

October 2023

Ministerial Musings



A big advantage to living in the Midwest is that we get to enjoy four seasons. We may not be so enamored with change, but we do seem to love variety. That's why there's chocolate, strawberry and vanilla.

Personally, my favorite season is summer. It probably goes back to my early school days when summer vacation seemed to last forever. I know I am in the minority, but I relish hot weather and humidity, yes humidity. Also, being able to go outdoors in shorts, t-shirts and sandals with no need even for a jacket is a big plus.

But autumn is cool (no pun intended) in its own way. It almost always announces itself distinctively and dramatically. Spring comes in March, but you take a risk if you plant flowers before Mother's Day. Winter sometimes confuses us with day or two in the 60's, and even my treasured summer occasionally betrays me with a day in the 40's.

But it isn't the temperatures that make autumn decisive, it's the drama. While colors appeal to our sense of sight, they trumpet autumn. It almost seems overnight that you drive along and take notice that leaves of green have transformed into an array of orange, red, gold and brown. The leaves demand our attention. We respond with a sense of awe as they cling to the trees before their gentle windblown journey to the earth.

After finally letting go, they continue on inspiring us almost in a halleluiah chorus. Have you ever walked barefoot on a bed of leaves? It's a marvelous experience of life in the

midst of a passing in nature. The leaves offer us a lesson that change or transition can be peaceful instead of dreadful. If we pray the experience, we may get to an understanding that endings are so divinely integral to new life.

There is a warmth to the coolness that autumn brings. It is represented by wonderful tangible experiences. There is warm apple cider spiked or not according to your preference. Apple pie eaten at Thanksgiving is born in October. As Mother Earth gently tilts a bit further from the sun, there is the comfort of cuddling under a warm blanket or in front of a glowing fire. And of course, autumn features Halloween, an incredibly appropriate holiday that encourages us to smile at so many things that frighten us – including death.

There is God in all of it. Truly God is in all transitions. It is something to contemplate. Perhaps as we decide to change even subtly, maybe we can celebrate what we are letting go of by showing our brightest colors. I am told that the colors of autumn are due to sugars in the leaves. We do not see this biology, but it is there. It makes sense that there is a sweetness in all of us ready to burst into an array that is no less stunning.

I only really know one Autumn song – Autumn Leaves. I intend to pray it in the shower at least once a week during October. The lyrics may be a bit sad as the song mourns a loss, but the leaves of autumn send a different decisive message.

Peace,
Rev Mike
revmike@unityoffoxvalley.org

Youth Education for a Younger Crowd

The special power we are honoring this month of October is the **Power of Zeal**. We associate this power with the vibrant fall color of **Orange**, and the disciple is **Simon the Zealot** as an example of someone who had embodied this quality of enthusiasm. Throughout this month, the youth will learn how Zeal can play a big role in helping them achieve what their hearts truly desire, especially when it comes to connecting with God in the presence of happiness and eagerness. Additionally, in October, we'll take some time to reflect on the deeper and more positive side of Halloween. We'll explore the spiritual aspect of this holiday, which can help us better understand and apply the metaphysical meaning of the night before All Saint's Day.

Top of Form

Please join us for the following upcoming events:

- ***“Lean on Me” Intergenerational Service: October 1, 10 am Service.*** The youth, teachers, and parents will be teaming up to present a skit inspired by one of the miracles of Jesus, emphasizing the message of friendship, working together and having faith. We assure you that this service will genuinely uplift your spirit and fill your heart with immense love.

- **“Tail Gate Trick or Treat”**: *Sunday, October 29, after service in the Church Lot!*
We invite people of all ages, from infants to adults, to come dressed in costume. Please bring treats (no nut products) that are safely wrapped. Instead of the traditional “Trick or Treat”, the youth will use a “Wing Word” such as “love”, “peace”, or “joy.” We are excited to welcome not only “witches, ghosts, and goblins” but also those dressed as lovely princesses, fierce Ninjas, plump pumpkins and more for this enjoyable family event!

Thank you all!

