



October 2019



**Upcoming Events and Classes at
Unity of Fox Valley**
Sunday Service and Youth Education
Come join us at 10:00 am

Ministerial Musings

Behind the Mask

Halloween!!! It is the favorite holiday of children. They love it even more than Christmas. And why not? Halloween is fun. You get to go trick or treating. Frankly, I always had more fun with the trick part, but that's just me. The treat part is great too though. I remember coming home after going trick or treating for hours throughout the entire neighborhood and up and down the stores on Chicago Avenue. I remember when I got to be "too old" to do Halloween. Of course, I pretended to be cool with that because that's what us cool guys did. But deep down I was bummed about it.

Also, you got to dress up. You got to wear a costume. How cool is that? One of the most asked questions this month will be, "What are you going to be for Halloween?" Related to that is, "Are you buying a costume or making your own?" For a few hours you got to pretend, and you could be anybody or anything you want.

When you think about it though, all Halloween does is give us permission to do what we do almost every day. That is, we get to openly pretend. We don't have to apologize or explain the mask we decide to wear. All of us without even thinking about it develop our

own persona. We step outside the house doing the best we can to try to let people see us as we want them to see us. And this is an okay thing, or at least it can be.

If the mask we choose to wear brings us a little bit closer to who we really are, and if it helps move us closer to our dreams, I say terrific! Of course, if we dress up to hide ourselves, we may want to give some thought to it all. The apostle, Paul, in his letter to the Romans 13:14, talks about putting on the Lord, Jesus Christ. What a great Halloween idea! You can go as something you already are. I say let's all give it a try. All you have to do is go as yourself. You may be surprised to find how amazing people may think your new costume is. It may not qualify as a trick, but think of the treat it will be for you and everybody else.

Rev. Mike

revmike@unityoffoxvalley.org



A Little Something to Keep in Mind

We have always been a congregation of “Huggers.” However, not everyone is as outgoing – some of us are a little more shy.

To those in the “Hugger” camp – please be mindful, to those in the “Shy” camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

Note from the Board

Hello from the Board!

The Board wants to thank all who helped cleaned the kitchen during our problems with the plumbing and continuing to help while we work on restoring the kitchen to full use. The

fundraiser “Lighting the Way” will be from October 1st and end at the Town Hall Meeting on Sunday, November 17th.

The Board

Hospitality



In case you have not noticed, our hospitality service downstairs after the service has evolved into quite a wonderful experience. There is plenty to eat of different foods and desserts, almost all of which are the result of the generous loving efforts of volunteers. In addition, it has grown into a time of camaraderie, giving our church family members an opportunity to bond and share.

Please do come and join in the fun. **Please also note that the hospitality service begins after the service ends.** This is important as our children's program on occasion has been interrupted if people come downstairs for hospitality early. Your understanding of this is much appreciated.

Youth Education for the Younger Crowd

Throughout the month of October, the youth will be enthusiastically exploring the **Power of Zeal!** The Color for this month is brilliant **Orange** and the disciple is **Simon the Zealot**.

Wear orange for Power Sunday on **October 6!**

Guest Speaker: Sunday, October 13, Rev. Chase, Great Lakes Youth and Family Training Director, will be delivering the talk in the sanctuary which will be interesting and inspiring for not only the adults, but for the youth as well. I encourage all to attend!

Halloween Fun: On **Sunday, October 27,** we will be calling all enthusiastic “witches, ghosts and goblins” to celebrate our annual “[Tail Gate Trick or Treat](#)”. The youth may come dressed in costume (no weapons, please) to service that Sunday. Don't forget adults are welcomed to dress up in costume, too!

During our classroom time that morning, we will be exploring the “Metaphysics of Halloween” which is a deeper, more positive, spiritual approach to the meaning of Halloween. After service, the youth will venture out to the parking lot for treats. Instead of saying, “Trick or Treat”, they will say a “Wing Word” such as peace, joy, or love. We encourage parents and others in the congregation to please bring yummy, wrapped treats (please no nut products) and/or small toys. We appreciate everyone’s participation in this fun family event!

We are looking forward to a fabulous fall!

Ms. Mary, LUT, CSE

Youth Director

marynowroozi@comcast.net

Men's Group



Tuesday, October 1st & 15th, 7:00pm

The Men's Group meets at the Church. This group explores spirituality and religion in diverse and exciting ways. Newcomers are ALWAYS welcome!

Please come to our 1st meeting!

A Course In Miracles



Every Thursday, 7:30pm - 9:00pm

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

The class will be facilitated by Warren Wakerlin: wwakerlin@aol.com

Healing and Wholeness Service



**HEALING AND WHOLENESS
SERVICE**

Friday, October 4th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Bhagavad Gita Class



1st & 3rd Sundays, 11:45-1:15pm

October 6th & 20th, Adult Ed Room

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

For more info., please contact Carl or Lucy Klemaier: colonelklay@yahoo.com

Heart Connection Time



HEART CONNECTION TIME



**Saturday, October 12th,
10:30-2pm**

The people supporting youth ministry are gathering to build relationships, create a support network, have fun, learn experientially, and to inspire and encourage one another. You are invited!

