



September 2017



### **Upcoming Events and Classes at Unity of Fox Valley**

Sunday Service and Youth Education  
Come join us at 10:00 am

## **Ministerial Musings**

Dear Spiritual Family,

Ah! Labor Day and the marking of the end of summer. There's a different energy in the air, nights are cooler, and each day we notice the hours of daylight getting shorter. This is my favorite time of year – dry days, crisp cool nights and beauty of nature all around.

This is a perfect time to make some time to be alone in nature to just absorb its beauty and fill our senses and renew our spirits with sights, sounds, and fragrances of autumn.

We are blessed to live in an area where we can experience the beauty of seasons changing. Each season brings its own gifts and reminds us of our connectedness and responsibility to care for this precious earth that is our home.

Wishing you a beautiful autumn,

Love & blessings,

Rev. Jan

## **Note from the Board**

On August 14th, the Board discussed the upcoming Town Hall Meeting. The elements

would consist of finances, survey results, fundraising & the Board discussed an offer by a school to rent the church for use, possibly into September.

## *The Board*

### The Giving Tree



Did you know that church is a business? It's a different kind of business than most but it still has normal expenses like mortgages, insurance, heat, water and electricity.

We want Unity of Fox Valley to be open and available for you for meetings, classes and events but that requires all of us to step up and be part of this wonderful community to make sure we thrive and not just barely survive.

Please check out our Giving Tree and take a leaf or two or three off the tree at what ever level you can. We have a Fall Fund Raiser Goal of \$25,000 to make sure we finish the year in the black and replenish our Special Reserve Funds.

You are this Spiritual Family – you are this Spiritual Community. Will you make us a priority and bless us as you have been blessed by us?

Sincerely,  
Your Board of Trustees

### The Quest



[The Quest- A Journey of Spiritual Re-discovery](#)

Join Rev. Jan and Licensed Teachers Marge, Maria, and Mary in this spiritually empowering class that will open you up to rediscovering new aspects and insights into your spiritual self.

Drop Ins are always welcome!

## **Sundays, after the Service, 11:30 – 12:30pm** **Love Offering Basis**

**Books Needed:** [“The Quest”](#) and [“Adventures on the Quest”](#)

### **Youth Education for the Younger Crowd**

Last month, our Vacation Bible School week was a huge success including the youths' heart-warming performance on Sunday, August 6th! Youth from preschool age to teen participated in indoor and outdoor games, crafts, prayer, and story time related to the Healings of Jesus. We especially focused on how Myrtle Fillmore, Unity's Co-Founder was able to heal herself through prayer and meditation that demonstrated to us that we too have that healing power. We truly appreciate the parents for bringing their youth to our program as well as Rob Orland, our Music Director, and Rose Maxson and Phil Munton who all graciously came in during the week to teach songs to the youth. Last, but not least, we thank the youth for joining in on the fun!

We again are ever so grateful to Rose Maxson and Phil Munton who joined us on Sunday, 7/23, for fun and music. Rose and Phil sung to Phil's book *You're An Eagle, You Can Fly*. Phil not only wrote this inspirational story about a young eagle discovering his innate ability, he illustrated it wonderfully as well. The youth surely enjoyed singing along! Thank you, again, Rose and Phil!

Our youth will continue to join in on the fun for the Month of September when they will be delving into the Power of Order. The color for this Power is **Dark Green** and the Disciple is James, son of Alphaeus. We will teach and inspire the youth to come to an understanding of how everything is created in alignment with the law of God Mind. In order to enhance this understanding, the youth will be creating a Solar System craft, expressing the perfect balance and harmony of our awesome infinite cosmos.

Last, but not least, please join everyone at Unity of Fox Valley's Annual [Church Picnic](#) to be held at Fabyan Park in Geneva on **Sunday, September 10th**, during our **10 am**

service. Youth of all ages are invited to join us for fun in the sun with inspiring games, crafts, stories and songs! We would appreciate it if every family would please bring a dish to pass for our picnic following the service.

We're looking forward to seeing all of you there!

Ms. Mary, LUT, CSE

[marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Healing and Wholeness Service



## HEALING AND WHOLENESS SERVICE

**Please join us on Friday, September 1st, 7:00pm**

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

***First Friday of every month!***

For more info., please contact Rose Maxson: [romax52@aol.com](mailto:romax52@aol.com)

## Sunday Service & Church Picnic

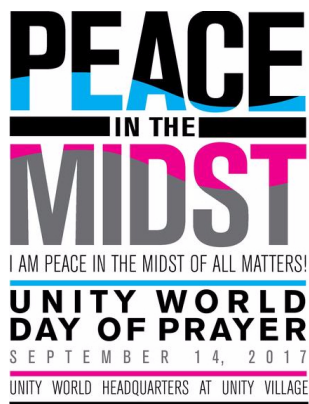


### Fabyan Forest Preserve - West

This is just North of Fabyan Parkway on Route 31. At the shelter. Look for Unity of Fox Valley signs. We'll barbeque and play lots of games. There are Japanese Gardens, a Windmill, walking paths, and even fishing!

