



September 2022

## Ministerial Musings



***Try To Remember the kind of September  
When life was slow and oh, so mellow.***

These are the opening lyrics of the song, *Try to Remember*, written by Harvey Schmidt and made popular by [Jerry Orbach](#). These couple of lines serve as a basis for reflection as we welcome in the month of September.

September always has been a favorite month for me despite the fact that when I was young, that is when we had to return to school. Still, the weather tends to be fabulous. We transition to a new season. The baseball season at long last seems to take on relevance. And of course, there is football. And don't you feel a certain sense of warmth and comfort as you don that first sweater of the season? Although it is the end of summer, there is a strong sense of newness as we welcome in fall.

With all the activity that September brings forth, it seems strange to remember past Septembers within the context of being slow. But for me anyway, they were. Slowness often is thought of in terms of being dragged out and boring, but slowness also can be something to savor like a bite of your favorite dessert.

A lot going on does not mean the absence of slowness. Real slowness, powerful slowness, spiritual slowness comes in seeking the "special" of every busy activity. It is experienced as you live life instead of life living you. It is the excitement of shopping for

school supplies or the leathery smell of that new schoolbag. It is the air that now has taken on that invigorating crispness. Every shift, every change is an opportunity to change within and quicken the reality of Spirit in our lives.

As for “Oh, so mellow,” this is the peace we always crave, sing about and want. The heat of summer ironically affords us the opportunity to chill, to set back and renew our minds. As we amp up our activities in September we begin to harvest it all, if all is surrounded in a mindfulness of the miracle of it all.

Remembering those special September moments is not getting stuck in the past, or at least it doesn't have to be. Mulling in those memories can get us stuck for sure. Resurrecting those memories not with a sense of remorse, but rather with a recall of what made our experiences splendid can be renewing. The difference is allowing us to feel the experience of Spirit, something we maybe used to do without even realizing it. Miracles never die, we only sometimes lose sight of them. Although the forms may be different than they were in previous Septembers, the peace and joy are right there – waiting for us.

*Try to remember the kind of September,  
Then follow...*

Rev Mike

[revmike@unityoffoxvalley.org](mailto:revmike@unityoffoxvalley.org)

## Youth Education for the Younger Crowd

To begin the fall season, I'd like to start by holding each of our youth in prayer as they venture back to their designated school, whether it be home school, public, or private. As new friends and new adventures await them, we wholeheartedly bless them for we know they "...are empowered to do great things"!

Our [Music Team](#) often contributes to inspiring our youths' musical talents, and last month Mike Nowroozi led the youth and their parents in a drumming session that ultimately became the steppingstone for an upbeat performance at a [Sunday service](#) for the congregation. The youth and their parents had sung and drummed in perfect unison to “Every Little Cell in My Body”. Also, in honor of this year's [church picnic](#) theme “Cruising Down the River”, Rose Maxson played wonderfully on her guitar as Aimee, one of our Juniors, beautifully sang “Peace Like a River”. We are so deeply grateful to Mike, Rose, and Aimee as well as to Kitty and the entire Music Team for always sharing their amazing musical gifts with us!

Fall has always been one of the busiest times of the year for our Youth program, so please mark your calendars for this year's fall events:

**Sunday, Sept. 4:** **"Skate in the Lot"** after service in honor of the Labor Day holiday! We are approved per our church's insurance company to designate a safe area on the parking lot for skating with the provision that parents sign a waiver and be present while their youth are on roller blades, roller skates, Heelys, scooters, or skateboards. Safety is our major concern, so helmets are a must for all those participating!

**Saturday, Oct. 1:** **"Pet Blessing"** at 11 am. All pets or a photo of your pet are invited to be honored at our blessing. It is planned to be held outside on the church lawn; however, for inclement weather, we will offer it downstairs in the Fellowship Area.

**Sunday, October 23:** **"Intergenerational Service ~ Let Your Christ Light Shine!"**. The youth will be role-playing a parable and singing songs related to the "Christ Light" inherent in each one of us. Details on rehearsal dates and times will be provided soon.

**Sunday, October 30:** **"Tail Gate Trick or Treat!"** Youth and adults are invited to come dressed in costume to service that Sunday. Afterwards, we will have "Trick or Treat" in the parking lot. Please bring wrapped treats (no peanut products).

We appreciate everyone's participation and support as we affirm that these events will be uplifting ones for all ages!

