, regardless of how we embrace it, is an absolute life changer. In that sense, it very much is a rebirth. Only this time it is the birth of a new consciousness. Sometimes our response is very much like it was with our physical birth – a whole lot of screaming and yelling. Again after all, we were perfectly comfortable having carved out a comfy life in a different kind of womb.

So embedded in the DNA of life is our survival instinct. For the realization to come to us that survival is secondary to some greater purpose can be staggering. We may react to it with denials, intrigue, awe, wonder, dread, joy or all of the above. If we are smart, we will react to it first with prayer.

The beauty of it all is that we have choices. The real power in the ongoing process of creation is when we sign on to it. If for whatever reason we choose not to, we may rationalize our choice with all sorts of excuses, but surely what we will know somewhere deep within a profound sense of regret. If we embrace it, we may trip and fall a thousand times, but we will know a sense of joy that cannot be matched.

Rev. Mike

## Note from the Board

The Board discussed the 2019 Budget and will consider it next month as well. The Board also discussed the [Annual Meeting](#) on November 11th, the Dinner/Dance on November 3rd and the possibility of 2 year terms for the Board trustees.

*The Board*

## Youth Education for the Younger Crowd

For the fall month of October, the youth will be exploring the Power of *Zeal*! The Color for this month is brilliant **Orange** and the disciple is *Simon the Zealot*.

**SCARECROW FEST**: We will be participating in our second year at the St. Charles' annual *Scarecrow Fest* to be held on **Fri., 10/5 and Sat., 10/6 from 10 am to 9 pm, and on Sun., 10/7 from 10 am to 5 pm**. Joey Nelson from our Church Board has been

enthusiastically supporting us, and our youth have been brainstorming ideas for their scarecrow(s) to represent *Unity of Fox Valley*. We'll be creating our scarecrow at the St. Charles site Thursday afternoon, 10/4, and we'll be taking it down on Sunday afternoon, 10/7 (times to be determined). *Help will be greatly needed and appreciated for both afternoons!*



Anyone interested, please sign-up in the Youth Ed Area or contact Joey or Mary at the church. Thank you again to Joey for all his work in encouraging this worthwhile opportunity for our youth! Our youth would be excited and grateful for you all to stop by that weekend to see what they lovingly created to honor our church!

**YOU Retreat:** We are excited to announce that three of our YOU will be attending the *Great Lakes Region Fall YOU Retreat*. We appreciate both *Sarah* and *Joey DuRocher*, former YOU and Great Lakes YOU Regional Representatives, who have graciously stepped up as Sponsor/Chaperones. The retreat is titled “*Stand in Power*” and will be held in Elkhorn, WI, from Friday, 10/19 to Sunday, 10/21. We envision them all having a fabulous time, connecting and participating with YOU from several Unity churches in outdoor and indoor activities that include games, crafts, discussion spirit groups, meal time and a Saturday evening dance! Way to go, YOU, Sarah and Joey! Enjoy!

**Tail Gate Trick or Treat:** On **Sunday, October 28**, we will be calling all enthusiastic “witches, ghosts and goblins” to celebrate Halloween Unity Style. The youth may come dressed in costume (no weapons, please) to service that Sunday. Don’t forget that adults are welcome to dress up in costume, too!

During our classroom time, we will be reflecting on the “*Metaphysics of Halloween*” which is a deeper, more positive approach to the meaning of Halloween. After service, the youth will venture out to the parking lot for treats. Instead of saying, “Trick or Treat”, they will say a “Wing Word” such as peace, joy, or love. We encourage parents and others in the congregation to please bring yummy, wrapped treats or even small trinkets/toys to share with the youth. We’d be grateful for everyone’s participation in this fun family event!



**Youth Staff:** Last, but not least, *Jen King*, our Children’s Church Teacher, has decided, due to family obligations, to step down in her role. Jen will be greatly missed downstairs; however, fortunately, she and her girls, Aria, Rylee and Clarice, will continue to attend our church. We are so deeply grateful to Jen for all her immense dedication, enthusiasm and love for our younger youth.