Ms. Mary, L.U.T.,

C.S.E.

marynowroozi@comcast.net



Intergenerational Service



lean on me

Intergenerational Service

Sunday, October 1st, 10 am

During the *Intergenerational Service* titled “Lean on Me”, the youth, their parents and teachers will perform a skit. It will focus on one of the miracles of Jesus, emphasizing the importance of cooperation, friendship, and faith. In addition, the uplifting music, prayers, and meditation will greatly enhance this special service.

We appreciate your energetic presence, so please join us!
If you cannot make it in person, you can find us on our
YouTube channel.

For more info, please contact Mary Nowroozi:
marynowroozi@comcast.net

There will be no Sunday School held on this day.

**For more information, please contact Mary
Nowroozi: marynowroozi@comcast.net**

Please click [here](#) for the Intergenerational Service webpage.

Name Tag Sunday

NAME TAG SUNDAY!



1st Sunday of the Month

Before the Service, please stop
& write up your name tag!

We have some fun, new tags!

Soup Sunday

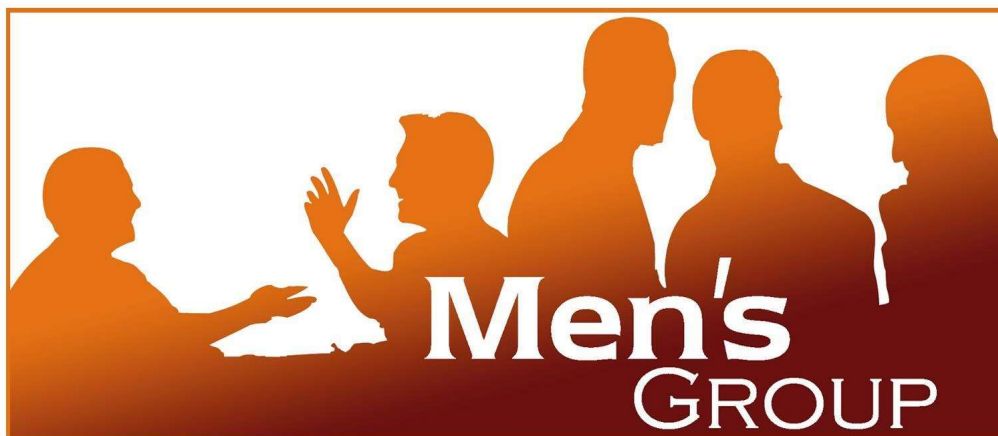


October 1st, after the Service

Contact Alex Christensen with any questions: achristensen@gmx.com

Please click [here](#) to take you to the Cafe website.

ONLINE Men's Group



1st & 3rd Mondays, 7pm, ONLINE

This group explores spirituality and religion in diverse and exciting ways.

Newcomers are ALWAYS welcome!

Please contact the Church Office with any questions & to request the login information: churchoffice@unityoffoxvalley.org

If you have trouble accessing the meeting, please contact
Zoom: <https://support.zoom.us/hc/en-us>

We are asking you to use your 1st & last names for your Zoom account. Please click [here](#) for instructions.

If you want to invite a friend/guest, please let the Church Office know ASAP so they know to admit them into the Zoom meeting.

Please click [here](#) for the Men's Group website.

Coffee & Tea with Myrtle & Me



**Every Thursday, 10:30 am,
on the Church Lawn.**

Dear UFV Family & Friends,

Please come and join us! Bring with you a lawn chair, your drink of choice, a sweet treat perhaps, questions, ideas, curiosity, imagination and a friend or, you may just come to hang out for a bit. We hope to see you! All are welcome

***If it rains or is too cold/hot, don't let that stop you.
We will hold this event inside.***

Peace,
Mike

Please click [here](#) to for the Coffee & Tea w/Myrtle & Me website

ONLINE A Course in Miracles



Every Thursday, 7:30 - 9:00 pm, Online

The emphasis for this session will be the Workbook from A Course in Miracles.
The Course invites us to retrain our minds so that we can experience more peace
in this world.

Everyone is welcome - you may join in at any time!

Just look for the weekly email with the login information sent out every Tuesday evening.

