



September 2024

Ministerial Musings



At the risk of being labeled Captain Obvious, let me start by stating nothing ever happens until you get started. Obvious though these words are, getting started is not as easy as it sounds. Inertia has an energy all its own and getting going even when the alarm sounds is not a given. This concept is related to procrastination but is unique in its own way. Rather than elaborate on the difference now, I will get back to you on this later.

Back when I used to cut the grass and clean the snow off of my driveway, I had my own mower and snow blower. Routinely, I made the same mistake with regard to both machines. After retiring them from their respective seasons, I just rolled them back into the garage until the time when they would next be needed. I never emptied the left-over gas from them, and by the time I tried to put them into service the gas had gone stale, and they refused to start. And yes, as I frantically yanked on the starter cords in vain, I would curse out the machines for refusing to start.

In my lifetime I have had to deal with scores of automobiles that refused to start. My dad never bought a car that was newer than 12 years old and most were 14 years older or older. I have had to fiddle with carburetors, flooded engines, faulty spark plugs, uncooperative calanoids and batteries that needed a charge even more than I did. I have gotten cars to start using pliers, screw drivers, jumper cables and even chewing gum. The most exciting method was getting a push and then popping it into drive. Ahh, the good old days!

Have you been to the gym lately? Have you taken a walk in recent days? Are you doing any exercise at all? I am talking about something other than bicep curls you may be doing to lift a loaded fork to your mouth, or your thumb pushing the buttons on the TV remote. That exercise in virtually any form is healthy for you is undisputed. Most diets fail to make it past day one because, you guessed it, we have trouble getting started. It is awfully hard to get that weight loss program on a roll if you keep eating them.

On a serious note, getting started is an issue with most relationships both old and new. Deep down we all know that for any relationship to grow, we are going to have to do some work, and the work cannot get done until we get started. Getting started can be as simple as, "How was your day?," or "Is there anything I can do for you?," or "There's something I want to tell you about." Even when we know previous sharing has been rewarding, we often are reluctant to start them. On occasion when my dad would say something to my mom, she would put up her hand and say, "Don't start."

Inertia is a common human vice. The biggest problem I have in writing an article or preparing a talk is getting started. It all seems to look so complex at the onset that a mental paralysis sets in, and it feels overwhelming. If I can just manage an opening paragraph or even a sentence, then with some help from Spirit I can get it done.

Regardless of what are trying to do, where you are trying to do it, and what sphere you may be operating in, there is a common denominator – Spirit. From developing a new formula for rocket fuel to rearranging the furniture in the house, it all starts with Spirit. Spirit is the inspiration to exercise, to engage with one another, to take the time to smell the roses, to create something new and everything else that inspires you to get started in different facets of your life.

Spirit is that internal fuel that energizes us. But very much like the left-over gas in my lawn mower and snow blower, that fuel can grow stale. While we are immersed and saturated in Divine Substance, the Divine Ideas that dwell within you at any given moment may have a "Best If Used By" date attached to them. It does not mean we cannot be replenished. We may have to dump what was a good starting place yesterday and replace it with one that is better suited for today. Spirit always is patiently waiting; all we have to do is get started. May I suggest starting a daily prayer practice?

Oh by the way, this article was started and submitted two and a half weeks before the due date! Maybe not great, but it will do for starters.

Peace,
Rev. Mike
revmike@unityoffoxvalley.org

Youth Education for a Younger Crowd

In September, our younger youth will explore the **Power of Order**, symbolized by the color **Dark Green** and represented by the **disciple James**, son of Alphaeus. Our goal is to help the youth understand how life's processes align with Divine Order. To deepen this understanding, we will examine the graceful unfolding of a rose from its tiniest seed; the intricate balance of our anatomy – cells, tissues, and organs; and the natural order of life when the geese fly in the fall, forming a V-shape in the sky, allowing them to stay together during their long journey.

