



September 2018



Upcoming Events and Classes at Unity of Fox Valley

**Sunday Service and Youth Education
Come join us at 10:00 am**

Ministerial Musings

Dear Spiritual Family,

I was thinking the other day about “knowing what you know” and I was thinking about Brian. Brian owns the building next door to me in Chicago. He’s a retired general contractor who hasn’t fully retired because he continues to do small jobs for people he likes. He’s one of those people who does beautiful work and uses the most trustworthy subcontractors. He’s done several jobs for me in the past and I want to share a story about him..

A few years ago when I had open heart surgery I wasn’t allowed to do anything very physical for several months. One day during my recuperation Brian called and mentioned he hadn’t seen me in a while and wondered if I was ok. I told him I was “out of commission” for a bit because of my surgery.

He said “Don’t worry about a thing. I’ll keep an eye on your property while you’re recuperating.” Over the course of the winter and Spring months Brian shoveled snow, kept sidewalks clean, checked hallways for burned out bulbs, fixed gates, and in the

spring climbed on my roof and cleaned out gutters. From time to time he'd call to give me an update but he never sent me a bill.

Later, when we got together to discuss another project that needed to be done I asked him about all the work he had done and what I owed him he replied, "I was just helping out so you didn't have another thing to worry about and I was also keeping you in my prayers."

I don't necessarily believe in angels who are mystical, ethereal things but I do believe that sometimes angels can speak with an Irish brogue, have a twinkle in their eye, and hold you in their prayers. Thank you, Brian.

Who has been an angel in our lives? Have we played the angel in someone else's life? Who knows, we may have been "entertaining angles unawares."

Love & blessings,
Rev Jan



A Little Something to Keep in Mind

We have always been a congregation of "Huggers." However, not everyone is as outgoing – some of us are a little more shy.

To those in the "Hugger" camp – please be mindful, to those in the "Shy" camp. If you are someone who isn't up to a hug, when you see a potential hugger bearing down on you – just hold out your hand for a shake.

Everyone is different and isn't that a wonderful thing?

Do Blonds have More Fun?

While surfing the internet and doing some research, I happened upon an old Lady Clairol ad. It featured a picture of a blond lady with the caption: "If I've only one life...Let me live it as a blond."

In this case as usual the advertising world was attempting to convince the women of the world what was important, and of course implied you were lacking if you failed to meet their standards. However, it did get me thinking...

Notwithstanding whatever anybody's personal beliefs may be regarding an afterlife, the ad does trigger an important question. If indeed I have only one life, let me live it as _____? How intriguing is this question if you have complete discretion as to how the blank can be filled!

You may fill it in with something quite mundane. If being a blond is your thing, then go for it. Perhaps you prefer to live your life as an astronaut or a marine biologist or maybe a glamorous actor? It may seem far-fetched and unattainable, so there always is the tendency to settle for something less.

From a Unity perspective the blank the statement may be phrased slightly differently: I AM _____! Again, how we decide how to fill in the blank may seem far-fetched, and unattainable. But it's not. This is the Great I AM that dwells within each of us. It knows no limits other than those which we impose. Maybe blonds have more fun, but this lifetime is your opportunity to think really big.

Rev. Mike

I AM

Note from the Board

The Board discussed the flat roof and there are no leaks, but no improvements could be made. This will be looked into further. The Build Out is 98% completed. The Board discussed plans for improving the Men's & Women's Bathroom . The [Annual Picnic](#) is for September 9th. The [Annual Meeting](#) will be November 11th. [Megon McDonough](#) will be in concert September 22 and in Service on September 23rd. The 2018-2019 budget is being prepared

Youth Education for the Younger Crowd

For the month of September, our youth will be exploring the Power of Order. The color for this Power is **Dark Green** and the Disciple is James, son of Alphaeus. Through prayer, stories, crafts and games, we will encourage the youth to come to an understanding of how we are always living in Divine Order and that it can be no other way. Additionally, they will learn that by affirming Divine Order in their lives, they are demonstrating true faith in the one presence and one power of God.

Speaking of Divine Order, our church is having their annual Unity of Fox Valley Church [Picnic](#) once again! This year it will be held on Sunday, September 9th, at Fabyan Park in Geneva during the 10 am service. Please bring a dish to pass and arrive a few minutes early to settle in and enjoy the outdoor service. We also encourage youth of all ages to join Youth Ed for fun in the sun with inspiring games and songs and with a leisurely stroll around the lovely gardens!

As most of you know, there will be a first-time ever [UNO Tournament](#) at the picnic, and a few of our teens eagerly signed up to join in on the excitement as well as created a team name for themselves as the UNOTEENS! We are sure the UNOTEENS as well as other players will have a fabulous time at the Tournament! Thank you to the Prayer Chaplains for sponsoring this terrific tournament idea!

Also, once again, it is that time of year for the Fall Uniteen and YOU Retreats, both to be held in Elkhorn, WI. The Uniteen Retreat will be held from Friday, 9/28, to Sunday, 9/30. All forms and payment of \$75 (1/2 the total cost of \$150 – Youth Funds will cover the other half) will be due no later than Sunday, 9/9 (same day as the church picnic).