This event is open to all adults who give or desire to give of their time, talents or treasures to youth ministry inside or outside the classroom. Parents, grandparents, prayer partners, office assistants, board members, chaperones, leaders, sponsors, teachers, directors, ministers, ... and you!

Contact Rev. Chase to register!

Event facilitated by Rev. Chase, CSE, LUT, Great Lakes Region YFM Training Director.
For more information contact Rev. Chase; Phone: 937-242-8180;
Email: yfmd@greatlakesunity.com

Oil of the Month



Oil of the Month

**Sunday, October 20, 11:45-12:15pm
Conference Room**

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

The Oils of the Month are Raven and RC! These are two must-have oils to help you during the cold and flu season. Come and hear how to use them to create wellness and health. We will create some make and take nasal inhalers and diffuser blends for health. I hope to see you there!

For more information, please contact Barbara DuRocher: barbarajdurocher@gmail.com
or Nancy Gouch: nancygouch@att.net

Women's Wisdom Group

Women's Wisdom Group



Sunday, October 20th, 4-6 pm

We are a wonderful group of wise women of all ages who join together every third Sunday from 4-6 pm to celebrate and share all the seasons of our lives. Last year's group shared stories, lessons, hope and dreams together in a safe and supportive environment. We had such a great time together and are now SO excited that others will join us for our second year.

We extend a warm welcome to join us in the Sanctuary on October 20th and see if you'd like to be part of our Circle that will meet from September, 2019-March, 2020.

After this meeting in October we will close the circle until September, 2020. This helps create an atmosphere where sharing is comfortable and we can settle in and get to know

each other better. So, please let us know if you're interested in joining us, but might be unable to attend either of those two meetings.

Please contact either Donna Bailey at baileynova@gmail.com or Laura Schreiner at lauraschreiner@hotmail.com if you have any questions.

Loving What Is



Thursdays, October 24th – November 21st, 6:30pm - 8pm

Meet Your Internal Wisdom

Unity of Fox Valley is happy to provide Byron Katie's deeply transformative process called "The Work." The Work is meditation and a method of inquiry that allows you to access the wisdom that always exists within you. In doing this simple, yet powerful practice we not only remain alert to our stressful thoughts, but we question them, and through that questioning the thoughts lose their power over us. Great spiritual texts describe the what—what it means to be free. "The Work" shows you exactly how to identify and question any thought that would keep you from that freedom.

Marge Orchard, L.U.T., who has attended "The School for the Work" with Byron Katie will facilitate the class which will consist of small and large group discussion, lecture, and inquiry. Come join us for an exciting and enlightening end of 2019!

Textbook: *Loving What Is* by Byron Katie (available at [Amazon.com](https://www.amazon.com))

Offered on a Love Offering Basis ~ Class can be taken for S.E.E. credit.

Tailgate Trick or Treat



Sunday, October 27th
After the Service

***We will be calling all "witches, ghosts
and goblins" to celebrate!***

Your youth may come dressed in costume
(no weapons, please) to service that Sunday.

Don't forget adults are welcomed
to dress up in costume, too!

Please bring treats (no nuts) for our "Trick or Treaters"!

Please contact Mary Nowroozi with any questions
or for more info.: marynowroozi@comcast.net

Green Team



The Green Team will be host to founder and leader of the Aurora GreenFest, Mavis Bates, at the event at **11:45 a.m. Sunday, Oct. 27** in the adult education room. There is no charge for attendance. We receive beneficial information.



Many thanks to Trish Beckjord for her outstanding presentation Sunday, Sept. 22 on ethical gardening. The interest level was high.

The Green Team continues to collect polystyrene, food containers and packing foam, in the bin downstairs. We want to keep up good work.

We think Green in 2019.

For more info, please contact Carter Crane: cartercrane@thevoice.us

Growth Through Loss & Change

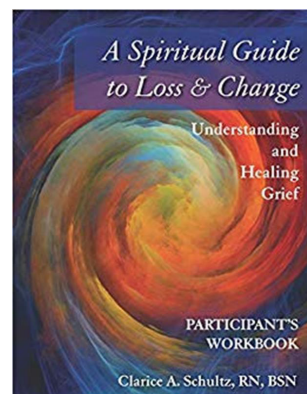
GROWTH Through Loss & Change

**Wednesdays,
October 30th to December 11th, 7-9pm
Adult Ed Room.**

No class will be held on November 27th

About the class:

This six week class is designed to answer a basic human need: how to deal with loss. This class is an experience of processing grief to restore wholeness and meaning to the lives



of individuals who have suffered loss of any kind. Typically, at the end of the six sessions, class participants express the desire to continue meeting.