Speaking of geese, the time has come for our annual Church Picnic, and as always, the resident geese will be joining us just like they do every year! We will gather at Fabyan Park along the Fox River in Batavia for the 10 am service. Please bring a dish to share and arrive at least 15 minutes early, so our youth have time to dive into fun games and enjoy a peaceful walk along the path to the Bear Cave (don't worry, there are no bears!) We're excited to spend our picnic morning with all of you, surrounded by the breathtaking beauty of God's magnificent nature – the pristine river, the lush green trees and grass, and of course, the *friendly* geese – plenty of them!

On Sunday, October 6, our youth will be presenting their **Intergenerational Service**, *High Five*, during the 10 am Service. The youth will lead portions of the service and share the significance of the Five Unity Principles, explaining how they apply these principles in their lives to create a harmonious and loving experience. We encourage the youth to attend practice on Sunday, September 29, during class time and on Saturday, October 5, at 9 am. Any questions or concerns, please contact me at marynowroozi@comcast.net

As always, the teachers and I greatly appreciate the parents and grandparents for bringing their youth to our program and trusting us to provide an uplifting, positive spiritual education for them.

With deep gratitude,
Ms. Mary, LUT, CSE
marynowroozi@comcast.net



Name Tag Sunday

**NAME TAG
SUNDAY!**



1st Sunday of the Month

Before the Service, please stop
& write up your name tag!

Sunday Service



Every Sunday, 10:00 am, In Person & Online

Dear UFV Family & Friends,

Come and join us as we explore wherever God and Spirit may lead us. Our coming together is an affirmation to answer that call collectively.

Subscribe to our

You Tube Channel

If you cannot attend the service in person, you still can be a part of it by tuning in to our YouTube channel. All you have to do is click [here](#).

Whether you opt to join us in person or [online](#), we look forward to having you with us.

Peace,
Rev. Mike

Please click [here](#) to take you to the Sunday Service website.

Online Sunday Bulletin

Our Sunday Bulletins are available online!

Just click on the link [here](#) and scroll down to the Online Bulletin section.

The bulletin will be updated on Thursdays,
& all content is subject to change without notice.



Sunday School



Every Sunday, 10:00 am

We are welcoming youth of all age groups to join us for an hour of uplifting spiritual connection through prayer, story, meditation, songs, game, and craft:

Nursery (3 months to age 2)

Children's Church (ages 3 to 6 – preschool to 1st grade)

Juniors (ages 7 to 10 – 2nd to 5th grade)

Uniteens (ages 11 to 13 – 6th to 8th grade)

Y.O.U. (ages 14 to 18 – 9th to 12th grade)

Parents are welcome to join in on the fun, too!

Any questions/concerns, please contact Mary Nowroozi, Youth Director:

marynowroozi@comcast.net or Dawn Staszak, Teen Youth Director:

dawn_311@yahoo.com

Please click [here](#) to take you to the Youth Ministry website.

Soup Sunday

**THE FIRST SUNDAY
OF EVERY MONTH**

**IT'S GONNA BE
DELICIOUS!!**

**SOUP
Sunday**

**SIGN UP TO BRING
YOUR YUMMY SOUP
TO SHARE!**

**CONTACT BOB ANTHONY
WITH ANY QUESTIONS:
BANTHONY103@COMCAST.NET**

**Please sign up for Sunday, September 1st,
after the Service**

Contact Bob Anthony with any questions: banthony103@comcast.net

Please click [here](#) to take you to the Cafe website.

ONLINE Men's Group



1st & 3rd Tuesdays, 7pm, ONLINE

This group explores spirituality and religion in diverse and exciting ways.
Newcomers are ALWAYS welcome!

Please contact the Church Office with any questions & to request the login information: churchoffice@unityoffoxvalley.org

If you have trouble accessing the meeting, please contact Zoom:
<https://support.zoom.us/hc/en-us>

We are asking you to use your 1st & last names for your Zoom account. Please click [here](#) for instructions.