**Please contact Warren Wakerlin with any questions & to request the login
information: wwakerlin@aol.com**

Please click [here](#) to take you to the ACIM website.

Paint Party



Unity of Fox Valley, 230 Webster Street, Batavia, IL



Friday, October 6th, 7-9:30 pm

Painting begins at 7:30pm

We supply the materials. You bring your own beverage, munchies,
and friends and paint a gorgeous canvas to take home with you!
You will be easily guided by an instructor.

NO previous art experience needed!



\$35/Person
Cash at the door.

Please contact Dawn Staszak
with your questions & to reserve
your seat: dawn_311@yahoo.com



Please click [here](#) for the Paint Party webpage.

Sunday Service



Sunday Service

Every Sunday, 10:00 am, In Person & Online

Dear UFV Family & Friends,

Come and join us as we explore wherever God and Spirit may lead us. Our coming together is an affirmation to answer that call collectively.

Subscribe to our
You Tube Channel

If you cannot attend the service in person, you still can be a part of it by tuning in to our YouTube channel. All you have to do is click [here](#).

Whether you opt to join us in person or [online](#), we look forward to having you with us.

Peace,
Rev. Mike

Please click [here](#) to take you to the Sunday Service website.

Sunday School



Every Sunday, 10:00 am

We are welcoming youth of all age groups to join us for an hour of uplifting spiritual connection through prayer, story, meditation, songs, game, and craft:

Nursery (3 months to age 2)

Children's Church (ages 3 to 6 – preschool to 1st grade)

Juniors (ages 7 to 10 – 2nd to 5th grade)

Uniteens (ages 11 to 13 – 6th to 8th grade)

Y.O.U. (ages 14 to 18 – 9th to 12th grade)

Parents are welcome to join in on the fun, too!

Any questions/concerns, please contact Mary Nowroozi, Youth Director:
marynowroozi@comcast.net or Dawn Staszak, Teen Youth Director:
dawn_311@yahoo.com

Please click [here](#) to take you to the Youth Ministry website.

Welcome to Unity Class



Sundays, October 8th-22nd, after the Service

This class will be taught by Rev. Mike and is a great way to learn about Unity teachings, Unity of Fox Valley, to ask questions, and to get to know other members of our spiritual family.

*If you would like to become a member of Unity of Fox Valley,
you need to take this class, but anyone may attend.*

Required books: Both are available on Amazon.com

- "[Alternatives](#)" by William Fischer
- "[Unity: A Quest for Truth](#)" by Eric Butterworth

To sign up, stop at the Registration Table or contact
Kathleen: churchoffice@unityoffoxvalley.org

For more information, please contact Rev. Mike: revmike@unityoffoxvalley.org

Please click [here](#) for the Welcome to Unity webpage.

Healing & Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, October 13th, 7:00 pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

SECOND Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

This Service will not be Live Streamed.

Please click [here](#) to take you to the Healing & Wholeness website.

Paddleboat Cruise

Rollin' Down The River



Paddleboat Cruise

Friday, October 20th, 4:30-6pm

Enjoy the night cruising down the Fox Valley River
with Unity Friends and Family on a private charter.

Sunset Cruise Sing-Along!



Singing Voice Recommended, not required!

Boards 4:15 rain or shine.

Bring a jacket and BYOB&F (beverage & food). No alcohol.



\$20 per ticket

Pottawatomie Park, 8 North Avenue, St Charles

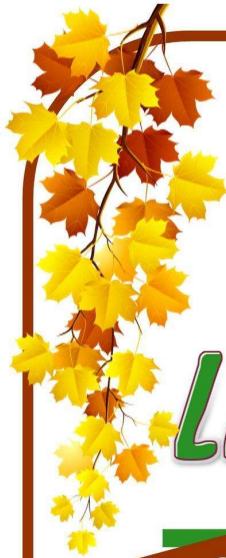
Questions email Mickey Koziol: RMKoziol@aol.com

Tickets are on sale now!

Email questions to Mickey Koziol: RMKoziol@aol.com

Please click [here](#) to go to the Paddleboat Cruise website.