We wish the best for her as she devotes more quality time to her family. Thank you, Jen!  
We love you and we appreciate you!

Many blessings,  
Ms. Mary, LUT, CSE

## Men's Ministry



**Tuesdays, October 2nd & 16th, 7:00pm**

The Men's Group meets the first and third Tuesday of each month,  
September through May at church. All men are invited to join!

## A Course In Miracles

# A Course in Miracles



*The journey to God is merely  
the reawakening of the knowledge  
of where you are always and what  
you are forever.*

**Every Thursday, 7:30pm to 9:00pm, at Fox Valley Unity Church.**

The emphasis for this session will be the Workbook from A Course in Miracles

The class will be facilitated by Warren Wakerlin (Wwakerlin@aol.com)

Everyone is welcome - you may join in at any time!

## Outreach Ministry



## Half Day School Program

Noon to 3:30PM

**Volunteers  
needed!**

**Thursday, October 4th, Noon-3:30pm**

Throughout the school year there are dates on which  
local school children are let out after half a day.



**2018**  
**October 4th**  
**November 2nd**

**2019**  
**February 28th**  
**April 19th**

In some cases parents of those children are working and unable to be home early. Volunteers are needed to assist in attending to those children for a couple of hours.

If you think you would like to work with those children doing crafts or other activities, please sign up!

To be eligible you need to be high school age or older, and willing to undergo a background check.

Please contact Beth Johnson for more info or to sign up:

[bethmjohnson@comcast.net](mailto:bethmjohnson@comcast.net) 630-336- 6159

## Scarecrow Fest



The Youth of Unity of Fox Valley is once again participating in the St. Charles Scarecrow Festival. They will be designing & constructing the display. Please come by Lincoln Park and vote for their display and show your support towards our Youth!

For more information, contact  
Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)  
or Joey Nelson: [tyloredurden@aol.com](mailto:tyloredurden@aol.com)

## Healing and Wholeness Service



## HEALING AND WHOLENESS SERVICE

**Please join us on Friday, October 5th, 7:00 pm**

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

***First Friday of every month!***

For more info., please contact Rose Maxson: [singingalong77@gmail.com](mailto:singingalong77@gmail.com)

## CropWalk

***Tri-Cities CROP Hunger Walk***

**CROP  
HUNGER WALK**  
**ENDING HUNGER ONE STEP AT A TIME**



**Saturday, October 13th**



**Registration: 8:30am    Walk kickoff: 9:00am**

Join fellow Unity of Fox Valley members and many others at the annual Tri-Cities CROP Hunger Walk. We will be walking 3 miles through Delnor Woods & along the Fox River.

This is your opportunity to get some exercise while making a difference for many of the hungry people worldwide. Funds raised will benefit hunger relief programs in over 30 countries around the world and also right here in our local Fox Valley area.

You can sign up and take a pledge envelope any time at the sign-up table in the sanctuary. If you don't want to walk, you can donate through one of our walkers. Or donate directly to the Unity of Fox Valley Team by clicking [here!](#)

Please contact Bobbi Severson at [bsever4785@gmail.com](mailto:bsever4785@gmail.com) for more information

## Oil of the Month



# Oil of the Month

**Sunday, October 14th, 11:45-12:15pm**

***Adult Ed Room***

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

*In October, we will continue our series on supporting the immune system, and keeping healthy as the weather gets cooler. We will look at specific oils, supplements and other products to use on our path to optimum health. Class attendees will benefit from a wider knowledge of the products and some in-class special discounts. Please join us!*

Walks ins are always welcome but signing up will help make sure there are enough materials for everyone. If your schedule frees up at the last minute we still would love to have you.