If you want to invite a friend/guest, please let the Church Office know ASAP so they know to admit them into the Zoom meeting.

Please click [here](#) for the Men's Group website.

**Coffee & Tea
with Myrtle & Me**

**ONLINE A Course in
Miracles**



Every Thursday, 10:30 am

Dear UFV Family & Friends,

Please come and join us! Bring your drink of choice, a sweet treat perhaps, questions, ideas, curiosity, imagination and a friend or, you may just come to hang out for a bit. We hope to see you! All are welcome!

Peace,
Mike

Please click [here](#) to for the Coffee & Tea w/Myrtle & Me website

Women's Retreat



**Every Thursday, 7:30 - 9:00
pm, Online**

The emphasis for this session will be the Workbook from A Course in Miracles. The Course invites us to retrain our minds so that we can experience more peace in this world.

***Everyone is welcome - you may join in
at any time!***

Just look for the weekly email with the login information sent out every Tuesday evening.

**Please contact Warren Wakerlin with
any questions & to request the login
information: wwakerlin@aol.com**

Please click [here](#) to take you to the ACIM website.

If you're a day older than you were yesterday,
THIS RETREAT IS FOR YOU!

Unity of Fox Valley Women's Group Hosts...

The Art of Aging Fearlessly

Saturday, September 7th, 9 to 5pm
The Holmstad, 700 W Fabyan Pkwy, Batavia, IL 60510

A one day retreat featuring a guest speaker, group discussions,
choice of activities, relaxation, music and more.

Empower & Explore within.

Sample the possibilities.

Brighten your future.

Embrace aging courageously!

Please join us!

www.unityoffoxvalley.org
Please contact Mickey Koziol for more information: rmkoziol@aol.com



Please click [here](#) for the agenda & pricing.

Please click [here](#) for directions to [The Holmstad](#).

Please contact Mickey Koziol for more information: rmkoziol@aol.com

Please click [here](#) for the Women's Retreat website.

Sunday Service & Church Picnic

EVERYONE is invited! For the whole family!



Sunday, September 8th
10am: Service 11am: Picnic

Bring a dish to share!

Bring a friend!

Fabyan Forest Preserve - West

**This is just North of Fabyan Parkway on
Route 31. At the shelter.**

Look for Unity of Fox Valley signs.

For more info., please contact Bobbi Severson: bsever4785@gmail.com



We will need volunteers to help set up and clean up. If you are willing to help, please contact Bobbi ASAP and find out what needs to be done.

For more info., please contact Bobbi Severson:
bsever4785@gmail.com

Please click [here](#) to take you to the Annual Picnic website.



World Day of Prayer



**Unity celebrates the 31st Annual
World Day of Prayer**

UWM Opening Ceremony

Wednesday, September 12th, online

Please click [here](#) to register on the Unity Worldwide Ministry website.

UFV Prayer Chaplains

Thursday, September 12th, 10 am, UFV Sanctuary
Coffee & Tea w/Myrtle & Me will be held at 11am this day.

This year's theme is "Moving Mountains"

The affirmation helps each of us apply it to our lives:

"Fueled by faith, I can move mountains"

Reflection Questions:

As you prepare to observe World Day of Prayer, we invite you to use these reflection questions as journal prompts or to contemplate in your quiet time. Please click [here](#).

Please contact Bobbi Severson (bsever4785@gmail.com) or Marie Manella (mleduc7@yahoo.com) with any questions.

Please click [here](#) to take you the World Day of Prayer website.

World Day of Prayer Prayer Requests

Due Thursday, September 9th, 11am

During World Day of Prayer, you and your loved ones will be reverently held in prayer in our 24-hour prayer vigil.