**For the WHOLE family! EVERYONE is invited!**

## World Day of Prayer



Please join us at Unity of Fox Valley as we celebrate Unity World Day of Prayer. Times of great change challenge us to find our center in the midst of seeming chaos. The spiritual practice of finding peace right where you are, in the midst of any situation, has been the prescription of master teachers through the ages.

Unity is echoing this centuries-old practice during World Day of Prayer 2017, calling for "Peace in the Midst." We're engaging people all over the world with renewed spiritual energy to Pray Peace ... Be Peace ... Do Peace.

There are several ways to participate in a 2017 World Day of Prayer service.

You are invited to join the Prayer Chaplains on:

**Wednesday evening, September 13, at 7 p.m. or**  
**Thursday morning, September 14, at 10:00 a.m.**

*Bring your family and friends and be in Peace in the Midst of All Matters!*

For more info., please contact Marge Orchard:

[marorchard@wideopenwest.com](mailto:marorchard@wideopenwest.com)

## Game Night

# MONTHLY GAME NIGHT

**Please join us on Friday, September 15th, 7:00 pm**

Let's have some fun together! We have Rummikub, Quirkle, Oh Hell, Scrabble, & of course, Dominoes. We also encourage you to bring your own favorite games and share them with us. Children are welcome with a responsible Adult. Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more info., please contact Mickey Cowles: [mickeyc115@sbcglobal.net](mailto:mickeyc115@sbcglobal.net)

## Book Signing

# CELEBRATE WITH US

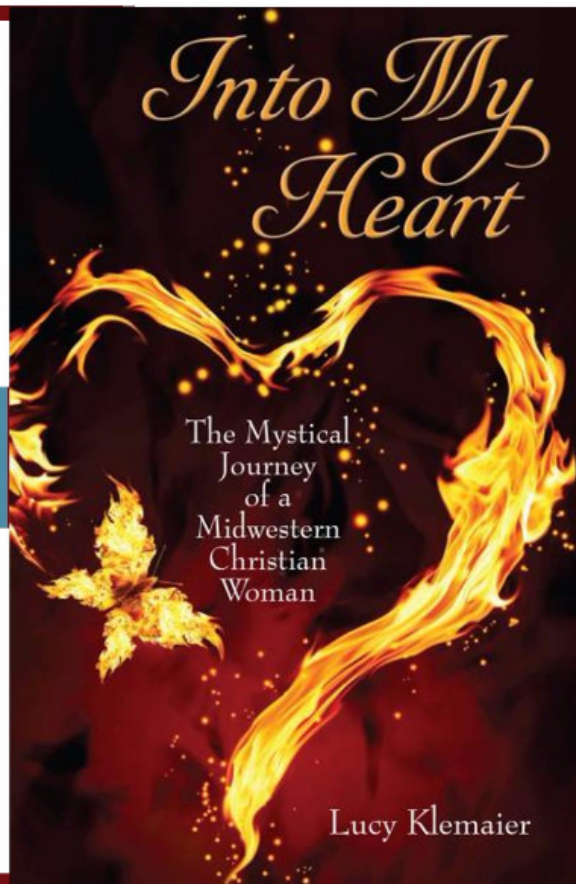
AN EXCLUSIVE  
*Unity of Fox Valley*  
BOOK SIGNING EVENT

*Lucy Klemaier*

Sunday,  
September 17<sup>th</sup> & 24<sup>th</sup>,  
after the Service

This is your opportunity to meet  
the author and purchase the book!

For more information, please contact the Church  
Office: [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)



## Green Team

"**An Inconvenient Truth**" award-winning documentary will be shown by the Green Team at the **Sunday, Sept. 24** event following church service and a break for food. The 2006 documentary by Al Gore is the first of his two documentaries. His topic is simple: There is climate change and we can prevent some of it by taking inconvenient steps to help mother Earth. There are nay-sayers, of course, however, what Al Gore has put together won awards for content and cinematography.



A nice group gathered Sunday, Aug. 27 to see the documentary film, "Intelligent Trees" which used information from a forester and a scientist to tell us that trees form bonds, help each other, and assist young trees the best way possible. The elucidation helps us put into perspective our true interdependence with all living things and we must learn to share space in respect, not pure gain and dominance.