The **YOU Retreat Dates are Friday, October 19 to Sunday, October 21**. Paperwork will be available soon!

Very Important! **Adult Sponsors are needed for both retreats.** These retreats are excellent opportunities for connecting, socializing and enhancing spiritual growth, not only for the teens, but for adult sponsors as well. You must be a church member and know that

a background check will be required. Youth Funds will cover the cost. Please contact me at marynowroozi@comcast.net if you are interested in sponsoring either or both retreats. Your participation will be greatly appreciated!

We're looking forward to a FABULOUS FALL!

Ms. Mary, LUT

Office Closed



Monday, September 3rd

The Office will be closed for Labor Day.

Have a wonderful long weekend!

Music Ministry

Back to Wednesdays!

[Music Team](#) practice is now back to

Wednesdays from 6:30-8pm!

For more info, please contact

Rob Orland: simplesoul60@gmail.com



A Course In Miracles

A Course in Miracles



*The journey to God is merely
the reawakening of the knowledge
of where you are always and what
you are forever.*

Every Thursday, 7:30pm to 9:00pm, at Fox Valley Unity Church.

The emphasis for this session will be the Workbook from A Course in Miracles

The class will be facilitated by Warren Wakerlin (Wwakerlin@aol.com)

Everyone is welcome - you may join in at any time!

Healing and Wholeness Service



HEALING AND WHOLENESS SERVICE

Please join us on Friday, September 7th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Annual Picnic



For more info., please contact Deb McQuaid, Chair: debmcquaid@aol.com
or Jo Ann Vanthournout, Co-Chair: joannvan32@gmail.com

Uno Tournament

UNO

TOURNAMENT!

**Picnic Sunday, September 9th,
After the Service**

***The Prayer Chaplains* are sponsoring
our first **Uno** (original Uno) **Tournament**
at our 2018 UFV Picnic.**

The winning team will receive \$50!

The teams may consist of spouses,
siblings, parent/child, best friends
...it doesn't matter except one person
from each team must be
a member of UFV.

**Please register at the
Sign Up Table!**

\$5
entry
fee per
person

**Registration
and entry fee are
due by Sunday,
8/26**

For more information, please contact
Wanda Faye: geminiangoddess2000@yahoo.com

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World Day of Prayer

Unity Celebrates the 25th Annual World Day of Prayer



Please join us at Unity of Fox Valley as we celebrate Unity World Day of Prayer. It returns Silent Unity and friends to the foundation of Unity prayer: celebrating and affirming the true spiritual nature of healing. Echoing this year's Unity monthly themes, World Day of Prayer carries the title "Courage to Heal"

There are several ways to participate in the 2018 World Day of Prayer service.

You are invited to join the Prayer Chaplains on:

**Wednesday evening, September 12, 7:00 pm or
Thursday morning, September 13, 10:00 am**

Bring your family and friends and have the "Courage to Heal"

For more info., please contact Marge Orchard: marorchard@wideopenwest.com

Oil of the Month



Oil of the Month

Sunday, September 16th, 11:45-12:15pm
3rd Sunday this month due to the Annual Picnic - Adult Ed Room

We will be picking an oil a month and have a brief 30 minute class as to where the oil comes from, how it is diffused, the properties it contains, what it can be used for and how to apply/diffuse it.

*As fall approaches, we are focusing on Supporting our Immune Stems with a three-month series. In September, we will explore the health giving properties of **Ningxia Red**, one of the best antioxidants in the world.*

Walk-ins are always welcome but signing up will help make sure there are enough materials for everyone. If your schedule frees up at the last minute we still would love to have you.

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com
or Nancy Gouch nancygouch@att.net

Women's Wisdom Group

**Women's Wisdom
Group**



September 16th, 4-6pm, Sanctuary
Third Sunday of every month!

Ladies! Join us at Unity September through March, to inspire, listen, celebrate, and support each other in all our “seasons” of life. We have so much to share with each other, as we all need love and positive encouragement in our daily lives.

Any questions can be directed to Donna Bailey: Baileynova@gmail.com
or Laura Schreiner: LauraSchreiner@hotmail.com

Men's Ministry



Tuesday, September 18th, 7:00pm

The Men's Group meets the first and third Tuesday of each month,
September through May at church. All men are invited to join!

Embracing the Feminine Nature of the Divine



Wednesdays, September 19th - October 17th, 6-8pm
Adult Ed Room

This course will have (both men and women) explore the historical accounts of the great feminine mystics, the repression of women in the Bible, draw deeper into the feminine nature of our Divinity and seek to balance the feminine (love, compassion and intuition) and masculine (intelligence, will and power) energies in our lives.

Required Book:

- ***Embracing the Feminine Nature of the Divine: Integrative Spirituality Heralds the Next Phase of Conscious Evolution*** By Toni G. Boehm, PhD., First Edition 2001

***\$15/book. Orders & payments needs to be received
by Sunday, September 9th***

For more info., please contact Debra McQuaid: debmcquaid@aol.com 630-842-0115

Megon McDonough Concert



presents nationally known
singer-songwriter

Megan McDonough

**Saturday,
September 22nd, 7pm**

\$20/adult 12 & under Free w/adult

Anyone who attended Catholic School in the 50's & 60's will tell you the nuns start recruiting you at a very early age. Convinced it would go on my permanent record if I didn't raise my hand. I answered "yes" when asked if I wanted to be a nun. Then I saw the Beatles and all bets were off!