There are three ways to turn in your Prayer Requests:

- Submit your Prayer Request straight to Unity Worldwide Ministries. Just click [here](#)!
- Write your Prayer Request on the *blue paper* by the Prayer Box & place it in the Prayer Box. The church office will send it on September 9th, 11am to the Village.
- Email your Prayer Request to the Church Office **by September 9th, 11am** & we will get it to the Village: churchoffice@unityoffoxvalley.org

Coffee & Tea with Myrtle & Me

will be held at 11am on Thursday, September 12th.

Healing & Wholeness Service



HEALING AND WHOLENESS SERVICE

Friday, September 13th, 7pm

Please join us in our once-a-month service filled with music, chant, prayer, and hands on healing conducted by members of our music team and our prayer chaplain team.

If you've ever wanted a time and place where you could just be open and surrendered to the healing power of Spirit this will a wonderful opportunity to be surrounded in love, prayer, and peace.

Second Friday of every month!

For more info., please contact Rose Maxson: singingalong77@gmail.com

Please click [here](#) for the Healing & Wholeness website.

This Service will not be [Live Streamed](#).

The Happy Hope Foundation

Unity of Fox Valley
230 Webster Street
Batavia, IL



THE
HAPPY HOPE[®]
F O U N D A T I O N

Friday, September 20th, 7-9 pm,
Dining Room

We'll be assembling bags and coloring cards for hospitalized children. A "Kindness Rocks" kit will be provided for you to either paint there or take home.

The Happy Hope Foundation was founded in 2011 by Emi Burke, born out of a desire to bring hope and happiness to hospitalized and homeless children facing health and safety crisis. The foundation's signature Happy Hope Bags are a boost of hope for children who are hospitalized or homeless providing hours of activity and engagement that help to take a child's mind off of their treatment, illness or safety crisis. See more at www.messageofhopefoundation.org

\$20/Person - Cash at the door.

Please contact Dawn Staszak with your questions
& to reserve your seat: dawn_311@yahoo.com



Please contact Dawn Staszak with your questions
& to reserve your seat: dawn_311@yahoo.com

Please click [here](#) for the UFV Happy Hope Foundation webpage.

Early Bird Bingo

Game Night

A red-bordered poster for 'Early Bird BINGO'. The word 'BINGO' is written vertically in large, bold letters, each inside a colored circle: B (purple), I (green), N (yellow), G (red), O (blue). The text 'Early Bird BINGO' is at the top. Below it, it says '3rd Saturday of the month. 6pm Now thru summer!'. A small 'GAME NIGHT!' logo is shown with the text 'Right before'. A QR code is present with the text 'Another activity of your interest brought to you by your Board.' At the bottom, it says 'Please contact Mickey Koziol with any questions: mickey1catahoula2@hotmail.com'.

***3rd Saturday of the month,
6pm, Dining Room***

Please contact Mickey Koziol with any questions: mickey1catahoula2@hotmail.com



***3rd Saturday of the month,
7pm, Dining Room***

Let's have some fun together!

We have Rummikub, Quirkle, Oh Hell, Scrabble, &, of course, Dominos. We also encourage you to bring your own favorite games and share them with us.

Children are welcome with a responsible Adult.

Light refreshments will be provided, but we won't mind if you bring a snack to share!

For more information, please contact Joey Nelson: tyloredurden@aol.com

Please click [here](#) for the Early Bird Bingo & Game Night website.

Finding a Peaceful Center

Finding a Peaceful Center In Challenging Times

Wednesdays, September 25th - October 30th,
6:30 - 8:30 pm, Adult Ed Room

Facilitated by Maria Cosentino, LUT

*This class is designed to look at finding
a peaceful center through a holistic lens.*

Physically, Emotionally, Mentally and Spiritually.

Join us as we share our experiences and our knowledge as we find
Individual Tools to move out of Challenge and into Peace.

Required Book:

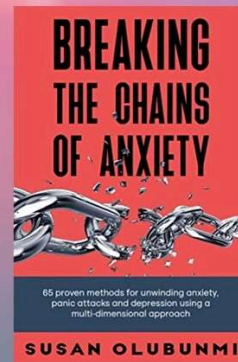
- ***Breaking the Chains of Anxiety: 65 proven methods for unwinding anxiety, panic attacks and depression.***

by Susan Olubunmi. Available on Amazon.com



All are welcome to attend! Love Offering appreciated!

