



October 2021

Ministerial Musings

Ghosting

It's the bootiful month of October and time to think about witches, skeletons, vampires and ghosts. One of my favorite things about Halloween is that it is a time when we reduce frightening things to ridicule. We cackle at witches. Skeletons tickle our funny bones. We don't let vampires drive us batty. You want to dress up as a ghost? Ghoul for it but if you are driving, be sure to wear your sheet belt.



There is a long-time behavior with a current day term to describe it – ghosting. Ghosting is when somebody just disappears from a relationship. It is not uncommon in dating. All of a sudden, one of the two people just leaves the relationship without a word, no explanation, no reason, no complaint – nothing! He or she doesn't answer phone calls, text messages, snail mail or any other attempt to make contact. It is not a case of something bad having happened to the person who disappears; they just become "ghosts," leaving the other person or persons confused and hurt.

Seems like a not nice thing to do, doesn't it? Maybe when it happens or more precisely when we do it, we do not even think about it. Well, I am not trying to spook you, but at times I think we all do. Ghosting is not limited to the dating scene. It is something that we do anytime we fail to show up. We do it anytime we deny our presence in response to the Holy Ghost, aka Spirit. Someone reaches out to us and we pretend not to see them – ghosting. A loved one is hurting and we turn on the TV – ghosting. Someone apologizes to us and we respond by snubbing them – ghosting.

It is not hard to do. All you have to do is pretend. All you have to do is remove yourself for any reason from the situations or the persons involved. All you have to do is disappear or choose to close off your awareness. We can be so afraid of being hurt that we choose the pain of separation instead. We can be so afraid of being alone that we choose loneliness as a way to escape it. We even try to do it in our relationship with God.

But what if we made a Halloween pledge to turn it around? What if we gave ghosting a new meaning? Instead of disappearing, what if we deliberately introduced Spirit into every situation, every action and as much as possible into all of our thoughts. If we can laugh at zombies, witches, skeletons, vampires and ghouls; surely we can laugh at our own fears. All we have to do is “ghost” them by keeping Spirit in the picture.

How does a ghost unlock the door to all the answers? With a SPOOK-KEY!

Peace,

Rev. Mike

revmike@unityoffoxvalley.org

Youth Education for the Younger Crowd

It's Fall! The perfect season for our youth to explore the exciting Power of Zeal! The Color for this Power is brilliant, fall **Orange** and the disciple is **Simon the Zealot**. Also, during this month of October, we will be reflecting on the “*Metaphysics of Halloween*” which is a deeper, more positive, spiritual approach to the meaning of this exciting autumn holiday.

Please join us for the following upcoming events:

- **Tail Gate Trick or Treat:** Please stay tuned! More information to come on this FUN event!
- *Upcoming **Christmas Pageant**, December 12, 10 am Service:* It's not too early to be planning our annual Christmas Pageant to be held on 12/12 during the 10 am Service, so we will be sending out information soon pertaining to permission participation forms and the roles being offered. Please know that we are extremely aware of safety protocols; therefore, each youth will be provided a reusable, plastic clear face covering (the same ones the Music Team is wearing).

We appreciate our families for bringing their youth to our **Sunday School** program during these ongoing unprecedented times. We thank you for you for your patience and

understanding as we had adjusted the downstairs area to ensure a safe, yet enjoyable experience for all!



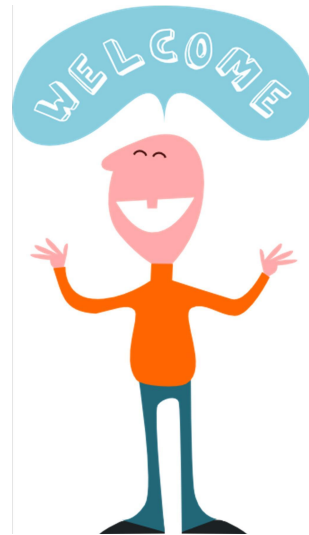
Blessings to all,
Ms. Mary, LUT, CSE
marynowroozi@comcast.net

Usher/Greeter Ministry

IMPORTANT VOLUNTEER OPPORTUNITY!!!