Many blessings,  
Mary Nowroozi, LUT, CSE  
[marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

**Coffee & Tea with Myrtle & Me**



**Every Thursday, 10:30 am, on the Church Lawn**

*The September 8th Coffee & Tea will be at 11am due  
to the [World Day of Prayer](#) Service.*

Dear UFV Family & Friends,

Please come and join us! Bring with you a lawn chair, your drink of choice, a sweet treat perhaps, questions, ideas, curiosity, imagination and a friend or, you may just come to hang out for a bit. We hope to see you! All are welcome.

*If it rains or is too cold/hot, don't let that stop you. We will hold this event inside.*

Peace,  
Mike

**Online A Course In Miracles**



## **Every Thursday, 7:30 - 9:00 pm, Online**

The emphasis for this session will be the Workbook from A Course in Miracles. The Course invites us to retrain our minds so that we can experience more peace in this world.

***Everyone is welcome - you may join in at any time!***

Just look for the weekly email with the login information sent out every Tuesday evening.

**Please contact Warren Wakerlin with any questions & to request the login information: [wwakerlin@aol.com](mailto:wwakerlin@aol.com)**

Please click [here](#) to take you to the ACIM website.

## **Sunday School**



## **Every Sunday, 10:00 am, In Person & Online**

Dear UFV Family & Friends,

Come and join us as we explore wherever God and Spirit may lead us. Our coming together is an affirmation to answer that call collectively.

Part of our responsibility in answering that call is a mindfulness of the world around us, and doing what we can to insure the safety and well-being of all who join in our Sunday worship.

We also remind everyone to adhere to the [Covid Protocols](#) that have been set in place. Your understanding and cooperation will contribute to being able to continue to meet in person.



Subscribe to our  
**You Tube Channel**

If you cannot attend the service in person, you still can be a part of it by tuning in to our YouTube channel. All you have to do is click [here](#).

*Whether you opt to join us in person or online, we look forward to having you with us.*

Peace,  
Rev. Mike

Please click [here](#) to take you to the Sunday Service website.

## Sunday Services



**Every Sunday, 10:00 am**

We are welcoming youth of all age groups to join us for an hour of uplifting spiritual connection through prayer, story, meditation, songs, game, and craft:

Nursery (3 months to age 2)

Children's Church (ages 3 to 6 – preschool to 1st grade)

Juniors (ages 7 to 10 – 2nd to 5th grade)

Uniteens (ages 11 to 13 – 6th to 8th grade)

Y.O.U. (ages 14 to 18 – 9th to 12th grade)

***Parents are welcome to join in on the fun, too!***

**Any questions/concerns, please contact**

**Mary Nowroozi: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)**

Please click [here](#) to take you to the Youth Ministry website.

## Skate in the Lot



**SKATE**

**IN THE LOT**

**Sunday, September 4th**  
**After Service**

This is an exciting opportunity for the youth and their parents to skate around in a safe area designated in our parking lot. Parents will need to sign a waiver and be present while their youth are skating on roller blades, roller skates, Heelys, scooters or skateboards.

**Safety is our major concern,  
so the youths must wear a helmet!**

Contact Mary Nowroozi with any questions: [marynowroozi@comcast.net](mailto:marynowroozi@comcast.net)

## Men's Group

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## **1st & 3rd Tuesday, 7:00 pm, Online**

This group explores spirituality and religion in diverse and exciting ways.

Newcomers are ALWAYS welcome!

Zoom login information will be forthcoming or you may contact the church office for more information: [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

If you have trouble accessing the meeting, please contact

Zoom: <https://support.zoom.us/hc/en-us>

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We are asking you to use your 1st & last names for your Zoom account. Please click [here](#) for instructions.

## **World Day of Prayer**

**Unity celebrates the  
29th Annual  
World Day of Prayer**

### **UWM Opening Ceremony:**

**Wednesday, September 7th, online**

- Please click [here](#) to register on the Unity Worldwide Ministry website.

### **UFV Prayer Chaplains:**

**Thursday, September 8th, 10 am, UFV Sanctuary**



- [Coffee & Tea w/Myrtle & Me](#) will be held at 11am this day.
- This Service will not be [Live Streamed](#).

This year's theme is "Holding the High Watch".