For more info., please contact
Maria Cosentino: mlcosentino@gmail.com



Please click on the link below for more information on the required text.

For more info., please contact Maria Cosentino: mlcosentino@gmail.com

Please click [here](#) to take you to the class website.

Fall Equinox & Pet Blessing



Saturday, September 28th, 11am

We will honor the harmony of nature and the special bond we share with our cherished animal companions. If the weather doesn't cooperate, it will take place indoors in our fellowship area. Together, we will offer our gratitude and blessings through uplifting music and reflective prayer, honoring the unconditional love our pets bring to our lives and the beauty of the changing seasons.

We encourage everyone to bring a donation for the Pet Supply Drive! All donations are due the next day, Sunday, September 29th to be lovingly offered to Kane County Animal Control. Please see the Wish List downstairs in our Fellowship Area or check out our website at unityoffoxvalley.org. Monetary donations are also greatly appreciated! Please make out any checks to 'Kane County Animal Control'.

***We look forward to sharing this sacred ceremony with you,
celebrating the gratitude and interconnection of all life.***

For more information, please contact Mary Nowroozi: marynowroozi@comcast.net

Please click [here](#) for the Fall Equinox & Pet Blessing website.

Please [click](#) here for the Pet Supply Drive website.

Pet Supply Drive



Pet Supply Drive

Let's make a difference in the lives of local animals in need!

We are teamed up with Kane County Animal Control and all our furry friends would love if you can help with their Wish List.

ALL DONATIONS DUE SUNDAY, SEPTEMBER 29th

- Paper Towels/Kleenex
- Dawn Dish Soap
- Non-clumping/Scent Free Cat Litter
- Bleach
- Sharpie Black Markers
- Disinfectant Wipes
- Cat Carriers (used/old is fine)
- Nitrile Exam Gloves (all sizes)
- Canned Pumpkin
- Low Sodium Chicken Broth
- BULLYMAKE Nylon Chew Toys
- Stretch & Scratch Cat Scratching Posts
- Cat Nip
- Pill Pockets
- Blankets/Towels (used/old is fine)
- Wafer Plain Ice Cream Cones
- Wet Dog/Cat Food
- Disposable Silverware
- Dog/Cat Toys
- Pupperoni/Other Soft Dog Treats
- Peanut Butter
- Purina Brand Dog/Cat Food
- Lavender Glade Wall Plugin Refills
- Kuranda Bed
- Water Pails (2qt Indipets Stainless Steel Heavy Duty Flat-Sided Pail available at Petco)
- **Checks made out to:**
Kane County Animal Control



**If you have any questions, please contact Kathleen:
churchoffice@unityoffoxvalley.org**

**Please contact Kathleen in the Church Office for more
info: churchoffice@unityoffoxvalley.org**

Please click [here](#) for the Pet Supply Drive website.

Women's Group



NO MEETING IN SEPTEMBER.

*We hope all will be joining
us at our Retreat on
September 7th!!*

“We are a heart-based circle of women committed to empower, explore, and expand our spirituality both socially and in service to others. We do so in consciousness, while affirming Divine Presence inherent within ourselves.”

**If you have any questions or would like more information,
please contact: Bobbi Severson: bsever4785@gmail.com**

Please click [here](#) for the Women's Group website.

Prayer Chaplain Ministry

September, the first month of meteorological fall, is here, already. The next few months, the last of 2024, visions of autumn leaves, spooky decor, colorful cornucopias, and garlanded trees will be dancing in our dreams. Not to mention pumpkin spice, candy corn, gingerbread cookies, and creamy eggnog tempting our taste buds!