WE ARE REBUILDING THIS VOLUNTEER MINISTRY AND NEED YOUR HELP!!

Who is usually the first person you see when entering the church service? It is one of our Greeters! Why? Why are they there? What function do they serve? Ask yourself what is the feeling that you have upon being warmly welcomed by one of our Greeters. If you are a newcomer walking in for the first time, that first impression of warmth and welcoming sets the tone for your experience. Now ask yourself what it would feel like if that person wasn't there each Sunday to greet you?



We need volunteers to join this ministry team (and it truly is a ministering position) who will commit to one or two Sundays a month. It is probably one of the easiest and most rewarding teams to be a part of. **If this speaks to your heart, please contact Joey Nelson, tyloredurden@aol.com or Bobbi Severson, bsever4785@gmail.com.** You would be blessing your church community with your time and talents but in return you would be receiving so much more!!

Healing & Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, October 1st, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

First Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Please click [here](#) to take you to the Healing & Wholeness website.

Sunday Services



Every Sunday, 10:00 am, In Person & Online

Dear UFV Family & Friends,

Come and join us as we explore wherever God and Spirit may lead us. Our coming together is an affirmation to answer that call collectively.

Part of our responsibility in answering that call is a mindfulness of the world around us, and doing what we can to insure the safety and well-being of all who join in our Sunday worship.

Accordingly, as we welcome one another, we also remind everyone to adhere to the [Covid Protocols](#) that have been set in place. These include that it is mandatory for everyone in attendance to wear a mask, and to refrain from contact while in the church building. Your understanding and cooperation will contribute to being able to continue to meet in person.

Subscribe to our
You Tube Channel

If you cannot attend the service in person, you still can be a part of it by tuning in to our YouTube channel. All you have to do is click [here](#).

Whether you opt to join us in person or online, we look forward to having you with us.

Peace,
Rev. Mike

Please click [here](#) to take you to the Sunday Service website.

Sunday School



Every Sunday, 10:00 am

We are welcoming youth of all age groups to join us for an hour of uplifting spiritual connection through prayer, story, meditation, songs, game, and craft:

Nursery (3 months to age 2)

Children's Church (ages 3 to 6 – preschool to 1st grade)

Juniors (ages 7 to 10 – 2nd to 5th grade)

Uniteens (ages 11 to 13 – 6th to 8th grade)

Y.O.U. (ages 14 to 18 – 9th to 12th grade)

Parents are welcome to join in on the fun, too!

Any questions/concerns, please contact

Mary Nowroozi: marynowroozi@comcast.net

Please click [here](#) to take you to the Youth Ministry website.

Online Bhagavad Gita Class



1st & 3rd Sundays, 1:30 pm, Online

The Gita is the essence of the perennial wisdom of the Universe. It maps the stages of the mystical journey of our soul as we travel, each on our individual path to knowing we are all part of the interconnectness and oneness of the Creation. The class is based on the American teacher, Sat Shree's commentary on the Gita.

Please contact Carl or Lucy Klemaier with any questions & to request the login information: colonelklay@yahoo.com

Please click [here](#) to take you to the Bhagavad Gita Class website.

Online Men's Group



1st & 3rd Tuesday, 7:00 pm, Online

This group explores spirituality and religion in diverse and exciting ways.
Newcomers are ALWAYS welcome!

Zoom login information will be forthcoming or you may contact the church office for more
information: churchoffice@unityoffoxvalley.org

If you have trouble accessing the meeting, please contact
Zoom: <https://support.zoom.us/hc/en-us>

We are asking you to use your 1st & last names for your Zoom account.
Please click [here](#) for instructions.

Coffee & Tea with Myrtle & Me



Every Thursday, 10:30 am, on the Church Lawn

Please come and join us! Bring with you a lawn chair, your drink of choice, a sweet treat perhaps, questions, ideas, curiosity, imagination and a friend or, you may just come to hang out for a bit. We hope to see you! All are welcome.