Prayer Chaplain Ministry



Get Ready for Fall Cleanup

FALL LANDSCAPING DAY

OCTOBER
21st
SATURDAY
8:30-11:30am

It's the end of the growing season and it is time to do all the last of the season things; weeding, raking beds, moving plants as needed, removing dead plants, etc.!

EVERYONE IS INVITED TO HELP!

Please come out and spend some time with us!
Bring your gloves and whatever you need to get the job done.

Please contact Sharon Mays
if you have any questions:
630-479-2982



Please contact Sharon Mays if you have any questions: 630-479-2982

Please click [here](#) for the Landscaping Committee website.

Tailgate Trick or Treat



Sunday, October 29th

11:15 am in the Church Parking Lot

***Come Dressed in Costume
and Join Us for Halloween Fun!***

Registration is due no later than **Wednesday, October 25th** by contacting Mary at marynowroozi@comcast.net with the exact number of youths attending. On **Thursday, October 26th**, an email will be sent out to inform everyone the number of children participating to determine how many treats each family will need to bring. Please bring only *store-bought, wrapped (no peanut/tree nut) treats!*

We appreciate everyone's cooperation to make this a fun, safe, Tail Gate Trick or Treat" with our Unity Family!

**Unity of Fox Valley Church,
230 Webster Street, Batavia, IL**

Any questions/concerns, please contact Mary at marynowroozi@comcast.net



For more information, please contact Mary
Nowroozi: marynowroozi@comcast.net

Please click [here](#) for the Tailgate Trick or Treat webpage.

Prayer Chaplain Ministry

Interesting fact: In Hebrew Cheshvan (October/November) is the 8th month in the Hebrew calendar. The root of the word Cheshvan is “chash,” which means “quiet” in Hebrew. The very name of this month calls for us to be still, to be quiet...



Nature, in the Northern Hemisphere, seems to be in tune with this invitation that October brings. During this season the days get cooler, the nights longer, the trees let go of their leaves, even the quality of the air itself notably changes. Imagine that these natural autumn processes are inviting us to bring quiet, stillness, reflection into our own lives.

On the other hand, in our culture October is not typically a quiet, reflective month. Schools and all the attendant activities are in full swing; preparations for Halloween decorations, costumes and celebrations are well under way; and thoughts are already turning to the holiday season soon to be upon us. Where can we find the time to be quiet, to be still?

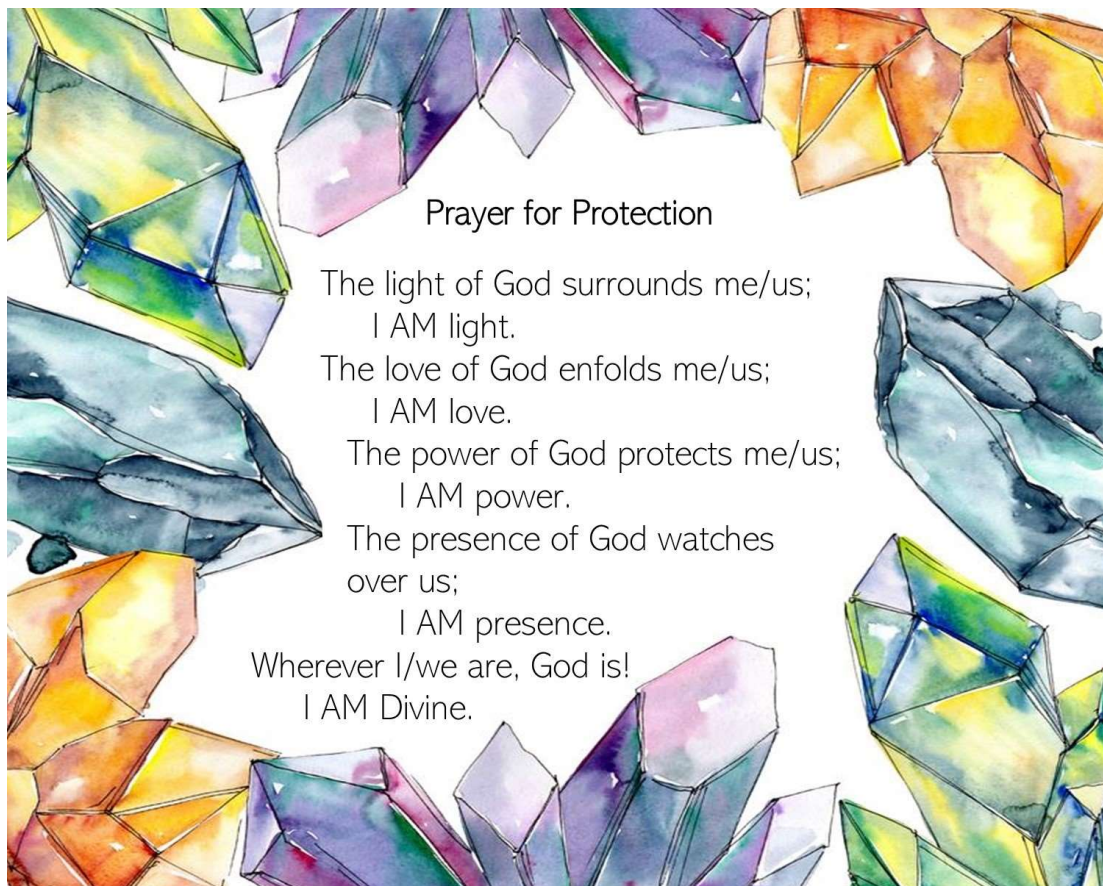
In the midst of whatever fall activities are on your to-do list, I invite you to insert some “quiet” time into your schedule. Take a walk and absorb the fall colors that are changing daily; crunch some of those leaves that have let go of their branches and are littering the sidewalks and walking paths; sit in your favorite spot and read that book that’s been beckoning you; make time for your prayer and meditation practice...