I wrote the PC piece for last month's newsletter on July 21st, a bittersweet day that 'will be go down in history ...' And the theme I chose was *Faith*. This month I'm choosing *Hope* after being immersed in the exciting, exuberant energy that has been evolving during the past weeks.

In many Unity writings, hope seems to precede faith. In the 2019 Advent booklet, Rev. Teresa Burton writes, "Hope is where you start, and faith carries you the rest of the way." Over the last four + years however, it seems that hope and faith have been playing "leapfrog" in our lives, suggesting that although ***faith*** *is the assurance of things hoped for, the conviction of things not seen*, it's not always a one and done experience!

This month we have an opportunity to expand our hopes and deepen our faith - Unity's 31st World Day of Prayer! Details have been sent out by Unity World Headquarters; published on Unity of Fox Valley's website (Just click [here](#)) ; included in our recent Sunday bulletins; and announced at Sunday services. We, your Prayer Chaplains, **hope** that you, our spiritual sisters and brothers, will join us - whether in person on Thursday,

September 12th at 10:00 AM in our sanctuary or by sharing your responses to Unity's 3 Reflection Questions with us. We look forward to your thoughts and will incorporate them (anonymously) in our service on that day!

Fueled by faith, I can move mountains

To submit your answers to the Reflections Questions you can hand them to a Prayer Chaplain on Sunday September 8th, put them in the Offering bag that same day or emailing them to Bobbi - bsever4785@gmail.com or Marie - mleduc7@yahoo.com

Our Prayer Chaplains - Pam Verner Skaar, Denise Hage, Wanda Faye Holmes, Bobbi Severson, and Marie Manella - are here to support you with your prayer needs. When we pray with you, we hold everything said in confidence, placing your requests in the sacred space of limitless possibilities in God's love; that place we often are unable to see for ourselves.

A Prayer Chaplain is available to pray with you after the service each Sunday. We also make periodic Wellness/Caring Calls. If you have not been receiving prayer calls and want to start now, please contact the church office at 630-879-1115 or churchoffice@unityoffoxvalley.org and a Prayer Chaplain will be in touch.

Praying that you have a hope-full, faith-filled September!

Blessings,
Marie and Bobbi

Sacred prayers used by the Unity Prayer Ministry this September...

Inner Peace - Peace is mine as I still myself in spiritual silence.

Guidance - The light of divine wisdom guides my every step.

Healing - Every thought of God-life strengthens and heals me.

Prosperity - I live expectantly, gratefully, abundantly.

World Peace - My thoughts, words, and actions contribute to a peaceful world.

Volunteer Ministry

SHOUT OUT!!!

A GREAT BIG THANK YOU to everyone that has volunteered to help with the Picnic!! It should go smoothly with all our helping hands!!



The sprucing up continues, and we are most grateful to the Building Committee,

Decorating Committee, Landscape Committee and individuals who have worked hard to keep us looking beautiful!! Thank you, Michael & Sharon Mays, John Manella and Joey, for the cleaning out of the front flower beds and painting the railings! AND for those that continue to keep their "Zone" looking trimmed and inviting!! Hard work during a hot month!!!

Look around and see the improvements to our Church home and know that we are so very blessed!!

COMING UP!

- WOMEN'S RETREAT, Sept 7th
- PICNIC, Sept 8th
- WORLD DAY OF PRAYER, Sept 11th (Unity Worldwide online) and UFV, Sept 12th at 10:00 A.M. in the Sanctuary!!
 - Thank you, Chaplains, for facilitating this beautiful service.
- HEALING & WHOLENESS SERVICE, Sept 13th
- THE HAPPY HOPE EVENT, Sept 20th
- BINGO & GAME NIGHT, Sept 21st
- FALL EQUINOX & PET BLESSING, Sept 28th at 11:00 A.M.
- PET SUPPLY DRIVE, Donations due Sept 29th

I know all of these events are listed in this newsletter, announced, and advertised, but I emphasize them here again as a **grateful reminder** that we wouldn't have these fun activities without **YOU** our dedicated volunteers that continue to step up and plan!!