If we get rained out, we will just bring it inside so don't let the rain stop you!

If you have any questions, please contact Rev. Mike: revmike@unityoffoxvalley.org

Please click [here](#) to take you to the Coffee & Tea with Myrtle & Me website.

Online A Course In Miracles



Every Thursday, 7:30 - 9:00 pm, Online

The emphasis for this session will be the Workbook from A Course in Miracles.

Everyone is welcome - you may join in at any time!

Just look for the weekly email with the login information sent out every Tuesday evening.

Please contact Warren Wakerlin with any questions & to request the login information: wwakerlin@aol.com

Please click [here](#) to take you to the ACIM website.

Fundraiser



Saturday, October 16th, 5pm at Char O'Keefe's home

Enjoy a homemade, authentic Italian Dinner cooked and hosted by our own Char O'Keefe! This is a fundraiser for the church and it sounds like a DELICIOUS night! The menu will include antipasti, salad, bread, meatballs, tiramisu, biscotti and wine, beer, pop and water.

Here are the details you will need to know:

- Limit of 10 people
- EVERYONE must be vaccinated
- To RSVP, please contact the church office: 630 879 1115 or churchoffice@unityoffoxvalley.org by Wednesday, 10/13 (don't wait to reserve your space!)
- The suggested Love Offering is \$25 min per person
- Please bring Cash or a Check (made out to Unity of Fox Valley) to the dinner

- It will be at Char O'Keefe's home in Lisle. She is about 1.5 miles away from the Morton Arboretum.
- Please contact Char for her address or any questions: 630 971 2463

Please click [here](#) for the Fundraiser website.

Tailgate Trick or Treat



Please stay tuned!
More information to come on this FUN event!

Prayer Chaplain Ministry



Fall is in the air! The 2021 autumnal equinox is history. Pumpkins and Halloween decor are appearing on porches and lawns all over and even Christmas merchandise is showing up in the stores. This has always been a bittersweet time of year for me. The lessening of the light stirs a melancholy in me while the brisker temperatures seem to renew my energy. As I thought about this month's Power, I realized how fitting it is to highlight **Zeal** in this pivotal time of letting go of summer's carefree vibes and preparing for the glacial season that's on its way.

“Zeal is the engine that drives us. It is our get-up-and-go. It expresses as a rush of energy at the start of something new and exciting, the energized enthusiasm that gets us out of bed humming with expectancy, and quiet intensity that keeps us moving forward. It is our passion for life. In the *Revealing Word*, Unity cofounder Charles Fillmore called it ‘the inward fire of the soul that urges [humankind] forward.’”

Reading these words, written by Rev. DeeAnn Weir Morency in the Unity Booklet, *How to Stay Centered, No Matter What*, re-minded me that how I approach this season and all the upcoming seasons of my life is up to me.

As we move into this month, enjoying being able to gather in person even while still facing the uncertainty of how long this pandemic will continue to affect us in our day to day activities, I invite you to join me in affirming one of Charles Fillmore’s famous affirmations, written in his 95th year:

“I fairly sizzle with Zeal and enthusiasm and spring forth with a mighty faith to do the things that ought to be done by me.”

Your Prayer Chaplains, Eliza Sutherland, Wanda Faye Holmes, Carl Klemaier, Maria Cosentino, Mary Nowroozi, Denise Hage, Bobbi Severson and Marie Manella, are committed to making periodic Wellness/Caring Calls to all our members. We make these calls to support you, our spiritual family, with your prayer needs. When we pray with you, we hold everything said in confidence, placing your requests in the sacred space of limitless possibilities of God’s love; that place we often are unable to see for ourselves. If you have not been receiving prayer calls and want to start now, please contact the church office at 630-879-1115 or churchoffice@unityoffoxvalley.org and a Prayer Chaplain will be in touch.