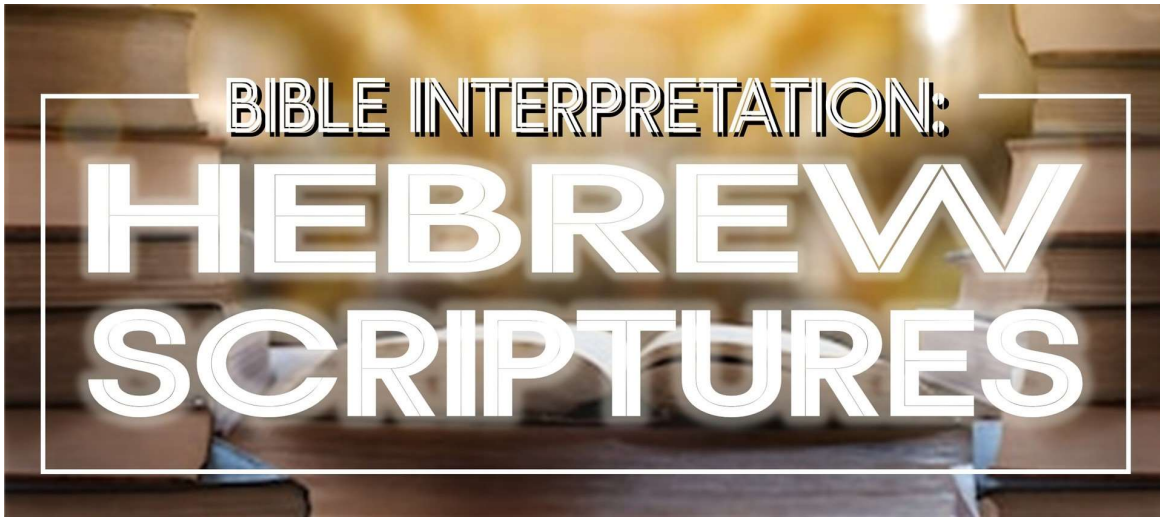
The affirmation helps each of us  
apply it to our lives:  
I pray with an elevated mind and open  
heart.



Please contact Bobbi Severson  
([bsever4785@gmail.com](mailto:bsever4785@gmail.com)) or Marie Manella ([mleduc7@yahoo.com](mailto:mleduc7@yahoo.com)) with any  
questions.

Please click [here](#) to take you the World Day of Prayer website

## Bible Interpretation: Hebrew Scriptures



**Thursdays, 6-week ONLINE class**  
**September 8th – October 13th, 6:30-8:30pm**

This class will bring an understanding of Bible interpretation. You will experience the rewarding and surprisingly practical process of the Unity way of bible interpretation. Through exploration of the mail stories and characters of the Hebrew Scriptures, you will learn a step-by-step method for metaphysical interpretation and application of the means to your life. Come and explore and relate these stories to your spiritual journey.

**Required Books:**

- **Bible – NRSV** (New Revised Standard Version)

The following are available for free download on TruthUnity.net:

- [Let There Be Light](#) by Elizabeth Sand Turner. Unity Books
- [Metaphysical Bible Dictionary](#), Unity Books
- [The Revealing Word](#), Unity Books

**Recommended Prerequisite:**

- **Overview: Hebrew Scriptures**

All are welcome to attend!

Offered on a Love Offering Basis

This is a S.E.E. required class

**For more info or to register, please call Marge: 847 912 4457**

## Healing & Wholeness Service



## HEALING AND WHOLENESS SERVICE

**Friday, September 9th, 7:00 pm**

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

***SECOND Friday of every month!***

For more info., please contact Rose Maxson: [singingalong77@gmail.com](mailto:singingalong77@gmail.com)

This Service will not be [Live Streamed](#).

Please click [here](#) to take you to the Healing & Wholeness website.

## WSC - Ethio Beans Outing



### **Date to be determined**

This years experience is Ethiopian food which caters to both vegetarians and non-vegetarians. Please visit [ethiobeans.com](http://ethiobeans.com) to learn more about their history, cuisine and menu options.

We hope all the ladies of UFV (past and present members, family and friends) will join us.

Once we know how many ladies are interested we will look at the best day that works for the majority.

### **Ethio Beans Ethiopian Restaurant & Cafe**

[171 S. Schmale Rd., Carol Stream, IL 60188](#)

630-868-3946

If we've learned anything from this global pandemic we've learned the importance of staying in touch and following through with what we say we most desire in our lives. This is going to be a fun, good food eating, heart healthy laughter afternoon. We hope you can join us!

**If you have any questions, do not hesitate to call or text Wanda Faye at 586-604-6043 or Bobbi at 630-632-2368.**

Please click [here](#) to take you to the Women's Social Club website.

The [Women's Social Club](#) is for any woman that wants to attend events and have some fun with one another! Events are planned as they come up and we are always open to new ideas. Come out and have some fun with friends!



Feel free to contact Kathleen Malick: [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)  
for more info about this group

## Prayer Chaplain Ministry



Welcome to September! Although the winding down of summer saddens me, I do look forward to the moderating temperatures and the vibrant fall colors! Another gift of September is [Unity's World Day of Prayer](#). This year's celebration, on **September 7th and 8th**, marks the 29th anniversary of this blessed experience.