Be still, and know that I am God.

Psalm 46:10

And, in the meantime, remember that your Prayer Chaplains, Wanda Faye Holmes, Pamela O’Brien, Bobbi Severson and Marie Manella, are available to pray on Sundays after service and are committed to making periodic Caring Calls - to support you, our spiritual family, with your prayer needs. Wherever and whenever we pray with you, we hold everything shared in confidence, placing your requests in the sacred space of limitless possibilities in God’s love; that place we often are unable to see for ourselves. If you have not been receiving prayer calls and want to start now, please contact the church office at 630-879-1115 or churchoffice@unityoffoxvalley.org and a Prayer Chaplain will be in touch.

Blessings and hugs,
Marie and Bobbi



Prayer for Protection

The light of God surrounds me/us;
I AM light.
The love of God enfolds me/us;
I AM love.
The power of God protects me/us;
I AM power.
The presence of God watches
over us;
I AM presence.
Wherever I/we are, God is!
I AM Divine.

Unity Prayer Ministry's October Prayers

Inner Peace - Let no thoughts disturb me, for God is peace in my mind.

Love - Divine love's healing and harmonizing power flows within me and from me.

Healing - Life is a healing stream within my body, mind and being.

Order - I am in concert with divine order, trusting my way into all that comes next.

World Peace - Let there be peace on earth, and let it begin with me.

Volunteer Ministry



SHOUT OUT:

That Landscape Team never stops. On September 2nd we had another cleanup day and really got to it!! Thanks to Kathleen, Joey, Mike and Sharon, Mickey, Marie and John, and Warren, many weeds were pulled, trees trimmed, and just overall cleanup on going!! We are looking spiffy!! The pumpkin patch yielded 3 very large pumpkins, weighing in at 78 lbs. We had fun with the "Guess the Weight" contest!! Thank you, Kathleen, for the idea of the patch this year and for lovingly watching over it!!

A special shout out to our Music Team, Led by the ever-talented Kitty!! We have such talented musicians and more have been stepping up these days to give us different solos, instrumentals and much more!! We are so very blessed!!!

Many soups fill the belly and warm our hearts!! Thank you to our wonderful cooks that surprise us the first of each month for delicious soups, sides, and desserts!! And for the Cafe Team that puts it all together!!