For more information, please contact Barbara DuRocher: [barbarajdurocher@gmail.com](mailto:barbarajdurocher@gmail.com)  
or Nancy Gouch: [nancygouch@att.net](mailto:nancygouch@att.net)

## Women's Wisdom Group



**Sunday, October 21st, 4:00-6:00pm**  
***Sanctuary***

The Women's Wisdom Circle had a warm and wonderful beginning in September! Would you like to be part of this group and enjoy coming together during cold winter months?

After the October meeting, this group will be closed through March, 2019. This will help the group grow together over the next few months. Please join us in October!

For more information, contact Donna Bailey at [baileynova@gmail.com](mailto:baileynova@gmail.com) or Laura Schreiner at [lauraschreiner@hotmail.com](mailto:lauraschreiner@hotmail.com).

## Loving What Is



**Wednesdays, October 24th - November 28th,  
7:00pm - 9:00pm**

(No class on November 21st)

Unity of Fox Valley is happy to provide Byron Katie's deeply transformative process called "The Work." This class is offered to provide a way to assist individuals to approach their problems from a perspective of clarity and inner peace. It is an astonishingly simple, yet powerful method of inquiry involving four questions and a "turnaround" which will resolve lingering issues and show that suffering is ultimately based on a misunderstanding – our own. All answers are within you and "The Work" is a tool to assist you in finding the happiness and peace within you.

Marge Orchard, L.U.T., who has attended "The School for the Work" with Byron Katie will facilitate the class which will consist of small and large group discussion, lecture, and inquiry. Come join us for an exciting and enlightening end of 2018!

***Textbook: Loving What Is by Byron Katie***

***Click [here](#) to purchase the book on Amazon.com***

**Offered on a Love Offering Basis ~ Class can be taken for S.E.E. credit.**

**Tailgate Trunk or Treat**

# Tailgate TRUNK or TREAT

**Sunday, October 28th**  
**After the Service**

*We will be calling all "witches, ghosts  
and goblins" to celebrate!*

Your youth may come dressed in costume  
(no weapons, please) to service that Sunday.

Don't forget adults are welcomed  
to dress up in costume, too!

Please bring treats (no nuts)  
for our "Trick or Treaters"!



Please contact Mary Nowroozi  
with any questions  
or for more info.:  
[marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Green Team

Breath of Life, a documentary on our environment, shown at the [Green Team](#) Sunday, Sept. 23, was both captivating and onerous. Our society in many years will be faced with problems which require attention sooner than later. More individuals must understand, without the influence of politics, that there are problems in environment to be solved.



The Green Team will meet the fourth Sunday of October with an event. Please stay tuned for the program plan announcement for the **Sunday, Oct. 28 event**.

The Green Team continues to take polystyrene (styrofoam) to Dart Container in North Aurora. The recycling program does not include packaging peanuts, but does include other packaging blocks and food containers.

Each one of us can do something to help our environment and our society. Doing nothing should not be an option.

We continue to think green in 2018.

## Volunteer Ministry



What a fun picnic we had!! A big THANK YOU to Deb and her Volunteers and to the Men's Group for all the schlepping and cooking they did!! Thank you to our Music Team for the setting up and beautiful music. Cannot do it without our Super Volunteers!! The day was cool, but no rain, and a fun time was had by all!!

Megon's concert was a huge success!! Thanks to the gals that helped sell tickets for this event!!

October and November are going to be busy month for volunteers and for the opportunity to support our various functions!!

Our Youth are participating in the [Scare Crow Fest](#) again this year in St Charles on October 6 & 7th. Support them by visiting the festival and voting for them!!

We have 6 walkers so far for the [CROP WALK](#) event, (Oct. 13th) so if you would like to support or even walk, it is not to late!!

We have a Dinner Dance planned in November, we will need ticket sales in October and help setting up and straightening up. I will have more information in a few weeks and will be contacting some of our Special Events Teams!!