VOLUNTEER OPPORTUNITY!!!

Soooooo one of my goals this fall (after the hot and before the cold), is to purge, repack & label, all of our CHRISTMAS decorations so that in December we can buzz right through our decorating task. Who is in??? Contact me, bsever4785@gmail.com if you would like to be a part of this fun project!! We would work outside in the parking lot or lawn and sort our little hearts out! Won't take long, I am sure!! I haven't picked a date or time, as yet!

IN CLOSING!!!

Remember when we had our Volunteer Dinner and some of you shared what volunteering means to you?? I have decided to share one of these with you each month!

"Working together with wonderful people to produce an experience for fellow members and all who walk through our church doors that will inspire, uplift, and leave all with a feeling of love and acceptance" . . .LYNETTE NEWMAN

And I add AMEN to that inspiring quote!!!! Thank you, Lynette, for all that you do for our church community!! We are blessed by your presents and presence!!!

Have a wonderful month as we watch the season's changes!!

Bobbi

bsever4785@gmail.com

Just Ask Ministry



Ask and you shall receive!

Do you need something?
Do you have something to offer? Let us know!
churchoffice@unityoffoxvalley.org

Please reach out to the contact person directly.
The church will not be managing any transactions.
(unless the item is offered by the church)

CURRENT OFFERINGS:

•

CURRENT REQUESTS:

- Old denim jeans. Size isn't a factor.

Please click [here](#) to follow up with any of the above Offerings/Requests or for more information.

Young Living

Did you know that when you purchase Young Living products Unity of Fox Valley benefits in more ways than just the cost of the item purchased? Young Living products are the highest quality and have many health benefits.



We have a good selection of Young Living Products available for sale. From agave nectar to an array of toiletries and cleaning products! We also have Essential Oils available for calm & healing.

Do you need us to order anything? Place your order with Kathleen in the Church Office by the 12th of each month!

For more info. or any questions, please contact
Kathleen: churchoffice@unityoffoxvalley.org

Amazon Lists

Donate items from our Charity List
Shop Now

charity lists
amazon smile

Occasionally, we need to restock our supplies. You can help!

Just click [here](#) to see what we need!

or, copy and paste this link:

<https://a.co/6W4z8xs>

Tithes & Offerings



Nothing is possible without your commitment and generous financial support. Thank you so very much!

Please click [here](#) or copy and paste the following link in your browser:
<https://www.paypal.com/biz/fund?id=44UC5B8W64KBQ>

- You may contribute any amount and you do not need to have a PayPal account to contribute but you do need an email address.
- **Paypal does take a fee from your donation.** If you would like to be sure your entire donation is given to the church, feel free to mail in your donation: Unity of Fox Valley, 230 Webster Street, Batavia, IL 60510.
- **If your donation is for a specific event, please be sure to write that in the Memo area of your check.**

News from the Church Office

A section in the Newsletter to fill you in on some of the fun doings of our Business Manager, Kathleen Malick.



Canning Season has begun. Sunflowers are showing off. Built a blind for our yard waste bins and experimented with a new way to build a garden obelisk. Coupled with attending my husband's latest play, it was a really wonderful August.

**Please remember that it is NEVER too late to eat right, get up and get moving!
Love yourself by treating your body right! It's the ONLY one you have!**

Kathleen Malick

If you click on my photo or my name above, it will take you to my Instagram page for more photos of my life. (FYI - This is my personal IG account. Although it is quite tame, please know that I do not censor it for anyone.)

Follow Us on Facebook



Connect with us on Social Media by liking our Facebook page! There you will find updates on our events and general news.

<https://www.facebook.com/unityoffoxvalley>

Contact Information

phone: 630.879.1115 churchoffice@unityoffoxvalley.org

fax: 630.879.1728 www.unityoffoxvalley.org

prayer line: 630.879.1129

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