As we continue on in 2021 using our creative powers to shape our life, we encourage you to keep on taking good care of yourselves and call on us if you need prayer support in between our calls. We also want to remind you Prayer Chaplains are available for private prayer after Service each Sunday.

Blessings and hugs,
Bobbi and Marie

A Prayer of Zeal



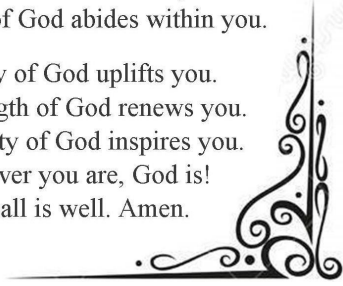
The Prayer of Protection

Written by James Dillet Freeman

The Light of God surrounds you.
The Love of God enfolds you.
The power of God protects you.
The Presence of God watches over you.

The Mind of God guides you.
The Life of God flows through you.
The Laws of God direct you.
The Peace of God abides within you.

The Joy of God uplifts you.
The Strength of God renews you.
The Beauty of God inspires you.
Wherever you are, God is!
And all is well. Amen.



As I turn within for prayer, I cannot always locate the joy and enthusiasm I know are part of my divine nature. Sometimes my light seems low.

But I know the Truth of me. My core essence is Spirit.

In prayer, I consciously turn up my inner light, little by little. I notice the small things at first. I am breathing. I am alive another day. I notice the beauty around me - colors, nature. I think of someone I love or remember something amusing. Life continually provides me with opportunities to engage if I but notice.

Best of all, I am never outside the presence of God. I can draw from a limitless source of energy and joy.

With zeal rekindled, I go forth to shine God's light upon the earth.

**Rev. Ellen Debenport,
Unity Village, Missouri
(in the Booklet, *How to Stay
Centered, No Matter What*)**

Volunteer Ministry

I have missed all of you!! And I missed the most important event of all this year!! Finally Coming together again in person. With all of our beautiful volunteers in place, I had no worries that all would flow along as planned! I also want to, once again, thank all of our volunteers that made our annual picnic gathering such a huge success!! We were so blessed with beautiful weather for this event!



Join us for the [HEALING SERVICE](#) on October 1st at 7:00 PM. We are so blessed for Rose, our Music Team and Prayer Chaplains, that gather together for quiet, meditative, healing time through music and prayer!! If you have yet to join us for this service, I invite you to start your month by giving yourself this special time for renewal and contemplation. You will be glad that you did!!

We have not been able to hold a Volunteer signup Sunday (IN PERSON) as yet, but if anything is calling out to you from many of our Service Teams, I would invite you to contact Bobbi @ (bsever4785@gmail.com) with any questions you may have!! We can always use additional [Greeters](#) for Sunday mornings and [Audio Visual](#) support as well! The [Landscape Team](#) will be doing its Fall cleanup and we always can use extra help for this year end project, date as yet to be determined!

Have a wonderful Fall! Enjoy nature, take walks, and stay active!!

Blessings!!!

Bobbi Severson

bsever4785@gmail.com

Green Team



From [Spiritual Passages](#):

Climate change is not only a human problem; animals are having to adapt to it as well. Some warm-blooded animals are shapeshifting and getting larger beaks, legs, and ears to better regulate their body temperatures as the planet gets hotter. Researcher Sara Ryding said, "The climate change that we have created is heaping a whole lot of pressure on birds and animals, and while some species will adapt, others will not."

"The footprint of self-centered humanity is seen everywhere on the earth, and the life it is creating is not sustainable. We have reached a choice point. We are slowly awakening, realizing that we are one living body responsible for our own future. Our crisis is our birth!"
– Barbara Marx Hubbard

Affirmative prayer: Infinite Presence, I hold sacred the earth-home in which I live, move, and have my being. I pray that the citizens and leaders of our precious planet are

awakening to higher wisdom, a clearer vision, and to a steadfast courage that transforms our thinking and our planet to a home that is sustainable and verdant. We are holy stewards. Thank you, God, forever. Amen.