The Green Team continues to share a food table each Sunday with good vegetables for children and adults. We pick up polystyrene (styrofoam) from the container adjacent to the Green Team table downstairs. Dropping off polystyrene items only is open to everyone. The Green Team will meet the fourth Sunday in October, which is October 22. Stay tuned.

Still going Green in 2017!

## Volunteer Ministry



Hello everyone!! A new month is upon us with new opportunities to volunteer!!

**ANNUAL PICNIC:** This is coming up September 10th. We still need volunteers to help set up the morning of the event and cleanup as well. Plan on

arriving about 8:30 to get the picnic tables ready! A lot of work goes into this annual event and we always appreciate our volunteers who make it happen!!

**CROP WALK:** OCTOBER 14TH at the Bethlehem Lutheran Church in St. Charles. We are still looking for one or two people to oversee the CROP WALK this year. We want to start promoting the month of September. That just entails setting up a table and handing out information. If you are walking, then the day of the walk, you will turn in all monies collected. I will be available to assist and answer any questions. I have all of the packets and marketing literature we need, but would like someone to be the chairperson or persons! I found out at the planning meeting that last year we raised over \$3,990,00!! We were one of the highest contributing churches in the TriCities group!! MANY THANKS TO EVERYONE FOR YOUR PARTICIPATION!! LET'S RAISE THE BAR FOR 2017!!

**TOWN HALL MEETING:** There were many great suggestions for Marketing and getting the word out about our community! If something is near and dear to your heart, please consider getting involved to help make our dreams for our beautiful church community happen. Talk to your Board of Trustees, talk to Rev Jan, talk to me!! I have already seen some announcements and happenings posted on FB by our congregants!! Thank you for helping get the word out!!!

Blessings!!

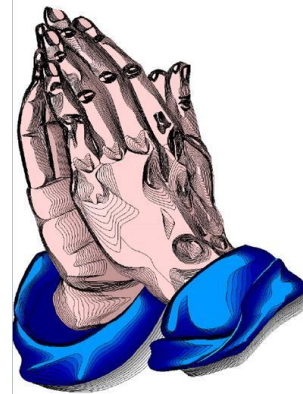
Bobbi Severson, [bsever4785@gmail.com](mailto:bsever4785@gmail.com)

## Prayer Chaplains

Unlike hospital, hospice or military chaplains, Prayer Chaplains are not ordained, are not Board Certified by any nationally known organization and do not counsel or advise people. Our role is as a lay resource to help meet the pastoral care needs within this church



community. As Prayer Chaplains, we are trained to do the following: hold spiritual space, listen, and pray. We serve as the extension of Rev. Jan's ministry making personal connections with those of you who desire to have us pray with you.



Unless it is requested, a Prayer Chaplain will not call a member back until the following month. Some of you have expressed surprise that we do not check with you on the outcome of our prayer. We entrust that to God. We do appreciate it when you share with us the results of answered prayer. We encourage you to call the office at any time and request your Prayer Chaplain call you if needed. Blessings and Peace!

If you are interested in serving as a prayer chaplain, please contact Marge Orchard at [margeorchard@gmail.com](mailto:margeorchard@gmail.com)

## Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order in the Fellowship Hall by the 15th of each month!***

## Helichrysum

It is a flower found in Yugoslavia, France and Italy. It steam distilled from flowers.

**Properties:** Antibacterial, anticatarrhal, anticoagulant, antioxidant, antispasmodic, antiviral, expectorant and mucolytic.



**Application:** Apply to Vitaflex Points and directly on the area of concern, and/or diffuse.

**Body Systems Affected:** Cardiovascular system, Muscles and Bones

**Common Primary uses:** It may help with AIDS/HIV, Aneurysm, Antioxidant, antiviral, bleeding, blood clots, bone bruises, bruises, burns, cholesterol, colitis, dermatitis/Eczema, herpes simplex, nose bleeds, psoriasis, scarring, sciatica, shock, stroke, sunscreen, tennis elbow, tinnitus, tissue repair & tooth abscesses.

## Daniel Nahmod



**unity**<sup>®</sup>  
of Fox Valley

presents Award-winning singer/  
songwriter and producer

# Daniel Nahmod in Concert

**Saturday, October 7th**  
**7:00 pm**

**\$20/adult 12 & under Free w/adult**

With over 110,000 CD's sold, performances for well over a million people, Daniel is one of the most successful and beloved independent singer-songwriters working in America today. The beauty and depth of Daniel's music transcends the everyday.

This is s concert the whole family will enjoy.  
*Don't miss it!*

**Daniel Nahmod writes songs that stir your soul and warm you heart.**

**www.unityoffoxvalley.org**  
**churchoffice@unityoffoxvalley.org 630 879 1115**

**Unity of Fox Valley, 230 Webster Street, Batavia, IL**

Tickets are available [online](#) to purchase.

