

Sunday, April 27th at 12:30 pm

Building Connections Through Improvisation!

Join us on for an hour of fun and learning!

In this interactive session, you will enjoy collaborative activities that demonstrate the fundamentals of improvisation while exploring a supportive space encouraging connection, collaboration, and trust.

This session is not to teach you about how to be funny or to perform improv comedy. We will provide a fun, safe, and supportive environment for you to try something new that will build on and strengthen your communication skills.

- Try something different while stretching yourself
- Build confidence in uncertainty
- Support and celebrate others
- Exercise your creativity in a positive and safe environment
- Develop new tools and mindsets to drive engagement
- Connect through active listening and authentic response
- Have fun!

Suggested love donation of \$20.

Please note this is suggested. Doing not let money deprive you of this event.

Learn more about the facilitators Ellen Schnur & Mike Devine by scanning the QR code.



Any questions, please contact Rev. Mike: revmike@unityoffoxvalley.org



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