OH WHAT FUN WE HAD!! Elvis was in the building, and we thank Mickey Koziol for organizing this event! Thanks Warren and Rose for helping him setup and then put everything back the way it was!! Thanks JoAnne Walker, Rev Mike and Susan for lending additional support!!

Thank you, Dawn Staszak, for organizing the PAINTING PARTY coming up on October 6th. Contact Dawn (dawn_311@yahoo.com) if you would still like to be included in this event!!

VOLUNTEER OPPORTUNITIES:

Time for **Fall Cleanup!** Our next Landscape cleanup day will be **October 21st** at 8:30! am Please join us for our last big cleanup to get ready for Winter!! We had a great crew in September and accomplished much!! Great time for bonding and getting to know new faces when giving that back a little break!! Oh, and great for exercising those muscles you forgot you had!! Bring your gloves, shovels and rakes!!

JUST THINKING!!

Fall begins and along with it a season of beauty and change!! A time to reflect and be grateful for the harvest of the year!! We are so very blessed and grateful for each and every one of you that are always there to lend a hand in many ways, large and small and it never goes unnoticed!!

"We exist temporarily through what we take, but we live forever in what we give"

-Douglas A Lawson, paleontologist

BLESSINGS AND THANK YOU!!

Bobbi

bsever4785@gmail.com

Just Ask Ministry



Ask & you shall receive!

Do you need something?

Do you have something to offer? Let us know!

churchoffice@unityoffoxvalley.org

Please reach out to the contact person directly.

The church will not be managing any transactions (unless it is being offered by the church).

CURRENT OFFERINGS:

- 14 green plastic lawn chairs, very little use, garaged for years. Unsure if all will fit in their Ford Escape.

Wendy Gruen:

gruenwj9080@gmail.com 8/30/23

CURRENT REQUESTS:

•

Please click [here](#) to follow up with any of the above or for more info.

Young Living

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything? Place your order with Kathleen in the Church Office by the 12th of each month!

For more info. or any questions, please contact
Kathleen: churchoffice@unityoffoxvalley.org

Upcoming Events



- **Secret Santa Begins** 10/1
- **Men's Group** 11/7 & 21
- **Healing & Wholeness Service** 11/10
- **Annual Meeting** 11/12
- **Thanksgiving Feast** 11/19
- **Thanksgiving Service** 11/22

Amazon Lists

Donate items from our Charity List
Shop Now

charity lists
amazon smile

Occasionally, we need to restock our supplies. You can help!

Just click [here](#) to see what we need!

or, copy and paste this link:

<https://a.co/6W4z8xs>

Tithes & Offerings

tithes

AND OFFERINGS

Nothing is possible without your commitment and generous financial support. Thank you so very much!

Please click [here](https://www.paypal.com/biz/fund?id=44UC5B8W64KBQ) or copy and paste the following link in your browser:

<https://www.paypal.com/biz/fund?id=44UC5B8W64KBQ>

- You may contribute any amount and you do not need to have a PayPal account to contribute but you do need an email address.
- ***Paypal does take a fee from your donation.*** If you would like to be sure your entire donation is given to the church, feel free to mail in your donation: Unity of Fox Valley, 230 Webster Street, Batavia, IL 60510.
- ***If your donation is for a specific event, please be sure to write that in the Memo area of your check.***

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.

My growing season is winding down and I am thankful for the recent rains we have received. Fall is my favorite but it's also a bummer because I know winter will be here soon. I actually love winter too! It's just the driving on the slick roads I can't take. BUT let's enjoy today. Today is a great day!
Everyday is a great day!



**Please remember that it is NEVER too late to eat right, get up and get moving!
Love yourself by treating your body right! It's the ONLY one you have!**

[Kathleen Malick](#)

If you click on my photo or my name above, it will take you to my Instagram page for more photos of my life. (FYI - This is my personal IG account. Although it is quite tame, please know that I do not censor it

for anyone.)

Follow Us on Facebook



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

[Forward this email](#)

[Join Our Mailing List](#)

A Note about Unsubscribing: If you unsubscribe to any email you receive from UFV, you will no longer receive any email notifications from us - including Sunday Service links.