Please join us for an evening of original music and story telling about the following the call to become a singer songwriter and actor instead of "taking the veil"!



Unity of Fox Valley
230 Webster Street, Batavia, IL
www.unityoffoxvalley.org
churchoffice@unityoffoxvalley.org 630 879 1115

*Purchase your tickets after the Sunday Service
or you can purchase your tickets online now by clicking [here](#).*

Green Team

The Green Team event Sunday, Aug. 26, the fourth Sunday of the month, held a compelling focus on speaker Bill Koehl's discussion of how to reach our elected representatives to assist in limiting climate change. The Unity of Fox Valley Green Team added its name to efforts to reach our elected representatives with a mail campaign to raise awareness in a continuing effort to find solutions and alternatives to use of fossil fuels.



The next [Green Team](#) event will be **September 23**, the fourth Sunday of the month. We will show the movie, "Breath of Life" a 2015 documentary film which examines possible future problems with our environment and what can be done. It will include photography in Europe and North America, including Hawaii, and will have reports from scientists, farmers, and environmentalists.

Think Green in 2018!

Volunteer Ministry



WHAT'S HAPPENING THIS MONTH!!! Church picnic coming up September 9th, Deb McQuaid is chairing again this year. Please don't forget to sign up for a dish to pass and maybe help set up before the service!!

Ticket sales are going great for [Megon's concert](#)!! Thanks to those ladies who volunteered to help out each Sunday!! Be sure to join us on Sept. 22nd for some fabulous music and fun!!

IT'S TIME TO WALK AGAIN!! Just a heads up that we will be participating in the World Church Services [Crop Walk](#) again this year. Hoping for a beautiful fall day on Saturday Oct 13th, This event will again be hosted by Bethlehem Lutheran Church on Rt 25 in St. Charles. Registration will be at 8:30am. with walk time at 9:00am. Watch for the sign up information coming soon. We need walkers and sponsors for this event!!

Thank you so much to our volunteers that, like the energizer bunny, just keep going and going!! The Coffee and Cafe team feed us well and the landscape committee and Cecilia make sure we look pretty and inviting!!

Blessings to all who serve, we are so grateful!!

Bobbi Severson, bsever4785@gmail.com

Prayer Chaplains

The prayer chaplains respectfully request that everyone honors the sacred space for congregants and the chaplains at the front of the sanctuary immediately following service. Your cooperation is appreciated.

Namaste!



Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything?

Place your order in the Fellowship Hall by the 15th of each month!

For more information, please contact Barbara DuRocher barbarajdurocher@gmail.com

Outreach Ministry



Half Day School Program

Noon to 3:30PM

**Volunteers
needed!**

Thursday, October 4th, Noon-3:30pm

Throughout the school year there are dates on which
local school children are let out after half a day.

2018

October 4th

November 2nd

2019

February 28th

April 19th

In some cases parents of those children are working and unable to be home early.
Volunteers are needed to assist in attending to those children for a couple of hours.

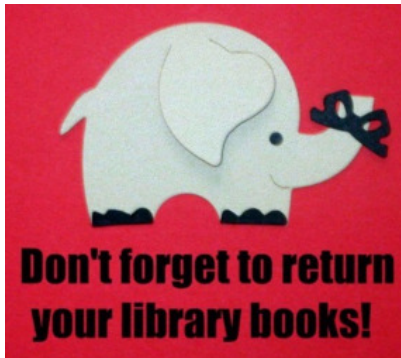
If you think you would like to work with those children doing crafts or other activities,
please sign up!

To be eligible you need to be high school age or older, and willing to undergo a
background check.

Please contact Beth Johnson for more info or to sign up:

bethmjohnson@comcast.net 630-336- 6159

Library



Please remember to return your library books!

If you have books out from the Library and you have had them for awhile, please remember to return them!

AmazonSmile

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you.

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley!



Just click on the link below and make a purchase!

Use this link over & over all year round!

Please click on this [link](http://smile.amazon.com/ch/36-2889899) next time you need something & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings
of our Business Manager, Kathleen Malick.*

My daughter, Ava started High School & her schedule is full. On top of my job, my training, household duties & my volunteer work, I try to spend some time with my kiddo. So here we are at Starbucks with her friend trying to catch a quick breath before I run them back to evening Band Rehearsal. Busy is good! It means you aren't sitting idle. Oh yes, I do love my times where I just get to sit still and BOY! Can I sit still! But never for long before responsibilities call to get you moving again. That's ok. <3



*Please remember that it is never too late to eat right, get up and get moving! Love yourself by ***treating your body right. It's the only one you have!****

Blessings!

[Kathleen Malick](#)

Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

On Going Activities

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm.
- [Unity Green Team CommUnity Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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