All stories and quotes in Daily Reflections can be found in our [database](#).

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**Request prayer** - If you have a challenge or you are seeking guidance, I would like to pray for you. Your request is confidential. Email me at [scott@spiritualpassages.org](mailto:scott@spiritualpassages.org). Please make your request as succinct as you can. Blessings, Rev. Scott

**Want to share this** Daily Reflection with a friend? Simply forward this email.

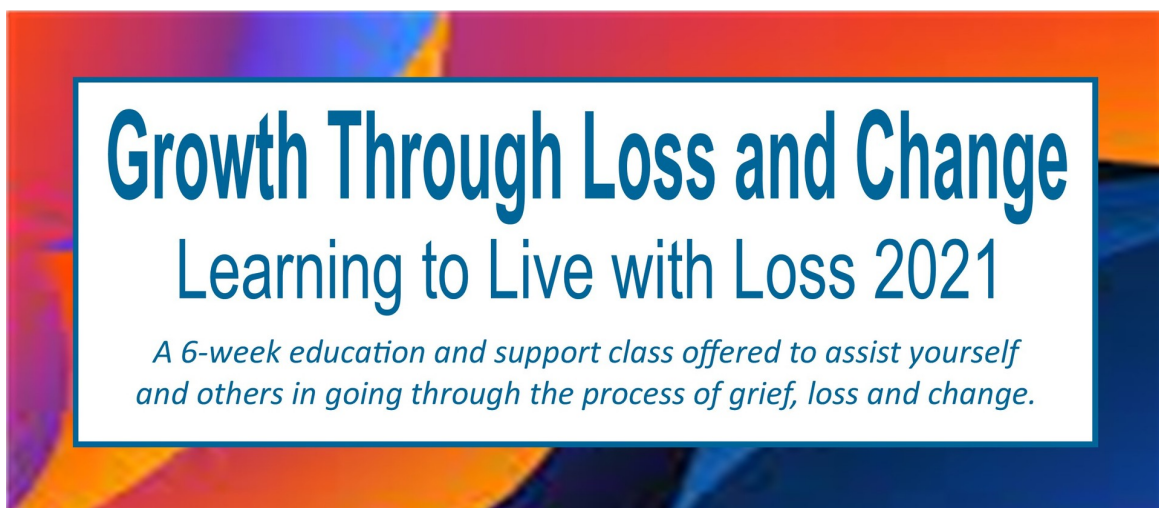
**Supporting our work.** We're a 501c3 nonprofit. Click [here](#) to donate. Thank you!

**Visit our website,** [www.spiritualpassages.org](http://www.spiritualpassages.org), to subscribe to Daily Reflections and see what else we offer at Spiritual Passages.

For more info, please contact Carter Crane: [cartercrane@thevoice.us](mailto:cartercrane@thevoice.us)

Please click [here](#) to take you to the Green Team website.

## Grief Class



**Wednesdays, November 10<sup>th</sup>, 17<sup>th</sup>,**  
**Tuesday, November 23<sup>rd</sup>,** No Class Nov. 24th

**Wednesdays, December 1<sup>st</sup>, 8<sup>th</sup> & 15<sup>th</sup>,  
6:30-8:30 pm, Location: TBD**

**SOME OF THE TOPICS AND FEELINGS TO BE DISCUSSED:**

**Myth:** Moving on with your life means you forget about the one you lost.

**Fact:** Moving on means you've accepted your loved one's death. That is not the same as forgetting. You can create a new life and still keep your loved one's memory a part of you.

**Myth:** The pain will go away faster if you ignore it .

**Fact:** Trying to ignore your pain or keep it from surfacing will only make it worse in the long run.

- What is 'normal grief?'
- Dealing with ongoing grief and change situations.
- What is the normal timeline for mourning?
- Understanding the phases of grief.
- Handling the holidays Spiritually.
- Recognizing the gifts.