Sunday ticket sales won't start till 9/17.

## CropWalk

*Tri-Cities CROP Hunger Walk*



**Saturday,  
October 14th, 8am**

Join fellow Unity of Fox Valley members and many others at the annual **Tri-Cities CROP Hunger**

**Walk.** We will be walking 3 miles through the beautiful Norris Forest Preserve in St. Charles and along the Fox River Trail.

This is your opportunity to get some exercise while making a difference for many of the hungry people worldwide. Funds raised will benefit hunger relief programs in over 30 countries around the world and also right here in our local Fox Valley area. You can sign up and take a pledge envelope any time at the sign-up table in the sanctuary. If you don't want to walk, you can donate through one of our walkers

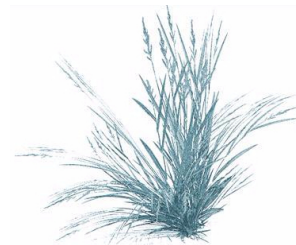
Please contact Beth Johnson for more information:

[bethmjohnson@comcast.net](mailto:bethmjohnson@comcast.net) 630 366 6159

## Grief Class

### **Growth Through Loss and Change Class: Learning to Live With Loss**

A 6-week education and support class offered to assist yourself and others in going through the process of grief, loss and change.



Facilitated by Maria Cosentino LUT

**Wednesdays**  
**Oct. 18 - Nov. 29**  
**No Class Nov. 22**  
**6:30- 9:00 pm**

For more information, please contact Maria Cosentino: [mlcosentino@gmail.com](mailto:mlcosentino@gmail.com)

## Membership Class

# Welcome to unity

On **Sunday, October 22nd** we will hold the "Welcome to Unity" class **at 11:30am**. This class will be taught by Rev. Jan and licensed teachers. The class is a great way to learn about Unity teachings, Unity of Fox Valley, to ask questions, and to get to know other members of our spiritual family.

If you would like to become a member of Unity of Fox Valley you need to take this class but everyone may attend.

**Come join us!**

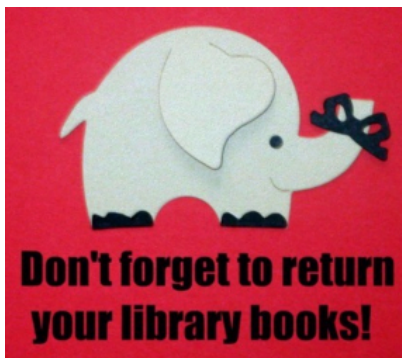
*Books will be available in class:*

*"Alternatives" by William Fischer \$11/each*

*"Unity: A Quest for Truth" by Eric Butterworth \$11/each*

*Register at the Sign Up Table!*

## Library



**Please remember to return your library books!**

If you have books out from the Library and you have had them for awhile, please remember to return them!

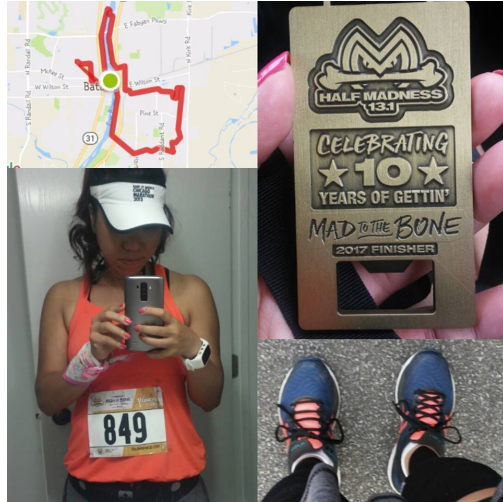
## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Business*

Manager, Kathleen Malick.

I am so very glad that I went on the trip to Unity Village and it was sooooo AWESOME to be in the Path of Totality during the Total Solar Eclipse!

I'm thankful for the outpouring of support I received during the trip when they heard that my family had to put my beloved kitty, Booker Twinkle-Glitter, down while I was gone.



On Sunday 8/27, I ran my 7th Half Marathon. The Batavia Half Madness. It was a wonderfully cool day and it was really neat to run right past UFV!

*Please remember that it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the only one you have.*

Many blessings,  
[Kathleen Malick](#)

## Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

## AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

Just click on the link below and make

a purchase. AmazonSmile will donate a percentage of the purchase price of eligible



products to Unity of Fox Valley!

Please click on this link to start shopping & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

## On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Women's Group](#) - Stay tuned for upcoming events.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

### Contact Information

phone: 630.879.1115 [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

fax: 630.879.1728 [www.unityoffoxvalley.org](http://www.unityoffoxvalley.org)

prayer line: 630.879.1129

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