Have a wonderful month and enjoy the beautiful fall weather!!



## Annual Meeting

# 2018 *Annual* **MEETING**

The logo for Unity of Fox Valley, featuring a stylized blue and green circular emblem above the word "unity" in a bold, sans-serif font, with "of Fox Valley" in a smaller font below it.

## Sunday, November 11th

The Board of Trustees of Unity of Fox Valley cordially invites you to attend our Annual Family Meeting, in the Sanctuary.

The meeting will begin after the service at approximately **11:30 am** and last for about one hour. You'll have time for a quick cup of coffee in our café downstairs before the meeting begins. We will be reviewing our goals and financial status, and electing new officers to the board. Everyone is welcome and encouraged to attend; however, you must be a member to vote at the election.

## Save the Dates!

- [Thanksgiving Feast](#): Sunday, 11/18, after the Service
- Thanksgiving Service: Thursday, 11/22
- [Christmas Decoration & Chili Party](#): Saturday, 12/1
- [Service of Remembrance](#): Sunday 12/2, 10am
- Christmas Pageant: Sunday 12/16, 10am
- [Christmas Eve & Day Services](#): Monday, 12/24, 7pm & Tuesday, 12/25, 10am
- [World Healing Meditation](#): Monday, 12/31, 6am

## Prayer Chaplains

Prayer Chaplains are committed to making monthly Caring Calls to all our members. Caring Calls are made to support our members with their prayer needs. If you are a member and have not been receiving a call, please contact the office at 630-879-1115 or

[churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org) and a Prayer Chaplain will call you.

Namaste!



## Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

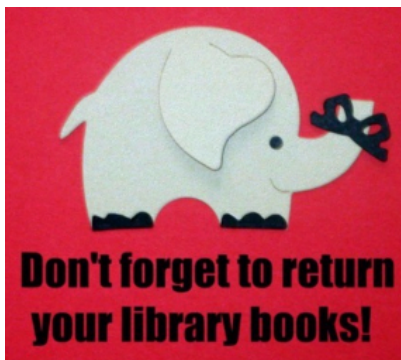
We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order in the Fellowship Hall by the 15th of each month!***

For more information, please contact Barbara DuRocher [barbarajdurocher@gmail.com](mailto:barbarajdurocher@gmail.com)

## Library



### **Please remember to return your library books!**

If you have books out from the Library and you have had them for awhile, please remember to return them!

## AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



**Just click on the link below and make a purchase!**

***Use this link over & over all year round!***

Please click on this [link](#) next time you need something & help raise money for Unity of Fox Valley!

**<http://smile.amazon.com/ch/36-2889899>**

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Office Manager, Kathleen Malick.*

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September is the month of my work anniversary. I'm thankful and grateful to be blessed with a job that I truly love. I looked on my calendar and WOW! 5 years! It has flown by and at times, it has crawled to a staggering pace but each day is a blessing.

Maybe you haven't met me. Maybe you have just seen me at an event keeping to myself. Or maybe all you know from me is from this little space in the newsletter. That is ok. I'm here if you should need me and will continue to do so as God wills it.

*Please remember that it is never too late to eat right, get up and get moving! Love yourself by **treating your body right. It's the only one you have!***

Blessings!

[Kathleen Malick](#)



## Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

## On Going Activities

- [\*\*A Course in Miracles\*\*](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [\*\*Alcoholics Anonymous\*\*](#) meeting. Tuesdays at 6:00pm.
- [\*\*Men's Group Meeting\*\*](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [\*\*Overeaters Anonymous\*\*](#) meeting. Sundays at 5:00pm.
- [\*\*Unity Green Team CommUnity Event\*\*](#) - 4th Friday or 4th Sunday, January through April and July through October.

### Contact Information

phone: 630.879.1115 [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

fax: 630.879.1728 [www.unityoffoxvalley.org](http://www.unityoffoxvalley.org)

prayer line: 630.879.1129

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