**REQUIRED TEXT:**

- **A Spiritual Guide to Loss & Change:** Understanding and Healing Grief-Participant Workbook. By Clarice A. Schultz. Please click [here](#) to purchase through Amazon.

Facilitated by Maria Cosentino BA LUT

**Please contact Maria with any questions, more info. or to register:**

[mlcosentino@gmail.com](mailto:mlcosentino@gmail.com)

## Just Ask Ministry



***Ask and you shall receive.  
People Prospering People!***

**CURRENT OFFERINGS:**

- 

**CURRENT REQUESTS:**

- 

***Please click [here](#) to follow up with any  
of the above or for more info.***

Do you need something? Do you have  
something to offer? Let us know!  
[churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

## Daily Word



**The latest edition of the Daily Word has arrived and it is  
ready to be sent to you!**

If you would like one:

1. Please email Kathleen and let her know if you would like the regular print or large print and your mailing address [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)
2. Once you get your email acknowledgement back from Kathleen, please send in **\$6**. Please make your check out to 'Unity of Fox Valley'. Please also write in the memo section of your check 'Daily Word'. We ask that it be a separate payment from your donations.
3. It will then be sent off to you!

***There are limited copies of large and regular print. First come first serve.***

## Young Living



Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.

We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order with Kathleen in the Church Office by the 10th of each month!***

For more info. or any questions, please contact Kathleen:

[churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

## AmazonSmile



### **Support Unity of Fox Valley with your Amazon Purchase!**

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. Just click on the link below and make a purchase!

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley.

Please click on the following link to start shopping & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

**Donate items from our Charity List**  
**Shop Now**

**charity lists**  
**amazon**smile

Occasionally, we need to restock our supplies. You can help!

Just click [here](#) to see what we need!

or, copy and paste this link:

[https://smile.amazon.com/hz/charitylist/ls/5I9LM5FXITZG/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/ls/5I9LM5FXITZG/ref=smi_ext_lnk_lcl_cl)

## Tithes & Offerings



***We'd so appreciate it if you please remember Unity of Fox Valley financially at this time.***

Please click [here](#) or copy and paste the following link in your browser:

<https://www.paypal.com/biz/fund?id=44UC5B8W64KBQ>

- **Please DO NOT use this link to purchase Raffle Entries!** Click [here](#) for the raffle.
- You may contribute any amount and you do not need to have a PayPal account to contribute but you do need an email address.
- **Paypal does take a fee from your donation.** If you would like to be sure your entire donation is given to the church, feel free to mail in your donation: Unity of Fox Valley, 230 Webster Street, Batavia, IL 60510.
- **If your donation is for a specific event, please be sure to write that in the Memo area of your check.**

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.*

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My daughter Ava is winding down her Marching Band season which is SUPER sad for me because I am a Marching Band Groupie! Always have been since my college days. I make a poster for the band for EVERY event I attend... I attend EVERYTHING! I will savor and enjoy the football games and the Band performances as long as I can.



If you click on my photo or my name below and it will take you to my Instagram page for more photos of my life. (FYI - This is my personal IG account. Although it is quite tame, please know that I do not censor it for anyone.)

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

[Kathleen Malick](#)



## Follow us on FACEBOOK!



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

## On Going Activities

**Please contact each group for more info. regarding their meetings. Click on any of the events below to bring you to their individual web pages.**

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm. Please contact AA for more info regarding their meetings.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.

- [Overeaters Anonymous](#) meeting. Sundays at 5:00pm. Please contact OA for more info regarding their meetings.
- [Unity Green Team Community Event](#) - 4th Friday or 4th Sunday, January through April and July through October.

#### Contact Information

phone: 630.879.1115 [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

fax: 630.879.1728 [www.unityoffoxvalley.org](http://www.unityoffoxvalley.org)

prayer line: 630.879.1129

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**A Note about Unsubscribing:** If you unsubscribe to any email you receive from UFV, you will no longer receive any email notifications from us - including Sunday Service links.



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