The theme this year is "**Holding the High Watch**" and the suggested affirmation is: ***I pray with an elevated mind and open heart.*** The mailing from Unity World Headquarters says, "Prayer helps us recognize the truth in times of peace and turmoil. It uplifts our hearts and elevates our consciousness."

We, your Prayer Chaplains, invite you to participate in this sacred event. You can "virtually" attend the opening ceremony at Unity Village online, Wednesday evening, 9/7, at 7 PM. Visit [Unity's website](#) (click [here](#)) to register and get more information. Then, on Thursday morning, 9/8, we encourage you to join us in "[Holding the High Watch](#)" at 10 AM in our sanctuary.

*Ah, September! You are the doorway  
to the season that awakens my soul.*

I thought this quote, by Peggy Toney Horton, was a good segue to introduce the upcoming [Prayer Chaplain Ministry Training](#). If it's your soul's desire to deepen your spiritual practice, we would love you to consider becoming a Prayer Chaplain. The training this year will be in **October, 10/14 & 15, and November, 11/18 & 19** - one Friday evening and all day Saturday each month. This training is an opportunity to enrich your spirituality

through service to our members. Both women and men are welcome to walk through this spiritual *doorway*.

The requirements for applicants are that you be a current Unity of Fox Valley member, demonstrate an understanding of Unity principles, have a willingness to pray with others, and have taken a prayer class. (The prayer class schedule is “in the works” and will be announced soon.) No former experience in praying with others is necessary and a commitment will be requested only after you’ve completed the training.

If you are interested or have any questions, please contact Bobbi Severson (630) 632-2368 [bsever4785@gmail.com](mailto:bsever4785@gmail.com) or Marie Manella (630) 803-1630 [mleduc7@yahoo.com](mailto:mleduc7@yahoo.com)

**"Truly I tell you, just as you did it to one of the least of these who are members of my family, you did it to me." - Matthew 25:40**

Your Prayer Chaplains, Wanda Faye Holmes, Maria Cosentino, Mary Nowroozi, Bobbi Severson and Marie Manella, are committed to making periodic Caring Calls to support you, our spiritual family, with your prayer needs. There is at least one prayer chaplain available after service each Sunday, too. When we pray with you, we hold everything shared in confidence, placing your requests in the sacred space of limitless possibilities in God’s love; that place we often are unable to see for ourselves. If you have not been receiving prayer calls and want to start now, please contact the church office at 630-879-1115 or send an email to [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org) and a PC will be in touch.

Blessings and hugs,

Marie and Bobbi

### **Unity Prayer Ministry’s September Prayers**

Inner Peace - Peace is mine as I rest in this timeless moment.

Wholeness - Every cell in my body is full of divine life.

Order - By the power of divine order, I easily adjust to changing conditions.



## The Prayer of Protection

*Written by James Dillet Freeman*

The Light of God surrounds you.  
The Love of God enfolds you.  
The power of God protects you.  
The Presence of God watches over you.

The Mind of God guides you.  
The Life of God flows through you.  
The Laws of God direct you.  
The Peace of God abides within you.

The Joy of God uplifts you.  
The Strength of God renews you.  
The Beauty of God inspires you.  
Wherever you are, God is!  
And all is well. Amen.

Wisdom - I am in tune with universal intelligence within and around me.

Harmony - My thoughts and actions contribute to harmony in the world.

## Volunteer Ministry

GREAT JOB ON THE [PICNIC](#)!! A special thank you to Deb, Sami, Joey, Bob, Mary Ann, and Larry for decorating and cooking!! And most grateful for everyone that helped clean up!! So sorry that I missed the festivities!! From Joey's pictures he posted it looks like everyone had a great time and I loved the bright yellow table clothes!! We always appreciate the music and sound team for the extra effort it takes to provide the music. I heard a little from a video. Sorry I missed the real thing!! I Must plan better next year!!



### SEPTEMBER HAPPENINGS!!

Please join us for the [World Day of Prayer](#) Service, **Sept 8th at 10:00 AM** in the Sanctuary and the [Healing Service](#) the SECOND FRIDAY, **Sept 9th at 7:00pm**. We are grateful to our [Prayer Chaplains](#) and [Music Team](#) that give us this quiet time of prayer, meditation, and music!!

We are always grateful for the many volunteers behind the scenes that support our beautiful Spiritual home!!

Many blessings!!

Bobbi Severson

[bsever4785@gmail.com](mailto:bsever4785@gmail.com)

Nothing like seeing  
beautiful Orca  
In the wide open sea!!  
We saw many in our  
travels and I just wanted  
to share this with you.