How to register:

- Please register no later than Sunday, October 20th.
- Register at the Sign Up table
- Contact the church office to put your name on the list: 630 879 1115

churchoffice@unityoffoxvalley.org

Required Workbook:

A Spiritual Guide to Grief and Loss by Clarice Schultz: \$10.00

- **Orders & Payment due by Sunday, October 20th.** Please make checks out to 'Unity of Fox Valley'
- You can also choose to purchase it yourself on [Amazon.com](https://www.amazon.com)

Class Cost:

The class is offered on a love offering basis.

Volunteer Ministry



Maybe the rain dampened the grounds, but it certainly didn't dampen our spirits for our **Annual Picnic** this year. The Music Team blessed us with beautiful, fun music, even without sound equipment. Deb McQuaid, Mary Ann, and their helpers, the men's group, and everyone that brought delicious food fed us well!!!! We

are so blessed with how everyone just adapts and carries on!!

I am sorry to report that there WILL NOT be an October **Crop Walk** this year. There was not a church in the Fox Valley area that stepped up to organize this event this year. Not sure what happened. We are hoping to do another outreach event that will replace this years walk, that would benefit the Fox Valley community.

We have many great classes coming up in October, November and December. We are so blessed to have these opportunities to enrich our spiritual growth. Check them out and sign up for one, or two or maybe all of them!!

The First Friday [Healing Service](#) is near and dear to my heart, so I always put in a plug for this beautiful time of song and healing! Join us **Friday Oct 4th at 7:00PM**.

The [Women's Wisdom Circle](#) has started up again. October is still an open meeting for anyone new that would like to check out this group. It is facilitated by Laura Schreiner and Donna Bailey who had the dream for this group. It is a safe atmosphere to discuss many topics that support and empower women of all ages. Please think about joining us this month, **Oct. 20th, from 4-6PM**. We meet in the Sanctuary.

We so appreciate all of our volunteers!! We have a wealth of talent in this little church community of ours that supports us emotionally and physically!! I can't ever say THANK YOU enough to all of you that so generously give and give!!

Blessings and Love!!!

Bobbi Severson

bsever4785@gmail.com

Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

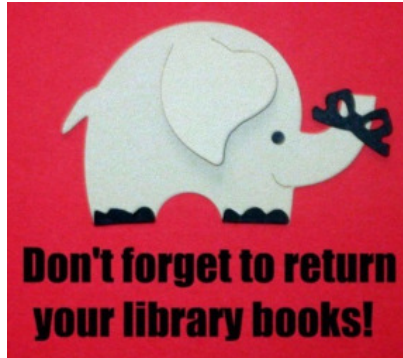
Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Library

Looking Ahead

**Please remember to return
your library books!**



If you have books out from the Library
and you have had them for awhile, please
remember to return them!

- 11/1: [Healing & Wholeness Service](#)
- 11/3 & 10: [Gita Class](#)
- 11/3: [Secret Santa Starts](#)
- 11/5 & 19: [Men's Group](#)
- 11/9: [Movie Night](#)
- 11/17: [Annual Meeting](#)
- 11/24: [Thanksgiving Feast](#)
- 11/27: [Thanksgiving Service](#)
- 11/27-12/1: Office Closed

AmazonSmile



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Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](#) next time you need something
& help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

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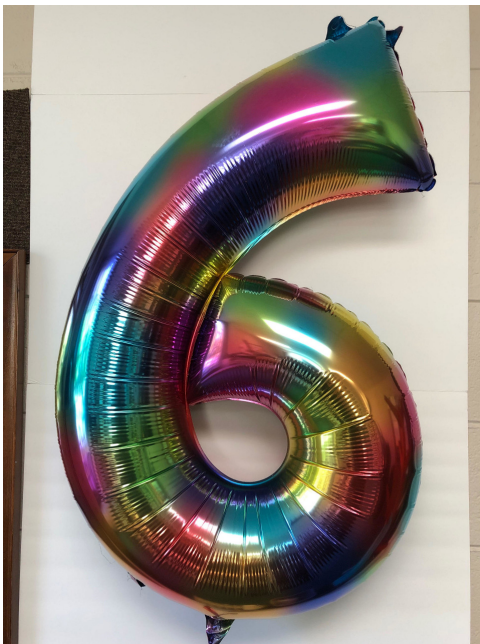
charity lists
amazon smile

Occasionally, we need to restock our supplies. You can help!

Just click on the [here](#) to see what we need!

News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings
of our Office Manager, Kathleen Malick.*



This past September I celebrated my 6th here at Unity of Fox Valley. I'm grateful and thankful for all of it.



I SUPER LOVE football this year and my daughter's Homecoming game was no disappointment! Need to find me on a Sunday afternoon or Monday night? I'm in front of my tv with my Chicago Bears sweatshirt on and munching on football shaped pretzels!

Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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