## Just Ask Ministry



***Ask and you shall receive.  
People Prospering People!***

Do you need something? Do you have  
something to offer? Let us know!  
[churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

*Please reach out to the contact person  
directly. The church will not be managing  
any transactions.*

### CURRENT OFFERINGS:

- 

### CURRENT REQUESTS:

- 

*Please click [here](#) to follow up with any  
of the above or for more info.*

## Young Living

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**For the whole month of  
September, all IN STOCK  
items are 25% off!**

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

***Do you need us to order anything?***

***Place your order with Kathleen in the Church Office by the 10th of each month!***

For more info. or any questions, please contact Kathleen:

[churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

## Upcoming Events



- **Pet Blessing** - 10/1, 11am
- **Intergenerational Service** - 10/23, 10am
- **Tailgate Trick or Treat** - 10/30, after the Service

## AmazonSmile



**Support Unity of Fox Valley with your Amazon Purchase!**

AmazonSmile is a simple and automatic way for you to support Unity of Fox Valley every time you shop, at no cost to you. Just click on the link below and make a purchase!

AmazonSmile will donate a percentage of the purchase price of eligible products to Unity of Fox Valley.

Please click on the following link to start shopping & help raise money for Unity of Fox Valley!

<http://smile.amazon.com/ch/36-2889899>

**Donate items from our Charity List**  
**Shop Now**

charity lists  
amazon smile

Occasionally, we need to restock our supplies. You can help!

Just click [here](#) to see what we need!

or, copy and paste this link:

[https://smile.amazon.com/hz/charitylist/lr/5l9LM5FXITZG/ref=smi\\_ext\\_lnk\\_lcl\\_cl](https://smile.amazon.com/hz/charitylist/lr/5l9LM5FXITZG/ref=smi_ext_lnk_lcl_cl)

## Tithes & Offerings



***Nothing is possible without your commitment and generous financial support. Thank you so very much!***

Please click [here](#) or copy and paste the following link in your browser:

<https://www.paypal.com/biz/fund?id=44UC5B8W64KBQ>

- You may contribute any amount and you do not need to have a PayPal account to contribute but you do need an email address.



- ***Paypal does take a fee from your donation.*** If you would like to be sure your entire donation is given to the church, feel free to mail in your donation: Unity of Fox Valley, 230 Webster Street, Batavia, IL 60510.
- ***If your donation is for a specific event, please be sure to write that in the Memo area of your check.***

## News from the Church Office

*A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.*

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Weeds overtook my middle plot in the Butterfly garden and I did my best to get it cleared. Some gladiolas might bloom but no one hold their breath please! HA HA HA!

In the meantime, my Cut Flower Garden is full! Sunflowers are reaching for the sky (pictured here is the [Pro Cut Plum](#) Sunflower) and the dahlias are working hard to produce. The [Gomphrenas](#) I started from seed is exploding as well as the [Asters](#). They were struggling but we now have blooms. And of course, the Zinnias are doing wonderfully even though they are always a last minute thought for me. Take some time and walk around the church

property. Our [Landscaping](#) Chair, Larry Sheaffer really outdoes himself year after year and we are thankful for it!

Please remember that ***it is never too late to eat right, get up and get moving! Love yourself by treating your body right. It's the ONLY one you have!***

[Kathleen Malick](#)

If you click on my photo or my name above, it will take you to my Instagram page for more photos of my life. (FYI - This is my personal IG account. Although it is quite tame, please know that I do not censor it for anyone.)



## Follow us on FACEBOOK!

Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>



## On Going Activities

**Please contact each group for more info. regarding their meetings. Click on any of the events below to bring you to their individual web pages.**

- [A Course in Miracles](#) - 7:30-9:00 pm every Thursday evening, Unity of Fox Valley facilitates A Course in Miracles discussion group. This is an ongoing class rain or shine. Each week a new topic is discussed. Everyone is welcome at any time and the class is always open to new attendees.
- [Alcoholics Anonymous](#) meeting. Tuesdays at 6:00pm. Please contact AA for more info regarding their meetings.
- [Men's Group Meeting](#) - the first and third Tuesday of each month at 7:00pm, September through May.
- [Unity Green Team CommUnity Event](#) - Events to be determined

### Contact Information

phone: 630.879.1115 [churchoffice@unityoffoxvalley.org](mailto:churchoffice@unityoffoxvalley.org)

fax: 630.879.1728 [www.unityoffoxvalley.org](http://www.unityoffoxvalley.org)

prayer line: 630.879.1129

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**A Note about Unsubscribing:** If you unsubscribe to any email you receive from UFV, you will no longer receive any email notifications from us - including Sunday Service links.



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